

IMACS FORM 04: Manual Muscle Testing Scoring Sheet

Subject's IMACS number _____
 Assessor _____
 Date of assessment (mm/dd/yy) _____
 Assessment number _____

Muscle Groups	Right (0 – 10)	Left (0 – 10)	Axial (0 – 10)
Axial Muscles (0 – 20)			
Neck Flexors**	-	-	
Neck Extensors	-	-	
Proximal Muscles (0 – 160)			
Trapezius			-
Deltoid middle**			-
Biceps brachii**			-
Gluteus maximus**			-
Gluteus medius**			-
Iliopsoas			-
Hamstrings			-
Quadriceps**			-
Distal Muscles (0 – 80)			-
Wrist Extensors**			-
Wrist Flexors			-
Ankle dorsiflexors**			-
Ankle plantar flexors			-
MMT8 score** (0 – 80)			
Total MMT26 score (0 – 260)			

****MMT8** is a set of 8 designated muscles tested unilaterally (potential score 0 – 80), generally on right side (unless cannot be tested on right, then use left side)
Axial score: 0 – 20 potential range; sum of neck flexors and extensors
Proximal score: 0 - 160 potential range; 8 muscle groups tested bilaterally
Distal score: 0 - 80 potential range; 4 muscle groups tested bilaterally
Total score (MMT26): 0 - 260 potential range; sum of axial, proximal and distal scores