Women’s Health Awareness
Virtual Series: “RealTalk With the Experts”

This virtual series provides a unique opportunity for you to gain state-of-the-art health knowledge and ask specific questions to world-renowned experts.

Is Social Distancing Keeping You Home?
Protect Your Family’s Health: Clean Air in Your Home
Thursday, November 12, 2020
6:30 - 7:45 p.m.

This webinar will focus on known and emerging sources of poor indoor air quality, resultant health effects (e.g., asthma), and ways that families can avoid exposure to these contaminants. This topic is important as we are spending more time at home.

Webinar Goal: To learn about the everyday sources of poor indoor air quality and ways to protect our families.

Registration is free and opens at 3:00 p.m. on Thursday, October 15, 2020, and closes at 5:00 p.m. on Wednesday, November 11, 2020. Register at https://niehs.nih.gov/whad. Zoom link will be provided prior to webinar.

For additional information, call the Office of Human Research and Community Engagement at 984-287-4414 or email whad@niehs.nih.gov.
How Clean Is Your Air: Is Your Home Making You Sick?
Participants will learn:
1. Sources of poor air quality that could exist in homes (formaldehyde, carbon monoxide, and vaping).
2. Health effects of being exposed to those contaminants.
3. Steps that can be taken to protect your families from these hazards.

Mold, The Unwanted Guest In Our Homes
Participants will learn:
1. What happens to the body when a person has an allergic reaction to mold.
2. Obvious and not-so-obvious places where mold will grow in homes.
3. Easy and low-cost ways to get mold out of homes (or to prevent it).
4. How researchers and scientists are working to protect families from mold exposure.