

COMMUNITY DISASTER  
PREPAREDNESS  
GET READY  
– LET'S GO!

THE FAMILY THAT  
PLANS TOGETHER  
STAYS TOGETHER

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# PREPARE TOGETHER

- Self and family
- Neighborhood
- Community



# LEARNING OBJECTIVES

At the end of this presentation participants will be able to:

- Develop a communication plan
- Create an evacuation plan
- Determine what to put in an emergency supply kit



# COMMUNICATION PLAN



HOME



SCHOOL



WORK



OUT OF TOWN



SHOPPING



ON THE ROAD



EVENTS



A photograph of a woman and a man standing in front of a severely damaged house. The house's wooden frame is exposed, and debris is scattered on the ground. The woman is on the left, wearing a black headwrap, glasses, a black long-sleeved shirt, and black pants. The man is on the right, wearing a grey headwrap, a black long-sleeved shirt, and black pants. A semi-transparent dark grey rectangle is overlaid in the center of the image, containing the text "DISASTER PREPAREDNESS PRE-SURVEY - (5 MINUTES)" in white, bold, sans-serif capital letters.

# DISASTER PREPAREDNESS PRE-SURVEY - (5 MINUTES)



# DETERMINE

- Your family contact person(s)
- Primary Local Phone Numbers
- Out of State Phone Numbers
- Explore other ways to inform people you are safe (Facebook, etc.)

# MEETING PLACES

- Alternative meeting place(s).
- Discuss when you would go there.
- What to do if you can't get to the meeting place.







# HOME EVACUATION PLAN



# MEETING SPOT

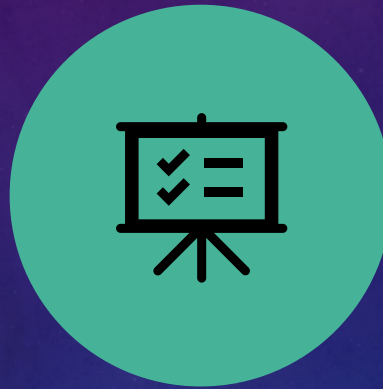




# BREAKOUT GROUP DISCUSSION – 10 MINUTES



DISCUSS WHERE THE FAMILY SHOULD MEET IF THEY ARE SEPARATED DURING AN EMERGENCY.



DETERMINE A SECONDARY PLACE TO MEET IF THEY ARE NOT ABLE TO GET TO THE FIRST MEETING SPOT.



BE PREPARED TO REPORT OUT TO THE LARGER GROUP.





## FAMILY EMERGENCY PLAN -

- PRACTICE AND MAINTAIN YOUR FAMILY PLAN EVERY SIX MONTHS
- QUIZ YOUNGER FAMILY MEMBERS AND THE ELDERLY
- PRACTICE BY HAVING EMERGENCY EVACUATION AND FIRE DRILLS

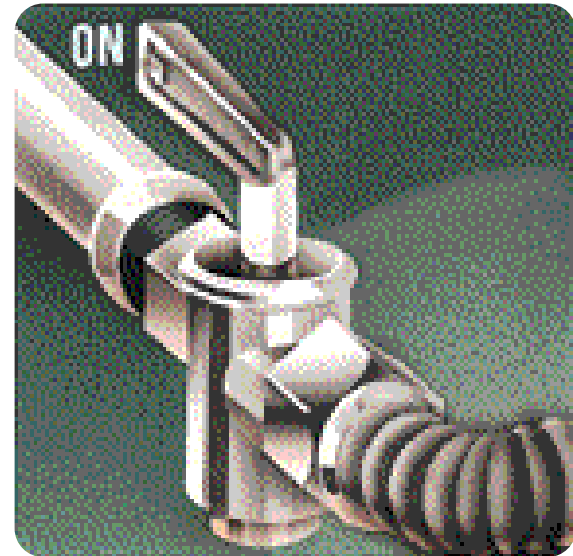


## FAMILY ROLES AND RESPONSIBILITIES

- Designate someone to turn the utilities off
- Learn how to use the fire extinguisher
- Develop pet evacuation plans
- Assemble the emergency supply kit(s)

# TURNING OFF UTILITIES

- **Appliance Gas Shutoff Valve**
- To turn off the gas at the gas appliance, rotate the valve a quarter turn.
- **Gas Service Shutoff Valve**
- To turn off gas valve, use a 12 - 15 Inch adjustable pipe or crescent-type wrench, give the valve a quarter turn in either direction.





# TURNING OFF UTILITIES

- **Know Where Your Home's Main Electric Switch is Located**
- To quickly turn off the electric supply to your entire home in case of an emergency.
- **Know How to Reset a Circuit Breaker**
- After turning off or unplugging appliances on the circuit, push the switch firmly to the off position, then back on.



# LEARN TO USE THE FIRE EXTINGUISHER

- P - Pull Pin
- A - Aim at Base of Fire
- S - Squeeze Handle
- S - Sweep Side to Side

Using short bursts, 1/2 second to 1 second each





# CREATE YOUR EMERGENCY SUPPLY KIT

## SUPPLIES FOR AT LEAST 3 – 7 DAYS

### Six basic items to include

Water

Food

First Aid Kit

Clothing & Bedding

Tools & Supplies

Specialized Items

### Emergency Kit

Water - 1 Gallon/ Person Per Day

Food - Canned, Dehydrated, Powdered

Manual Can Opener

High-Energy Food Bars

Change of Clothes

# CREATE YOUR EMERGENCY SUPPLY KIT

Emer UCO Blankets

Sleeping Bags

Toilet Paper/Paper Towels

Plastic Trash Bags

Hand Sanitizer

Camp Water

Cold Gear

*Compass*

*Multi Tool – 12 Tool Multi-Plier*

*Emergency Poncho*



# CREATE YOUR EMERGENCY SUPPLY KIT

Back Pack

Flashlights w/Extra Batteries

Waterproof Matches

Waterproof Storage Case

Sturdy Walking Shoes

Work Gloves

After Bite

Hand Sanitizer

Survival Tool

Head Light – *Bandit Streamlight*

# CREATE YOUR EMERGENCY SUPPLY KIT

First-Aid Kit w/ Manual

Portable Battery- Operated  
Radio w/ Extra Batteries

Fire Extinguisher

Medications

Extra Eyeglasses

Whistle

Tools :

Gas/Water Pipe Wrench,  
Screwdriver, Crowbar,  
Duct Tape, Plastic Sheets  
Rope, Knife

Road Maps



# CREATE YOUR EMERGENCY SUPPLY KIT

Cash - \$10.00 & \$20.00 Bills

(Or Even \$1.00 & \$5.00 Bills)

**Important Documents**

(Copies of Insurance, Birth  
Certificates, etc.)

**Pictures of Family Members**

**Telephone Numbers**

**Special Supplies For:**

Children

Elderly

Physically Challenged

Pets

# WHERE TO STORE

- Backpack, Trash Bin, Plastic Bin, etc.
- Place Somewhere Accessible Quickly
- Away From Water Heater, Gas Meter, Dryer, etc.
- Near Exits





# CREATE CHANGE SCHEDULE

Replace Stored Water and Food  
In Kits Every Six (6) Months

Test Fire Detectors and Recharge  
Your Fire Extinguisher





IF YOU NEED TO  
SHELTER-IN-  
PLACE...





# IF YOU NEED TO SHELTER-IN-PLACE...

A method to keep contaminated air out of your home

Close and lock all windows and doors

Turn off all fans and air conditioning Systems

Get your emergency supply kit

Close the fireplace damper

Move to an interior room that has no windows

Seal all cracks around doors & vents with duct tape

Apartment size generator

# GETTING HELP

- 911 and Other Emergency Phone Numbers Including LOCAL Police and Fire.
- 911 From a Cell Phone Contacts the Highway Patrol, Not LOCAL Police
- Add LOCAL Police Number to Cell Phone





CALL 911...

- Call 9-1-1 for Emergencies ONLY!
  - Somebody is hurt and needs help
  - You see a fire or smell smoke
  - You see someone breaking the law, like stealing or hurting another person
- If You Call 9-1-1 by Accident,
- **DON'T HANG UP!**



# KNOW YOUR NEIGHBORHOOD

“...Somebody went next door and got the person in the wheelchair out. You need to have that sense of community and neighborhood and people caring for each other.”

-Dr. Jonathan Fielding, Director of  
Public Health and Health Officer -  
LA Times 9/28/05



# MAKE PLANS WITH YOUR NEIGHBORS

Prepare	Prepare a Plan and Work Together
Reduce	Reduce Anxiety, Injuries and Property Damage
Reduce	Reduce Secondary Hazards, such as Fires
Improve	Greatly Improve Neighborhood Recovery



01

Introduce  
yourself and  
your family to  
your neighbor

02

Get a map of  
your  
neighborhood

03

Talk with your  
neighborhood's  
Local Emergency  
Personnel

04

Develop a list of  
neighbor's skills  
and special  
equipment that  
could be used in  
an emergency

05

Prepare back up  
plan for  
neighborhood  
children, elderly,  
and other special  
needs

GETTING TO KNOW YOU...



# BREAKOUT GROUP DISCUSSION

## 10 MINUTES

- If you don't already have a disaster emergency plan in place, do you plan on starting one within the next two weeks?
- How can government agencies assist you in preparing for Community Disaster Preparedness?
- Are you interested in getting trained as a volunteer for the Community Emergency Response Team (CERTS)?



## EMERGENCY PREPAREDNESS RESOURCES

- [FEMA.gov](https://www.fema.gov)
- [CDC.gov](https://www.cdc.gov)
- [Ready.gov](https://www.ready.gov)
- American Red Cross
- Local Emergency Planning Committees
- AARP
- National Oceanic and Atmospheric Administration
- National Safety Council





# QUESTIONS AND ANSWERS