# **Kes**Gurces

To Support the Supervisor and the Distressed Trainee

#### NATIONAL INSTITUTES OF HEALTH NIH

# **OFCD**

- o Career Services
- o Educational Advising

SUPERVISOR SUPPORT Consultation to support quality mentorship and resolve workplace issues,

resource clearinghouse

984-287-4273

niehs.nih.gov/careers/research/fellows

## **TRAINEE SUPPORT**

Career exploration, interpersonal skills development, cultural adaptation, mentor/mentee relationships, resource clearinghouse, navigating difficult situations



NIH

Office of Fellows' Career Development

# OITE

- o Career Services
- o Educational Counseling & Advising

301-496-2427 SUPERVISOR SUPPORT

Consultation and training to support quality mentorship and resolve workplace issues

# training.nih.gov

## **TRAINEE SUPPORT**

Graduate/professional school advising, career exploration, wellness programs, interpersonal skills development, cultural adaptation, mentor/mentee relationships



# EAP

- o Mental Health Professionals
- o Confidential
- o Voluntary

301-496-3164

SUPERVISOR SUPPORT Supervisory consultation, crisis intervention, assistance referring trainees to EAP

# ors.od.nih.gov/sr/dohs/EAP

# **TRAINEE SUPPORT**

Free short-term counseling with a licensed therapist, crisis intervention, community resources & referral



#### Employee Assistance Program

# Civil

- o NIH Human Resources
- o Anonymous reports

# 301-402-4845

## SUPERVISOR SUPPORT

Consultation to mitigate workplace difficulties, including harassment (sexual/non-sexual), inappropriate, uncivil, and other disruptive behavior

# https://civilworkplace.nih.gov Anti-Harassment Hotline: 833-224-3829

## TRAINEE SUPPORT

Resource for harassment (sexual/ non-sexual), inappropriate, uncivil, and other disruptive behavior impacting the workplace



## Ombudsman 301-594-7231 ombudsman.nih.gov

- o Consultation
- o Coaching
- o Mediation
- o Facilitation

## SUPERVISOR SUPPORT

Coaching and conflict resolution design and implementation, confidential discussion of personal and interpersonal issues, identify work-related problems, policy and procedures concerns

# TRAINEE SUPPORT

Neutral, fully confidential, independent resource, coaching, problem-solving; schedule phone consultation or meet in-person during quarterly visits to NIEHS



Office of Conflict Resolution