

# NIH Council 2024

Bethesda, MD

June 4<sup>th</sup>, 2024

# Adverse Pulmonary Effects of Highly Toxic Chemicals - A Comparative Analysis of Chemical Inhalation Burns

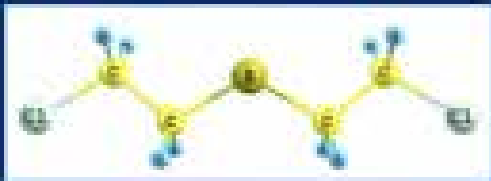
**Livia A. Veress, M.D.**

*Professor*

Department of Pediatrics, Pulmonary Medicine  
University of Colorado Anschutz School of Medicine

**Director**

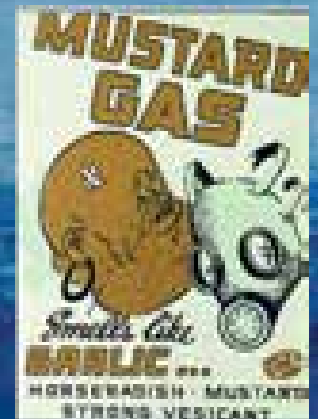
## Center for Advanced Drug Development



**Children's Hospital Colorado**  
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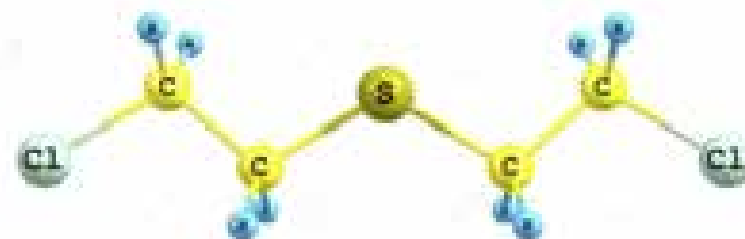


## OBJECTIVES

- Review **Sulfur Mustard** Inhalation Injury – airway burn, alveolar fibrosis
- Review **Methyl-Isocyanate** Inhalation Injury – airway burn, alveolar fibrosis
- Review **Chlorine Gas** Inhalation Injury – airway burn, mild alveolar flooding

## Historical context of the use of Sulfur Mustard

- Sulfur Mustard (SM) was first developed in 1822 by Cesar-Mansuete Despretz, by reacting Sulfur Dioxide with Ethylene
- In 1850-1860's, SM's harmful blistering properties were simultaneously reported by French (Riche), British (Guthrie), and German (Niemann) scientists
- SM was the first vesicant agent used as a chemical weapon
- Other chemical reactions were developed to produce a more potent SM



## Some Examples of the Use of SM as a Chemical Weapon

- 1917 – WWI, the German Army against the Allies (100,000 deaths)
- 1919 – UK against the Red Army
- 1921-1927 – Spain and France against Moroccan rebels
- 1930 – Italy against Libya
- 1934 – Soviet Union against China
- 1935 - 1940 – Italy against Ethiopia
- 1937 – 1945 – Japan against China
- 1963 – 1967 – Egypt against North Yemen
- 1983 – 1988 – Iraq against Iran (>1000 deaths)
- 1995 -1997 – Sudan against insurgents in Civil War
  - *Not Much Use in WWII*





## Modern use and potential threats of Sulfur Mustard

- After WWII, most of Germany's SM was dumped into the Baltic Sea
- In 1966-2002, >700 SM weapons were found near Bornholm island; location of others are unknown.
- All dumped SM weapons are still potent and lethal
- Causes **accidental exposures**, ex: 2010 (NY fishermen)
- Other SM was disposed of by undersea explosions, or in factories (or stored in Pueblo, Colorado)



## Regulations of Warfare Agents

- 1972 - Convention on the Prohibition of the Development, Production and Stockpiling of Bacteriological and Toxin Weapons and on Their Destruction (BTWC)
- 1997 – Chemical Weapons Convention (CWC)

Chemical weapons watchdog concludes Islamic State used mustard gas in 2015 attack in Syria

BY  JULIA ROBINSON | 28 FEBRUARY 2024

## Clinical case presentation – Patient (S. Mustard) - Exposure

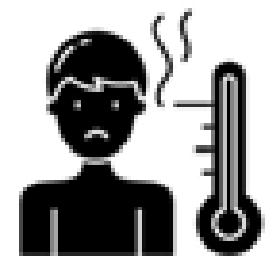
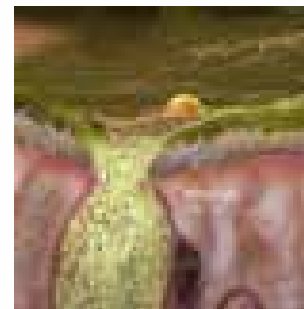
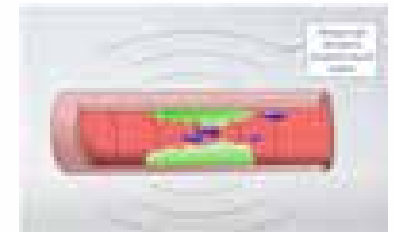
- 21 yr old soldier in WWI
- Premature burst of mustard gas munition during firing (primary exposure)
- No immediate symptoms
- He slept in the proximity of the artillery gun, acutely awakening after 4 hours with acute symptoms of:
  - **Nausea**
  - **Burning in the eyes**
  - **Vomiting**
  - **Dizziness**
  - **Headache**
  - **Tickle in the throat**



Heitzmann, Otto. 1920. *On Battefield Gas Poisoning*, Chapter VIII

## Patient (S. Mustard) – cont. – 1<sup>st</sup> day symptoms

- Within 24hrs, the symptoms worsened:
  - **Conjunctivitis with photophobia**
  - **Erythematous oropharynx**
  - **Dyspnea**
  - **Chest rattling (rhonchi) and wheezing**
  - **Slimy foamy sputum**
  - **Fever of 40.1°C**
  - **Weakening**



FEVER

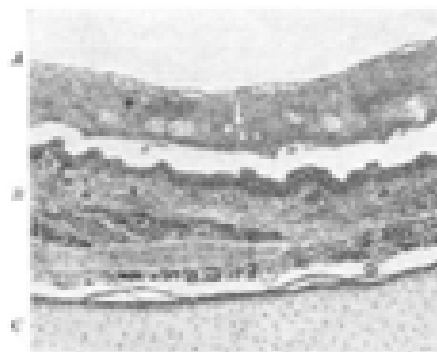
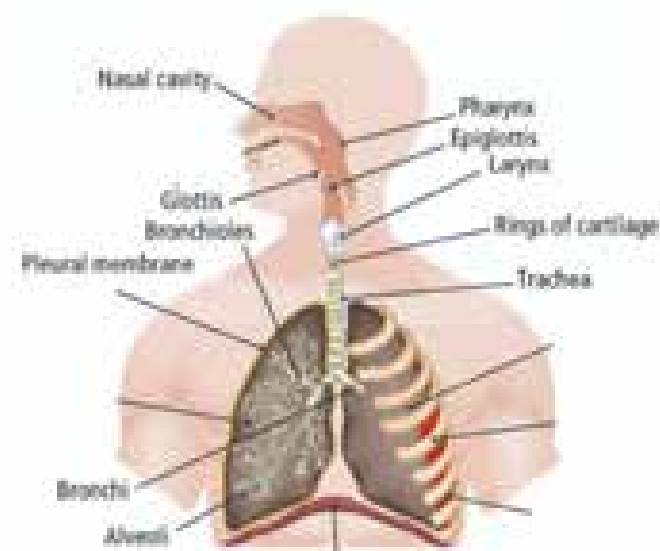
## Patient (S.Mustard) – cont. – subsequent days

- On the 2nd day: temperature 39 to 40°, **cyanosis**, pulse 120, restlessness.
- On the 3rd day: **cyanosis**, somnolence; restlessness; 38.5°.
- On the 4th day: **death** after increasing dyspnea and tachycardia
- Diagnosis:
  - croupous inflammation of the pharynx, larynx, trachea and larger bronchi;
  - purulent bronchitis and bronchiolitis
  - hemorrhagic bronchopneumonia
  - bullous emphysema of the anterior lung segments
  - hemorrhages in the brain (*purpura cerebri*), in the trachea, beneath the pleura, epicardium and endocardium, salivary gland, and renal tubules, cornea

# Patient (S. Mustard) – Autopsy Results

## Patient Autopsy – Respiratory Organs

- **Nasal cavity** -- purulent mucus
- **Pharynx** --clogged with flaky purulent material
- **Posterior pharyngeal wall** -- fine, yellow, firmly adhering coatings
- **Larynx** --filled with purulent material; the inlet fold ulcerated
- **Epiglottis** edge – raw, erythematous
- **Soft palate** -- nearly entirely closed with a spanned **pseudo/membrane**
- **Trachea** -- lined with firmly or loosely adhering **pseudo/membranes**; the mucosa beneath is dark red with bright red spots (hemorrhages);
- **Mainstem Bronchi** -- adhering **pseudo/membrane** is formed into a tubular outlet;
- **Lobar bronchial branches** -- contiguous outlets alternate with containing thick liquid pus;
- **Bronchioles** - expanded; the mucosa overall is dark bluish-red.
- **Anterior lung** -- have large bubbles or blisters;
- **Pleural membrane** -- slightly opaque with isolated small hemorrhages.
- Microscopic findings: *hemorrhagic purulent bronchitis, fibrinous leukocytic exudate, edema.*



**Fig. 1. Loosely adhering pseudomembrane in the trachea;**  
A = pseudomembrane, B = mucosa, submucosa, C = cartilage

# Sulfur Mustard (SM) Inhalation-Exposed Humans - Airway Casts: The Willems report

Willems report: Report on the SM-exposed Iranians evacuated to European hospitals during 1984-87 war

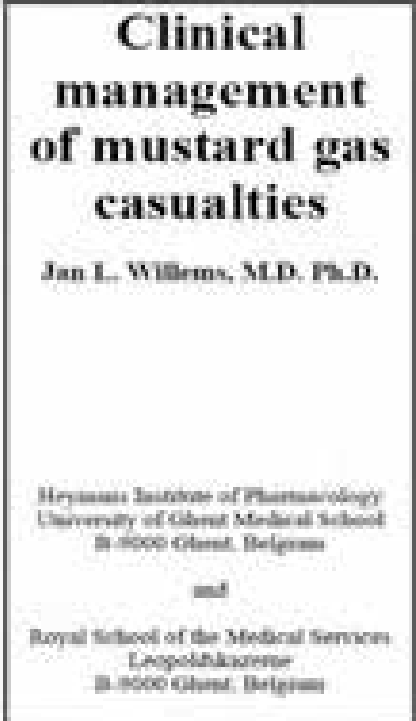
CASTS: 23% of SM-exposed patients had airway casts (15/65)

## Mortality

- Of patients with casts, 50% died

## Serious Morbidity

- Of patients with casts, 20% surviving patients had emergent tracheostomy due to sudden airway occlusion casts



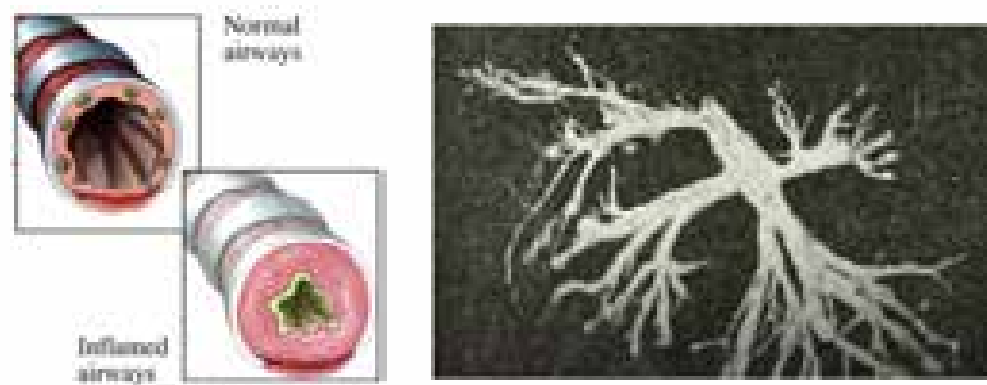
# Acute Phase health effects of Sulfur Mustard inhalation exposure

**\*\*Severity depends on SM dose, individual characteristic, temperature, humidity\*\***

**\*\*Main feature is a completely asymptomatic incubation period (hours – months)\*\***

## Acute Health Effects

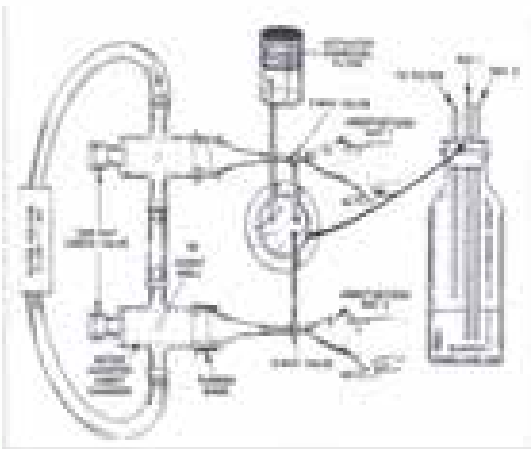
- Acute airways edema
- Inflammation
- Destruction of Airway Epithelial Cells
- ‘Pseudomembrane’ formation which may block airways and cause death’
- Multiple Organ Dysfunction Syndrome (MODS) – bone marrow, gastrointestinal and central nervous system injury





# Acute SM Inhalation Rat Model Development

Hourly pOx/HR/Clinical Score



Anderson et al, USAMRICD

## Species

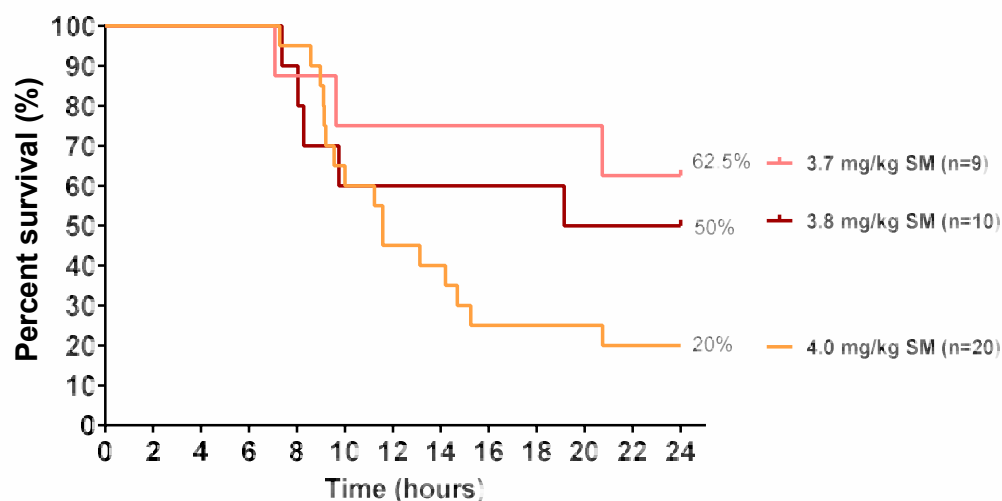
Sprague-Dawley rats, Charles River, Male  
Weight – 250-275 g on exposure day

## Endpoints

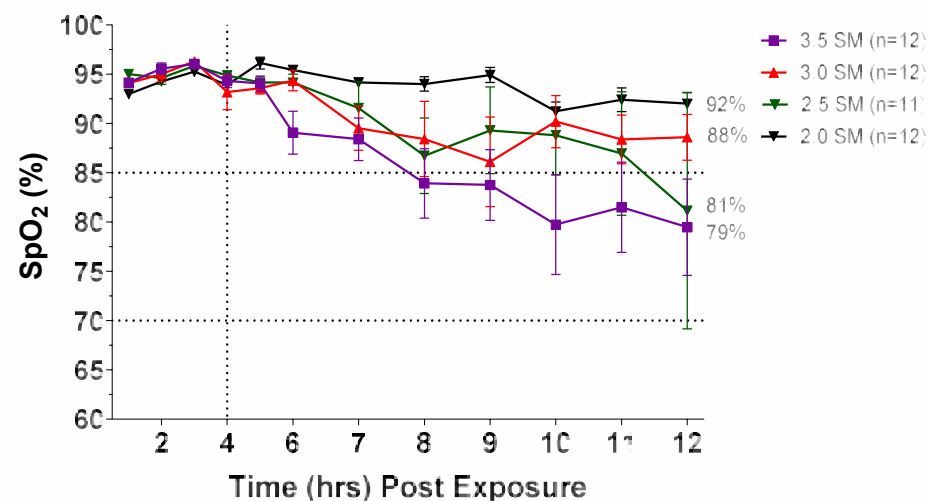
Clinically Translational (Vital Signs)  
Blood Analysis (CBC, CMP, ABG)  
BALF analysis  
Lung histology/IHC, cast scoring  
Coagulation assays  
Cardiac Function (cath/echo)  
Lung Function  
SM metabolite analysis

## Acute SM Inhalation exposure causes dose-dependent survival and oxygen desaturation

Survival, Rat - SM Inh



Oxygen Saturation, Rat - SM, Inh

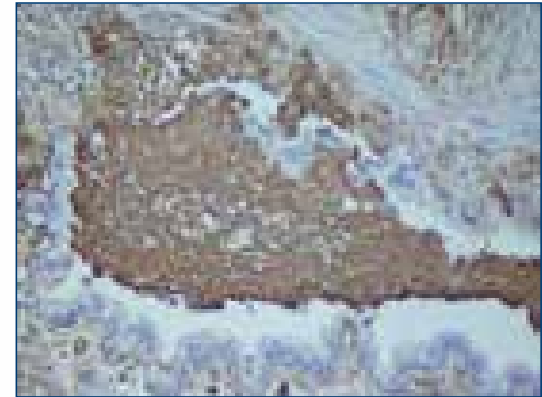


## Acute SM Inhalation morbidity and mortality is due to airway thrombosis (fibrin rich casts) in rat model

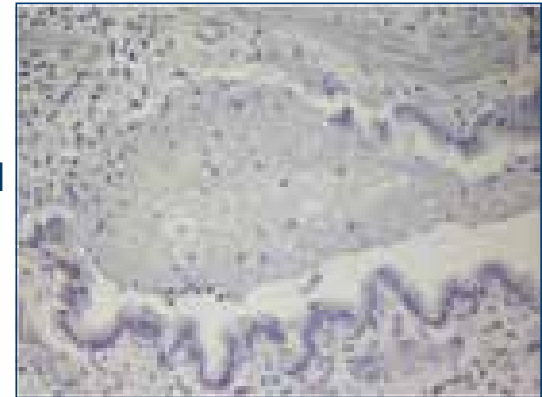


Fibrin-rich casts (aka pseudomembranes) form in the airways after SM Inhalation

Fibrinogen  
IHC



IgG Control  
IHC

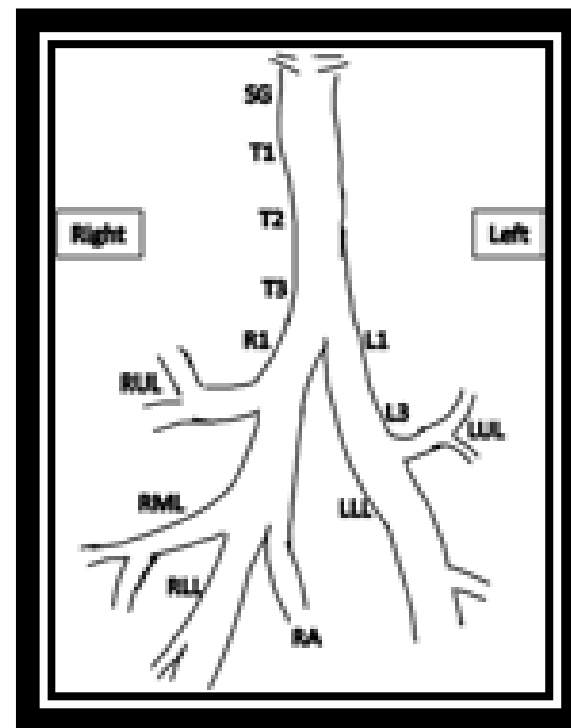
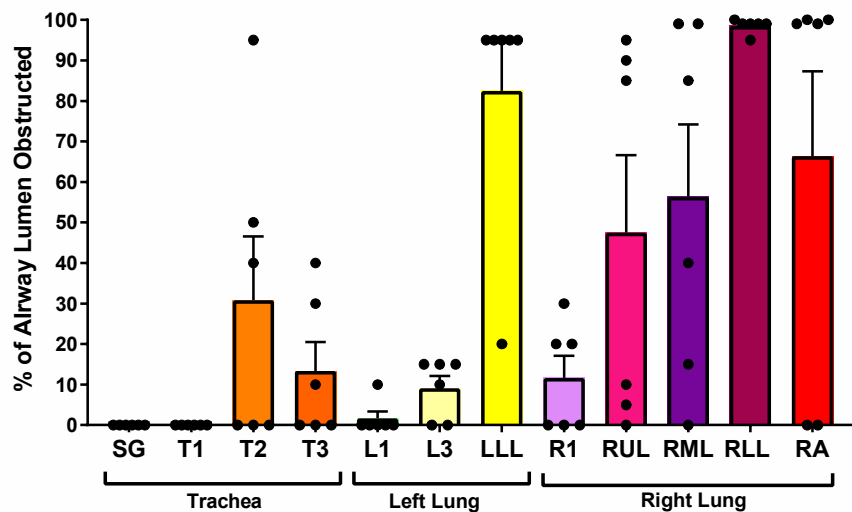


Fibrinogen IHC

# Airway Casts in Right Lower Lobes Predominantly

Cast Airway Obstruction Percent per Airway Region,  
At 12 h Post-Exposure

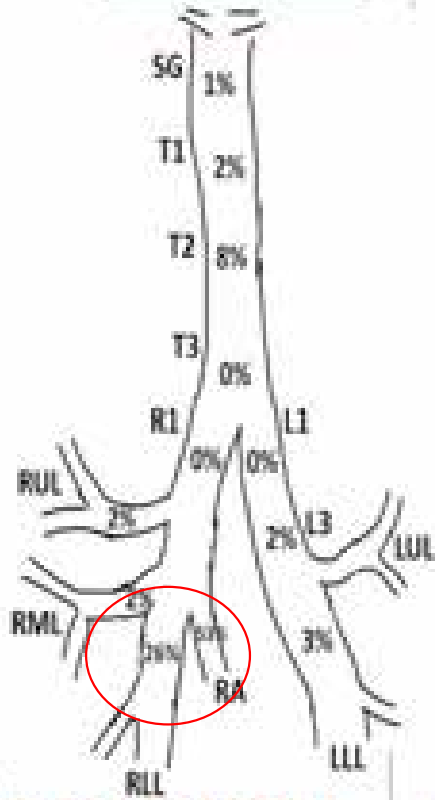
Exposure: 3.5 mg/kg Sulfur Mustard, Inh, Rat  
Treatment: None



SG – subglottis  
T1 – proximal trachea  
T2 – mid-trachea  
T3 – distal trachea  
R1 – right mainstem at carina  
L1 – left mainstem at carina  
L3 – distal left mainstem  
LLL – left lower lobe (most proximal)  
RUL – right upper lobe  
RML – right middle lobe  
RLL – right lower lobe  
RA – right accessory

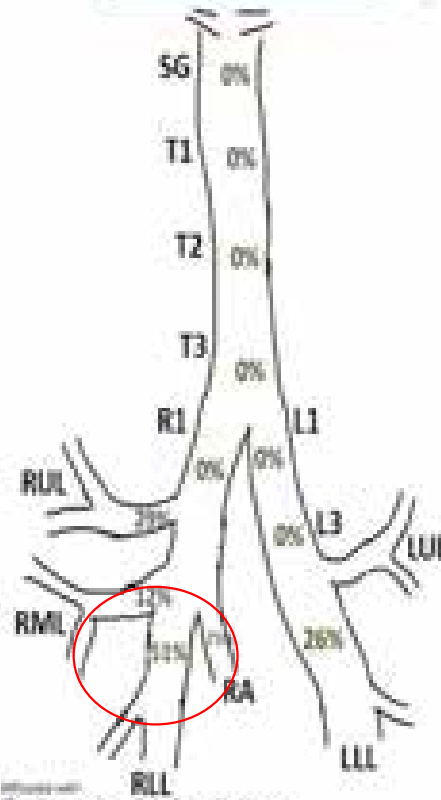
# Cast Obstruction (%) per Airway Region at 12 hours Post-Exposure to SM (Inhaled) in Rats

2.0 mg/kg SM



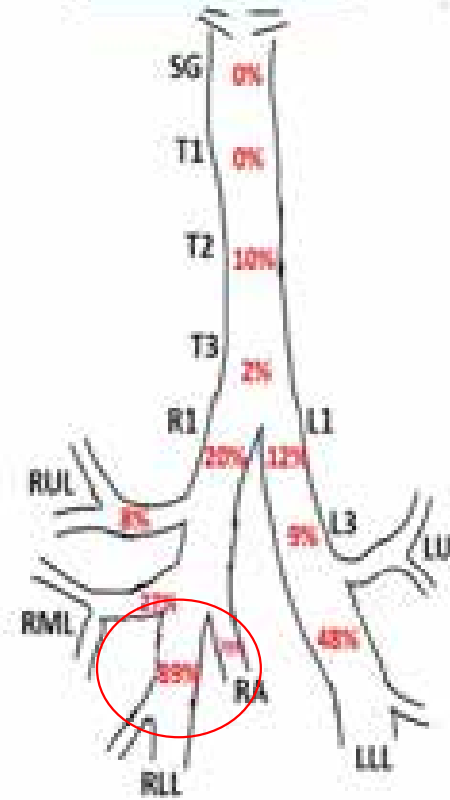
Mean, n=6

2.5 mg/kg SM



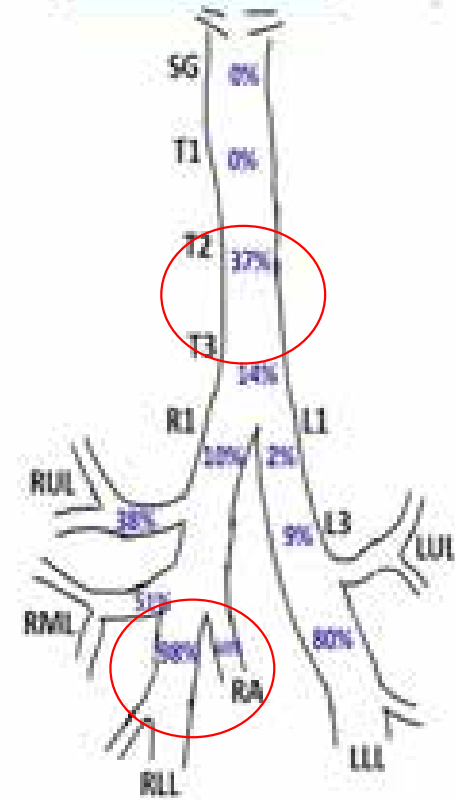
Mean, n=5

3.0 mg/kg SM



Mean, n=5

3.5 mg/kg SM



Mean, n=5



Children's Hospital Colorado

1111 E. 13th Avenue



University of Colorado  
School of Medicine

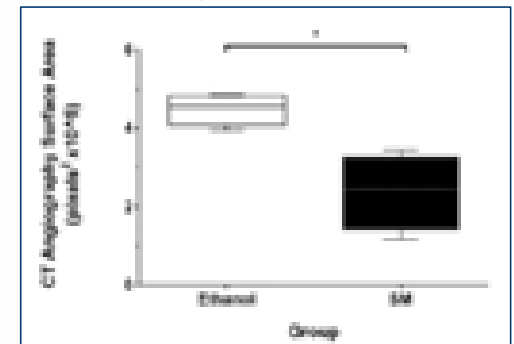
1601 E. 10th Avenue



# Acute high dose SM Inhalation causes vascular pruning (rats) due to acute vascular pathology (thrombosis)



CT quantitation



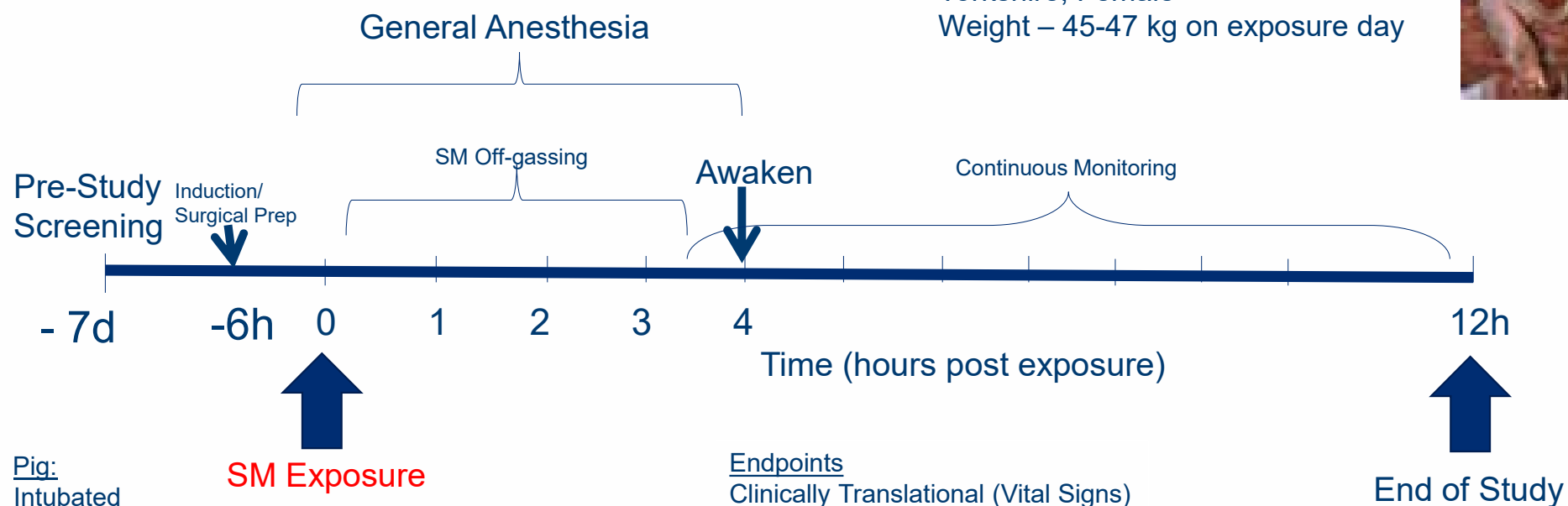
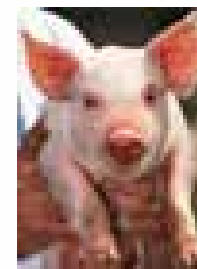
Red arrow - small pulmonary artery thrombosis  
Black arrow - small pulmonary artery without thrombosis  
Blue arrow - bronchiole (capillary) pulmonary thrombosis

# Acute SM Inhalation Pig Model Development

## Species

Yorkshire, Female

Weight – 45-47 kg on exposure day



## Pig:

Intubated

General anesthesia (4 drug - IV)

Spontaneously ventilating

( 5-7 ml/kg Tidal Volume, RR 10-15 bpm)

## Endpoints

Clinically Translational (Vital Signs)

Blood Analysis (CBC, CMP, ABG)

BALF analysis

Lung histology/IHC, cast scoring

Coagulation assays

Lung Function

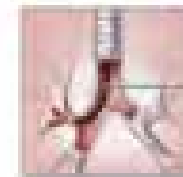
SM metabolite analysis



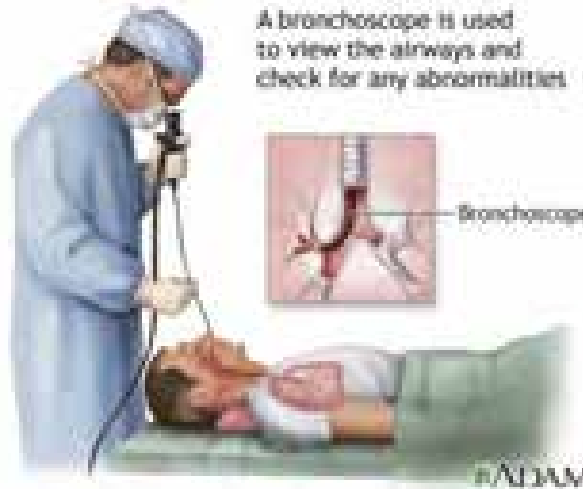
# Bronchoscopy (Human and Pig)



A bronchoscope is used to view the airways and check for any abnormalities



Bronchoscope



# Bronchoscopy in Pigs After SM Inhalation

Left Mainstem      Right Mainstem      R upper lobe



Normal Pig Trachea

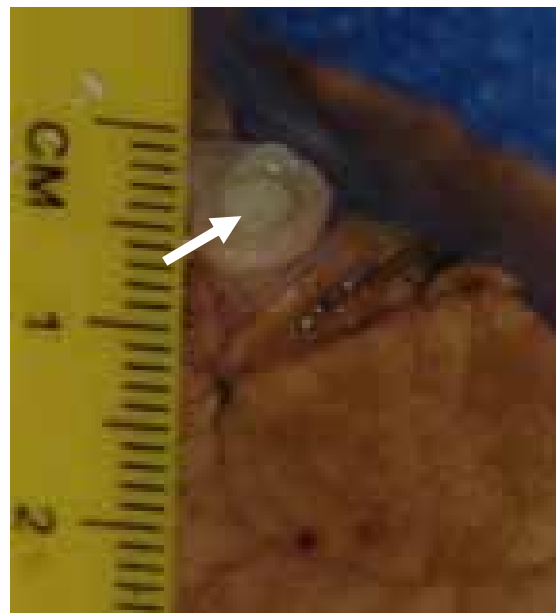


Pig Trachea 10.5h  
Post-SM Inhalation

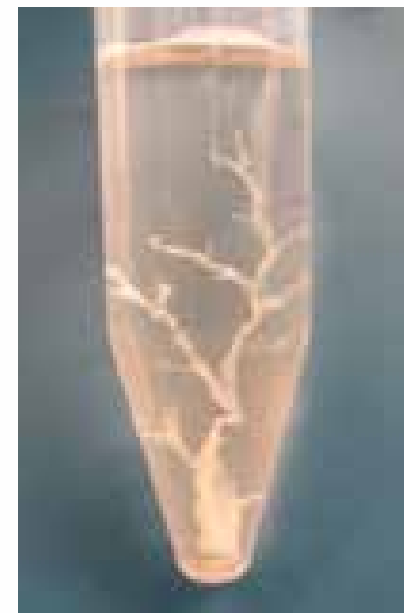
# Pig Model of SM Inhalation Causes Airway Thrombosis (Fibrin Casts)



Cast pulled out via  
hemostat



Cast completely obstructing  
opening to Right Upper Lobe  
(RUL)



Entire cast pulled  
out of RUL

# Airway Casts Are Present in Pig Lobes After SM Inhalation



**Right Middle Lobe Cast**  
In-situ (arrow)



**Right Lower Lobe Cast Ex-vivo**  
(arrow)



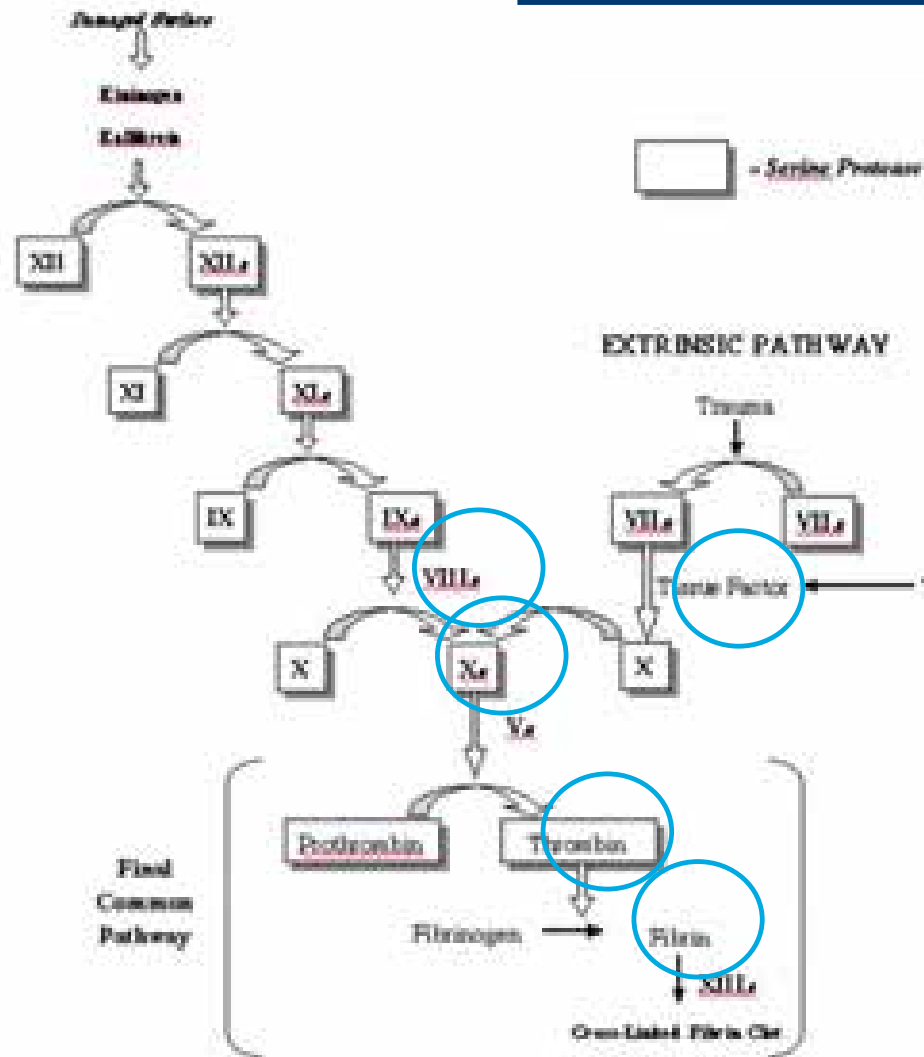
**Tracheal Cast Histology: Mucus**  
(4X AB/PAS Stain for Mucus)



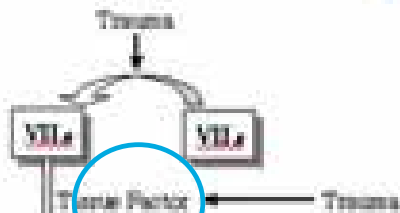
**Tracheal Cast Histology: Fibrin**  
(10X Fibrinogen IHC)

# Thrombus Formation

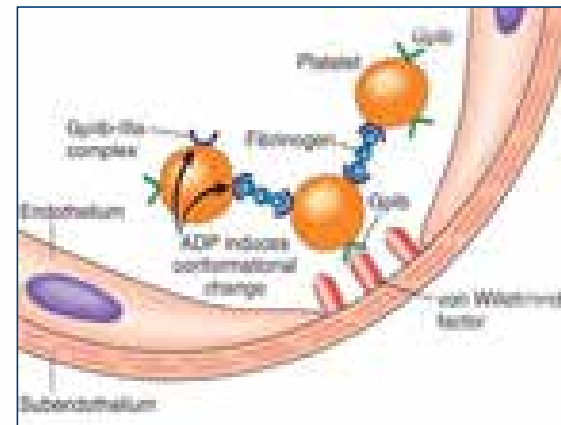
## INTRINSIC PATHWAY



## EXTRINSIC PATHWAY

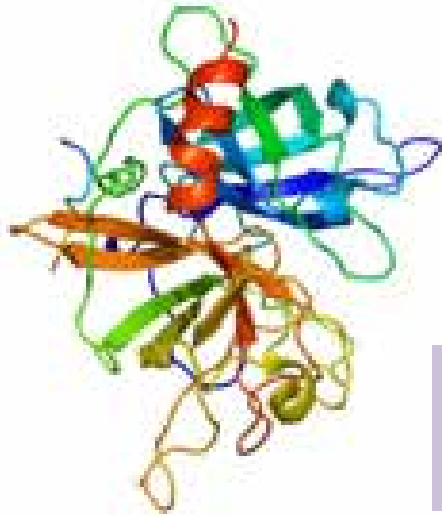


<https://pharmrev.aspetjournals.org/content/pharmrev/70/3/526/F1.large.jpg>



Platelet binding to vWF on EC

# Cast Lysis with Alteplase (tissue plasminogen activator, tPA)

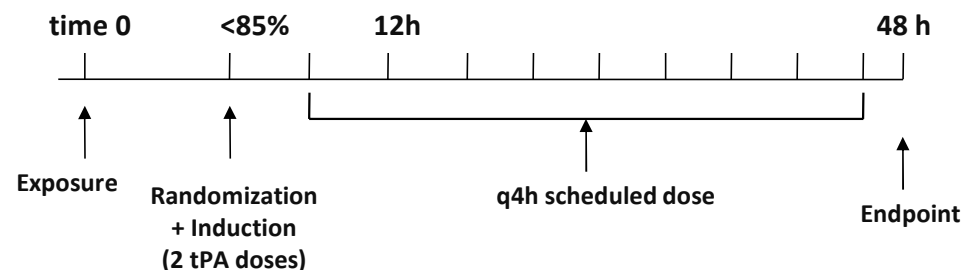


## Alteplase

- Fibrinolytic drug, converts (inactive) plasminogen to (active) plasmin
- FDA approved for use in Myocardial infarction, Strokes, Pulmonary embolism, Clearance of clots in central venous devices and chest tubes

### Groups:

1. HD alone (NT)
2. HD + tPA q4
3. HD + PBS q4

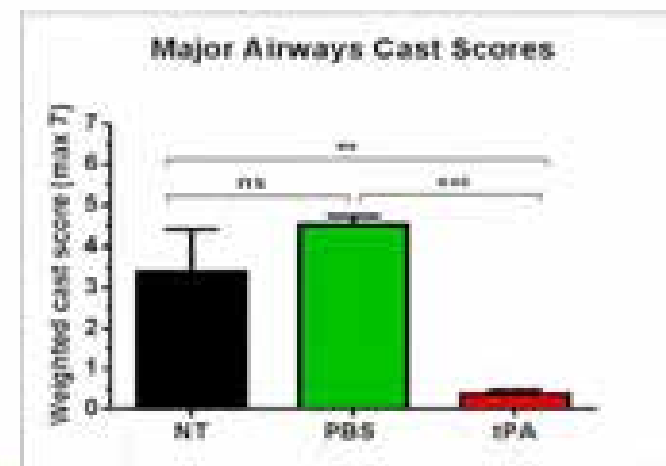
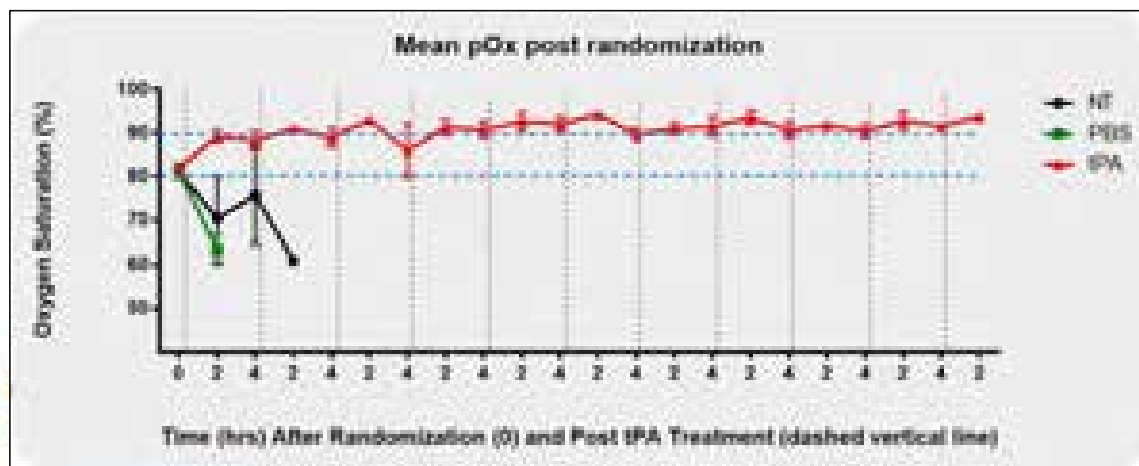
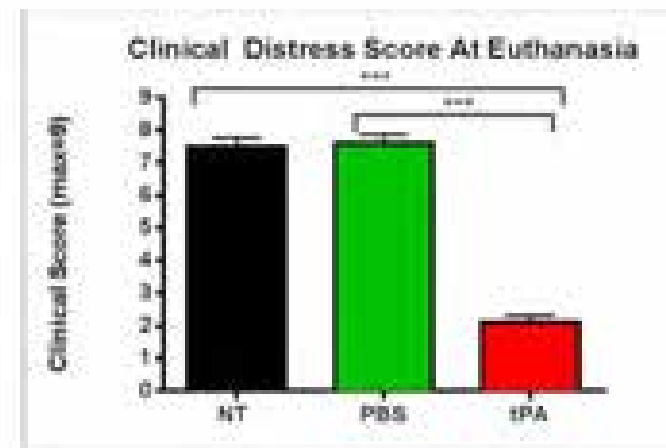
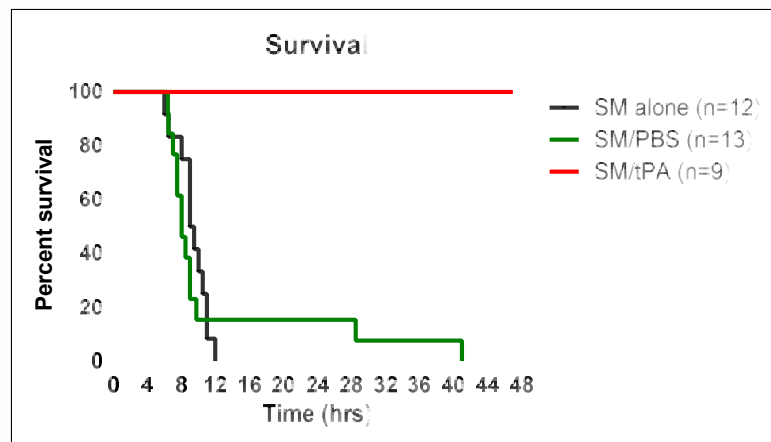


tPA dosing: 0.7mg/kg (induction is 2 doses 1h apart), then q4h maintenance dose (1 dose)  
-administered under isoflurane anesthesia via Penn-Century microsyringe

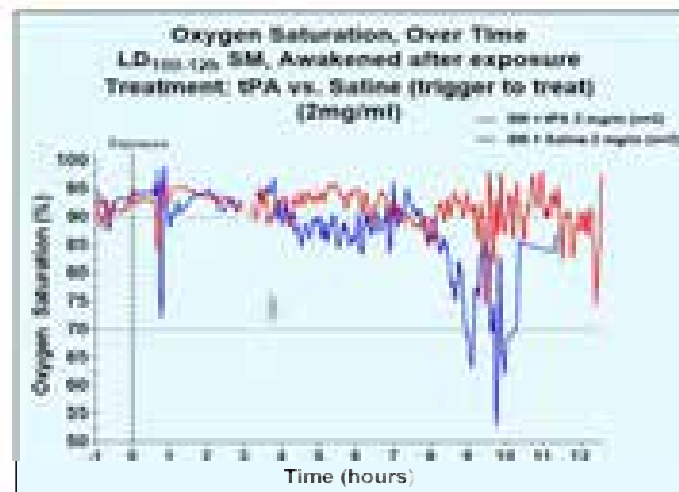
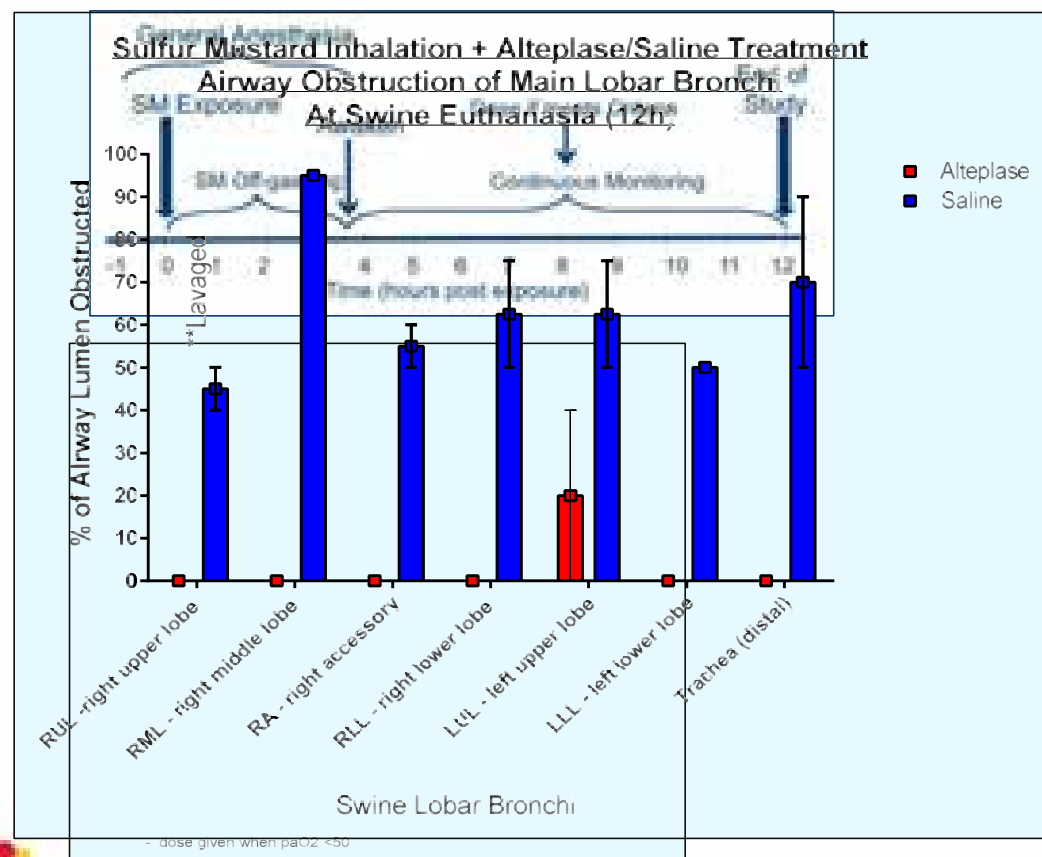
Euthanasia criteria (must meet both):

1. pO<sub>2</sub> <70%
2. Clinical score > or = 7 (new scoring system)

# Alteplase treats acute airway injury after SM inhalation in Rats

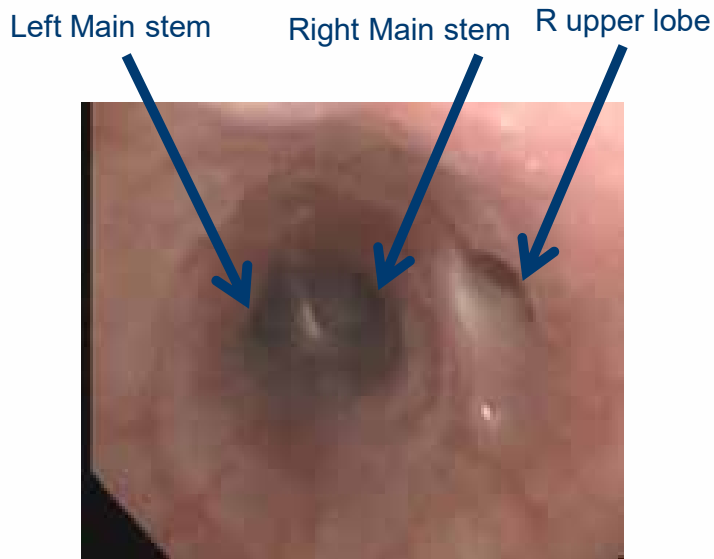


# Alteplase treats acute airway injury after SM inhalation in Swine

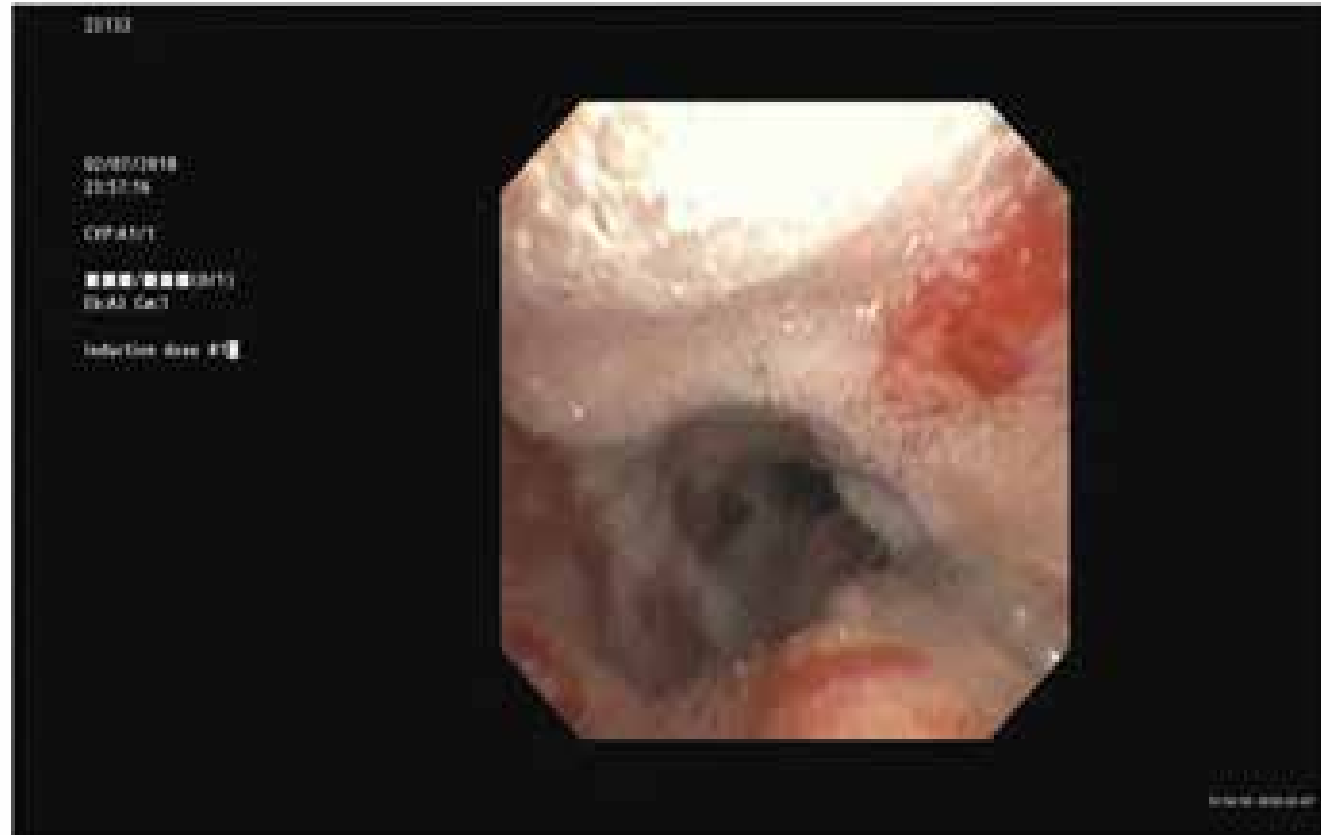




## Bronchoscopy Video – SM inh, 10.5hr



## Normal Pig Trachea



# Bronchoscopy Video – SM inh, 11 hr 30 min after Alteplase

Left Main stem      Right Main stem      R upper lobe

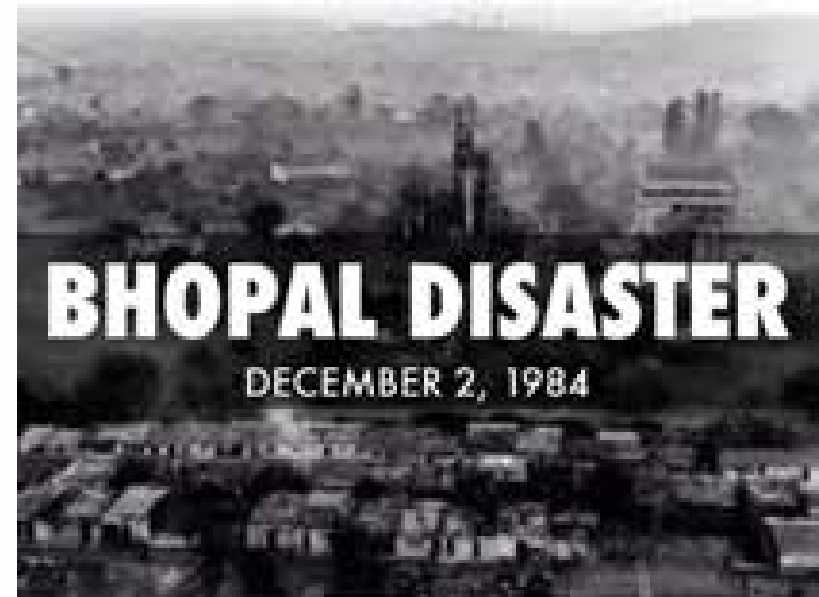


Normal Pig Trachea



## Methyl Isocyanate - Introduction

1. Bhopal Agent = Methyl Isocyanate (MIC)
2. Accident of 1984 Bhopal, India --30-40 tons of MIC leaked from Union Carbide pesticide plant.
  1. ~4000 people died overnight, another 10,000 over next days/weeks
  2. Necropsy findings of obstructed airways, inflammation, hemorrhage, acute bronchiolitis --- *fibrinous exudate in the entire respiratory tract*



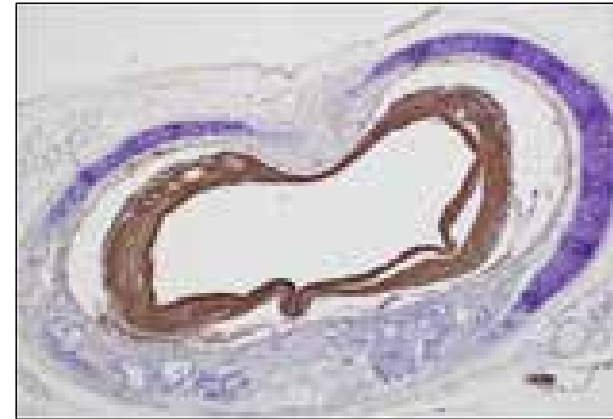
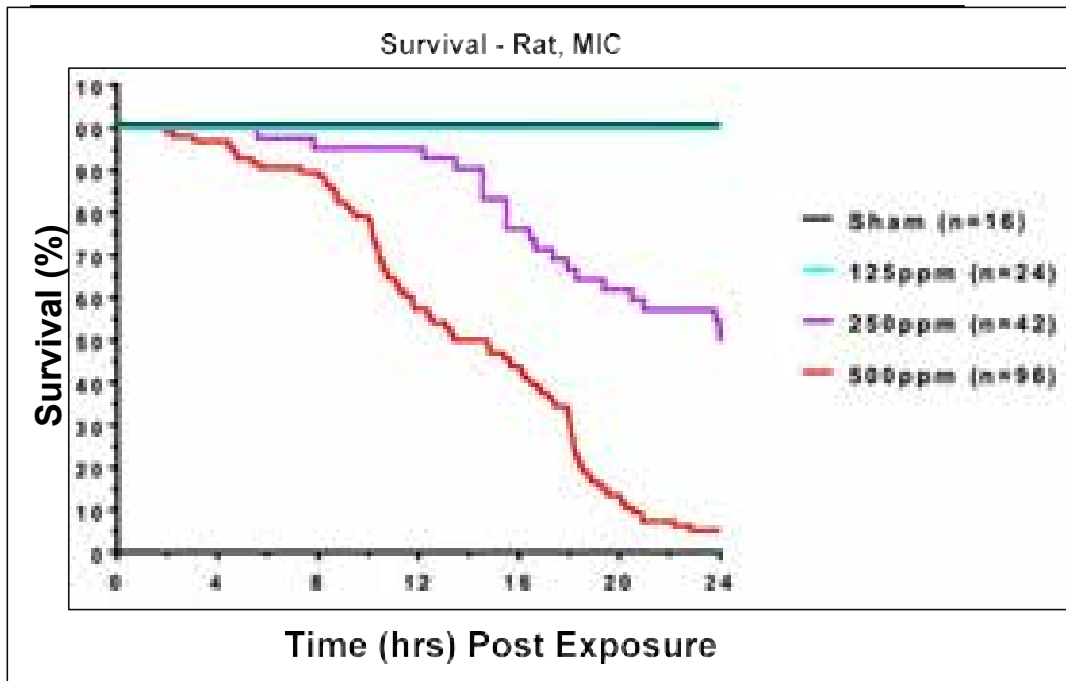
# The Many Uses of Methyl-Isocyanate in Industrial Manufacturing

1. Carbamate pesticides and herbicides
2. Polyurethane/plastics
3. Paints/adhesives
4. Rubber
5. Used in production of, and often stored in proximity to, other toxic chemicals, some of which also can be required MIC for synthesis. Many of these are flammable and/or explosive.
6. Many other isocyanates and diisocyanates are used in industry, but MIC is the most toxic/lethal

## Patient (MIC)

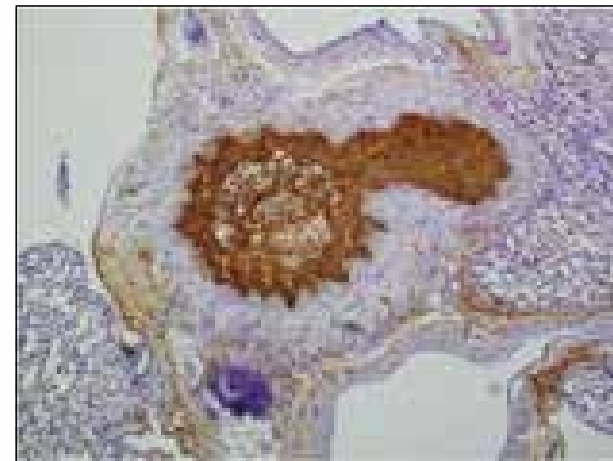
1. Female age 26, cloud of gas from nearby chemical plant
2. Immediate eye burning, and watering, rhinorrhea
3. Within 4 hours: Coughing– \*\*\*strongly associated with mortality\*\*\*
4. Within 8-12 hours: By Diarrhea, shortness of breath, vomiting, wheezing, respiratory distress, rales
5. Second day: Worsening Cyanosis, coughing up copious amounts of thick and frothy sputum, severe respiratory distress, ongoing eye watering, rhinorrhea
6. Death within 3 days: **cyanosis, seizures, frothing at mouth → death**
7. **AUTOPSY:** **severe epithelial fibrinous necrosis, sloughing, pseudomembranes, pulmonary edema, airway edema, inflammation, ARDS**
8. **Cause of Death:** **Asphyxia due to respiratory failure**

# Methyl Isocyanate- Rat Model



Trachea

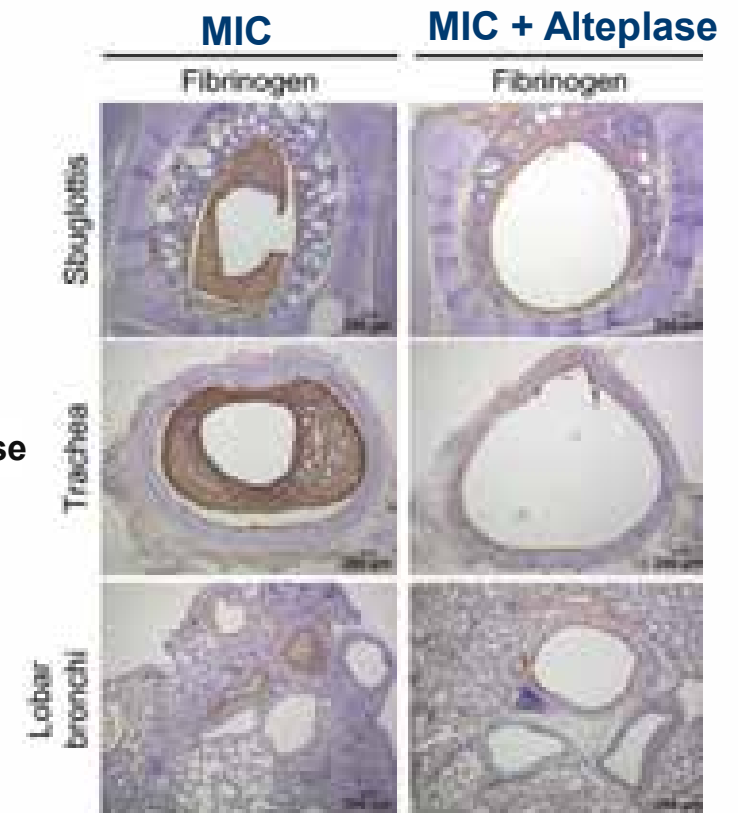
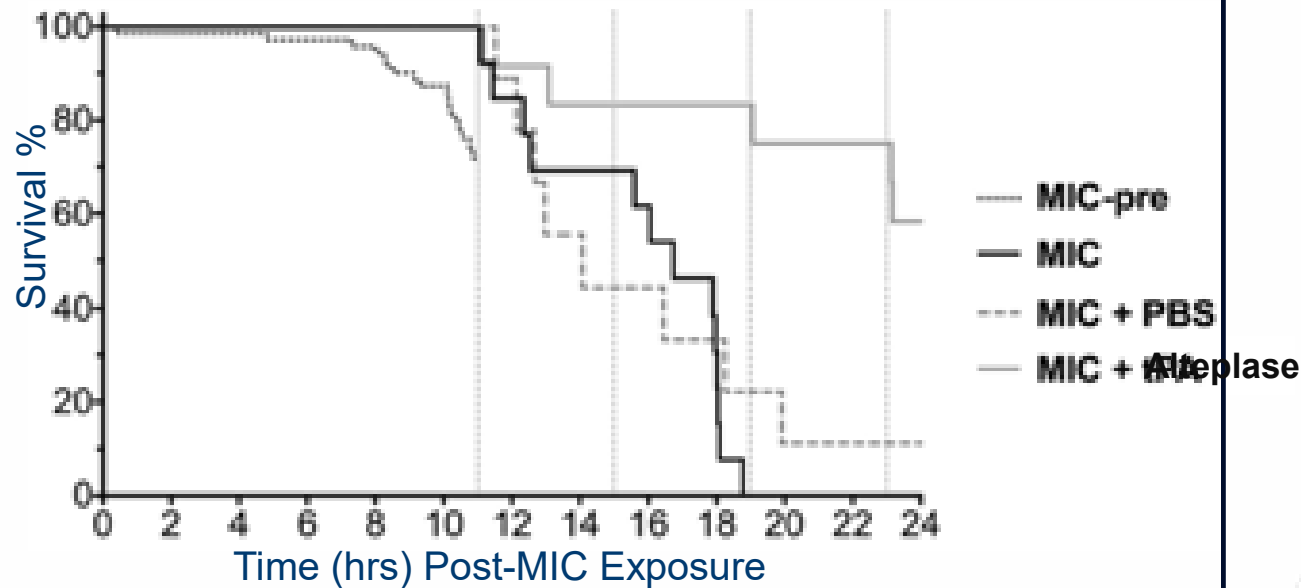
Fibrinogen  
IHC



Accessory lobe main bronchus

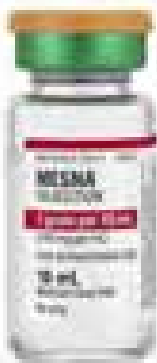
# Methyl Isocyanate Treatment with Alteplase - Rat

**SURVIVAL – MIC + Alteplase**



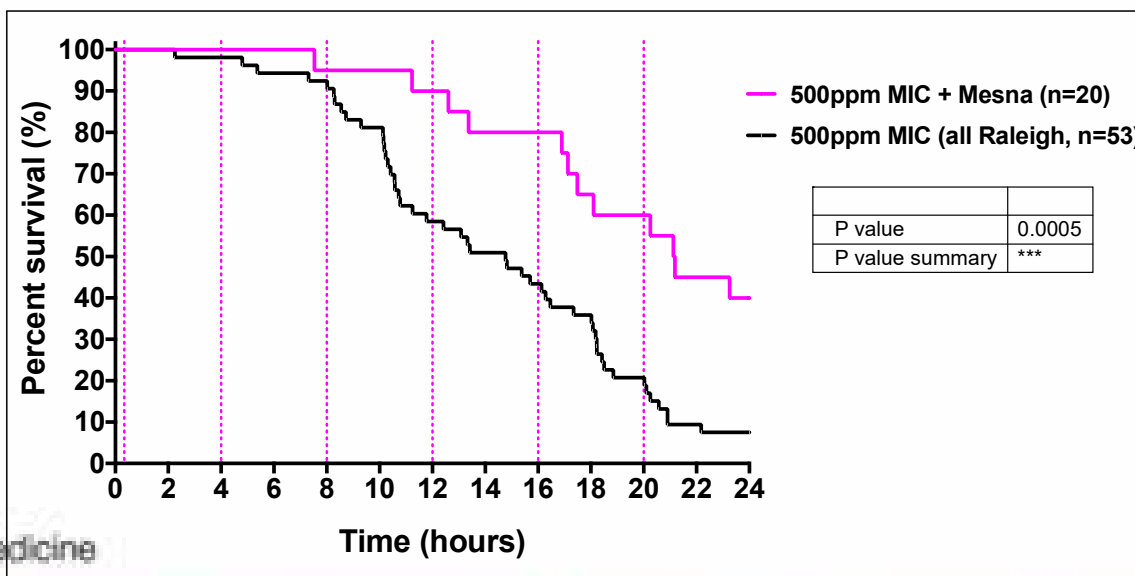
Hb

# Methyl Isocyanate and MESNA Treatment



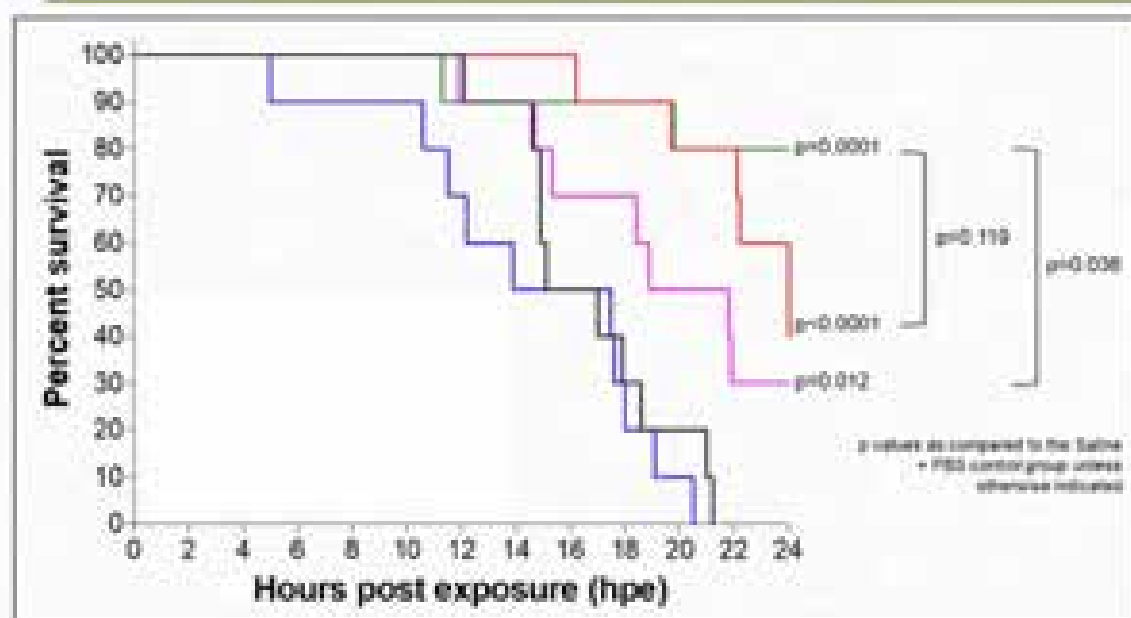
Mesna = sodium 2-mercaptoethane sulfonate

- Thiol
- Chemoprotective agent, used to detoxify metabolites of ifosfamide and cyclophosphamide during chemotherapy for cancer treatment
- Antioxidant, as thiol can scavenge reactive oxygen species





# MESNA Synergizes with tPA to Further Improve Survival after MIC Inhalation (80% survival at 24 h)



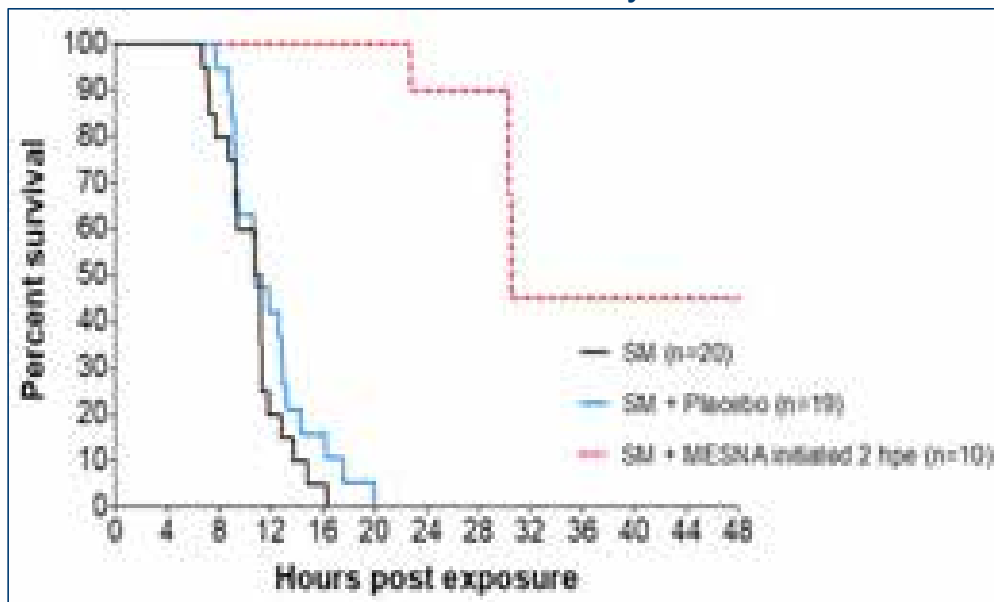
Methyl isocyanate (MIC):  
 500 ppm for 30 min, nose-only

MESNA:  
 300 mg/kg, IP, at 0.33, 4 and 8 h

tPA:  
 0.7 mg/kg, IT, at 6, 11, 16 and 21 h

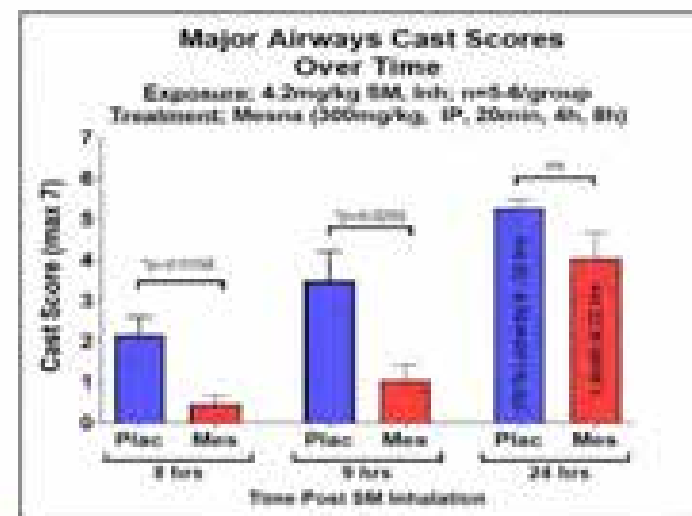
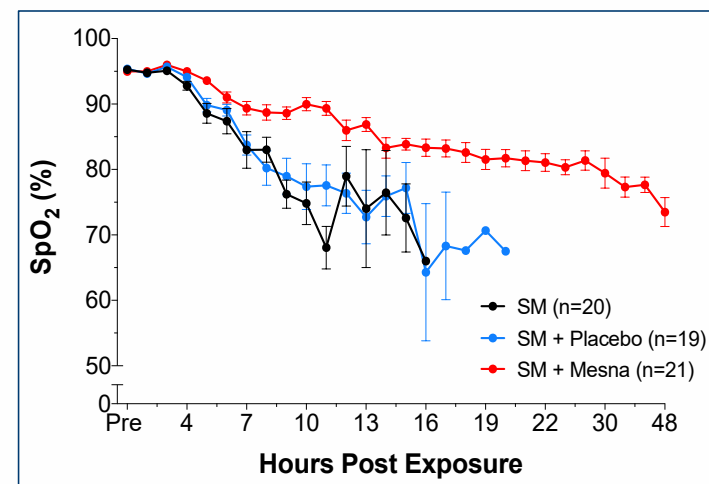
# Sulfur Mustard and Mesna Treatment

First Mesna Treatment Delayed to 2 hours



Alternative Tx Protocol:

Mesna: 300mg/kg, IP, at 2, 4, and 8h post-exposure



# Chronic Phase health effects of Sulfur Mustard inhalation exposure

## Prevalence— 78%

### \*\*\*Bronchiolitis Obliterans \*\*\* (53-55%)

55% at 6wks to 1yr

53% at >4 yrs

### Pulmonary fibrosis (5 – 24%)

24% at 6wk to 1 yr

5- 12% at >4 yrs

### Chronic Bronchitis - (22 – 80%)

Recurrent Pneumonia, COPD

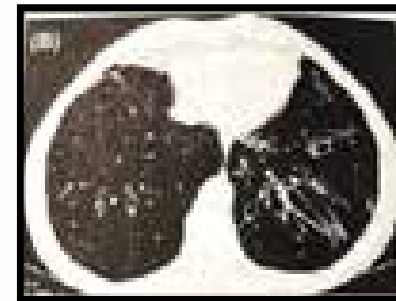
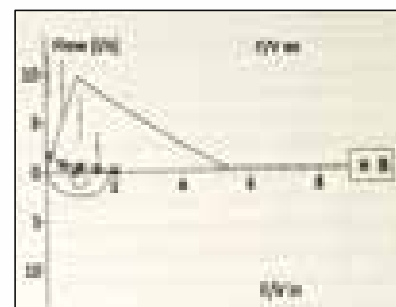
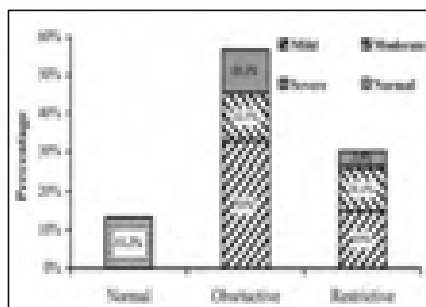
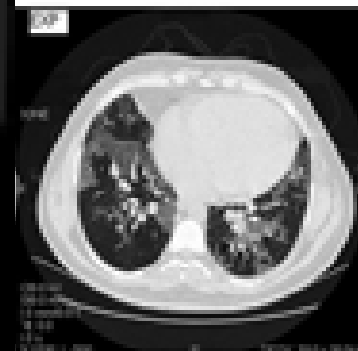
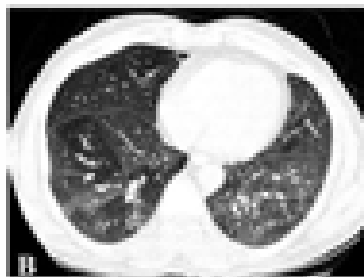
### Tracheobronchomalacia - (14%)

### RADS– (11 - 30%)

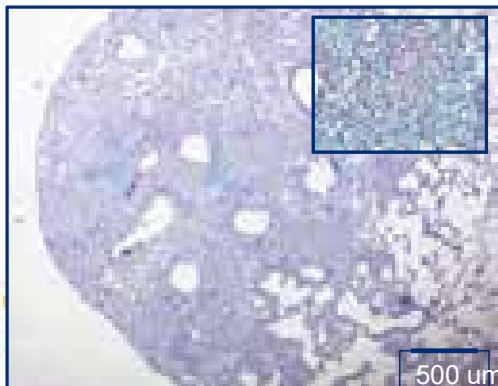
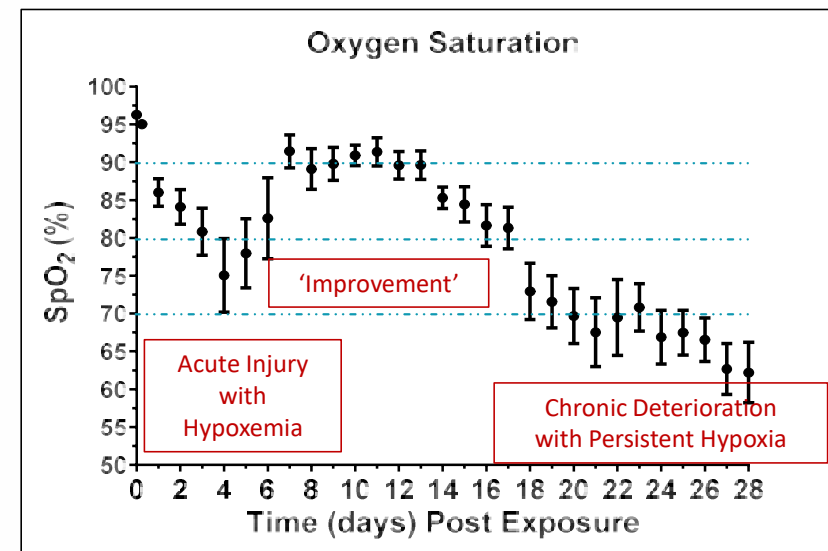
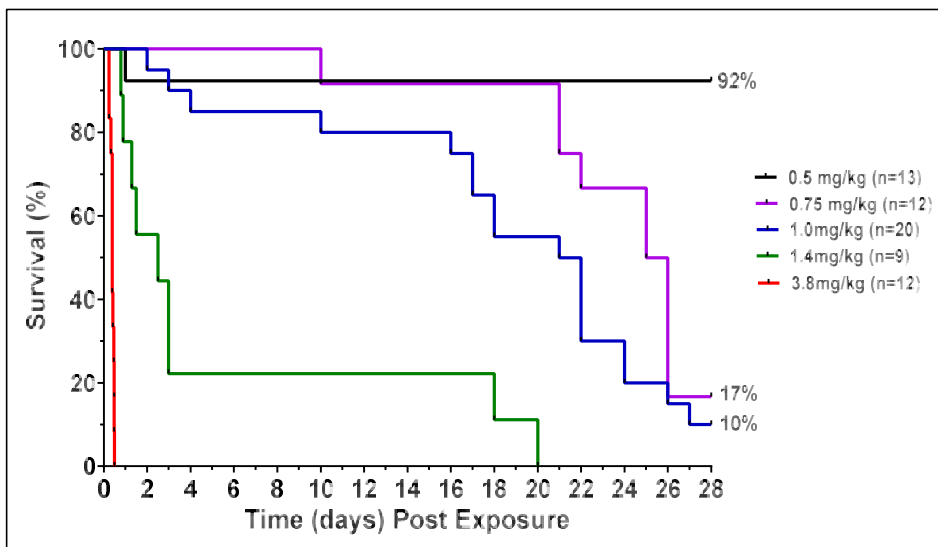
Emphysema

### Large Airway Stenosis – (10%)

### Bronchiectasis - (8.8%)

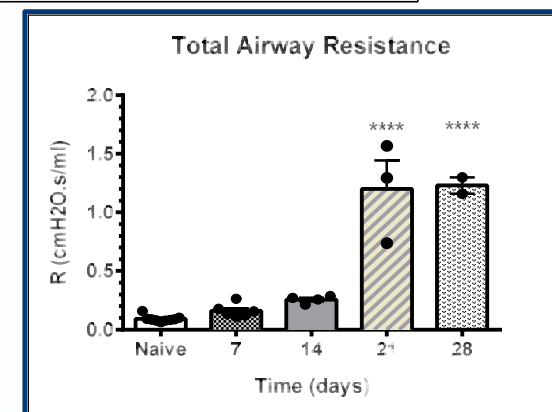


## Late effects (Chronic Lung Disease) – Sulfur Mustard - rat



- Predominance for sub-pleura
- Greater in dependent lobes
- Patchy, heterogeneous

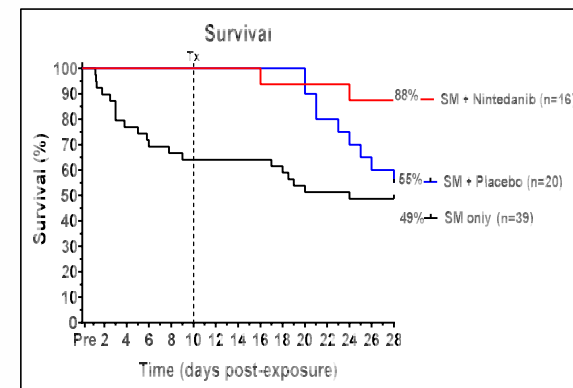
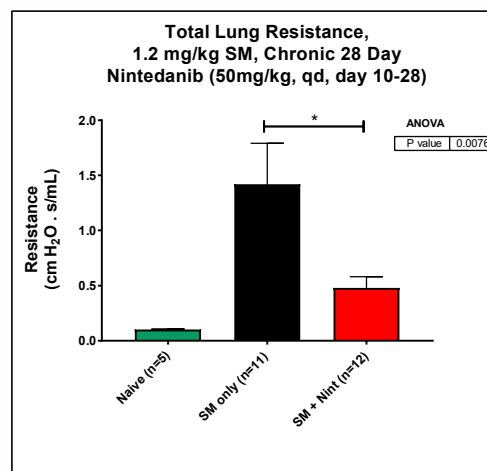
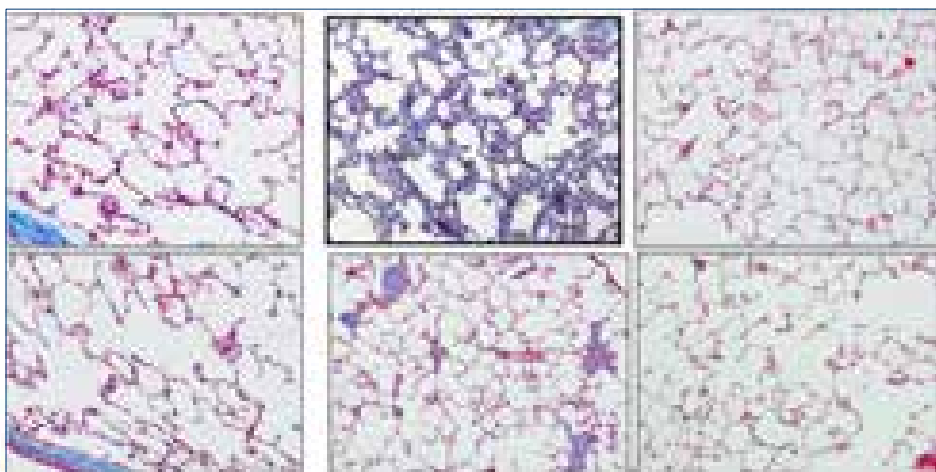
School of Medicine

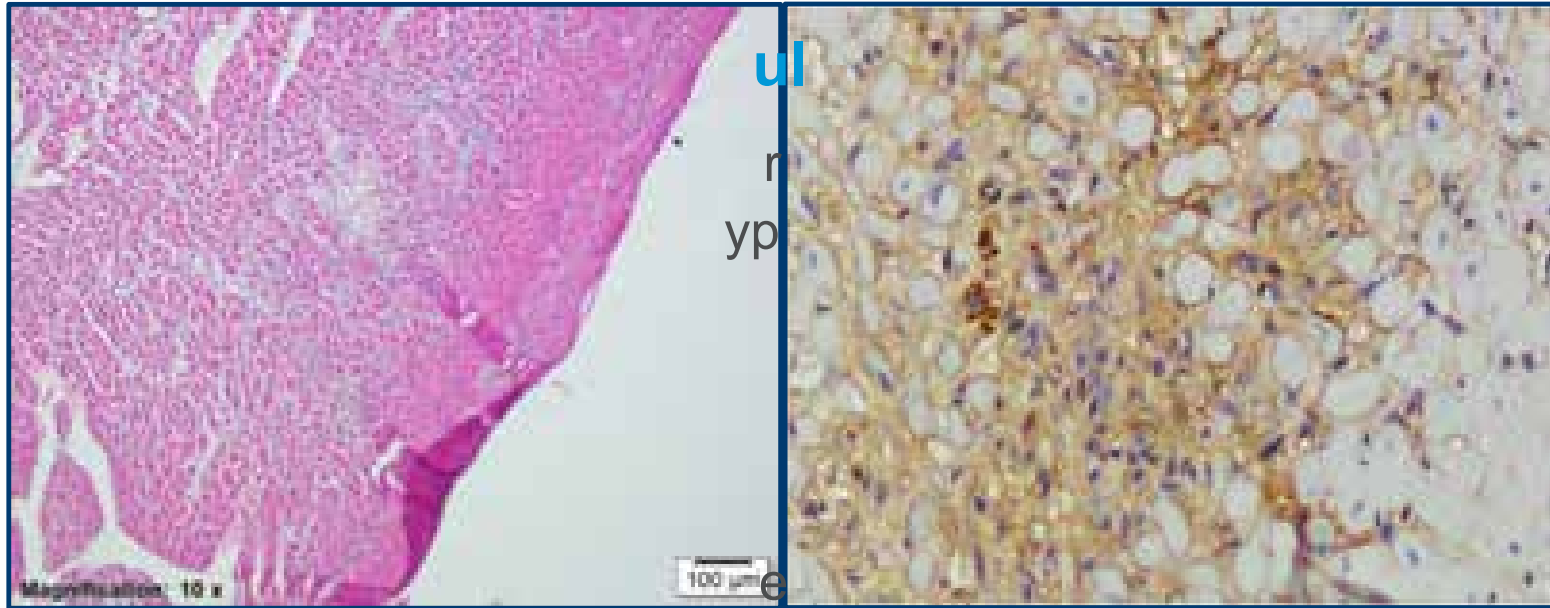


# Nintedanib (antifibrotic) for Pulmonary Fibrosis due to SM

- Nintedanib is a “triple kinase inhibitor” and acts on tyrosine kinase receptors for:
  - PDGF (platelet derived growth factor)
  - VEGF (vascular endothelium growth factor)
  - FGF (fibroblast growth factor)
- Inhibits fibroblast migration, proliferation, and myofibroblast transformation.
- FDA approved for treatment of idiopathic pulmonary fibrosis

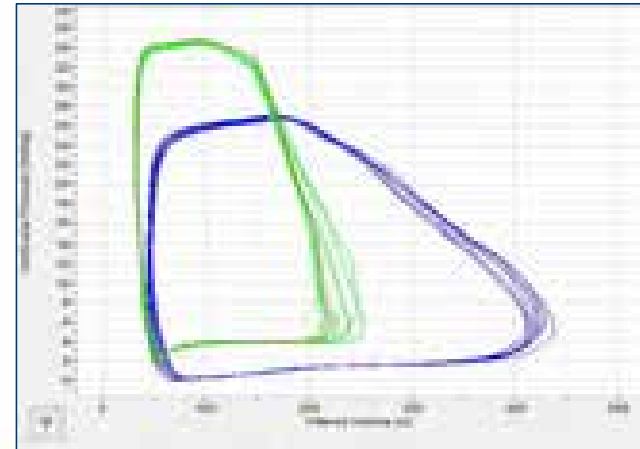
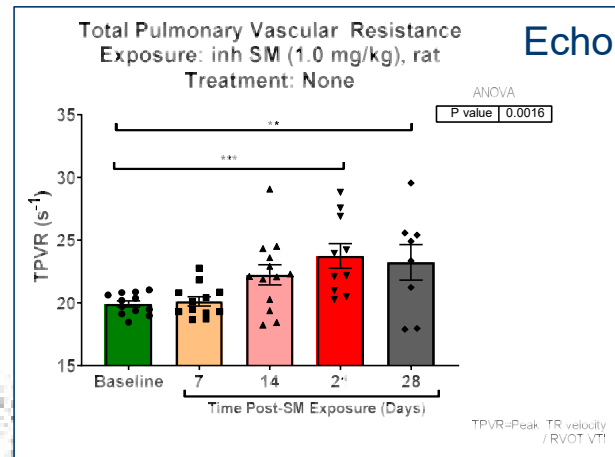
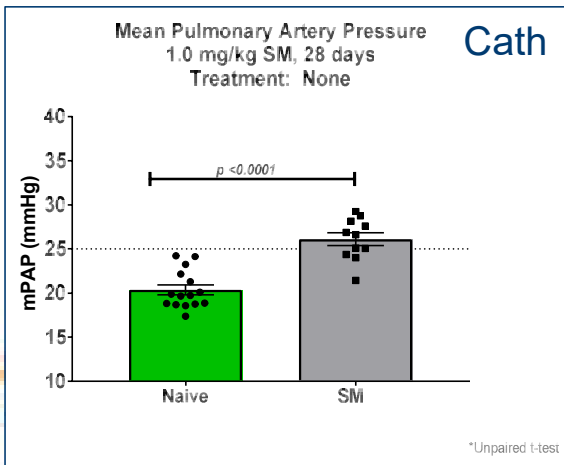
Naive SM, 28 d SM + Nintedanib, 28 d





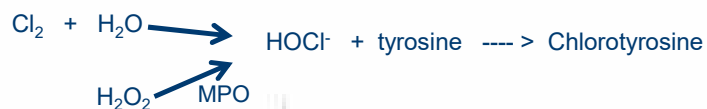
Shabestari, et al *CV Tox*, 2019

Khosravi et al *J. Clin U/S*, 2018



# Chlorine Gas

1. Yellow-green color
2. Highly reactive oxidant
3. Slightly water soluble
4. Density 2x that of air (settles near ground)
5. Intermediate reactivity with water (both upper and lower airways injured)
  1. forming a strong acid, HCl, and a powerful oxidant, HOCl
6. Reacts directly with organic materials in tissues
  1. Forming oxidized and chlorinated derivatives (chlorotyrosine, other chlorinated amines)



## Chlorine – situations for exposure

1. Industrial Uses – plastics, PVC, solvents, water purification, pesticides
2. Chlorine - As a Chemical Weapon

- First used in Ypres, France, WWI
- Syria – more than 30 attacks since 2013 (most Chlorine)
  - Kafr Zita, Harasta, Damascus, Ghouta, Aleppo,
  - Last Use: Douma, April 7<sup>th</sup>, 2018

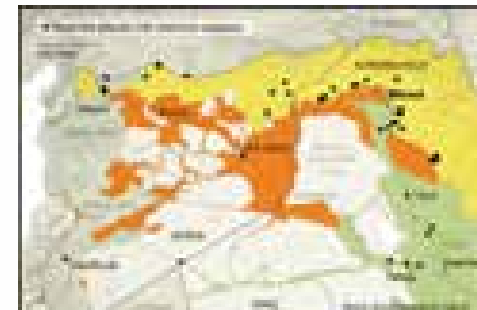
Global Attacks 1917 - Present



WWI Estimated Gas Casualties

Nation	Fatal	Total (Fatal & Non-fatal)
Russia	86,000	419,340
Germany	9,000	200,000
France	8,000	190,000
British Empire (includes Canada)	8,109	168,706
Austria-Hungary	3,000	100,000
United States	1,462	72,607
Italy	4,627	60,000
Total	90,198	1,200,653

Reported Attacks in the Middle East 2014 - 2017



Syrian Child After Suspected Gas Attack





# Acute effects of chlorine

## TIME COURSE:

- Respiratory symptoms may be immediate or delayed for several hours or days after exposure to chlorine.
- Symptoms generally resolve within 6 hours after mild exposures, but may continue for several days after severe exposures.
- Deterioration may continue for several hours.

## DEATH:

1. Deaths (1.5%) – most within 4 hours of exposure
2. Autopsy findings:
  - cardiomegaly (89%)
  - pulmonary congestion
  - pulmonary edema
  - frothy fluid in airways
  - tracheal and bronchial mucosal erythema,
  - purplish red and firm lung parenchyma
  - lactic acidosis (ICU patient)
  - cause of death: asphyxiation or acute respiratory failure

Table 1. Dose response relationship of chlorine (Reprinted with permission from Winder [65])

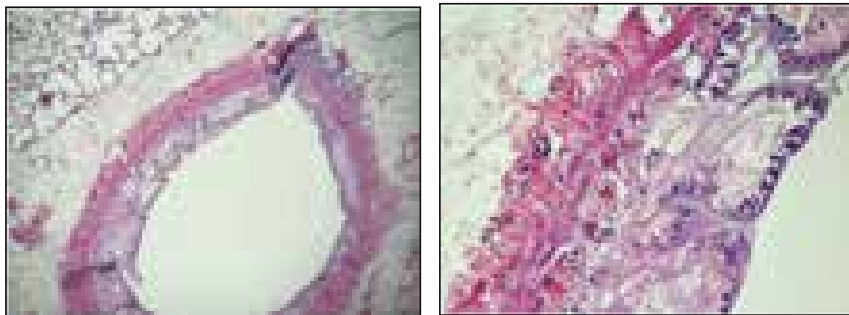
Chlorine exposure concentration	Effect on human health
1-3 ppm	Mild irritation of mucous membranes
> 3 ppm	Eye irritation
> 15 ppm	Throat irritation
15-30 ppm	Cough, choking, burning
> 50 ppm	Chemical pneumonia
400 ppm	Death after 30 minutes exposure
> 1000 ppm	Death within minutes

## Chlorine Late effects - human

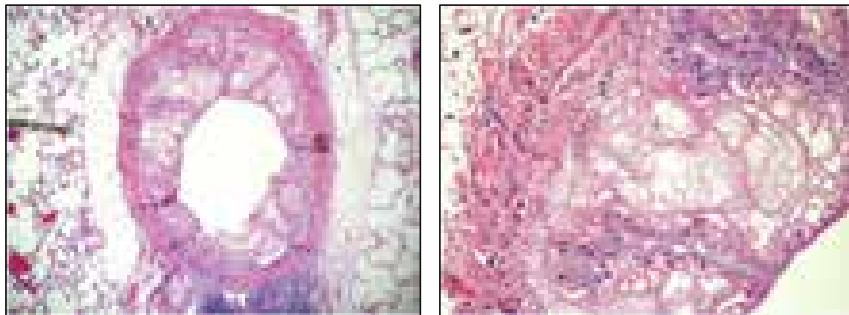
- Most individuals who suffer single chlorine gasings recover normal pulmonary function, even if the exposure is overwhelming.
- Ongoing low level exposures can cause obstructive airways disease, including asthma.
- Few sporadic cases of bronchiolitis obliterans have been reported
- Long-term neuropsychiatric, neurocognitive dysfunction is being reported at high rates

# Chlorine Rat Model

1 hr



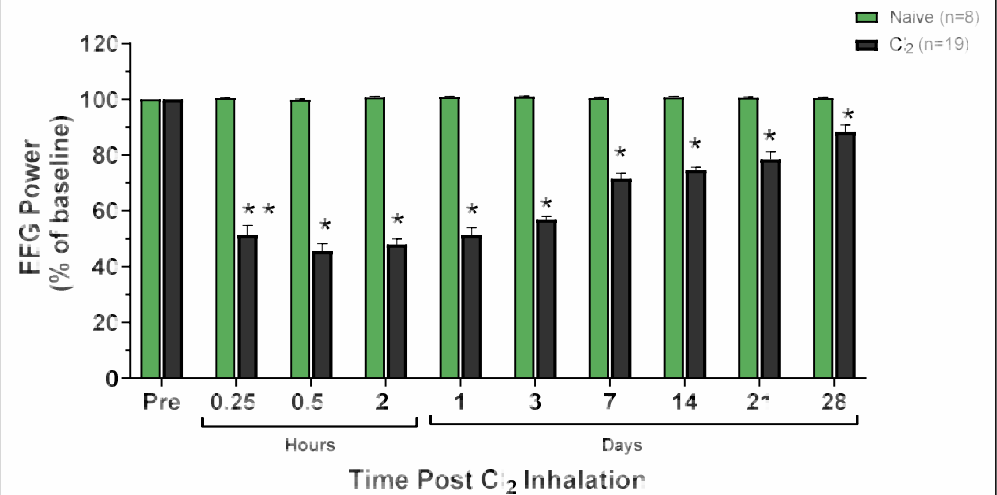
6 hr



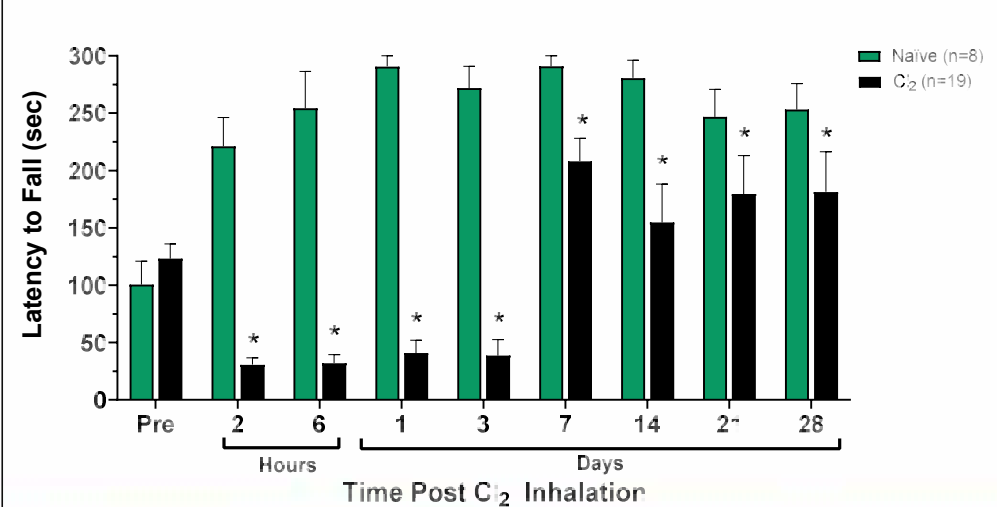
24 hr



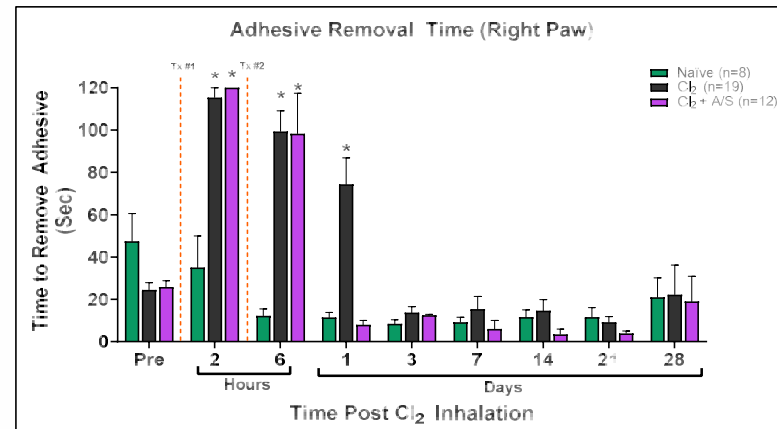
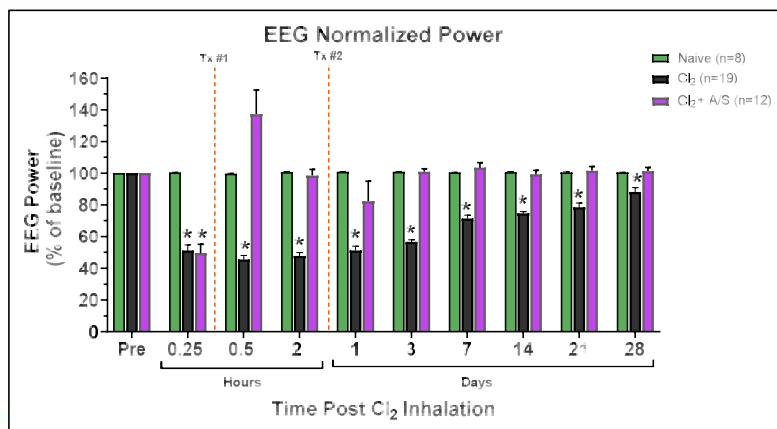
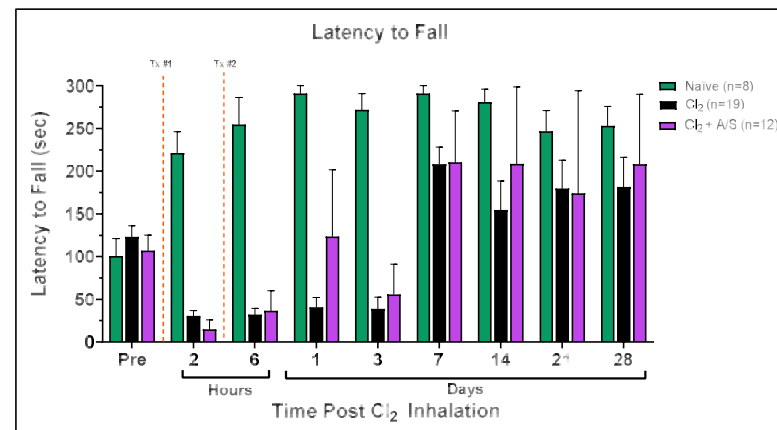
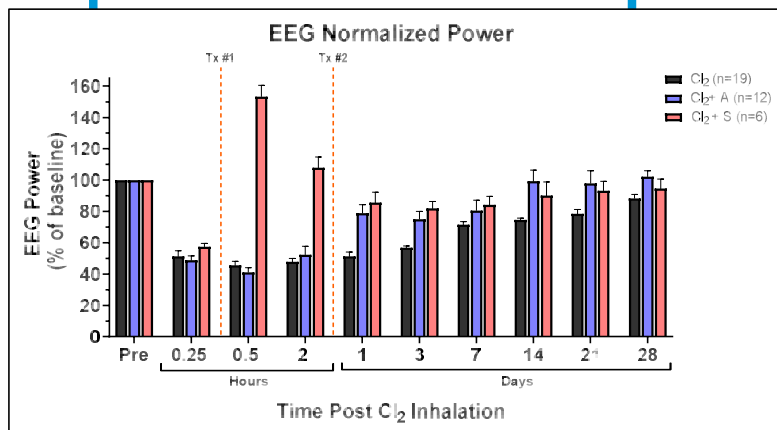
EEG Normalized Power



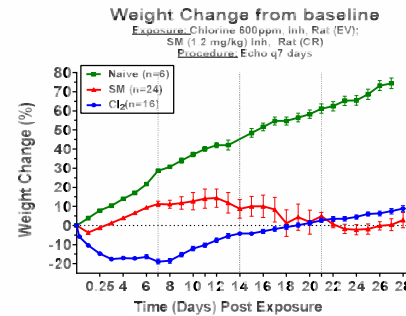
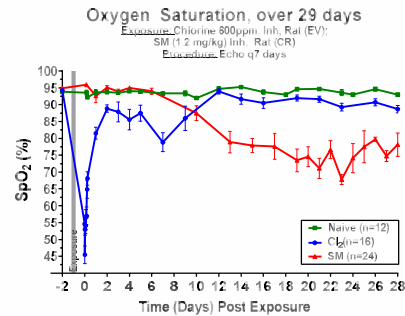
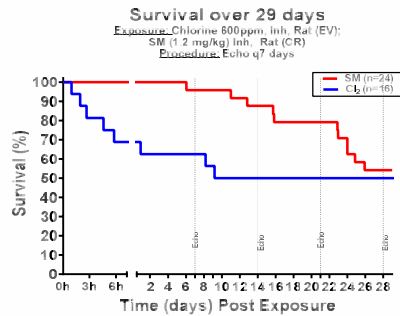
Latency to Fall



# Scopolamine and Atropine in our rat chlorine

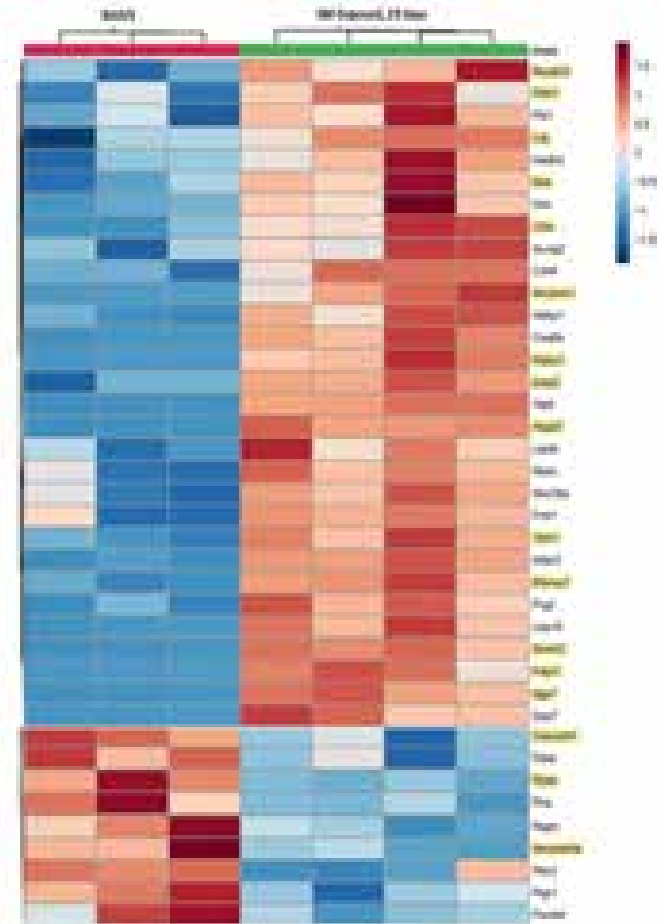
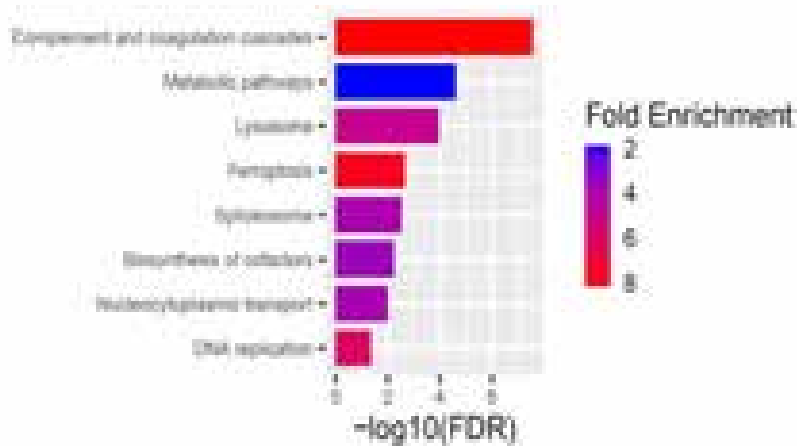
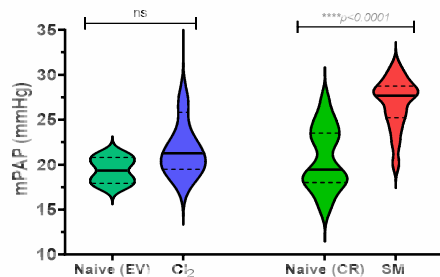


# Current R01 Project at UC-CADD



## A. Pulmonary Artery Mean Pressure at 29 days

Exposure: Chlorine 600ppm Inh. Rat (SD, Envigo);  
 SM (1.2 mg/kg) Inh. Rat (SD, Charles River)  
 Procedure: Weekly Echo (Iso); End of Study Hemodynamics



## Summary

1. Sulfur Mustard, acute – airway casts - Alteplase, Mesna
2. Sulfur Mustard, delayed – fibrosis, PH, RV dysfxn – Nintedanib, (Sildenafil)
3. Methyl Isocyanate, acute – airway casts - Alteplase, Mesna
4. Methyl Isocyanate, delayed - ??fibrosis?? PH/RV? (?Nintedanib, ?Sildenafil)
5. Chlorine, acute – croup; neurotoxicity – N/A; Scopolamine, Atropine
6. Chlorine, delayed – encephalopathy – Scopolamine, Atropine

# THANK YOU

# Center for Advanced Drug Development - Team



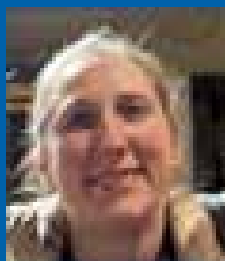
**Carl W. White, MD**  
Professor Emeritus



**Claudia Staab-Weijnitz, PhD**  
Associate Professor



**Jules Harral, MS**  
Research Instructor,  
Director of  
Cardiopulmonary  
Physiology Core



**Jacqueline Rioux, PMP**  
Program Manager,  
BARDA Project Manager,  
Business Manager



**Tyler McGrath, RN**  
Critical Care Nurse,  
Scientific Manager



**Ryan Brace, RT**  
Respiratory Therapy,  
Scientific Manager



**Natalie Durkovich, RN**  
Critical Care Nurse,  
Scientific Manager



**Tom Hu, PhD**  
Associate Professor,  
Business Development



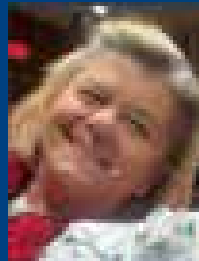
**Timothy Joo, BS**  
Study Coordinator



**Emily Overley, BS**  
Research Professional



**Lexie Clark, BS**  
Molecular Sciences  
Study Director



**Gabriele Cheatham**  
Administrative  
Coordinator



**Leslie Bloomquist, BS**  
Lab Manager,  
Director of Histology



**Mo Basiouny, BS**  
Lab Manager,  
In-Life Study Director



**Shenali Urugoda, BS**  
In-Life Study Director



**Lindsey Friend, BS**  
In Vitro Study  
Director



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# Q & A



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