

## NIEHS Individual Development Plan (IDP) Template

### General Information

<b>Trainee Name:</b> Click or tap here to enter text.		<b>Current Training Title:</b> Click or tap here to enter text.	
<b>Trainee Award Information</b>			
<b>Award Date Start</b> Click or tap to enter a date.	<b>Award Date End</b> Click or tap to enter a date.	<b>Current Year of Training:</b> Choose an item.	
<b>Trainee's Administrative Officer:</b> Click or tap here to enter text.	<b>Trainee's Lab, Branch, or Office:</b> Click or tap here to enter text.	<b>NIEHS Training Division/Office/Center:</b> Click or tap here to enter text.	

<b>Trainee Education</b>		
<b>*Highest Degree Obtained (to date):</b> Choose an item.	<b>Associated Year Degree Obtained:</b> Click or tap here to enter text.	<b>Field of Study:</b> Click or tap here to enter text.
<b>Additional Degree:</b> Choose an item.	<b>Additional Degree Year Obtained:</b> Click or tap here to enter text.	<b>Additional Degree Field of Study:</b> Click or tap here to enter text.

*\*Right click and add rows for additional degrees.*

<b>Mentor Information</b>		
<b>Primary Mentor's Name:</b> Click or tap here to enter text.	<b>Do you have a Co-Primary Mentor?</b> No	<b>Do you have an external Mentor?</b> No
<b>Lab, Branch or Office Chief/Director Name:</b> Click or tap here to enter text.	<b>Co-Primary Mentor's Name:</b> Click or tap here to enter text.	<b>External Mentor's Name / Email:</b> Click or tap here to enter text.

### Projects & Related Goals/Training

<b>Project 1 &amp; Related Goals</b>		<b>Project 2 &amp; Related Goals</b>
<b>Project Title (15 Min/500 Max Character Limit):</b> Click or tap here to enter text.		
<b>Description:</b> Click or tap here to enter text.	<b>Responsibilities</b> Click or tap here to enter text.	
<b>Related Publication</b>		
<b>Title:</b> Click or tap here to enter text.	<b>Publication Type:</b> Choose an item.	<b>Description:</b> Click or tap here to enter text.
<b>Travel Required</b>	<b>Name of Award or Funding:</b> Choose an item.	

*\*Right click and add rows for additional milestones. Copy and paste table if additional projects are desired.*

Project 2 & Related Goals	
<b>Project Title (15 Min/500 Max Character Limit):</b> Click or tap here to enter text.	
<b>Description:</b> Click or tap here to enter text.	<b>Responsibilities</b> Click or tap here to enter text.
Related Publication	
<b>Title:</b> Click or tap here to enter text.	<b>Publication Type:</b> Choose an item.
<b>Travel Required</b>	<b>Name of Award or Funding:</b> Choose an item.
<b>Description:</b> Click or tap here to enter text.	

\*Right click and add rows for additional milestones. Copy and paste table if additional projects are desired.

Training	
<b>Title:</b> Click or tap here to enter text.	<b>Description</b> Click or tap here to enter text.
<b>Type:</b> Choose an item.	<b>Travel Required</b> No
<b>Location:</b> Click or tap here to enter text.	
<b>Training Start:</b> Click or tap to enter a date.	
<b>Training End:</b> Click or tap to enter a date.	

\*Right click and add rows for additional training.

## Career Goals & Training Activities

Career Goals		
<b>Job Sectors:</b> <input type="checkbox"/> Academic Institution <input type="checkbox"/> Government Agency <input type="checkbox"/> For-Profit Company <input type="checkbox"/> Non-Profit Organization <input type="checkbox"/> Independent or Self-Employed <input type="checkbox"/> Unknown or Undecided	<b>Job Type:</b> <input type="checkbox"/> Tenure-Track Faculty <input type="checkbox"/> Non-Tenure-Track Faculty <input type="checkbox"/> Professional Staff <input type="checkbox"/> Support Staff <input type="checkbox"/> Management <input type="checkbox"/> Trainee <input type="checkbox"/> Unknown or Undecided	<b>Job Specifics:</b> <input type="checkbox"/> Additional Postdoctoral Training <input type="checkbox"/> Additional advanced Degree <input type="checkbox"/> Primarily Teaching <input type="checkbox"/> Primarily Applied Research <input type="checkbox"/> Primarily Basic Research <input type="checkbox"/> Primarily Computational Research/Informatics <input type="checkbox"/> Primarily Clinical Research <input type="checkbox"/> Primarily Clinical Practice <input type="checkbox"/> Regulatory Affairs <input type="checkbox"/> Science Administration/Project Management <input type="checkbox"/> Intellectual Property/Licensing and Patenting <input type="checkbox"/> Consulting <input type="checkbox"/> Science/Public Policy <input type="checkbox"/> Science Writing or Communications <input type="checkbox"/> Grants Management <input type="checkbox"/> Business Development or Operations <input type="checkbox"/> Sales/Marketing <input type="checkbox"/> Technical/Customer Support <input type="checkbox"/> Other <input type="checkbox"/> Unknown or Undecided
<b>Description:</b> Click or tap here to enter text.		
<b>Are you planning on pursuing additional degree(s)? If yes, please select the degree(s).</b> <input type="checkbox"/> Certificate/Diploma <input type="checkbox"/> Associate <input type="checkbox"/> Bachelor <input type="checkbox"/> Master <input type="checkbox"/> Graduate Certificate <input type="checkbox"/> Doctorate		

Training/Career Exploration	
Depending on your career goals and on where you are in your training, you will need to work on different professional development activities. Please pick one or more of the below activities/skills you would like to work on this coming year.	
<b>Type:</b> Choose an item.	<b>Description:</b> Click or tap here to enter text.

*\*Right click and add rows for additional professional development activities.*