

Women's Health Awareness

Virtual Series: "RealTalk With the Experts"

Air Pollution and Cardiovascular Health



Know the Warning Signs of a Heart Attack

If you have heart disease, particle pollution (dust, dirt, soot, smoke) can cause a heart attack.

Symptoms include:

- Chest pain or tightness
- Fast heartbeat
- Feeling out of breath
- Being more tired than usual

If you have warning signs, contact your doctor immediately!

