



Girls grow into women. Does body weight say when?

Calling all healthy girls, 8-14 years old, who live in and around Raleigh, Durham, or Chapel Hill, North Carolina, to join this important study. We want to find out if body weight affects when a girl starts puberty.

Who is running the study?

- Pediatricians at the National Institute of Environmental Health Sciences (NIEHS), a part of the National Institutes of Health (NIH)

What's required?

- A parent must give permission and come with his or her daughter to all study visits
- 2-4 study visits within a 6 month time frame to the NIEHS Clinical Research Unit in Research Triangle Park and a nearby Wake Radiology center
- Physical exam, blood and urine tests, an ultrasound, and X-ray of the hand
- Participants will receive compensation for their time and travel costs



Who can participate?

- Healthy girls aged 8-14
- Some breast development
- Have not had their first period

The definition of healthy for this study means that you feel well and can perform normal activities.

For more information about this study, parents may:

- Call 1-855-MYNIHES
- Email puberty@nih.gov
- Visit us online at <http://www.bodyweightandpuberty.niehs.nih.gov>

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