



Women's Health Awareness

Virtual Series: "RealTalk With the Experts"

This virtual series provides a unique opportunity for you to gain state-of-the-art health knowledge and ask specific questions to world-renowned experts.

You Are Your Own Best Heart Health Advocate: Women and Heart Disease

**Thursday, February 11, 2021
6:30 - 7:45 p.m.**



This session addresses early warning signs of heart disease and prevention of heart disease in women.

Participants will be able to:

1. Recognize the early warning signs of heart disease.
2. Understand how to take actions for prevention and treatment of heart disease.
3. Connect participants to heart health support and resources.

Webinar Goal: To learn the early warning signs of heart disease and how to prevent it

Registration is free and opens at 3:00 p.m. on **Thursday, January 28, 2021**, and closes at 5:00 p.m. on **Wednesday, February 10, 2021**. Register at <https://niehs.nih.gov/whad>. Zoom link will be provided prior to webinar.



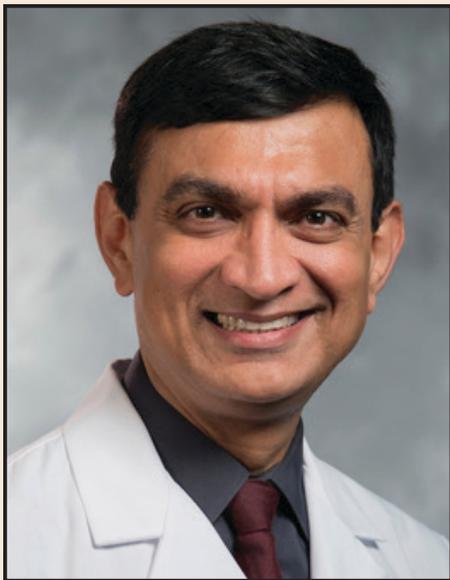
Session Chair

Leatrice Martin-Short, MBA

Community Health Advocate

A Virtual Healing Touch

A 501(c)(3) supporting the health needs of rural communities of color



Speaker

Maitreya Thakkar, MBBS, FACC, RPVI

Director, Heritage Cardiovascular Practice

Duke Health Heritage Cardiology

Durham, North Carolina

For additional information, call the Office of Human Research and Community Engagement at 984-287-4414 or email whad@niehs.nih.gov.

Individuals with disabilities who need accommodation to participate in this event should contact the Office of Human Research and Community Engagement at 984-287-4414 or whad@niehs.nih.gov. TTY users should contact the Federal TTY Relay Service at 800-877-8339. Requests should be made at least 5 business days in advance of the event.

Lead Sponsor: National Institute of Environmental Health Sciences (NIEHS), Clinical Research Branch, Office of Human Research and Community Engagement

Co-Sponsors: Durham Alumnae Chapter of Delta Sigma Theta Sorority Inc., Durham Alumnae Delta House Inc., and North Carolina Central University Department of Public Health Education