

Breast Health Resources

| NC Breast and Cervical Cancer Control Program | Education, Assistance, Screening, Support Groups |
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| (BCCCP) Resources | and Survivorship |
| Program sponsored by NC Department of Health and Human Services Provides free or low-cost breast and cervical cancer services to eligible women in North Carolina. These services can include screenings, diagnostic work-up for abnormal findings and/or assistance with application for Breast and Cervical Cancer Medicaid (BCCM). NC BCCCP services are offered at most local health departments, as well as community health centers, hospitals, and private medical provider offices across the state. For more information on your BCCCP provider, click the link below Breast and Cervical Cancer Control Program County (BCCCP) Provider Locator Website BCCCP Eligibility You are eligible if you are: Uninsured or underinsured; Without Medicare Part B or Medicaid; Between the ages of 40-64 for breast screening services and 21-64 for cervical screening services; and Household income at or below 250% of the federal poverty level. Effective Oct. 1, 2020, women who are diagnosed by a non-BCCCP participating provider, and who meet all other NC BCCCP eligibility criteria, may be eligible to apply for BCCM. | Sisters Network Inc. Provides outreach education in underserved African American communities to encourage early breast cancer screening and offers a support network for breast cancer survivors and those afflicted with the disease. Sisters Network Triangle NC Contact Person: Valerie Worthy, Outreach Navigator Phone: 919-490-1571 Family Reach A national organization dedicated to eliminating financial barriers that accompany a cancer diagnosis. Family Reach core values (Compassion, Innovation, Integrity, Transparency, and Empowerment) are the guiding principles that inform and inspire how the organization works with families and supporters. Boston Office Phone: 973-394-1411 The Helene Foundation The Helene Foundation is a volunteer-driven nonprofit organization dedicated to families with mothers actively undergoing cancer treatments at a Triangle area treatment facility. Families are referred by a hospital professional, family friend or friend. |

Breast and Cervical Cancer Medicaid (BCCM)

Provides funding for treatment to women who are diagnosed with breast or cervical cancer and who meet NC BCCCP eligibility requirements.

Eligibility

- Patients must be referred to the local NC BCCCP to apply for BCCM;
- Women with family incomes at or below 250% of the Federal Poverty Level, who are uninsured or underinsured, and who are not covered by Medicare Part B.

For enrollment, BCCM forms and other information Phone: (919) 707-3500

N.C. DHHS: Cancer Prevention and Control Branch

Debi Nelson, MAEd, Branch Head Phone: 919-707-5155

Durham County Health Department BCCCP

Contact Person: Nurse Sky Primary Phone: 919-560-8148 Secondary Phone: 919-560-7732 Note: Due to COVID-19, the program at the Durham County Health Department is not accepting routine screening appointments. Please contact Nurse Sky for further information.

Wake County Human Services BCCCP Program Coordinator Contact Person: Jane Riley Phone: 919-212-9310

Lincoln Community Health Center (LCHC) BCCCP Contact Person: Awanya Caesar Phone: 919-956-4034 Upon acceptance, the mother and her family are assisted for a sixmonth period. During that time, the foundations focus is on providing immediate, practical support and services, including, family meals delivered to the home, housecleaning, childcare, tutoring services for children, and assistance with transportation costs to treatments and medical appointments. Phone: 919-280-7800

Email: susan@helenefoundation.org

<u>Allyson Whitney</u>

The Allyson Whitney Foundation primarily provides young adult cancer patients with Life Interrupted Grants to ease their financial burden, so that they can concentrate on proper healing. Before contacting the foundation about Life Interrupted Grants and eligibility requirements, please click the link below, <u>https://www.allysonwhitney.org/grants/.</u> Email: grants@allysonwhitney.org Email: info@allysonwhitney.org

• <u>SamFund</u>

Provides support for young adult cancer survivors in the United States as they recover from the financial impact of cancer treatment. SamFund is the first and largest nonprofit organization in the country that provides direct financial assistance and free online support and education to young adults. Regardless of where they live or specific cancer diagnosis. Phone: 617-938-3484 General Questions Email: <u>swatson@expectmiraclesfoundation.org</u> SamFund Grants Email: grants@thesamfund.org





| Provides primary care services to under and uninsured populations. These primary care services can assist with referrals to cancer screening, mammography, and high-quality outpatient health care services. In order to be connected with someone who oversees BCCCP in LCHC, you must have a LCHC primary care provider. In addition, you would need to schedule an appointment before seeing a provider. | Hope for Young Adults with Cancer Mission: to connect and provide peers ages 18-40 living with cancer with direct financial support, along with a social network and outlet. Email: info@hope4yawc.org Tickled Pink Cuisine Care Packages Provides complimentary health cuisine to single adult breast cancer patients undergoing chemotherapy and radiation treatments. Serves patients in Raleigh, Durham and Chapel Hill. Phone: 919-386-9734 Email: info@tickledpinksupport.org Komen Breast Care Helpline If you or a loved one needs information about breast health or breast cancer, call the breast care helpline to speak with a trained specialist or oncology social worker. Phone: 877-465-6636 Email: helpline@komen.org, clinicaltrialinfo@komen.org Breast Cancer Trials.org (BCT) is a non-profit service that encourages individuals affected by breast cancer to consider clinical trials as a routine option for care. Phone: 415-476-5777 Email: help-desk@bctrials.org |
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| UNC Hospital Systems | Duke Hospital Systems |



Count on your oncology nurse navigator to answer your questions, keep track of your appointments, connect you with support services and address any concerns that arise during your treatment. Phone: 984-974-0000

<u>Mammography, UNC Medical Center</u>

Mammogram services are accredited by the American College of Radiology (ACR) as part of our designation as a Breast Imaging Center of Excellence. This means that you will work with medical professionals who are specially trained to perform and interpret your mammogram using the latest breast imaging technology. Learn more or call to schedule. Phone: 984-974-8762

Note: UNC offers 3D mammography, 3D tomosynthesis, or 2D screening mammograms. In addition, 3D and 2D diagnostic for cancer surveillance. If a patient comes in for a mammogram and it is abnormal, they will see a nurse practitioner the same day and have a biopsy.

UNC Hospitals Hillsborough Campus

The UNC hospitals Hillsborough campus offers the same cancer services as the Lineberger Comprehensive Cancer Center in Chapel Hill.

• Breast Health, UNC REX Health Care

<u>Duke Health, Breast Cancer Screening, Diagnosis and Treatment</u>

Duke Health helps patients understand their options for breast cancer screening and treatment so they can make important decisions about their care.

Phone: 855-855-6484

Duke Health, Medical Breast Cancer Treatment

Duke offers a team approach to breast cancer care. All medical treatments are overseen by a board-certified medical oncologist who specializes in breast cancer and works closely with a team of specialists and caregivers, including the infusion therapists that administer treatments. Phone: 855-855-6484

Duke University School of Medicine, Patient Care

Duke Division of Medical Oncology physicians provide diagnosis, evaluation, and treatment of all solid tumors. Patients are cared for by medical oncology faculty, physician assistants, and nurse practitioners in disease-specific clinics, along with surgical oncologists, radiation oncologists, and faculty from other disciplines as appropriate.

Phone: 919-416-3853

• Duke Cancer Institute (DCI), Office of Health Equity

DCI provides assistance and resources about cancer screenings for early detection, connects individuals who need cancer screening to primary care providers, and provides guidance about participation in clinical trials. Additionally, please contact DCI for Duke cancer community health related programming such as: Community Health





The UNC REX Comprehensive Breast Care Program is focused on the care and support you need, including mammography/imaging, surgical services and cancer treatment. REX brings compassionate care with several convenient location across the Triangle. From routine screenings and diagnosis, to treatment and recovery. NC Surgery – REX Breast Care Specialist (Cary, Raleigh, Wakefield): Phone: 919-784-7874

REX-UNC Radiation Oncology- Rex Hospital Radiation Oncology of Wakefield. Phone: 919-570-7550

UNC Breast Center, UNC Lineberger Comprehensive Cancer Center

The UNC Breast Center takes a multidisciplinary approach to diagnosing and treating patients with breast cancer. Includes physicians from surgical, medical, and radiation oncology; reconstructive surgery; fertility preservation; psychiatry, ; radiologists; and more. Phone: 866-869-1856

Lineberger Comprehensive Cancer Center

The Comprehensive Cancer Support Program (CCSP) is dedicated to helping patients and their loved ones with cancer, treatment, recovery, and survivorship. CCSP offers programs and services both during and after treatment. Phone: 984-974-8100

Lineberger Comprehensive Cancer Center, Lymphedema Care

Lymphedema is a buildup of fluid in the skin that can occur in the first few months of treatment or after cancer treatments, including surgery and radiation. The affected area may have symptoms such as, tightness of the skin, less flexibility, swealing, or weakness. Ambassador Program for Cancer Prevention and Education, Duke Crush Colorectal Cancer 5K Run/Walk to raise community awareness for colorectal cancer research, WB4B: What's Best for Breast yearly community symposium for breast cancer and breast health awareness and Duke Women's Health Community Engagement Task Force which serves as a medical bureau of health experts for medicine and research.

DCI, Office of Health Equity Program Manager: Angelo Moore, PhD, RN

Email: <u>Angelo.Moore137@duke.edu</u>

Duke Cancer Institute, Breast Cancer

Duke Cancer Institute's nationally recognized Breast Cancer disease group offers diagnostics, genetic and prevention counseling, and state-of-the-art treatments for early and advanced stage disease. Phone: 888-275-3853

Duke Breast Risk Assessment Clinic

If you are at an increased risk for breast cancer or want to discuss your breast cancer risk, schedule an appointment with our breast experts After a comprehensive evaluation and personalized risk assessment, our team will create an individualized care plan that includes ongoing breast cancer screening, exams, and if necessary, referrals to other specialists. Phone: 919-660-9672

Phone: 984-974-9700

• Lineberger Comprehensive Cancer Center, Financial Assistance

Financial navigation in the cancer hospital offers cold caps for patients having chemotherapy. Cold caps help to prevent hair loss in some women receiving chemotherapy for breast cancer. Phone: 984-974-3425 Email: <u>uncfau@unchealth.unc.edu</u>

Note: For all patients, Comprehensive Cancer Center care is in one location – patients do not have to drive to different locations for radiation, surgery, or chemotherapy. However, patients may split their treatments up at different locations – you may have chemotherapy at home in Greensboro, or Hendersonville, or New York, and come to UNC for surgery, etc.

• UNC School of Medicine, Radiology, Breast Imaging

The UNC Breast Imaging Center is dedicated to helping women all over North Carolina. With an advanced array of digital screening equipment and state-of-the-art technology, we're leading the way in how breast health is approached. Phone: 984-974-8762

UNC Rockingham Health Care

Offers inpatient, outpatient, surgical and emergency care. In addition, UNC Rockingham Health Care, offers diagnostic treatment services, screenings and tests and lead wellness initiatives. Phone: 336-623-9711 or 336-627-6183 (Screening mammogram appt.)

• <u>Division of Plastic and Reconstructive Surgery, Breast</u> Reconstruction Procedures

Breast reconstruction for breast cancer patients offers implants, delayed reconstruction and flap procedures, and surgical treatment for lymphedema. Plastic surgery clinic phone: 984-974-4466

UNC Oncology Social Workers Brochure

Social workers at the N.C. Cancer Hospital can give cancer patients, their families and caregivers support throughout their cancer journey. Phone: 984-984-5194 (Adult patients)

• UNC Cancer Genetics Clinic

Cancer genetics counseling and testing.

Important Note: due to concerns of COVID-19, telemedicine visits for a select group of referrals and will be in contact if your referral meets criteria for this visit type. If a referral is urgent, please call our team to discuss alternative genetic counseling options Phone: 919-843-8724

• New Breast Intake Group

Helps coordinate appointments and take referrals. New breast cancer patients can call, Phone: 984-974-8116

• High Risk Breast Clinic

See's patients with genetic mutations, history of abnormal mammograms, family history breast cancer and chronic breast health issues.

Phone: 984-974-8116



Financial Assistance

• <u>Pretty in Pink Foundation</u>

Pretty in Pink Foundation serves North Carolinians diagnosed with breast cancer the financial support for medical treatments to individuals who qualify based on household and income guidelines. Pretty in Pink Foundation partners with medical professionals across North Carolina who provide in-kind and reduced fee services to our breast cancer champions. Contact Person: Becky Horn Phone: 919-532-0532

<u>Caring Community Foundation</u>

Mission: To support cancer patients at Triangle-area hospitals in need, by providing emergency assistance with rent, utilities, medical care or other expenses that can become difficult during treatment. Phone: 919-438-3660

Please Note: Applications or requests for assistance will not be accepted if you are not connected with a social worker.

Hope Abounds

A non-profit organization dedicated to providing assistance to families and patients actively undergoing cancer treatment. Phone: 910-799-7178

Help Now Fund

The Help Now Fund is a quarterly grant program, that helps patients in minimizing their financial burdens while actively undergoing treatment. The Help Now Fund has helped past recipients in avoiding shut-off notices, evictions and other payments. In addition, their priority is to educate, empower, and encourage all men and woman to become pro-active in preventing breast cancer and, if diagnosed, surviving breast cancer.

Important Note: The grant program is currently not accepting applications. Please visit the web link provided for information on prevention, resources, education, survivorship and support. Mailing Address: PO Box 132962 The Woodlands, Texas 77393

• Carolina East Foundation

The CarolinaEast Foundation was established as a non-profit foundation. The foundation was formed to extend the gift of wellness to individuals, families and other non-profit healthcare organizations in Craven, Pamlico and Jones countries by offering financial assistance to those challenged with unmet healthcare needs.

CarolinaEast Cancer Center in New Bern, North Carolina



• The Pink Fund

Provides financial assistance to breast cancer patients in active treatment to pay the cost-of-living expenses so they can focus on healing, raising families and returning to the workplace. Please Note: The application is available on the website. Inquires, regarding the process or status of application should be sent to grants@thepinkfund.org.

• Lump to Laughter's Angel Fund

Mission: To provide spiritual and emotional support as well as financial assistance to those diagnosed with breast cancer. Contact person: Coney Hill Phone: 910-617-445

<u>Remember Betty</u>

Mission: To help minimize the financial burden associated with breast cancer for patients and survivors by providing direct financial support to them so that they can focus on recovery and quality of life. **Applications are accepted from the 1**st **through the 7**th **of each month only.**

For additional information or questions email: bethany@rememberbetty.com

Women's Cancer Fund

The mission of Cancer Recovery Foundation is to equip individuals and families to survive cancer through community education, spirituality and financial assistance. Women's Cancer Fund HOTLINE: 717-425-3942 Email: info@cancerrecovery.org In 2014, CarolinaEast partnered with UNC Health Care to make worldclass treatment available. The collaboration with UNC Health Care gives access to the latest advances in prevention, detection and treatment coming from UNC Cancer Care. Phone: 252-633-8311

Pink Daisy Project

Aims to help young women cope with the hardships of breast cancer treatment by providing care and comfort. If you are in need, send an email to <u>info@pinkdaisyproject.com</u> and express what would make you journey easier.

<u>Nurses House</u>

Nurses House is a national organization dedicated to helping registered nurses (RN) in need. Nurses house offers assistance with housing and medical expenses to RNs who are seriously ill, injured, disabled, or facing other dire circumstance. For program guidelines and instructions for applying click here.

Email: <u>mail@nurseshouse.org</u> Phone: 518-456-7858

Hope Chest for Women

Hope Chest offers financial assistance for both medical and nonmedical expenses, along with information on community resources, education on cancer prevention and emotional support. Most importantly, Hope Chest, supports women residing in all 22 counties of Western, North Carolina living with breast and gynecological cancers. Phone: 828-708-3017 Email: Director@HopeChestForWomen.org



CancerCare

Comprehensive services include case management, counseling, educational workshops, publications, financial/co-payment assistance and support groups over the phone, online and in-person. In addition, all CancerCare services are provided by master's-prepared oncology social workers and world-leading cancer experts. Phone: 800-813-4673

Breast Cancer Assistance Fund (BCAF)

BCAF offers stability and assistance with non-medical costs and living expenses during treatment. Phone: 866-413-5789

Provision Project

The Provision Project seeks to change the lives of women going through active treatment for breast cancer by providing financial relief at the most critical points in their journey. Also, by using their core values (Integrity, Commitment, and Empathy/Compassion) to guide their mission.

Online application opens monthly, from the 1st to the10th. Contact <u>michelle@provisionproject.org</u> for help in receiving services.

• <u>Genevieve's Helping Hands Charity</u>

Genevieve's Helping Hands will arrange and pay for a mutually agreed upon location to apply the grant. The grant period will cover up to a three-night stay for the recipient, one caretaker and a stipend for meals and other necessities. To be eligible for the grant you must be

• Triple Step Toward the Cure

Mission is to fight triple negative breast cancer by educating the public about triple negative breast cancer, encouraging women diagnosed with triple negative breast cancer and empowering women at risk for the disease in underserved communities to be proactive and make informed decisions to ensure overall wellness. Please note: Triple Step Toward the Cure is unable to provide medical opinions or advice.

Phone: 424-258-0313 or 510-562-1889

Smiley Wiley

Smiley Wiley provides financial assistance to women and men with breast cancer who cannot meet their own costly health insurance deductibles. Smiley Wiley provides financial assistance through a selffunded endowment couple with donor donations of all sizes. Phone: 561-632-8631 Email: mailto:smile@smileywiley.org

• Bikers Against Breast Cancer

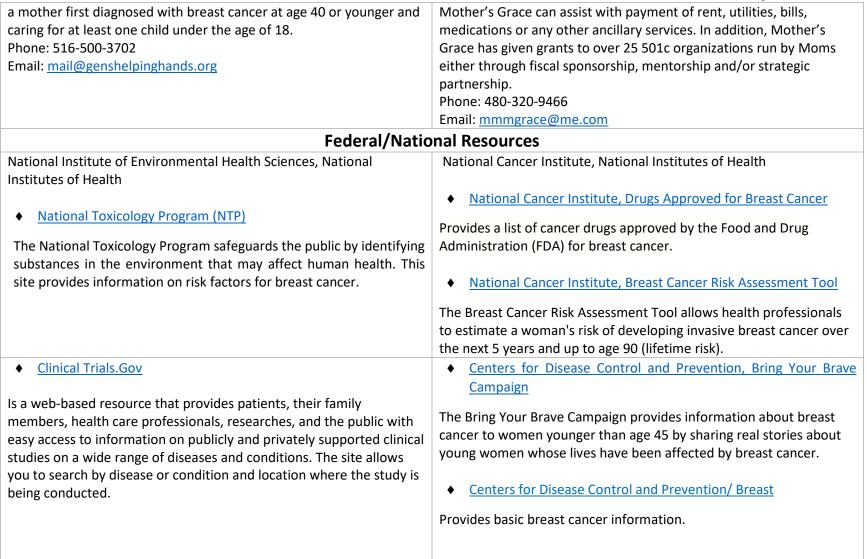
Bikers Against Breast Cancer (BABC) Inc. focuses on education, awareness, and fundraising to provide temporary financial assistance to those persons directly or indirectly affected by cancer and who are struggling to pay their common living expenses. In addition, the minigrant program applicants can receive up to \$300.00 Phone: 973-819-3519

♦ Mother's Grace

Providing individual assistance to mothers and children in immediate need of resources while experiencing devesting life events or crisis.

WOMEN'S HEALTH AWARENESS:

TRANSFORMING COMMUNITIES BY ENHANCING WOMEN'S HEALTH





| ۲ | Centers for Disease Control and Prevention, Triple Negative | National Academies of Sciences, Engineering and Medicine | |
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| | Breast Cancer ovides an overview of what triple negative breast cancer is and ow its treated. | Report on "Breast Cancer and the Environment" | |
| National Institutes of Health, Educational Breast Cancer Related Links | | | |

- <u>National Cancer Institute, Breast Cancer Risk in American Women Fact Sheet</u>
- <u>National Cancer Institute, Prevention Clinical Trials for Breast Cancer</u>
- <u>National Cancer Institute, Screening Clinical Trials for Breast Cancer</u>
- <u>National Cancer Institute, Treatment Clinical Trials for Breast Cancer</u>