



Women's Health Awareness

Virtual Series: "RealTalk With the Experts"

This virtual series provides a unique opportunity for you to gain state-of-the-art health knowledge and ask specific questions to world-renowned experts.

Is Social Distancing Keeping You Home?

Protect Your Family's Health: Clean Air in Your Home

**Thursday, November 12, 2020
6:30 - 7:45 p.m.**



This webinar will focus on known and emerging sources of poor indoor air quality, resultant health effects (e.g., asthma), and ways that families can avoid exposure to these contaminants. This topic is important as we are spending more time at home.

Webinar Goal: To learn about the everyday sources of poor indoor air quality and ways to protect our families.

Registration is free and opens at 3:00 p.m. on **Thursday, October 15, 2020**, and closes at 5:00 p.m. on **Wednesday, November 11, 2020**. Register at <https://niehs.nih.gov/whad>. Zoom link will be provided prior to webinar.

For additional information, call the Office of Human Research and Community Engagement at 984-287-4414 or email whad@niehs.nih.gov.



Session Chair

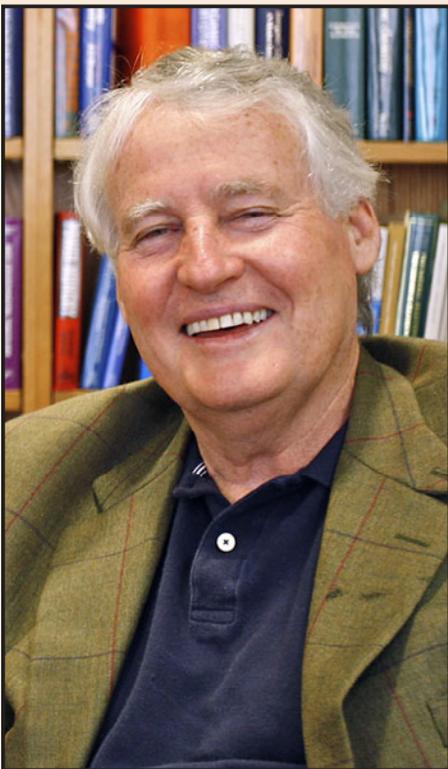
Neasha Graves, MPA

*Environmental Health Outreach Manager
Community Engagement Core
UNC Center for Environmental Health and Susceptibility
Chapel Hill, North Carolina*

How Clean Is Your Air: Is Your Home Making You Sick?

Participants will learn:

1. Sources of poor air quality that could exist in homes (*formaldehyde, carbon monoxide, and vaping*).
2. Health effects of being exposed to those contaminants.
3. Steps that can be taken to protect your families from these hazards.



Speaker

Terrence Collins, Ph.D.

*Director, Institute for Green Science
Carnegie Mellon University
Pittsburgh, Pennsylvania*

Mold, The Unwanted Guest In Our Homes

Participants will learn:

1. What happens to the body when a person has an allergic reaction to mold.
2. Obvious and not-so-obvious places where mold will grow in homes.
3. Easy and low-cost ways to get mold out of homes (or to prevent it).
4. How researchers and scientists are working to protect families from mold exposure.

Individuals with disabilities who need accommodation to participate in this event should contact the Office of Human Research and Community Engagement at 984-287-4414 or whad@niehs.nih.gov. TTY users should contact the Federal TTY Relay Service at 800-877-8339. Requests should be made at least 5 business days in advance of the event.

Lead Sponsor: National Institute of Environmental Health Sciences (NIEHS), Clinical Research Branch, Office of Human Research and Community Engagement

Co-Sponsors: Durham Alumnae Chapter of Delta Sigma Theta Sorority Inc., Durham Alumnae Delta House Inc., and North Carolina Central University Department of Public Health Education