You Are Your Own Best Heart Health Advocate: Women and Heart Disease

Thursday, February 11, 2021
6:30 - 7:45 p.m.

This session addresses early warning signs of heart disease and prevention of heart disease in women.

Participants will be able to:
1. Recognize the early warning signs of heart disease.
2. Understand how to take actions for prevention and treatment of heart disease.
3. Connect participants to heart health support and resources.

Webinar Goal: To learn the early warning signs of heart disease and how to prevent it

Registration is free and opens at 3:00 p.m. on Thursday, January 28, 2021, and closes at 5:00 p.m. on Wednesday, February 10, 2021. Register at https://niehs.nih.gov/whad. Zoom link will be provided prior to webinar.
Session Chair

Leatrice Martin-Short, MBA
Community Health Advocate
A Virtual Healing Touch
A 501(c)(3) supporting the health needs of rural communities of color

Speaker

Maitreya Thakkar, MBBS, FACC, RPVI
Director, Heritage Cardiovascular Practice
Duke Health Heritage Cardiology
Durham, North Carolina

For additional information, call the Office of Human Research and Community Engagement at 984-287-4414 or email whad@niehs.nih.gov.

Individuals with disabilities who need accommodation to participate in this event should contact the Office of Human Research and Community Engagement at 984-287-4414 or whad@niehs.nih.gov. TTY users should contact the Federal TTY Relay Service at 800-877-8339. Requests should be made at least 5 business days in advance of the event.

Lead Sponsor: National Institute of Environmental Health Sciences (NIEHS), Clinical Research Branch, Office of Human Research and Community Engagement
Co-Sponsors: Durham Alumnae Chapter of Delta Sigma Theta Sorority Inc., Durham Alumnae Delta House Inc., and North Carolina Central University Department of Public Health Education