

# Bug-Out-Bag

Definition of bug-out bag: a bag packed with survival supplies (such as food, water, medications, and flashlights) and kept ready for use in case of an emergency that requires rapid evacuation : [A GO BAG](#)



You might see all kinds of labels for what is essentially the same concept:

- **Emergency kit / emergency bag**
- **72 hour kit / 72 hour bag**
- **Bug out bag**
- **Go bag**
- **Evacuation bag / evac bag**
- **Survival bag / survival kit**
- **INCH bag (“I’m Never Coming Home Again”)**
- **GOOD bag (“Get Out Of Dodge”)**



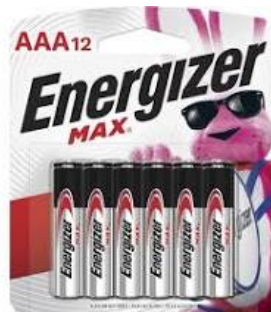
# Bug Out Bag Essentials Checklist

- 1. Air Filtration Mask:** Mask, N95 mask, Respirator
- 2. Shelter:** Tent, Space blanket, Sleeping bag
- 3. Water:** Filtration system, Water bottle, bottle water
- 4. Food:** Ready-to-eat & easy to cook food, MRE's, fishing kit
- 5. Clothing:** Cold weather gloves, Waterproof jacket, Change of clothes, Headgear, Hand and/or foot warmers
- 6. Matches/Firestarter:** lighter, waterproof matches, fire steel
- 7. Lighting:** Chem lights (light stick), Solar light, Flashlight, Headlamp,
- 8. Navigation Tools:** Map of area, Compass, GPS tracking system, Solar Radio W/charger bank

# Bug Out Bag Essentials Checklist

- 9. First Aid:** Anti-bacterial wipes, Painkillers, Gauze pads, Sunscreen Medical gloves, Instrument kit, Bandages and Band-Aids, Sling, Burn gel, Antibiotic ointment, Antiseptic wipes, First aid instructions, Tourniquet
- 10. Multi-Purpose Tools:** Mini shovel, Axe, Multi-Tool, Paracord, Duct Tape, Crowbar, Folding saw, hammer
- 11. Defense:** Knife, Pepper spray, small mirror
- 12. Miscellaneous:** Charger, Whistle, Sewing Kit, Copies of Important Documents (passport, titles and contracts, addresses & phone numbers of family member, family disaster & preparedness plan), cash, prescription drugs,

# Bug Out Bag Essentials



# 9 Bug Out Bag Essentials

1. Drinking water – Fill gallon milk jugs, one gallon per person, per day. Freeze jugs (Ice & keep refrigerator cold). Water purification tables
2. Food – Ready-to-eat & easy to cook food. Pop Tarts, Ramen Noodles, MRE's, fruit, bread, can beans, can tuna, P&J, sardines, vienna sausages & can opener
3. Light – Flashlights, candles, solar lights, extra batteries (AAA & AA)
4. Communication – Solar Crank Radio w/ solar-powered bank, Plug-in/battery, Cell Phone & Charger, Whistle
5. Protection – N95 mask, sanitizer, baby wipes, bleach, first aid kit, allergy, flu, & diarrhea & prescription medicine, gloves, aluminum blanket, ponchos, zip ties, duct tape, compass, local map

# 9 Bug Out Bag Essentials

6. Fire & Heat source – lighter, waterproof matches, fire steel (flint) with cotton and Vaseline as tinder.
7. Tools – multi tool, hammer, saw & axe, shovel, Swiss knife, rope, can opener
8. Clothes – socks, underwear, shirt, pants, hat, personal hygiene kit
9. Important Documents – cash, large plastic seal bags, copy of insurance policy, deeds, passport, pictures of home before disaster, birth certificates, medical records, phone numbers & addresses of loved ones, Family disaster and preparedness plan