Definition of bug-out bag: a bag packed with survival supplies (such as food, water, medications, and flashlights) and kept ready for use in case of an emergency that requires rapid evacuation: A GO BAG
You might see all kinds of labels for what is essentially the same concept:

- Emergency kit / emergency bag
- 72 hour kit / 72 hour bag
- Bug out bag
- Go bag
- Evacuation bag / evac bag
- Survival bag / survival kit
- INCH bag (“I’m Never Coming Home Again”)
- GOOD bag (“Get Out Of Dodge”)
Emergency Kit/Bug Out Bag List
Bug Out Bag Essentials Checklist

1. **Air Filtration Mask**: Mask, N95 mask, Respirator

2. **Shelter**: Tent, Space blanket, Sleeping bag

3. **Water**: Filtration system, Water bottle, bottle water

4. **Food**: Ready-to-eat & easy to cook food, MRE’s, fishing kit

5. **Clothing**: Cold weather gloves, Waterproof jacket, Change of clothes, Headgear, Hand and/or foot warmers

6. **Matches/Firestarter**: lighter, waterproof matches, fire steel

7. **Lighting**: Chem lights (light stick), Solar light, Flashlight, Headlamp,

8. **Navigation Tools**: Map of area, Compass, GPS tracking system, Solar Radio W/charger bank
Bug Out Bag Essentials Checklist

9. **First Aid:** Anti-bacterial wipes, Painkillers, Gauze pads, Sunscreen, Medical gloves, Instrument kit, Bandages and Band-Aids, Sling, Burn gel, Antibiotic ointment, Antiseptic wipes, First aid instructions, Tourniquet

10. **Multi-Purpose Tools:** Mini shovel, Axe, Multi-Tool, Paracord, Duct Tape, Crowbar, Folding saw, hammer

11. **Defense:** Knife, Pepper spray, small mirror

12. **Miscellaneous:** Charger, Whistle, Sewing Kit, Copies of Important Documents (passport, titles and contracts, addresses & phone numbers of family member, family disaster & preparedness plan), cash, prescription drugs,
Bug Out Bag Essentials
9 Bug Out Bag Essentials

1. **Drinking water** – Fill gallon milk jugs, one gallon per person, per day. Freeze jugs (Ice & keep refrigerator cold). Water purification tables

2. **Food** – Ready-to-eat & easy to cook food. Pop Tarts, Ramen Noodles, MRE’s, fruit, bread, can beans, can tuna, P&J, sardines, vienna sausages & can opener

3. **Light** – Flashlights, candles, solar lights, extra batteries (AAA & AA)

4. **Communication** – Solar Crank Radio w/ solar-powered bank, Plug-in/battery, Cell Phone & Charger, Whistle

5. **Protection** – N95 mask, sanitizer, baby wipes, bleach, first aid kit, allergy, flu, & diarrhea & prescription medicine, gloves, aluminum blanket, ponchos, zip ties, duct tape, compass, local map
9 Bug Out Bag Essentials

6. Fire & Heat source – lighter, waterproof matches, fire steel (flint) with cotton and Vaseline as tinder.

7. Tools – multi tool, hammer, saw & axe, shovel, Swiss knife, rope, can opener

8. Clothes – socks, underwear, shirt, pants, hat, personal hygiene kit

9. Important Documents – cash, large plastic seal bags, copy of insurance policy, deeds, passport, pictures of home before disaster, birth certificates, medical records, phone numbers & addresses of loved ones, Family disaster and preparedness plan