

# Exploring Workplace Training Interventions Addressing Workplace Stress and Addiction

May 15 – 16, 2019

Sheraton Pittsburgh Hotel at Station Square, Pittsburgh, Pennsylvania

## AGENDA

### Wednesday, May 15, 2019

8:00 – 9:00 a.m.	<b>Registration and Breakfast</b> .....	<i>First Floor, Admiral Room Foyer</i>
9:00 – 9:15 a.m.	<b>Welcome</b> .....	<i>Admiral Room</i> <b>Ashlee Fitch</b> , <i>United Steelworkers (USW)</i> , and <b>Joseph “Chip” Hughes, Jr.</b> , <i>NIEHS Worker Training Program (WTP)</i>
9:15 – 10:15 a.m.	<b>Why This Topic?</b> <b>Chip Hughes</b> , <i>NIEHS WTP</i> , and <b>Ashlee Fitch</b> , <i>USW</i> Culminating with the need to better identify and address the connection between hazards in the workplace and workplace stress.	
10:15 – 11:00 a.m.	<b>Keynote Address: International Association of Fire Fighters (IAFF) Behavioral Health Program</b> <b>Patrick Morrison</b> , <i>IAFF</i> The stresses faced by firefighters, paramedics, and emergency medical technicians throughout the course of their careers can have a cumulative impact on their mental health and well-being. IAFF has led the way in addressing these issues through training and resource development that educates and supports members on behavioral health concerns.	
11:00 – 11:15 a.m.	<b>Break</b>	
11:15 – 11:35 a.m.	<b>Diseases of Despair and the Workplace</b> <b>Cora Roelofs</b> , <i>Sc.D., University of Massachusetts, Lowell</i> Basic occupational and environmental health practice frameworks can help us understand and address deep multifactorial crises, such as the opioid epidemic, challenging worker well-being. We can use worker training opportunities to develop primary, secondary, and tertiary prevention strategies that empower workers to overcome these challenges in collaboration with their co-workers, their families, and communities; in health care provider offices; and in their workplaces.	
11:35 a.m. – 12:30 p.m.	<b>Workplace Stress</b> <b>Moderator: Jim Remington</b> , <i>NIEHS WTP</i>	
	<b>Mental Health Resilience Training for Workers: Results from a Clinical Trial with Hurricane Sandy Disaster Workers</b> <b>Adam Gonzalez</b> , <i>Ph.D., Stony Brook University</i>	
	<b>Impact of Job Stress on Worker Injuries and Illnesses in the Transportation Industry</b> <b>Peter Orris</b> , <i>M.D., University of Illinois</i>	
	<b>Addiction and Recovery Member Assistance Program and Training to Become a Peer Advocate</b> <b>Kyle Zimmer</b> , <i>International Union of Operating Engineers, Local Union 478</i>	

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12:30 – 1:30 p.m. **Lunch**..... *Grand Station II*

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1:30 – 2:30 p.m. **Tools to Address Overdose, Stigma, and Suicide Prevention** ..... *Admiral Room*

**Moderator: Sharon Beard, NIEHS WTP**

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**Challenges and Barriers in the Opioid Age: Drug-Free Workplace and “Zero Tolerance” Policies**

**Holly Hinds, CrossPoint Partners**

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**Psychosocial Interventions with Environmental Career Worker Training Learners**

**Sean Philips and Shaquita Slater, OAI, Inc.**

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**VA’s Approach to Suicide Prevention**

**Gloria Workman, Ph.D., Office of Mental Health and Suicide Prevention, Veterans Health Administration**

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2:30 – 3:00 p.m. **Small Group Discussions**

**Facilitator: Deborah Weinstock, National Clearinghouse/MDB, Inc.**

- Given the framework and the presentations we’ve heard on workplace stress and tools to address these issues, describe practical **primary** prevention actions that could be taken by your members/trainees and/or their employers.
  - Given the framework and the presentations we’ve heard on workplace stress and tools to address these issues, describe practical **secondary** prevention actions that could be taken by your members/trainees and/or their employers.
  - Given the framework and the presentations we’ve heard on workplace stress and tools to address these issues, describe practical **tertiary** prevention actions that could be taken by your members/trainees and/or their employers.
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3:00 – 3:15 p.m. **Report Back**

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3:15 – 3:30 p.m. **Break**

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3:30 – 4:45 p.m. **Case Studies and Audience Q&A**

**Moderator: Demia Wright, NIEHS WTP**

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**Advocacy for Substance Abuse and Mental Health Treatment and Recovery Services**

**Stephanie Campbell, New York State Office of Alcoholism and Substance Abuse Services**

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**How Training on Opioids Is Being Implemented at Ford and the International Union, United**

**Automobile, Aerospace and Agricultural Implement Workers of America (UAW) Resolution on Opioids**

**Steve Romero, UAW**

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**Integrating Resilience Training into Programs: Puerto Rico Case Study**

**Luis Vazquez, International Chemical Workers Union Council**

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4:45 – 5:00 p.m. **Day 1 Wrap-up**

**Chip Hughes, NIEHS**

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# Thursday, May 16, 2019

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8:00 – 9:00 a.m. **Registration and Breakfast** ..... *Admiral Room Foyer*

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9:00 – 9:30 a.m. **Challenges of Getting the Medical Community to Think About Workers: Engaging Community Health Workers on Occupational Stress** ..... *Admiral Room*  
*Amy Liebman, Migrant Clinicians Network*

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9:30 – 10:30 a.m. **Various Training Development Initiatives**  
**Moderator: Donald Elisburg, National Clearinghouse/MDB, Inc.**

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**Mental Health Is a Union Right Training**

*Arturo Archila, The Labor Institute*

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**Draft Opioids and the Workplace: Prevention and Response Curriculum Goal, Objectives, Content, and Activity Review**

*Jonathan Rosen, National Clearinghouse*

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**Train-the-Trainer: Opioid Awareness Curriculum**

*Jodi Sugarman-Brozan, Massachusetts Coalition for Occupational Safety and Health*

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10:30 – 10:45 a.m. **Break**

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10:45 – 11:45 a.m. **Facilitated Discussion: Using Training to Move the Prevention Framework Forward**

**Facilitator: Ashlee Fitch, USW**

- Ideas for follow-up action.
- Many of the grantees are already embracing resiliency training and integrating it into their programs. What other training content that addresses the occupational stress risk factors detailed in the workshop could be included in future training?
- What are the opportunities and barriers?

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11:45 a.m. – noon **Wrap-up**

**Allan McDougall, USW**

