



THE COMING TOGETHER OF
LATIN AMERICAN INTEGRATION CENTER
AND MAKE THE ROAD BY WALKING

**MAKE THE ROAD
NEW YORK**

BROOKLYN
QUEENS
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Community Health Workers

A Critical Line of Defense Against
Toxic Exposures in Vulnerable
Communities



Today:

1. Who are CHWs, what do they do?
2. What is offered as part of the training at MRNY?
3. How CHW's work helps to prevent toxic exposures?



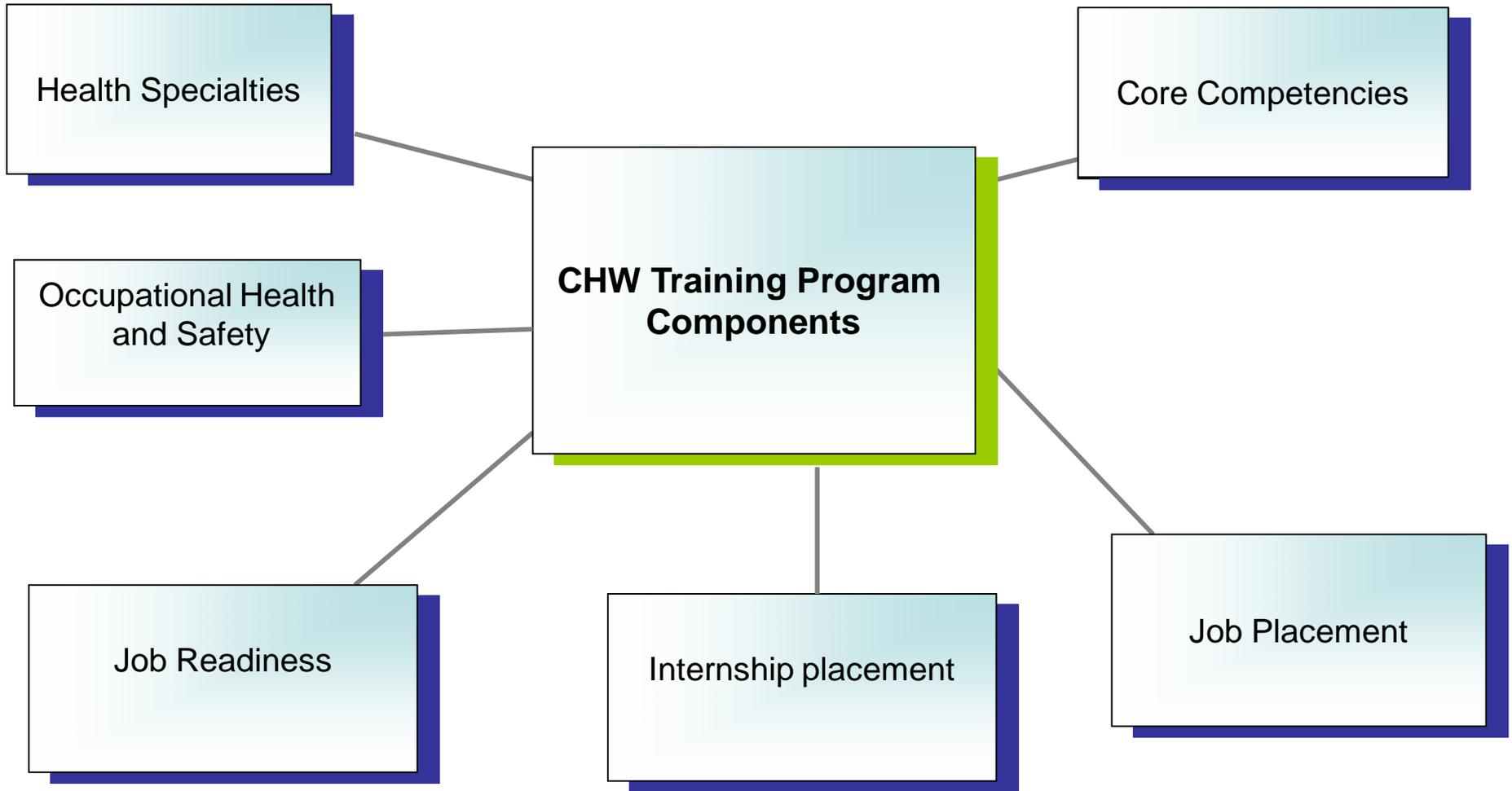
“A Community Health Worker (CHW) is a frontline public health worker who is a trusted member of the community served. This trusting relationship enables the CHW to serve as a liaison between health/social services and the community to facilitate access to services, improve the quality and cultural competence of service delivery and build individual and community capacity”. (APHA, 2009)



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Component 1

Core Competencies

- Basics of public health
- Motivational Interviewing
- Health Education
- Community Based Organizing
- Home visiting
- Care management
- Outreach



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Component 2 Health Specialties

- Nutrition
- Diabetes
- Asthma
- Heart Health
- LGBTQ Health
- SBIRT
- Mental Health First Aid
- Gender-Based Violence
- CPR
- HIPAA

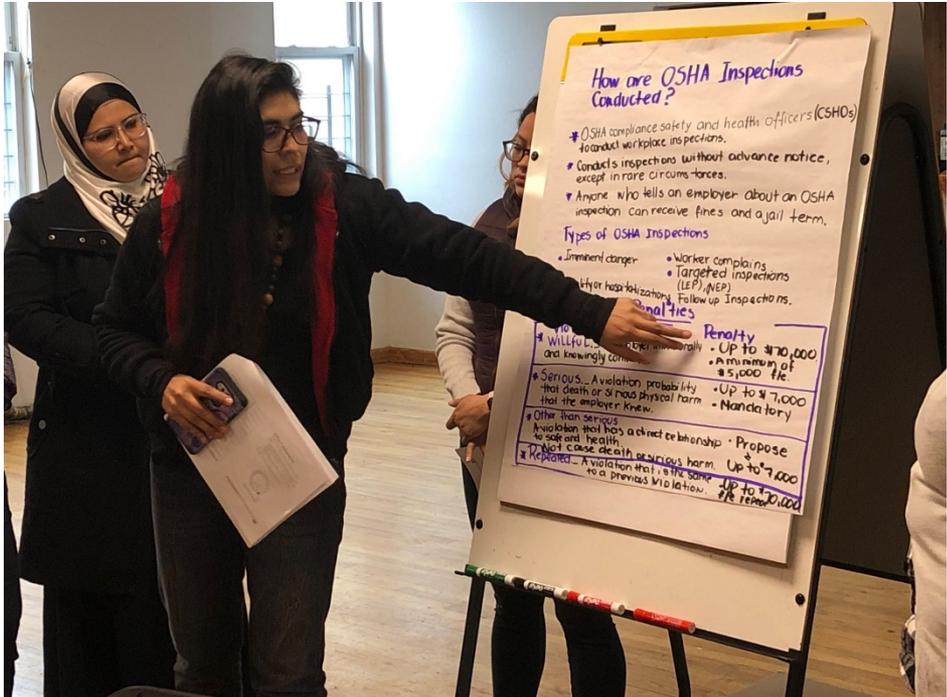




Component 3

Occupational Health & Safety

- Disaster Resiliency
- Infectious Diseases at the workplace
- Osha 10-Hr for the General Industry
- OSH for Community Health Workers
- Community Organizing and advocacy





Component 4

Job Readiness

- Career goal setting
- Resume and cover letter writing
- Communication
- Professional networking
- Interview practice



Component 5

Internship



CHW's complete a 135 hour internship and are placed at one of the following:

- Community Based Organizations
- Clinics
- Hospitals



Component 6

Job Placement

Cohort	% Placed
ECWTP 4 Spring 2017	75%
ECWTP 5 Fall 2017	73%
ECWTP 6 Winter 2018	63%
ECWTP 7 Fall 2018	65%
ECWTP 8 Winter 2019	In internship phase



A Participant's Story

My name is Qendresa Isufi. I am a Social Worker from Kosovo. I am passionate about helping people and my community. When I heard about the Community Health Worker training at Make the Road NY, I knew that this would be an opportunity for me to apply my knowledge and experience and to get back into the workforce.

The course helped me understanding the role of Community Health Workers in different areas and I also enjoyed sharing experiences with people from many different cultural backgrounds and learning from each other. I had never before been exposed to such a diverse group and that was really enriching to me. I learned how people's health can be better or worse depending on where they live and work.

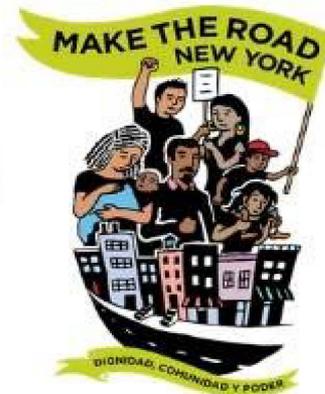
A few weeks into my internship, I found a full-time job at BronxWorks, a community based organization that assists individuals and families in the Bronx, the same neighborhood where I live. I am a Case Manager in the HomeBase program, which focuses on homelessness and shelter prevention. I help people who just got out of the shelter system apply for support services and resources to maintain a stable household and avoid becoming homeless again. I also teach them about the risks of mold and lead for their health and how to advocate for themselves with their landlords.

Prior to the training, I was a housewife and now I am working full time and have employee benefits. My kids feel proud of me and I am setting an example for them to go after their dreams. I look forward to build a career as a Community Health Worker.

Make the Road NY's **FREE**

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Questions/Comments?