



OPIOID-RELATED HAZARDS IN THE WORKPLACE

Developing a Training
Framework to Address Exposure,
Use, and Prevention

OCTOBER 24 – 25, 2018

Research Triangle Park, North Carolina

AGENDA

Wednesday, October 24, 2018

8:00 a.m. – 1:00 p.m. **Registration**Rodbell Lobby

1:00 – 1:15 p.m. **Welcome**Rodbell Auditorium

- **Joseph “Chip” Hughes**, NIEHS Worker Training Program (WTP)

1:15 – 2:15 p.m. **Keynote Address**

- **INTRODUCTION: Donald Elisburg**, National Clearinghouse
- **John Howard, M.D.**, Director, National Institute for Occupational Safety and Health

2:15 – 2:30 p.m. **Break**

2:30 – 3:30 p.m. **Opioid Exposure: Occupational Hazards and Other Risk Factors for Workers**

- **MODERATOR: Sharon Beard**, NIEHS WTP
- **Letitia “Tish” Davis**, Sc.D., Massachusetts Department of Public Health
- **Shawn Gibbs**, Ph.D., Indiana University School of Public Health-Bloomington

This session is intended to discuss occupational exposure to opioids and workers who face the greatest risk of opioid misuse and addiction.

- Opioid drugs, analogues, and toxicity
- What are the signs and symptoms of exposure?
- What are the primary routes of occupational exposure?
- Who is at risk of occupational exposure?
- Who is at risk of opioid misuse and addiction?

3:30 – 4:15 p.m. **Small Group Activity: Assessment of the Current State of Worker Training and Protection from Occupational Exposure to Opioids**

- Do you know what the needs/gaps are in the regions and organizations you work with in protecting and training emergency responders and others with a potential for occupational exposure to opioids?
- What populations can we work with that have a potential for occupational exposure? Is there a distinction between populations that need operational versus awareness training?
- Are there current programs that are being offered or developed addressing these concerns?
- How can grantees collaborate to tackle these issues?
- What external partnerships should WTP/grantees explore to develop and implement a training framework?
- Which occupations and industries that are at greatest risk of opioid misuse and addiction should be targeted for training and outreach efforts?

4:15 – 4:45 p.m. **Report Back from Small Groups**

5:15 p.m. **Bus Departs for Blue Note Grill**

6:00 p.m. **Dinner at Blue Note Grill*** 709 Washington St., Durham

*Please plan to take a taxi from the restaurant back to the hotel following dinner.

Thursday, October 25, 2018

8:00 a.m. **Bus Departs Hotel for NIEHS**

8:00 – 9:00 a.m. **Registration** Rodbell Lobby

9:00 – 10:15 a.m. **Treatment and Recovery** Rodbell Auditorium

- **MODERATOR: Jim Remington, NIEHS WTP**
- **Jamie Becker, Laborers' Health & Safety Fund of North America (LHSFNA)**
- **Allan McDougall, United Steelworkers**
- **Patricia Moore, U.S. Department of Veterans Affairs (VA)/American Federation of Government Employees (AFGE)**

This session will focus on:

- Best practices regarding treatment/recovery
 - Intervention strategies
 - Mental health/resiliency
 - Eliminating the stigma associated with misuse
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10:15 – 11:00 a.m. **Small Group Activity: Developing a Training Framework Related to Opioid Treatment and Recovery**

Each small group will be tasked with discussing issues that were raised in the previous panel and how training programs might address them.

- Should grantees develop training programs that address best practices for opioid treatment and recovery?
 - Should these programs target employers, union officials, or workers?
 - What are some of the key topics that should be included in this type of training? How specific should these programs be in addressing signs and symptoms, neurobiology, pathways to misuse and addiction, medically-assisted treatment, availability of local treatment resources, etc.?
 - How can these programs emphasize the connection to prevention of occupational injury and illness programs?
 - Should intervention strategies such as employee assistance programs (EAPs), member assistance programs (MAPs), and peer support programs be included in such trainings?
 - Can and should mental health resiliency be integrated into these programs?
 - Are there methods for teaching about stigma that will encourage communication and treatment program utilization?
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11:00 – 11:15 a.m. **Break**

11:15 a.m. – 12:15 p.m.	<p>Prevention: Strategies for Protecting and Educating WorkersRodbell Auditorium</p> <ul style="list-style-type: none"> • MODERATOR: Demia Wright, NIEHS WTP • Jodi Sugerman-Brozan, Massachusetts Coalition for Occupational Safety and Health (MassCOSH) • Kyle Zimmer, International Union of Operating Engineers, Local Union 478 <p>Occupational injury is a pathway to opioid abuse and addiction. Additionally, treatment of pain from non-work-related injuries presents a potential for opioid misuse. This session is intended to discuss strategies for educating employers and workers about risk of abuse/addiction and ways to interact with employers, health care providers, and workers' compensation and health insurance companies on alternatives to opioids for treating pain. EAPs, MAPs, and peer support programs can play a key role in getting workers into treatment and recovery programs.</p>
12:15 – 1:15 p.m.	Lunch NIEHS Cafeteria
1:15 – 2:45 p.m.	<p>Concurrent Breakout Sessions</p> <ul style="list-style-type: none"> • Workplace Drug Testing, Stigma, and Alternative-to-Discipline Programs.....Rodbell A <ul style="list-style-type: none"> • FACILITATORS: Patricia Moore, VA/AFGE and Milly Rodriguez, AFGE • Educating Workers on Interacting with the Health Care and Workers' Compensation Systems Rodbell B <ul style="list-style-type: none"> • FACILITATORS: Jamie Becker, LHSFNA and Mitch Rosen, Rutgers, The State University of New Jersey • Training Related to Strengthening or Establishing Pathways to Treatment through EAPs, MAPs, and Peer Assistance Rodbell C <ul style="list-style-type: none"> • FACILITATORS: Ashlee Fitch, United Steelworkers and Sanobeia Brima, OAI, Inc. • Educating Workers on Self-Care to Reduce Stress and Pain and Promote WellnessRoom E450 <ul style="list-style-type: none"> • FACILITATORS: Arturo Archila, The Labor Institute and Judy Daltuva, University of Michigan
2:45 – 3:00 p.m.	Break
3:00 – 3:45 p.m.	Report Back from Breakout GroupsRodbell Auditorium
3:45 – 4:30 p.m.	<p>Discussion on Developing a Training Framework for Opioid Awareness and Prevention (<i>facilitated discussion</i>)</p> <ul style="list-style-type: none"> • FACILITATOR: Jonathan Rosen, National Clearinghouse
4:30 – 4:45 p.m.	Wrap-up
4:45 p.m.	Adjourn
5:00 p.m.	Bus Departs for RDU Airport