

Group Counseling For Job Training Success



**PRESENTED BY
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***The Harambee House, Inc. / Citizens for Environmental Justice
Worker Education Job Training Program (WEJTP)***



RATIONALE



The Group Counseling/Career Guidance curriculum is designed to reinforce the learning of information taught in the Worker Education Job Training Program (WEJTP) Life Skills and Job Readiness classes.

The session contents were chosen to help participants plan and manage their work/life direction.

GROUP COUNSELING / CAREER GUIDANCE GOAL



To provide educational intervention through guiding, coaching, advising, providing information, and mentoring participants for work readiness and employability.



Curriculum Objectives:



1. Help participants develop a better appreciation and usage of their unique characteristics and how those characteristics relate to career choices.
2. Use various assessment tools to help participants identify their interests, values, beliefs, lifestyle preferences, aptitudes and abilities, and relate them to the world of work.
3. Help participants deal with barriers that may affect their employment prospects and success.
4. Assist participants with implementing effective employment search strategies, writing résumés, developing career portfolios and interview skills.
5. Refer participants to appropriate services to address their particular needs.



CURRICULUM DELIVERY METHOD



- I. Group counseling is set up in 24 one-hour sessions.**

- II. During each session participants sit in a circle facing each other. The group circle format promotes a connectedness among the participants, strengthens information sharing and enhances the learning process.**

SESSION FORMAT



- Recite The Career Guidance Pledge in unison
- Check-in with sharing “How I Feel Today”
- Instructor delivers the session topic
- Group discussion or application of the topic
- Journal writing (if time permits)
- Session close-out – group stands and chants several rounds of “*HARAMBEE*” (haa-raam-bay –Swahili word meaning “Let us all pull together”)

SESSION TOPICS



- ✓ Identifying Skills
- ✓ Organizing/Proving Skills
- ✓ Attitude
- ✓ People Skills
- ✓ Taking Responsibility for Your Life
- ✓ Communication Skills
- ✓ Understanding and Managing Stress
- ✓ Understanding and Dealing with Conflict

SESSION TOPICS continued



- ✓ **Problem Solving & Decision Making**
- ✓ **Establishing Priorities**
- ✓ **The Application Represents You**
- ✓ **Marketing Tools: The Resume and Cover Letter**
- ✓ **Networking**
- ✓ **Dress for Job Success**
- ✓ **Interviewing Tips**
- ✓ **Employer Expectations**

Group Counselor/Trainer Responsibility



- Read each day's session topic beforehand
 - Familiarize yourself with the topic
 - Lead group into a discussion of the topic – ensure each person in the group has an opportunity to participate
- Copy handout materials
- Based on the session topic incorporate additional resources if desired
 - Bring in a speaker
 - Find activities (individual or group) that enhances the topic
- Observe interactions (between individuals, within the group)
- Be prepared

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HANDS-ON LEARNING



Let's Role Play a Session



Twelve horizontal lines for writing.

QUESTIONS





THANK YOU!