

Women's Health Awareness Day 2017

**Transforming
Communities
by Enhancing
Women's Health**



Saturday, April 8, 2017

**North Carolina Central University
Mary Townes Science Building
1900 Concord Street, Durham, NC 27707**

Sponsor: National Institute of Environmental Health Sciences (NIEHS),
Division of Intramural Research, Clinical Research Branch,
Office of Human Research Compliance, National Institutes of Health,
US Department of Health and Human Services

Co-Sponsors: Durham Alumnae Chapter of Delta Sigma Theta Sorority, Inc.,
Durham Alumnae Delta House Inc., and North Carolina
Central University Department of Public Health Education

Announcements and Notices

Customer Service Desk

Lose your badge? Forget your meal ticket? Need medical attention? Need assistance? Please come to the Customer Service Desk located in the lobby area on the first floor near the Registration Desk.

In Case of an Emergency

For life threatening medical emergencies call 911.

The Customer Service Desk is the location to report all internal emergencies. For all external emergencies please contact NCCU Police at 919-530-6106.

First Aid Room

Located in **Room 1203** in the Screening Hallway of the Mary Townes Building.

Noticias y Avisos

Centro de Servicio al Cliente

¿Perdío su insignia? ¿Se le olvidó el ticket para el almuerzo? ¿Necesita Atención Médica? ¿Necesita ayuda? Por Favor venga al 'escritorio de servicios de atención al cliente situado en la zona del vestíbulo en el primer piso cerca de 'la Mesa de Registro'.

En Caso de una Emergencia

Para emergencias médicas que amenazan la vida llame al 911.

La oficina de servicios al cliente' es el lugar para reportar todas las emergencias internas. Para todas emergencias externas favor de ponerse en contacto con la policía de NCCU al 919-530-6106.

Sala de Primeros Auxilios

Ubicado en la **sala 1203** en el pasillo de cribado.

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Women's Health Awareness Day 2017

Steering and Planning Committee

Joan Packenham, PhD

Chair, Event Steering and Planning Committee
Founder and Lead, NIEHS Women's Health Awareness and Community Engagement and Outreach Initiative
Director, Office of Human Research Compliance, Clinical Research Branch, National Institute of Environmental Health Sciences (NIEHS)/ National Institutes of Health (NIH), US Department of Health and Human Services
Chair, Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

La Verne Reid, PhD, MPH

Vice-Chair, Event Steering and Planning Committee
Professor, Department of Health Education, North Carolina Central University
Delta Sigma Theta Sorority, Inc.

Willa Robinson Allen, MPH, MAED, MCHES

Health Promotion & Wellness, Program Manager, Durham County Department of Public Health

Lynae Thomas Baker, BS

Technical IRTA Fellow, Office of Human Research Compliance, Clinical Research Branch, National Institute of Environmental Health Sciences (NIEHS)/ National Institutes of Health (NIH)

Monica Barnes, BA

Community Affairs and Programming Director, WTVD 11, An ABC-Owned Station
Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Nadine Barrett, PhD, MA, MS

Director, Office of Health Equity and Disparities, Duke Cancer Institute
Director, Duke Community Connections Core, Center for Community and Population Health Improvement, Duke CTSA
Faculty, Department of Community and Family Medicine, Duke School of Medicine

Sharon Beard, MS

Industrial Hygienist/Program Administrator, National Institute of Environmental Health Sciences (NIEHS)/ National Institutes of Health (NIH)
Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Pamela Bivens-Pippin, MA

Diversity Educator, Duke University Health System

Deborah Breese, MS, LPC, LCAS, CRC

Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Awanya Caesar, RN, BSN

Lincoln Community Health Center

Remell Clemons, BS, MA

School Counselor (Retired), Wake County Public Schools
Co-Chair, Bethune Recognition Luncheon (NCNW)
Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Tamera Coyne Beasley, MD, MPH, FAAP, FSAHM

Professor of Pediatrics and Internal Medicine, University of North Carolina at Chapel Hill
Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Cleta Davis, BS, ASQ, CQA

Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Carlotta Dixon, MHS, CPM

Section Chief, Program Compliance, NC Division of Social Services, North Carolina Department of Health and Human Services
Western Wake Chapter, Delta Sigma Theta Sorority, Inc.

Vanessa Flores, BA

NIH/OD UGSP Clinical Research Fellow, National Institute of Environmental Health Sciences (NIEHS)/ National Institutes of Health (NIH)

Michelle Graham-Freeman, BA

International Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Kearston Ingraham, MPH

Patient Navigation Coordinator, Office of Health Equity and Disparities, Duke Cancer Institute

Miriam McIntosh, DDS

Durham County Department of Public Health, Durham Alumnae Chapter, Delta Sigma Theta, Inc

Leatrice Martin, BS, CHES

Director, Duke Heart Center Community Outreach and Education Program

Sharon Mosley, MS, LPC

Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Wyvonia Perry, RN, BSN

Health Awareness Committee, Durham Alumnae Chapter,
Delta Sigma Theta Sorority, Inc.

Phi Chapter, Chi Eta Phi Nursing Sorority, Inc.

Christine Philput, PhD

President, Applied Human Research Protections, Inc.

Annette Rice, BS

Clinical Laboratory Manager, Clinical Research Branch,
National Institute of Environmental Health Sciences
(NIEHS)/National Institutes of Health (NIH)

Stephanie Riley, BBA

Executive Administrator, Outreach and Clinical Programs
Healing With CAARE, Inc.

Miranda Ruddick, CIP

Applied Human Research Protections, Inc.

Joyce Siler, BA

Health Awareness Committee, Durham Alumnae Chapter,
Delta Sigma Theta Sorority, Inc.

Carmelita Spicer, MEd

Program & Marketing Director, Community Health
Coalition, Inc.

Tara Owens Shuler, MEd

Health Awareness Committee, Durham Alumnae Chapter,
Delta Sigma Theta Sorority, Inc.

Sandra White-Olden, PhD

Professor and Founding Director (Retired)

Dept. of Biology & Center for Science, Math and
Technology Education, North Carolina Central University

Health Awareness Committee, Durham Alumnae Chapter,
Delta Sigma Theta Sorority, Inc.

Sub-Committees

AV and IT Support

Antwand Bell, North Carolina Central University

Jeff Bowser, North Carolina Central University

Joseph Sanders, North Carolina Central University

Catering

Dee Jackson, Sodexo Catering, North Carolina
Central University

Customer Service

Annette Rice, NIEHS/NIH

Skye Badgett

Kimberly Burnett-Hoke, NIEHS/NIH

Jennie Foushee, NIEHS/NIH

Gloria Fuller, EPA;

Margaret George, NIEHS/NIH

Lydia Greaves

Amanda Green, NIEHS/NIH

Brenda Green

Essie Jones, NIEHS/NIH

Christopher Lee, NIEHS/NIH

Barbara Lyons, NCCU

Jamie Marshburn Haley, NIEHS/NIH

Veronica Robinson, NIEHS/NIH

Valeria Shropshire, NIEHS/NIH

Myra Westmoreland, NIEHS/NIH

Antoinette Ward

Pinkney Wilder, NIEHS/NIH

Shellyane Wilder, Merck

Dental Hygiene Program

Shannon Mitchell RDH, MS, Director,
Dental Hygiene Programs, UNC School of Dentistry

Katrina Knapp, UNC School of Dentistry,
Dental Hygiene Candidate

Ashley Pittman, UNC School of Dentistry,
Dental Hygiene Candidate

Event Registration

Michelle Graham-Freeman, BA, International Awareness
Committee, Durham Alumnae Chapter, Delta Sigma
Theta Sorority, Inc.

Facilities

Lucretia Pinckney, North Carolina Central University

Phillip Powell, North Carolina Central University

First Aid Room

Wyvonia Perry, RN, BSN, Health Awareness Committee,
Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Phi Chapter, Chi Eta Phi Nursing Sorority, Inc.

Members of Phi Chapter, Chi Eta Phi Nursing Sorority, Inc.

Graphic Design / Art Direction

Paul Cacioppo, New Media Developer, Image Associates

Institutional Officials

Linda Birnbaum, PhD, DABT, ATS, Director, National
Institute of Environmental Health Sciences (NIEHS),
National Institutes of Health (NIH), U.S. Department of
Health and Human Services

Arvis Bridges-Epps, MBA, President, Durham Alumnae
Chapter, Delta Sigma Theta Sorority, Inc.

Janet Hall, MD, MS, Clinical Director and Principal
Investigator, National Institute of Environmental Health
Sciences (NIEHS), National Institutes of Health (NIH),
U.S. Department of Health and Human Services

Debra Parker, PhD, Dean, College of Behavioral and
Social Science, North Carolina Central University

Seronda Robinson, PhD, Chair, Department of Public
Health Education, North Carolina Central University

Women's Health Awareness Day 2017

Sub-Committees

Interpreters

Independent Interpreters

Ana Maria Bonilla, Matilde Epps, Sara Maysonet-Walker,
Veronica Olmedo, Myriam Peereboom

Durham Technical Community College

Sara Juarez, M.A., CHI (TM), Director of Interpretation/
Translation Programs, Center for the Global Learner

Students in Interpretation/Translation Programs

NIEHS Logistics and Implementation Committee

Kimberly Burnett-Hoke, MPA, NIEHS/NIH

Edith Lee, MPA, NIEHS/NIH

Jane Lambert, BS, CIP, NIEHS/NIH

Craig Wladyka, MPA, CIP, NIEHS/NIH

Mammography Coordinators

Wendy Avery, Diagnostic Clinical Coordinator,
UNC REX Healthcare

Xiomara Boyce, MS, Duke Cancer Patient Support Program,
Duke Cancer Institute

Awanya L. Caesar, RN, BSN,
Lincoln Community Health Center

Stephanie Riley, BBA, Healing With CAARE, Inc.

Media and Publicity

Robin Arnette, PhD, NIEHS/NIH

Monica Barnes, BA, Durham Alumnae Chapter, Delta Sigma
Theta Sorority, Inc.

Chonna Campbell, Durham Alumnae Chapter, Delta Sigma
Theta Sorority, Inc.

Selena Edwards-Jacobs, MBA, Durham Alumnae Chapter,
Delta Sigma Theta Sorority, Inc.

Christine Flowers, MPA, NIEHS/NIH

Britton Powers, NIEHS/NIH

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Maurice Noble, Independent Photographer

Evan Howell, Video Production, Evan T. Howell
Digital Media

Extended Planning Committee

Joyce Page, MSPH, MPH, Public Health Education Specialist,
Durham Diabetes Coalition Coordinator, Durham County
Department of Public Health

Security

Sergeant Robert McLaughlin,
North Carolina Central University

Lieutenant Sammy Williams,
North Carolina Central University

Students and Staff from the North Carolina Central
University Community Emergency Response Team

Translational Services

Vanessa Flores, BA, NIH/OD UGSP Clinical Research Fellow,
National Institute of Environmental Health Sciences (NIEHS)/
National Institutes of Health (NIH)

Veteran Services

Joan Galbraith, MSN, RN, NP, Women Veterans Program
Manager, Durham VA Medical Center, US Department of
Veterans Affairs

Volunteer Organizations

Members of Durham Alumnae Chapter, Delta Sigma Theta
Sorority, Inc.

Triangle Park Chapter of the Link, Inc.

North Carolina Central University student volunteers

Durham Alumni Chapter of Kappa Alpha Psi Fraternity, Inc.

Phi Chapter, Chi Eta Phi Nursing Sorority, Inc.

Employees of the National Institute of Environmental
Health Sciences

Raleigh-Durham Area Chapter of Blacks In Government

Men's Achievement Center, North Carolina Central University

Teen Girls Edition Coordinators

Tara Owens Shuler, MEd

Joan Pakenham, PhD

Lynae Thomas Baker, BS

Welcome

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Greetings Conference Participants,

On behalf of the National Institute of Environmental Health Sciences (NIEHS), Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc., and the Public Health Education Department, North Carolina Central University (NCCU), it is a pleasure for us to welcome you to the Third Women's Health Awareness Day.

The theme of this women's health conference is "Transforming Communities by Enhancing Women's Health." It is no secret that women in general are the caregivers of their family and their communities. We believe that if we motivate and empower women to take care of their health, they will in turn take care of their family's health, thereby, producing a healthier community, state and nation. The purpose of this

health conference is to promote awareness and to inform women to take greater responsibility for their health, to understand their health options, and to identify services and products to best help them in reducing health issues and receiving equal access to health resources. This year we have added environmental health education sessions to our conference model. Awareness of how the environment impacts our health is important for successful healthy living. Therefore, through this conference, we focus on promoting healthier lives through disease prevention, control and management. What you will learn at this health conference may help you to have a better quality of life.

No event of this magnitude and scope can be organized without teamwork and partnerships. We would like to take this opportunity to recognize and introduce the team and our partners. Again this year, thanks go to the event steering and planning committee members and the sub-committee members for their support and dedicated service in the planning and implementation of this day. Without them, this event would not exist.

Secondly, we thank and introduce our corporate partners: Duke University Hospital, Applied Human Research Protections, Inc., Blue Cross and Blue Shield of North Carolina, Duke Cancer Institute, the Duke Heart Center, and The Triangle Park Chapter of the Links, Inc. Thank you for your support through generous contributions and service. In addition, we thank our business and local community partners for the donations and services they bring to this event. The monetary and in-kind support of all our partners makes it possible to offer this health event free for our community.

Once again, we have an impressive group of faculty and service providers supporting this event. The group includes researchers, public health practitioners, and health care professionals. These experts and leaders have effectively served as champions in our communities as advocates for women, minorities, the disabled and disadvantaged populations. We are grateful for our event faculty and service providers and sincerely thank each of them for agreeing to participate and helping to make Women's Health Awareness Day 2017 a success.

To our volunteers, we thank you for your tireless service. We treasure your support and time given to make this event a success.

Lastly, we are honored that **YOU**, the women of the Triangle and surrounding counties, have chosen to participate in this exciting health conference. We hope that you will have a fun and constructive day of learning and gathering important health information that will positively impact your daily life and health. We are excited that you are here!! Please let us know how we can make your experience more comfortable and pleasant.

Best Wishes,

Joan Pakenham, PhD

Chair, Event Steering and Planning Committee; Founder and Lead, NIEHS Women's Health Awareness Community Engagement and Outreach Initiative; Director, Office of Human Research Compliances, National Institute of Environmental Health Sciences/National Institutes of Health; Chair, Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

La Verne Reid, PhD, MPH

Vice-Chair, Event Steering and Planning Committee; Professor, Department of Public Health Education, North Carolina Central University; Member, Delta Sigma Theta Sorority, Inc.

In Remembrance and Recognition of Chancellor Debra Saunders-White



The Women's Health Awareness Day 2017 Steering Committee and Sponsors acknowledge the life and legacy of Chancellor Saunders-White. She was a true advocate for Women's Health and a staunch supporter of the Women's Health Awareness Day initiative. We give heartfelt thanks to Chancellor Saunders-White and the NCCU community for their commitment to Women's Health Awareness Day and its mission to promote wellness, environmental health literacy, environmental public health, and health equity for women within the Triangle region and surrounding counties.

With Eagle Pride,

Joan P. Pakenham, PhD
Founder and Chair,
Women's Health Awareness Day



James E. Shepard, Founder



Women's Health Awareness Day 2017
Conference Agenda

Agenda for Women's Health Awareness Day – April 8, 2017

All sessions in Mary Townes Building unless otherwise indicated.

Time	Session	Room
8:30 a.m.	On-Site Registration Begins	Lobby
Greetings, Welcome, And Keynote Address		
8:50 – 10:00 a.m.	"Let's Move" Jannah Bierens , Health Education Specialist, Certified Fitness Trainer, Durham County Department of Public Health	Rooms 1111 and 1221 (overflow)
	Greetings and Welcome Joan P. Packenham, PhD , Founder and Chair, Women's Health Awareness Day 2017 Steering and Planning Committee; Director, Office of Human Research Compliance, National Institute of Environmental Health Sciences	
	Mistress of Ceremonies LuAnn Edmonds-Harris, Assistant Athletic Director for Marketing, North Carolina Central University; Delta Sigma Theta Sorority, Inc.	
	Keynote Address Gayle Harris, MPH, RN , Public Health Director and General Manager for Community Well-Being, Durham County Department of Public Health	
	"The Spoken Word" Petrina Bryant, BA , Motivational Speaking Poet	
10:00 a.m. Health Screenings and Exhibits Open		
Session A		
10:05 – 10:50 a.m.	Diabetes Health Education "Successfully Managing Diabetes, and Preventing and Treating Kidney Disease" Session Chairs: Joan P. Packenham, PhD, and Joyce C. Page, MPH, MSPH Speakers: Bryan Batch, MD and Kimberley Evans, MD	Room 1111
	Cardiovascular Health Education "Your Grandmother's Remedies Were Not a Bad Idea: Integrative Approaches That May Reduce Your Risk for Heart Disease and Cancer" Session Chair: Leatrice Martin, BS, CHES Speaker: Rushad D. Shroff, MD, FACP	Room 1221
	Environmental Health Education "Women's Reproductive Health and the Environment: What You Should Know About Uterine Fibroids, Pregnancy, and Metals" Session Chair: s Darlene Dixon, DVM, PhD, and Alanna Burwell, BS Speakers: Katrina Avery, MD, Catherine Hoyo, PhD, Wanda Nicholson, MD, MPH, MBA Panel Member: Melody Baldwin, MD, MPH	Room 2221

Agenda for Women's Health Awareness Day – April 8, 2017

All sessions in Mary Townes Building unless otherwise indicated.

Time	Session	Room
10:50 – 11:00 a.m.	Break and Transition to Next Session	
Session B		
11:00 – 11:45 a.m.	Breakout Session "Your Brain on Stress" Speaker: Kiara Eily, MD	Room 1111
	Breakout Session "Dementia: Bridging the Gap for Understanding" Speaker: Lisa Gwyther, MSW, LCSW	Room 1221
	Healthy Living Session "Basic First Aid Skills for the Layperson" Speaker: Harold Morcombe	Room 2235
	Breakout Session "Snooze to Lose: The Important Role of Sleep for Weight Management" Speaker: Jannah Bierens	Room 2225
	Healthy Living Session "Line Dancing for Fun and Fitness" Fitness Instructor: Shawn Jeter, BS	Outside BRITE Building Alcove
	Healthy Living Session "Container Gardening: Small Space ... Big Yield" Presenter: Kareemah Abdusamad	Small Tent in grassy area between BRITE Building and Mary Townes Building
11:45 – 11:55 a.m.	Break and Transition to Next Session	

Agenda for Women's Health Awareness Day – April 8, 2017

All sessions in Mary Townes Building unless otherwise indicated.

Time	Session	Room
Session C		
11:55 a.m. – 12:40 p.m.	<p>Diabetes Health Education “From Head to Toe: Avoiding Diabetic Complications of Your Eyes, Teeth, and Feet” Session Chairs: Joan P. Packenham, PhD, and Joyce C. Page, MPH, MSPH Speakers: F. Vincent Allison, III, DDS, PA, Michael Kerzner, DPM, and Jullia Rosdahl, MD, PhD</p>	Room 1111
	<p>Cardiovascular Health Education “A Healthy Mouth Leads to a Healthy Heart and Other Parts” Session Chair: Leatrice Martin, BS, CHES Speaker: Betty King Sutton, DMD, MPH, FAGD</p>	Room 1221
	<p>Environmental Health Education “Protecting Women and Children from Toxic Metals Exposure in the Home” Session Chair: Neasha Graves, MPA Speakers: Rebecca Fry, PhD; Lorisa Seibel; and UNC Superfund Research Program (SRP) Graduate Student Trainees</p>	Room 2221
12:40 – 1:25 p.m.	Lunch	Large Tent
	<p>Healthy Living Session Cooking Demonstration Presenter: Cara Jenkins, MPH, RD, LDN, Nutrition Department, Durham County Department of Public Health</p>	Large Tent
	<p>Healthy Living Session Zumba® Fitness Instructor: Aya and Coleman Lowe Jr.</p>	Room 2226

Agenda for Women's Health Awareness Day – April 8, 2017

All sessions in Mary Townes Building unless otherwise indicated.

Time	Session	Room
Session D		
1:25 – 2:10 p.m.	<p>Behavioral Health Education “Demystifying Behavioral Health: The Diagnosis, Treatment, and Services of Mental Health and Substance Abuse” Session Chairs: Deborah Breese, MS, LPC, LCAS, CRC and Michelle J. Edelen, MBA Speaker: Judith Johnson-Hostler, MA, LCAS</p>	Room 1111
	<p>Cancer Health Education “Keeping it Real! What You Want and Need to Know About Cancer Above the Belt!” Session Chair: Nadine J. Barrett, PhD, MA, MS Speaker: Jennifer L. Garst, MD</p>	Room 1221
	<p>Pulmonary Health Education “Breathe Easy and Sleep Tight: Protect Your Lung Health in Everyday Life Session #1: A Healthy Home” Session Chair: Stavros Garantziotis, MD Speaker: Lorisa Seibel</p>	Room 2225
	<p>Environmental Justice Health Education “Environmental Justice and Climate Change: Building Sustainable Communities” Session Chair: Sharon D. Beard, MS Speaker: Beverly Wright, PhD</p>	Room 2221
2:10 – 2:20 p.m.	Break and Transition to Next Session	

Agenda for Women's Health Awareness Day – April 8, 2017

All sessions in Mary Townes Building unless otherwise indicated.

Time	Session	Room
Session E		
2:20 – 3:05 p.m.	Breakout Session "Understanding Obesity and Its Treatment" Speaker: Dana D. Portenier, MD	Room 1111
	Breakout Session "Community Emergency Response: Be Ready and Don't Catch Yourself Reaching Around in the Dark When Threats Occur" Speaker: Sharon D. Beard, MS	Room 1221
	Healthy Living Session "Kemeti Yoga: The Power of Breathwork and Balance" Speaker: Jilene Hope-Spencer	Room 2225
	Breakout Session "Stop in the Name of "SELF" Love: From Victimization to Empowerment" Speaker: Shirrell L. Thomas	Room 2226
	Breakout Session "HIV and HPV: What Every Woman Needs to Know" Speaker: Annette Carrington Johnson, MS, MCHES	Room 2235
	Healthy Living Session Cooking Demonstration Presenter: Frank Lloyd, Production Manager, Sodexo	Tent
3:05 – 3:15 p.m.	Break and Transition to Next Session	

Agenda for Women's Health Awareness Day – April 8, 2017

All sessions in Mary Townes Building unless otherwise indicated.

Time	Session	Room
Session F		
3:15 - 4:00 p.m.	Behavioral Health Education "Ending the Silent Treatment: Sexual Empowerment for Women" Session Chairs: Tanya M. Bass, MS, CHES, and La Verne M. Reid, PhD, MPH Speakers: Petrina Bryant, BA; Nakisha T. Floyd, MA, CHES, RHEd; and Catherine Woyee Jones, BSW	Room 1111
	Cancer Health Education "Keeping it Real! What You Want and Need to Know About Cancer Below the Belt!" Session Chair: Nadine J. Barrett, PhD, MA, MS Speaker: Julius M. Wilder, PhD, MD	Room 1221
	Pulmonary Health Education "Breathe Easy and Sleep Tight: Protect Your Lung Health in Everyday Life Session #2: Do You Have Sleep Apnea?" Session Chair: Stavros Garantziotis, MD Speaker: Steven Taxman, PA-C	Room 2221
	Healthy Living Session Zumba® Fitness Instructor: Aya and Coleman Lowe Jr.	BRITE Building Alcove
4:00 – 4:10 p.m.	Break and Transition to Next Session	
Session G		
4:10 – 4:55 p.m.	Breakout Session "Understanding and Responding to Human Trafficking" Speakers: Charissa Gray, MSW, MPH; Nicole Daniels, JD; and Stefani N. Baca-Atlas, MSW	Room 1111
	Breakout Session "Financial Planning in Challenging Times" Speaker: Joyce Reynolds Siler, BA	Room 2225
	Health Information "Autoimmune Disorders and Organ Donation" Speakers: Carmelita Spicer, MEd, George B. Brothers, MD, and Lysandra Castro Marquez, MD	Room 2226
	Healthy Living Session "Container Gardening: Small Space ... Big Yield" Presenter: Kareemah Abdusamad, Certified Master Gardener	Tent
4:55 – 5:00 p.m.	RAFFLE PRIZE GIVEAWAY	

Teen Girls Agenda: It Starts With You

Time	Session	
8:30 a.m.	On-Site Registration Begins	Mary Townes Building (MTB)
8:45 - 9:00 a.m.	Greetings, Welcome, and Overview of the Day	BRITE Room 1050
9:00 - 9:35 a.m.	Motivational/Inspiration Speaker	Kimberlee Hyman, MS, MA Entrepreneur and Proprietor, Strategic Training and Consultant Group; Research Compliance Officer, Campbell University
9:40 - 10:15 a.m.	"Nutrition...Now and Later"	ShLanda Burton, RDN, CDPE Entrepreneur; Proprietor, Births Your Way and Balance by Burton (Nutrition Health and Wellness)
10:15 - 10:25 a.m.	Break	
10:25 - 11:05 a.m.	"Safe Dating in a Digital World"	Shereka Dunston, MSHR Youth Prevention Educator, Durham Crisis Response Center
11:10 - Noon	"Environmental Justice and Climate Change: Building Sustainable Communities"	Beverly Wright, PhD Environmental Justice Scholar, Advocate, Author, Civic Leader, Professor of Sociology; Founder, Deep South Center for Environmental Justice, Dillard University, New Orleans, Louisiana
Noon - 1:00 p.m.	Lunch and Exhibits	
1:15 - 2:30 p.m.	"Opting Out of Hooking Up"	Dorothy Browne, DrPH, MPH, MSW Director, Faculty Development, Academic Affairs, Shaw University; Adjunct Professor, Department of Maternal and Child Health, Gillings School of Global Public Health, The University of North Carolina at Chapel Hill Felicia Browne, MPH, ScD Research Public Health Analyst, RTI International
2:35 - 3:10 p.m.	"Service Learning Project: Community Garden" (Held Under the Small Tent)	Kareemah Abdusamad Certified Master Gardener
3:10 - 3:35 p.m.	Break	
3:35 - 4:00 p.m.	"KemetiC Yoga: The Power of Breathwork and Balance"	Jilene Hope-Spencer Certified KemetiC Yoga Instructor/ Stress Management Consultant
4:10 - 5:00 p.m.	"Understanding and Responding to Human Trafficking" (Held in MTB Room 1111)	Charissa Gray, MSW, MPH Client Services Program Manager, JusticeMatters Inc.
5:10 - 5:30 p.m.	Evaluations / Raffle Prizes / Wrapup	

Except where indicated, all Teen Girls sessions will be held in BRITE Room 1050.

All Day Screenings and Services (10:00 a.m. – 5:00 p.m.)

Health Screening	Room Number	Sponsor
Bone Marrow Registry	Screening Hallway	Be the Match® On Campus, NCCU Chapter
Breast Mammography Screening for Those Who Qualify (pre-event registration required)	OUTSIDE, Concord Street	UNC Healthcare REX Mobile Mammography
Cardiovascular Screening and Cholesterol Testing	Room 1229	Duke Heart Center
Dental Screenings	Room 1223–B	UNC-CH School of Dentistry, UNC-CH Dental Hygiene Program Miriam McIntosh, DDS Vanessa Thomas, DDS Vincent Allison, DDS
Diabetes Screenings	Room 1225	Susan Spratt, MD, Durham Diabetes Coalition, Duke University Health System National Institute of Environmental Health Sciences Durham County Department of Public Health
HIV Screenings	Room 2229	Healing With CAARE, Inc.
HIV Counseling	Room 2238	Healing With CAARE, Inc.
Lung Capacity Testing	Room 1234	National Institute of Environmental Health Sciences
Lung Cancer Screening	Room 1233	Duke Cancer Institute
Organ Donation Registry	Screening Hallway	Community Health Coalition, Inc.
Physician Counseling Services	Room 1206	Durham Diabetes Coalition Duke University Health System
Radon Home Screening and Education	Screening Hallway	NC Department of Health and Human Services NC Division of Health Service Regulation Radiation Protection Section
Thyroid Cancer Screening	Room 1233	Duke Cancer Institute
Vision Screening	Room 1223–A	Thomas Hunter, MD Duke Eye Center Duke Health
Express Checks		
Blood Pressure and Glucose Checks	Screening Hallway	Community Health Coalition, Inc.

Programa de Concienciación Sobre el Día de Salud de las Mujeres

Todas las sesiones en Mary Townes edificio a menos que se indique lo contrario.

Horario	Sesiones	Sala
8:30 a.m.	Registración al Evento	Lobby
Bienvenida y Orador Principal		
8:50 – 10:00 a.m.	"Let's Move (A Movernos)" Jannah Bierens , Health Education Specialist, Certified Fitness Trainer, Durham County Department of Public Health	Sala 1111 y 1221 (rebosar)
	Bienvenida y Presentación de la Maestra de Ceremonias Joan P. Packenham, PhD , Chair, Women's Health Awareness Day 2017 Steering and Planning Committee; Director, Office of Human Research Compliance, Instituto Nacional de las Ciencias de Salud Ambiental	
	Señora de las Ceremonias LuAnn Edmonds-Harris, Assistant Athletic Director for Marketing, North Carolina Central University; Delta Sigma Theta Sorority, Inc.	
	Orador Principal Gayle Harris, MPH, RN , Directora de Salud Pública, Departamento de Salud Pública del Condado de Durham	
	"La Palabra Hablada" Petrina Bryant, BA , Poeta Oradora Motivacional	
10:00 a.m. Exámenes de Salud y Exposiciones Abiertos		
Session A		
10:05 – 10:50 a.m.	Educación para la Salud de la Diabetes "Manejando Exitosamente la Diabetes y la Prevención y Tratamiento de la Enfermedad Renal" Sillas de Sesión: Joan P. Packenham, PhD, y Joyce C. Page, MPH, MSPH Presentadores: Bryan Batch, MD y Kimberley Evans, MD	Sala 1111
	Educación en Salud Cardiovascular "Los Remedios de la Abuela no eran Mala Idea: Métodos Integrales de Salud que Pueden Reducir su Riesgo de Enfermedades del Corazón y el Cáncer" Silla de Sesión: Leatrice Martin, BS, CHES Presentadore: Rushad D. Shroff, MD, FACP	Sala 1221
	Educación en Salud Ambiental "Salud Reproductiva de la Mujer y el Medio Ambiente: Lo que Debe Saber sobre los Fibromas Uterinos, el Embarazo y los Metales" Sillas de Sesión: Darlene Dixon, DVM, PhD, and Alanna Burwell, BS Presentadores: Katrina Avery, MD, Catherine Hoyo, PhD, Wanda Nicholson, MD, MPH, MBA Miembro del Panel: Melody Baldwin, MD, MPH	Sala 2221

Programa de Concienciación Sobre el Día de Salud de las Mujeres

Todas las sesiones en Mary Townes edificio a menos que se indique lo contrario.

Horario	Sesiones	Sala
10:50 – 11:00 a.m.	Receso	
Session B		
11:00 – 11:45 a.m.	Charla de Formación “Su Cerebro Bajo Estrés” Presentadore: Kiara Eily, MD	Sala 1111
	Charla de Formación “Demencia: Llenando el Vacío que Existe” Presentadore: Lisa Gwyther, MSW, LCSW	Sala 1221
	Sesión de Vida Saludable “Guía Básica de Primeros Auxilios para Cualquier Persona” Presentadore: Harold Morcombe	Sala 2235
	Charla de Formación “Dormir para Adelgazar: El Papel Importante del Sueño para el Control de Peso” Presentadore: Jannah Bierens	Sala 2225
	Sesión de Vida Saludable “Line Dancing” como Ejercicio y Diversión Instructor de Fitness: Shawn Jeter, BS	BRITE Building el nicho
	Sesión de Vida Saludable “Jardinería de Contenedores: Pequeño espacio ... Gran rendimiento” Presentadore: Kareemah Abdusamad	Tienda Pequeña en Área Cubierta de hierba entre BRITE Building y Mary Townes Building
11:45 – 11:55 a.m.	Receso	

Programa de Concienciación Sobre el Día de Salud de las Mujeres

Todas las sesiones en Mary Townes edificio a menos que se indique lo contrario.

Horario	Sesiones	Sala
Session C		
11:55 a.m. – 12:40 p.m.	<p>Educación para la Salud de la Diabetes “De los Pies a la Cabeza: Cómo Evitar las Complicaciones de la Diabetes en los Ojos, Dientes y Pies” Sillas de Sesión: Joan P. Packenham, PhD, y Joyce C. Page, MPH, MSPH Presentadores: F. Vincent Allison, III, DDS, PA, Michael Kerzner, DPM, y Jullia Rosdahl, MD, PhD</p>	Sala 1111
	<p>Educación en Salud Cardiovascular “Boca Sana, Corazón Sano: Higiene Dental en la Salud del Cuerpo” Silla de Sesión: Leatrice Martin, BS, CHES Presentadore: Betty King Sutton, DMD, MPH, FAGD</p>	Sala 1221
	<p>Educación en Salud Ambiental “Protección de las Mujeres y los Niños Contra la Exposición a Metales Tóxicos en el Hogar” Silla de Sesión: Neasha Graves, MPA Presentadores: Rebecca Fry, PhD; Lorisa Seibel; and UNC Superfund Research Program (SRP) Graduate Student Trainees</p>	Sala 2221
12:40 – 1:25 p.m.	Lunch	Tienda Grande
	<p>Sesión de Vida Saludable Demostración de Cocina Saludable Presentadore: Cara Jenkins, MPH, RD, LDN, Nutrition Department, Durham County Department of Public Health</p>	Tienda Grande
	<p>Sesión de Vida Saludable Zumba® Instructor de Fitness: Aya and Coleman Lowe Jr.</p>	Sala 2226

Programa de Concienciación Sobre el Día de Salud de las Mujeres

Todas las sesiones en Mary Townes edificio a menos que se indique lo contrario.

Horario	Sesiones	Sala
Session D		
1:25 – 2:10 p.m.	<p>Educación para la Salud del Comportamiento “Dejándonos de Mitos: El Diagnóstico, el Tratamiento y los Servicios de Salud Mental y Abuso de Sustancias” Sillas de Sesión: Deborah Breese, MS, LPC, LCAS, CRC y Michelle J. Edelen, MBA Presentadore: Judith Johnson-Hostler, MA, LCAS</p>	Sala 1111
	<p>Educación para la Salud del Cáncer “Seamos Realistas: ¡Lo que Usted Quiere y Necesita Saber sobre el Cáncer por Arriba de la Cintura!” Silla de Sesión: Nadine J. Barrett, PhD, MA, MS Presentadore: Jennifer L. Garst, MD</p>	Sala 1221
	<p>Educación para la Salud Pulmonar “Respire Bien y Duerma Tranquila: Proteja su Salud Pulmonar en la Vida Cotidiana - Sesión #1: Un Hogar Sano” Silla de Sesión: Stavros Garantziotis, MD Presentadore: Lorisa Seibel</p>	Sala 2225
	<p>Justicia Ambiental Educación Sanitaria “Justicia Ambiental y Cambio Climático: Construcción de Comunidades Sostenibles” Silla de Sesión: Sharon D. Beard, MS Presentadore: Beverly Wright, PhD</p>	Sala 2221
2:10 – 2:20 p.m.	Receso	

Programa de Concienciación Sobre el Día de Salud de las Mujeres

Todas las sesiones en Mary Townes edificio a menos que se indique lo contrario.

Horario	Sesiones	Sala
Session E		
2:20 – 3:05 p.m.	Charla de Formación "Comprender la Obesidad y su Tratamiento" Presentadore: Dana D. Portenier, MD	Sala 1111
	Charla de Formación "Comunidad en Respuesta a Emergencias: "Agarre al Toro por los Cuernos" y Esté Listo Cuando Ocurran las Amenazas" Presentadore: Sharon D. Beard, MS	Sala 1221
	Charla de Formación "Kemeti Yoga: El Poder de la Respiración y el Equilibrio" Presentadore: Jilene Hope-Spencer	Sala 2225
	Charla de Formación "Deténgase y Ámese a SI MISMA: De ser Víctima a tener el Poder" Presentadore: Shirrell L. Thomas	Sala 2226
	Charla de Formación "Virus del Sida (VIH) y del Papiloma Humano (VPH): Lo que toda mujer necesita saber" Presentadore: Annette Carrington Johnson, MS, MCHES	Sala 2235
	Sesión de Vida Saludable Demostración de Cocina Saludable Presentadore: Frank Lloyd, Production Manager, Sodexo	Tienda
3:05 – 3:15 p.m.	Receso	

Programa de Concienciación Sobre el Día de Salud de las Mujeres

Todas las sesiones en Mary Townes edificio a menos que se indique lo contrario.

Horario	Sesiones	Sala
Session F		
3:15 - 4:00 p.m.	Educación para la Salud del Comportamiento "Acabando con el Silencio: Empoderamiento Sexual para las Mujeres" Sillas de Sesión: Tanya M. Bass, MS, CHES, y La Verne M. Reid, PhD, MPH Presentadores: Petrina Bryant, BA; Nakisha T. Floyd, MA, CHES, RHEd; y Catherine Woyee Jones, BSW	Sala 1111
	Educación para la Salud del Cáncer "Seamos Realistas: ¡Lo que Usted Quiere y Necesita Saber sobre el Cáncer por Debajo de la Cintura!" Silla de Sesión: Nadine J. Barrett, PhD, MA, MS Presentadore: Julius M. Wilder, PhD, MD	Sala 1221
	Educación para la Salud Pulmonar "Respire Bien y Duerma Tranquila: Proteja su Salud Pulmonar en la Vida Cotidiana – Sesión #2: ¿Usted tiene apnea del sueño?" Silla de Sesión: Stavros Garantziotis, MD Presentadore: Steven Taxman, PA-C	Sala 2221
	Sesión de Vida Saludable Zumba® Instructor de Fitness: Aya and Coleman Lowe Jr.	BRITE Building el nicho
4:00 – 4:10 p.m.	Receso	
Session G		
4:10 – 4:55 p.m.	Charla de Formación "Qué es y Cómo Reaccionar al Tráfico de Personas" Presentadores: Charissa Gray, MSW, MPH; Nicole Daniels, JD; y Stefani N. Baca-Atlas, MSW	Sala 1111
	Charla de Formación "Planificación Financiera en Tiempos Difíciles" Presentadore: Joyce Reynolds Siler, BA	Sala 2225
	Información de Salud "Enfermedades Autoinmunes y Donación de Órganos" Presentadores: Carmelita Spicer, MEd, George B. Brothers, MD, y Lysandra Castro Marquez, MD	Sala 2226
	Sesión de Vida Saludable "Jardinería de Contenedores: Pequeño espacio ... Gran rendimiento" Presentadore: Kareemah Abdusamad, Certified Master Gardener	Tienda
4:55 – 5:00 p.m.	RIFA Y CIERRE DEL EVENTO	

Servicios y Exámenes de Salud Durante Todo el Día (10:00 a.m. – 5:00 p.m.)

Todas las sesiones en Mary Townes edificio a menos que se indique lo contrario.

Prueba de Detección	Número de Salón	Patrocinador
Registro de Donantes de Médula Ósea	Pasillo de Selección	Be the Match® On Campus, NCCU Chapter
Mamografías para aquellas que calificaron (se pre-registraron antes de la fecha límite)	AFUERA Calle Concord	UNC Healthcare REX Mobile Mammography
Cribado Cardiovascular y Prueba de Colesterol	Sala 1229	Duke Heart Center
Examen Dental	Sala 1223-B	UNC-CH School of Dentistry, UNC-CH Dental Hygiene Program Miriam McIntosh, DDS Vanessa Thomas, DDS Vincent Allison, DDS
Detección de Diabetes	Sala 1225	Susan Spratt, MD, Durham Diabetes Coalition, Duke University Health System National Institute of Environmental Health Sciences Durham County Department of Public Health
Detección de VIH (SIDA)	Sala 2229	Healing With CAARE, Inc.
Asesoramiento sobre el VIH (SIDA)	Sala 2238	Healing With CAARE, Inc.
Pruebas de la Función Pulmonar	Sala 1234	National Institute of Environmental Health Sciences
Detección de Cáncer de Pulmón	Sala 1233	Duke Cancer Institute
Registro para Donación de Órganos	Pasillo de Selección	Community Health Coalition, Inc.
Consultas Médicas	Sala 1206	Durham Diabetes Coalition Duke University Health System
Detección y Educación sobre el Radón en el Hogar	Pasillo de Selección	NC Department of Health and Human Services NC Division of Health Service Regulation Radiation Protection Section
Detección de Cáncer de Tiroides	Sala 1233	Duke Cancer Institute
Examen de la Vista	Sala 1223-A	Thomas Hunter, MD Duke Eye Center Duke Health
Express Checks		
Presión Arterial y Glucosa (Azúcar)	Pasillo de Selección	Community Health Coalition, Inc.



Women's Health Awareness Day 2017

Health Education Sessions

Diabetes Health Education



Session Chairs:

Joan P. Packenham, PhD

Director, Office of Human Research Compliance, Clinical Research Branch, Division of Intramural Research, National Institute of Environmental Health Sciences, NIH, US DHHS

Joyce C. Page, MPH, MSPH

Public Health Education Specialist, Durham County Department of Public Health

"Successfully Managing Diabetes and Preventing and Treating Kidney Disease"

10:05 – 10:50 a.m.: Mary Townes Building, Room 1111

Speakers:

Bryan Batch, MD, Assistant Professor of Medicine, Department of Medicine, Duke University School of Medicine and Staff Physician at the Durham VA Medical Center

Kimberley Evans, MD, Nephrologist, Duke Pulmonary Medicine and Renal, Duke University Medical Center; Assistant Professor of Medicine and Associate Vice Chair for Diversity, Chair, Minority Recruitment & Retention Committee, Department of Medicine, Duke University School of Medicine

"From Head to Toe: Avoiding Diabetic Complications of Your Eyes, Teeth, and Feet"

11:55 am – 12:40 pm: Mary Townes Building, Room 1111

Speakers:

F. Vincent Allison, III, DDS, PA, Proprietor, Allison Family & Cosmetic Dentistry, Durham, NC

Michael Kerzner, DPM, Podiatrist, Duke Wound Management Clinic, Duke Health; Clinical Associate, Duke Orthopaedic Surgery, Duke University School of Medicine

Jullia Rosdahl, MD, PhD, Assistant Professor of Ophthalmology, Duke Ophthalmology, Duke University School of Medicine

Abstract

Managing your diabetes may not be easy, but it is worth it! It is possible to live a full, healthy, and happy life with diabetes. Working with a great team of health providers is key to understanding diabetes and gaining the knowledge to manage the condition and prevent disease complications. Sessions will educate, inspire, and transform common views of diabetes so you are empowered to live well with the disease. Presenters include specialists in dentistry (conditions of the teeth, gums, and oral cavity), endocrinology (conditions related to hormonal imbalance like diabetes, menopause, hypertension), nephrology (conditions of kidney functions), ophthalmology (conditions of the eye) and podiatry (conditions of the foot and ankle).

If you or a loved one are among the 29 million Americans living with diabetes, take time to learn the causes of diabetes complications and how to prevent them. Discover how uncontrolled diabetes impacts every part of your body from head to toe. Leave these sessions knowing that you and your health care team can prevent and treat complications, including amputations, high blood pressure, heart disease, kidney failure, blindness, periodontal disease, and pain.

Our experts are committed to helping patients heal, reduce, or eliminate pain, and improve their quality of life and function, and often they save lives and limbs. They will provide guidance on the long-term management of diabetes and resources to support and maintain a healthy lifestyle. Bring loved ones and be prepared to be transformed about the way you view living with diabetes.

Participants Will Learn

- Receive empowering diabetes education from outstanding experts in the field of diabetes care
- Understand that caring for your body, head to toe, not only can save your life and limbs, but increases health, happiness and well-being for the entire family
- Have an opportunity to ask questions about diabetes from the experts
- Participants will be able to describe why a dilated eye exam is important for people with diabetes
- Participants will be able to list 3 eye diseases associated with diabetes

This session is brought to you by the Duke University School of Medicine, Durham County Department of Public Health, Allison Family & Cosmetic Dentistry, and the National Institute of Environmental Health Sciences.

Cardiovascular Health Education

**Session Chair:****Leatrice Martin, BS, CHES***Director, Duke Heart Center, Community Outreach and Education Program, Duke University School of Medicine*

Cardiovascular disease is a national tragedy in the United States, with heart disease and stroke being the first and third leading killers. More than **610,000** people die of these diseases every year and one in five adults have some form of cardiovascular disease. It is the leading cause of health-related disparities impacting race and gender

“Your Grandmother’s Remedies Were Not a Bad Idea: Integrative Approaches That May Reduce Your Risk for Heart Disease and Cancer”**10:05 – 10:50 a.m.: Mary Townes Building, Room 1221****Speaker:****Rushad D. Shroff, MD, FACP***Geriatrician, Duke Primary Care, Harps Mill Internal Medicine Consulting Associate, Department of Medicine, Duke University School of Medicine***Participants Will Learn**

- Prevention and management of cardiovascular disease and cancer through diet, exercise, and lifestyle modification.
- A practical guide on the dietary links to cardiovascular disease and cancer.
- Suggestions on how to lower the risk of cardiovascular disease and cancer.

“A Healthy Mouth Leads to a Healthy Heart and Other Parts”**11:55 a.m. – 12:40 p.m.: Mary Townes Building, Room 1221****Speaker:****Betty King Sutton, DMD, MPH, FAGD***Dentist and Oral Health Consultant (General Private Practice); Primary Care Provider, FQHC Clinic; Adjunct Professor, Wake Technical Community College***Participants Will Learn**

- Understand the global importance of the systemic implications of oral disease
- Understand the pathophysiology of oral disease (periodontal) and its association with the many medical/chronic/systemic conditions to be discussed
- Understand chemotherapeutic methods for controlling periodontal disease and the technology behind various treatment options
- Understand and execute the proper oral hygiene regimen and methods for preventing oral disease and ultimate prevention of systemic disease

Environmental Health Education



“Women’s Reproductive Health and the Environment: What You Should Know About Uterine Fibroids, Pregnancy, and Metals”
10:05 – 10:50 a.m.: Mary Townes Building, Room 2221

Session Chairs:

Darlene Dixon, DVM, PhD

Head, Molecular Pathogenesis Group, National Toxicology Program Laboratory, Division of the National Toxicology Program, National Institute of Environmental Health Sciences, National Institutes of Health, U.S. Department of Health and Human Services

Alanna Burwell, BS

Post Baccalaureate IRTA, Molecular Pathogenesis Group, National Toxicology Program Laboratory, Division of the National Toxicology Program, National Institute of Environmental Health Sciences, National Institutes of Health, U.S. Department of Health and Human Services

Speakers:

Katrina Avery, MD

Division Chief at Harris & Smith, OB-GYN, and Duke Regional Hospital; Assistant Professor, Department of Obstetrics and Gynecology, Duke University Medical Center; Duke Regional Board of Trustees

Cathrine Hoyo, PhD

Epidemiologist and Associate Professor, Department of Biological Sciences, North Carolina State University

Wanda Nicholson, MD, MPH, MBA

Professor and Director, Diabetes and Obesity Core, Center for Women's Health Research, UNC Hospitals OB/GYN Clinic

Panelist:

Melody Baldwin, MD, MPH

Harris & Smith OB/GYN; Assistant Professor, Department of Obstetrics and Gynecology, Duke University Medical Center

Abstract

This session will offer a wealth of information on uterine fibroids, such as what are fibroids, can they be prevented, risk factors, clinical treatment options, and the signs, symptoms and tools used for diagnosis. In addition, the session will cover the role of the environment and the potential health effects of elevated blood levels of environmental metals found in a local population of pregnant women. Also, outcomes associated with obesity across a woman's reproductive lifespan will be discussed. The session will be open for questions and interactions with the speakers following short presentations.

Participants Will Learn

- About uterine fibroids and what you should know about possible risk factors and prevention of the disease
- Symptoms, diagnosis, and current clinical treatments for symptomatic uterine fibroids
- How environmental factors such as metals can affect health and pregnancy
- Obesity and its impact on women's reproductive health, including effects on offspring and uterine fibroids

Environmental Health Education



"Protecting Women and Children from Toxic Metals Exposure in the Home"
11:55 a.m. – 12:40 p.m.: Mary Townes Building, Room 2221

Session Chair:

Neasha Graves, MPA

Community Outreach and Education Manager, UNC Institute for the Environment

Speakers:

Rebecca C. Fry, PhD

Associate Professor, Department of Environmental Sciences and Engineering, UNC Gillings School of Global Public Health; Director, UNC Superfund Research Program; Director, Graduate Studies, Curriculum in Toxicology; and, Associate Director, Biostatistics T32 Training Grant

Lorisa Seibel

Director, Housing Services, Reinvestment Partners

UNC Superfund Research Program (SRP) Graduate Student Trainees

Rowan Beck, UNC Department of Genetics

Paige Bommarito, UNC Department of Environmental Sciences and Engineering

Samira Brooks, PhD, UNC Department of Environmental Sciences and Engineering

Elizabeth Martin, UNC Department of Environmental Sciences and Engineering

Martha Scott Tomlinson, UNC Department of Environmental Sciences and Engineering

Abstract

During this interactive session, Dr. Rebecca Fry, Director of the UNC Superfund Research Program (SRP), will share the research that shows how the health of women of childbearing age and children can be affected by exposure to toxic metals like arsenic and lead through some hazards in homes. Hands-on learning stations will be set up by UNC SRP graduate trainees to show participants some sources of exposures and steps they can take to reduce exposure to toxic metals. Lorisa Seibel, Reinvestment Partners Director of Housing Services, will highlight local resources for Durham area residents addressing lead as a potential hazard in their homes.

Participants Will Learn

- To understand the effects of exposure to toxic metals through some hazards in homes
- To identify steps that mothers and children can take to protect their health by avoiding exposure to toxic metals
- To identify local and state resources useful in addressing toxic metals in NC homes

Environmental Justice Health Education



**“Environmental Justice and Climate Change: Building Sustainable Communities”
1:25 – 2:10 p.m.: Mary Townes Building, Room 2225**

**Session Chair:
Sharon D. Beard, MS**

Industrial Hygienist, Worker Education and Training Branch, National Institute of Environmental Health Sciences (NIEHS), National Institutes of Health (NIH), U.S. Department of Health of Human Services (DHHS)

Speakers:

Beverly Wright, PhD

Environmental Justice Scholar and Advocate, Author, Civic Leader and Professor of Sociology, the founder of the Deep South Center for Environmental Justice, Dillard University in New Orleans, Louisiana

Abstract

In 1985, the Mississippi River Chemical Corridor, an 85 mile stretch of land along the Mississippi River between New Orleans and Baton Rouge, Louisiana, released 800 million pounds of toxins into the air, water and soil. The people who lived there were convinced that exposure to chemicals emitted from approximately 136 petrochemical plants and six refineries, was the root cause of their illnesses. Many communities that experienced excess cancer mortality and morbidity rates believed that this phenomenon was due to the location of residents' homes within three miles of clusters of Toxics Release Inventory reporting facilities.

This presentation will review the history and plight of these communities in their fight to reduce pollution and exposure.

Participants Will Learn

- Learn strategies for engagement and advocacy
- Introduce tools such as TRI for discovery
- Discuss impacts related to improved health due to community education and engagement

Behavioral Health Education



“Demystifying Behavioral Health: The Diagnosis, Treatment, and Services of Mental Health and Substance Abuse”

1:25 – 2:10 p.m.: Mary Townes Building, Room 1111

Session Chairs:

Deborah Breese, MS, LPC, LCAS, CRC

Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc., Durham Alumnae Delta House, Inc.

Michelle J. Edelen, MBA

Policy Advisor for Community Affairs, Division of Mental Health, Developmental Disabilities and Substance Abuse Services, North Carolina Department of Health and Human Services

Speaker:

Judith Johnson-Hostler, MA, LCAS

Perinatal Substance Abuse Specialist, Alcohol Drug Council of North Carolina

Abstract

Would you like to learn how to help family, friends, or yourself gain a better understanding of mental health needs? Let's have a conversation with a local professional who can help us comprehend why behavioral health care could be taboo in many cultures and how we can make a difference using accurate information and local resources. What are our concerns surrounding the need to engage in treatment? Where can we find help? Who are the helpers? How can stigma result in refusal to follow through with treatment? Why is it important to ask the hard questions and understand our options? Does a mental health or a substance use diagnosis mean that you will be locked away with frequent hospitalizations and life-long medication?

Participants Will Learn

- Recognize stigma and how it is a major contributor in how we address mental health
- Historically explore how mental health and addiction was approached for women in the past
- Discuss how the lack of stable mental health can influence many areas of our lives
- Create a group vision board reiterating the importance of self-care
- Feel empowered to make a difference through questioning, advocating, and self-care

Behavioral Health Education



"Ending the Silent Treatment: Sexual Empowerment for Women"
3:15 – 4:00 p.m.: Mary Townes Building, Room 1111

Session Chair:

Tanya M. Bass, MS, CHES

SouthernSexologist™

*Lead Instructor, Human Sexuality, Department of Public Health Education,
North Carolina Central University*

La Verne M. Reid, PhD

*Professor, Department of Public Health Education, North Carolina
Central University*

Speakers:

Petrina Bryant, BA

International Spoken Word Artist, Motivational Speaker, and Author

Nakisha T. Floyd, MA, CHES, RHEd

Educator, Trainer, and Program Manager, Adjunct Instructor, North Carolina Central University

Catherine Woyee Jones, BSW

Entrepreneur

Abstract

This session will include storytelling, spoken word and discussion on sexual health issues and concerns for women, in particular black women. These discussions include sexual abuse and healing, sexual pleasure, consent and open communication. The session seeks to provide dialogue in the ways to deconstruct traditional teachings and explore ideas of how to create space for educating women on owning and learning about their sexuality. Ending the silent treatment toward sexuality may save lives!

Participants Will Learn

- About the various challenges of surviving and strategies for preventing sexual trauma
- To identify teachable moments for women of various ages to take responsibility for their sexual health, to understand their sexual health options, and to identify sexual health resources

Cancer Health Education

**Session Chair:****Nadine J. Barrett, PhD, MA, MS***Director, Office of Health Equity and Disparities, Duke Cancer Institute**Director, Duke Community Connections Core, Center for Community and Population Health Improvement, Duke CTSA, Faculty, Department of Community and Family Medicine, Duke School of Medicine***“Keeping it Real! What You Want and Need to Know About Cancer Above the Belt!”****1:25 – 2:10 p.m.: Mary Townes Building, Room 1221****Speaker:****Jennifer L. Garst, MD***Chairman, Lung Cancer Initiative of North Carolina; Professor of Medicine, Duke Thoracic Oncology Program; Director of Oncology Clinical Research, Duke Cancer Center Raleigh***Abstract**

Facilitated by a local physician and joined by a variety of women from all generations, this interactive and dynamic session is an open and candid conversation about what you *should and need* to know about cancers that occur from the waist up, and key ways to reduce your risk and promote wholeness and well-being. We will discuss facts and myths associated with cancer risks, screenings, and prevention, such as:

- Should I be screened for cancer? Top 10 cancer screenings — from teenagers to seniors.
- Does stress or alcohol increase my risk for cancer? How much?
- How can I get lung cancer if I don't smoke?
- What is thyroid cancer and how do I know if I am at risk?
- Does my home put me at risk for cancer?
- Should I get genetic testing?
- What can I do to reduce my risk of cancer and when should I start?

Prepare to leave with practical tips on how to reduce your risk for cancer and other chronic diseases, and promote good health and wellness in your in daily life!

Participants Will Learn

- Learn some of the least known facts about cancer and what they mean to you
- Understand the facts and dispel the myths about cancer
- Understand the environmental, genetic, behavioral, and psychosocial factors that increase your risk of getting cancer
- Discover what cancer risks mean for women of all generations
- Assess your cancer risk **and** practical methods to reduce them

Cancer Health Education



Session Chair:

Nadine J. Barrett, PhD, MA, MS

Director, Office of Health Equity and Disparities, Duke Cancer Institute

Director, Duke Community Connections Core, Center for Community and Population Health Improvement, Duke CTSA, Faculty, Department of Community and Family Medicine, Duke School of Medicine

“Keeping it Real! What You Want and Need to Know About Cancer Below the Belt!”

3:15 – 4:00 p.m.: Mary Townes Building, Room 1221

Speaker:

Julius M. Wilder, PhD, MD

Duke Cancer Institute; Medical Instructor, Department of Medicine, Duke University School of Medicine; Lecturer; Department of Sociology, Trinity College of Arts & Sciences; Member, Duke Clinical Research Institute

Abstract

Facilitated by a local physician and joined by a variety of women from all generations, this interactive and dynamic session is an open and candid conversation about what you *should and need* to know about cancers that occur from the waist down, and key ways to reduce your risk and promote wholeness and well-being. We will discuss facts and myths associated with cancer risks, screenings, and prevention, such as:

- Should I be screened for cancer? Top10 cancer screenings — from teenagers to seniors.
- Does stress or alcohol increase my risk for cancer? How much?
- Can women develop colon cancer?
- HPV, cervical cancer, and the vaccine — should I take it and why?
- Does my home put me at risk for cancer?
- Should I get genetic testing?
- What can I do to reduce my risk of cancer and when should I start?

Prepare to leave with practical tips on how to reduce your risk for cancer and other chronic diseases, and promote good health and wellness in your in daily life!

Participants Will Learn

- Learn some of the least known facts about cancer and what they mean to you
- Understand the facts and dispel the myths about cancer
- Understand the environmental, genetic, behavioral, and psychosocial factors that increase your risk of getting cancer
- Discover what cancer risks mean for women of all generations
- Assess your cancer risk **and** practical methods to reduce them

Pulmonary Health Education

**Session Chair:****Stavros Garantziotis, MD**

Medical Director, NIEHS Clinical Research Unit; Principal Investigator, National Institute of Environmental Health Sciences, National Institutes of Health, U.S. Department of Health and Human Services; Adjunct Associate Professor of Medicine, Duke University; and Adjunct Assistant Professor of Medicine, UNC

“Breathe Easy and Sleep Tight: Protect Your Lung Health in Everyday Life (A Healthy Home)”

1:25 – 2:10 p.m.: Mary Townes Building, Room 2221

Speaker:**Lorisa Seibel**

Director of Housing Services, Reinvestment Partners

“Breathe Easy and Sleep Tight: Protect Your Lung Health in Everyday Life (Do You Have Sleep Apnea?)”

3:15 – 4:00 p.m.: Mary Townes Building, Room 2221

Speaker:**Steven Taxman, PA-C**

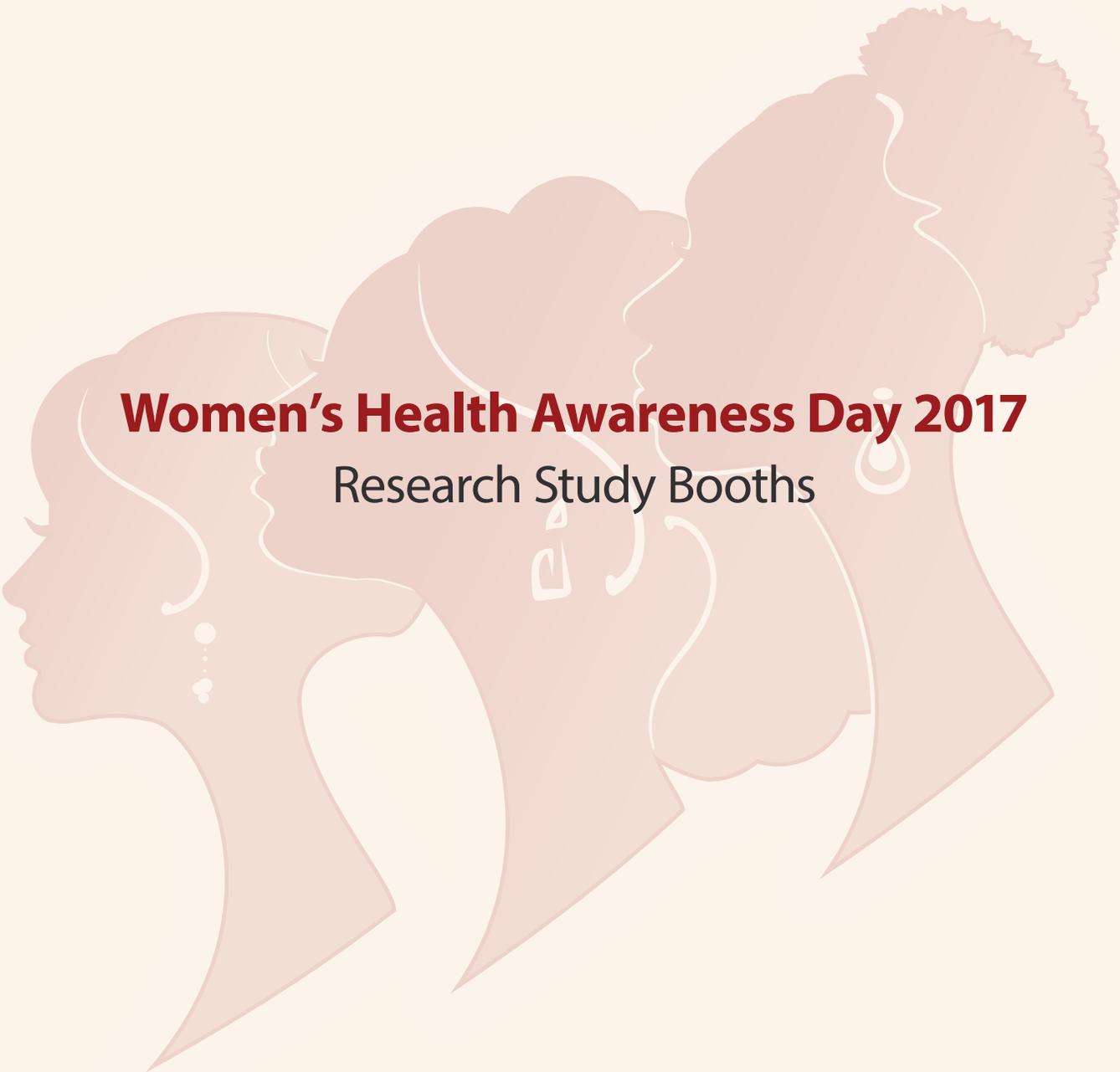
Physician Assistant, Sleep Medicine, Pediatric Allergy and Immunology, Duke Asthma, Allergy, and Airway Center, Duke University School of Medicine

Abstract

These interactive sessions will offer many fun activities and very little dry talk! During this time, we will demonstrate how our environment and our life habits may impact air quality in our homes, and show simple, affordable, practical steps that we can take to improve the air we breathe in our homes. We will also talk about snoring and sleep apnea, how sleep and lung health are closely connected, and suggest tell-tale signs that could alert you that you, or a loved one, has a sleep-related breathing disorder.

Participants Will Learn

- Simple steps that will help clean the air in your home and environment
- Ways to keep yourself and loved ones with asthma safe from asthma flare-ups
- Why snoring may not be just annoying, but a sign of lung disease
- How diet, exercise, and life habits can take our breath away — and what we can do to catch our breath again!



Women's Health Awareness Day 2017

Research Study Booths

Research Study Booths



National Institute of Environmental Health Sciences

The National Institute of Environmental Health Sciences (NIEHS) is located in Research Triangle Park, North Carolina, and is one of the National Institutes of Health (NIH), the nation's premier biomedical research agency. The mission of NIEHS is to reduce the burden of human illness and disability by understanding how the environment influences the development and progression of disease. To help fulfill the mission of NIEHS, a new Clinical Research Unit was opened in 2009.

The NIEHS Clinical Research Branch strives to:

- Translate basic laboratory findings to advances in human health
- Study interactions between genetics and environmental factors in the development of human diseases
- Identify populations at increased risk, and develop novel preventative and therapeutic strategies to combat human diseases
- Protect the rights, welfare, and well-being of human research participants recruited to participate in research conducted or supported by NIEHS

The Clinical Research Unit at NIEHS is currently recruiting for the following ongoing research studies: The Body Weight and Puberty Study, The CaREFREE Study, and The Environmental Polymorphisms Registry.

Body Weight and Puberty Study

Girls grow into women.

Does body weight say when?

Calling all healthy girls, 8-14 years old, who live in and around Raleigh, Durham, or Chapel Hill, North Carolina, to join this important study. We want to find out if body weight affects when a girl starts puberty.

For more information about this study, parents may:



- Call 1-855-MYNIEHS
- Email puberty@nih.gov
- Visit us online at <https://bodyweightandpuberty.niehs.nih.gov>

Lead Researcher: Natalie Shaw, MD, National Institute of Environmental Health Sciences, Research Triangle Park, North Carolina.



Research Study Booths

National Institute of Environmental Health Sciences Clinical Research Program

The CaREFREE Study

Calorie Restriction, Environment, and Fitness: Reproductive Effects Evaluation

This important research will teach us how nutrition, fitness, and the environment affect women's reproductive cycles.

For more information about this study:



- Call 1-855-MYNIIEHS
- Email carefree@nih.gov
- Visit us online at <http://carefree.niehs.nih.gov>

Lead Researcher: Janet E. Hall, MD, National Institute of Environmental Health Sciences, Research Triangle Park, North Carolina.



National Institute of Environmental Health Sciences The Environmental Polymorphisms Registry

The Environmental Polymorphisms Registry (EPR) is a long-term research initiative to collect and store DNA from up to 20,000 North Carolinians in a biobank. These DNA samples will be used to examine risk factors for common health conditions, such as heart disease, cancer, diabetes, asthma, and Alzheimer's disease.

The EPR is designed to help researchers develop new and better ways of diagnosing, preventing and treating common diseases both in individual patients and whole populations.

For general information about the EPR, please contact:



Shepherd H. Schurman, MD, NIEHS, Associate Medical Director, Clinical Research Unit (CRU)

For more information about this study, contact

Polly P. Armsby, 919-287-4509, polly.armsby@nih.gov

Nicole P. Edwards, 919-316-4976, nicole.edwards@nih.gov



Research Study Booths

North Carolina Agricultural and Technical State University Center for Outreach in Alzheimer's Aging and Community Health

Our Mission

The mission of COAACH is to improve the health and well-being of communities by providing education, community empowerment and evidence-based research so that individuals, particularly the most vulnerable, can live life with quality, dignity, and independence.



Center for Outreach in Alzheimer's, Aging and Community Health:

Goldie Byrd, COAACH Founding Director and Professor of Biology,
North Carolina A&T State University, 2105 Yanceyville Street, Greensboro, NC 27405

For more information about this study, contact

Takiyah D. Starks, MS, Clinical Research Coordinator, 336-285-2172, tdstarks@ncat.edu



UNC
THE NORTH CAROLINA
TRANSLATIONAL & CLINICAL
SCIENCES INSTITUTE

The North Carolina Translational and Clinical Sciences (NC TraCS) Institute at The University of North Carolina at Chapel Hill

The integrated hub of the Clinical and Translational Science Awards (CTSA) Program at UNC combines the research strengths, resources, and opportunities of the UNC-Chapel Hill campus, partner institution RTI International (RTI) in the Research Triangle Park (RTP) and planning partner North Carolina Agricultural and Technical State University (N.C. A&T) in Greensboro.

Together we are strategically designed to overcome barriers which historically have been responsible for fragmenting and delaying research efforts. Faculty and staff experts across NC TraCS offer targeted, comprehensive and interdisciplinary solutions to investigators in the area of clinical and translational science, and we serve as the sole, centralized portal through which researchers may gain access to the resources and services.

For more information, contact Steve Maas at 919-966-6022 or by email at maas@unc.edu.

Website: <https://tracs.unc.edu>

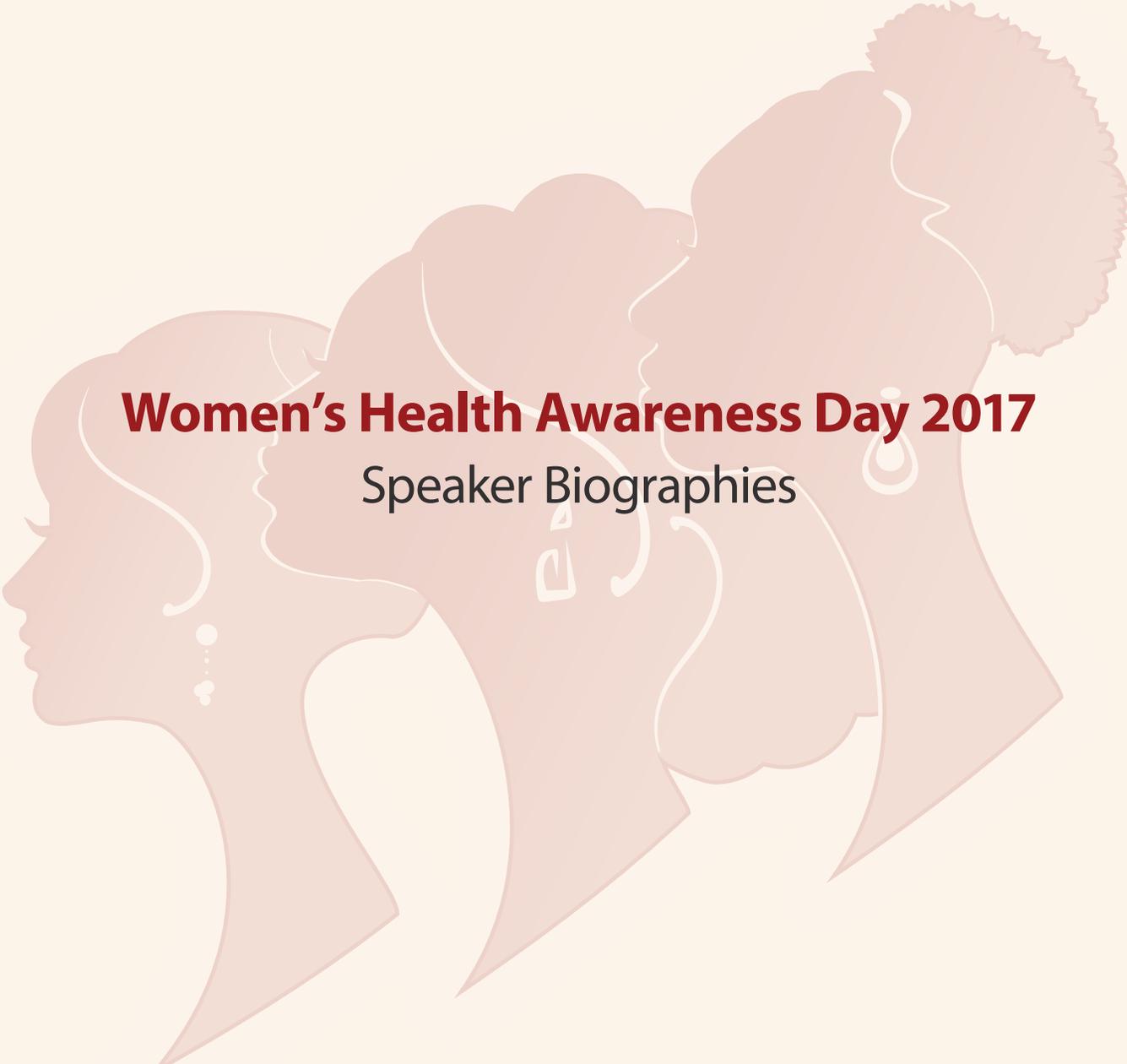
Research Study Booths

Project PLACE (Population Level Approaches to Cancer Elimination)



Funded by The National Cancer Institute (NCI), Project PLACE is a multi-tiered population health assessment at the state, county, systems, and community levels designed to inform short- and long-term strategies to improve cancer outcomes in North Carolina via population health assessments in key regions of our catchment area. The overarching goal of PLACE is to strengthen Duke Cancer Institute's capacity to extend its current community engagement and collaborations infrastructure to include a robust data platform designed to inform a roadmap for strategic research, outreach, and interventions, and to engage in targeted efforts to increase clinical research participation throughout the catchment area. Salient to this venture is both understanding the needs in a given population and aligning the priorities of partnering organizations to build capacity through strategic collaborations to address cancer disparities and improve population health.

For more information about Project PLACE, please call 919-684-0409 or email projectplace@duke.edu.



Women's Health Awareness Day 2017

Speaker Biographies

Speaker Biographies



Kareemah Abdusamad
Certified Master Gardener

Ms. Kareemah Abdusamad initially began her journey into gardening to enhance the well-being of villagers in her adopted home of Senegal, West Africa. She studied the value of gardening to reduce health disparities. In Durham, North Carolina, she has shared her love of gardening with students at East Way Elementary School. Students proudly display items grown in the garden and encourage their families to participate in patio or small space gardening. While homeschooling her five children, gardening served as the foundation for many academic lessons, including math, science, and economics. Currently, her garden provides nearly 40% of the vegetables and herbs used by her family. In addition to gardening, she is a beekeeper and sold honey to finance homeschool adventures. Certified as Master Gardener by the Durham County Department of Agricultural Extension, she works at SEEDS, a local nonprofit organization that educates urban youth about gardening, marketing, and community gardening.



F. Vincent Allison, III, DDS, PA
Proprietor, Allison Family & Cosmetic Dentistry, Durham, NC

Dr. F. Vincent Allison III was born and raised in Durham, North Carolina, where he graduated with honors from Hillside High School. He received his Bachelor of Science degree (Cum Laude) from Morehouse College in Atlanta, Georgia. He then went on to attend The University of North Carolina School of Dentistry in Chapel Hill, North Carolina where he received his Doctor of Dental Surgery degree.

In 2001, Dr. Allison began a private Family & Cosmetic Dental Practice. He is an Adjunct Associate Professor at The University of North Carolina School of Dentistry. He is also an Adjunct Assistant Professor at East Carolina University School of Dental Medicine.

Dr. Allison also serves as Dental Director of the SNDA CAARE's Free Dental Clinic. The SNDA CAARE's Clinic, located in downtown Durham provides free urgent dental care to the uninsured.

Dr. Allison is active in many professional organizations, including the National Dental Association, the American Dental Association, the Old North State Dental Society (currently serving as President), the North Carolina Dental Society, and the Durham Academy of Physicians, Dentists and Pharmacists.

Dr. Allison is married to the former Alma "Terri" Toole and has two sons, Christopher and Bryan.

Speaker Biographies



Katrina Howard Avery, MD

Division Chief, Harris and Smith OB-GYN; Assistant Professor of Obstetrics and Gynecology, Duke Obstetrics & Gynecology, Duke University School of Medicine

Dr. Katrina Avery obtained her Bachelor of Science from The University of North Carolina at Chapel Hill (1982), her Master of Science from North Carolina Central University (1988), her joint Doctor of Medicine (1991) and Master of Public Health (1992) from The University of North Carolina at Chapel Hill (1991), and completed her Medical Residency program in Obstetrics and Gynecology at the Medical College of Georgia School of Medicine (1992-1996).

Dr. Avery joined Harris and Smith OB-GYN in August of 1996. She is the current division chief of Harris and Smith and previously held the position of Director of Ultrasound. Additionally, she is an Assistant Professor of Obstetrics and Gynecology, Duke Obstetrics & Gynecology, Duke University School of Medicine. Dr. Avery serves on the Duke Regional Board of Trustees and is the former Department Chair at Duke Regional from 2012-2014.

Dr. Avery is a member of the following medical societies: Fellow, American College of Obstetricians and Gynecologists, American Medical Association, North Carolina OB-GYN Society, Carter Society, and the American Institute of Ultrasound Medicine (AIUM).

Dr. Avery and her husband, Elbert, have a son, Jonathan.



Stefani N. Baca-Atlas, MSW

Doctoral Student, School of Social Work, University of North Carolina at Chapel Hill; Graduate Research Assistant, Project NO REST

Ms. Stefani Baca-Atlas has training, research, and employment experience in the field of human rights. As a social worker, she was trained in mental health with refugees, immigrants, and asylum seekers and international child welfare. In 2014, she began studying trafficking in persons as an inter-country case manager, and later as a fellow researching commercial sex trafficking of children in Gambia. In Raleigh, North Carolina, Stefani served marginalized and exploited individuals as an anti-human trafficking case manager at Project FIGHT (Freeing Individuals Gripped by Human Trafficking) at the Salvation Army of Wake County. Stefani's current research focuses on labor trafficking in North Carolina.

Speaker Biographies



Nadine J. Barrett, PhD, MA, MS

*Director, Office of Health Equity and Disparities, Duke Cancer Institute
Director, Duke Community Connections Core, Duke CTSA*

Dr. Nadine Barrett is the inaugural director of the Office of Health Equity and Disparities at the Duke Cancer Institute. She is faculty in the Department of Community and Family Medicine's Division of Community Health, and serves as the Director of the Duke CTSA Community Connections Core, Center for Community and Population Health Improvement. She is also a member of the Duke Cancer Control and Population Sciences Program. With more than 15 years of experience engaging diverse health systems and populations, Dr. Barrett has devoted her career to reducing health disparities for disadvantaged and vulnerable populations through community engagement and research. As a Medical Sociologist, Dr. Barrett's expertise can be defined broadly within the context of developing effective community and health system partnerships and collaborations to improve health outcomes, utilizing community and health system assessments to inform strategic priority setting, and program development, implementation, and evaluation. Dr. Barrett has received several awards and honors including the American Sociology Association's Minority Fellowship Doctoral Award, NIH Postdoctoral Fellowship in Health Services Research at The University of North Carolina in Chapel Hill, the MLK Southern Christian Leadership Conference Drum Major for Justice Award, and several awards and recognitions for her community engagement activities in health.



Tanya Bass, MS, CHES

Lead Instructor, Human Sexuality, Department of Public Health Education, North Carolina Central University; SouthernSexologist™

Ms. Tanya Bass is a subject matter expert in the field of health education, HIV/STDs, and reproductive and sexual health. Tanya is the lead instructor for Human Sexuality at North Carolina Central University in the Department of Public Health Education (NCCU DPHE). She is a member of the Women of Color Sexual Health Network (WoCSHN), the Association of Black Sexologist and Clinicians (ABSC), and the American Association of Sexuality Educators, Counselors and Therapists (AASECT). She is a Certified Health Education Specialist (CHES) and enjoys planning professional development events. In 2016, Tanya founded the North Carolina Sexual Health Conference for sexual health professionals of various disciplines. Tanya is a current member of the editorial board for the American Journal of Sexuality Education.

Tanya has a Masters in Health Promotion and Human Sciences and is completing a Masters in Human Sexuality at Widener University, pursuant to a doctorate degree to research issues impacting sexual health equity.



Bryan Courtney Batch, MD MHS

Assistant Professor, Division of Endocrinology, Metabolism and Nutrition, Duke University Medical Center

Dr. Bryan Batch graduated from The University of North Carolina School of Medicine in 2000 and completed her internship, residency and chief residency at Boston University Medical Center in 2004. She started her endocrine fellowship at Duke University in 2004 and, after completing the fellowship, joined the faculty in the Endocrine Division in 2007. She is currently an Assistant Professor of Medicine at Duke University Medical Center and a Staff Physician at the Durham VA Medical Center. Dr. Batch practices general adult endocrinology, but has a special interest in diabetes and obesity. She is passionate about partnering with patients to help them achieve their goals.

Speaker Biographies



Melody Baldwin, MD, MPH

Harris & Smith OB/GYN

Assistant Professor, Department of Obstetrics and Gynecology

Duke University Medical Center

Dr. Baldwin is currently an obstetrician-gynecologist at Harris & Smith OB/GYN within the Duke University Medical Center. She attended medical school at Harvard Medical School and completed the Master of Public Health program at the Harvard School of Public Health. Dr. Baldwin completed her residency training in obstetrics and gynecology at Duke University Medical Center, where she currently serves on the faculty. She lives in Durham with her husband and family.



Sharon D. Beard, MS

Industrial Hygienist, Worker Education and Training Branch, National Institute of

Environmental Health Sciences (NIEHS), National Institutes of Health (NIH), U.S. Department of

Health of Human Services (DHHS)

Ms. Sharon D. Beard is currently an Industrial Hygienist in the Worker Education and Training Branch at the National Institute of Environmental Health Sciences (NIEHS) within the Department of Health of Human Services (DHHS). As an industrial hygienist, Ms. Beard is primarily responsible for coordinating, evaluating, and improving the nationwide worker training program especially in the area of the Environmental Career Worker Training Program (ECWTP) initiative. She works to facilitate and coordinate translational research, education, and training through the NIEHS Partnership for Environmental Public Health (PEPH) Program and environmental justice activities within the DHHS Environmental Justice Strategic Planning Working Group. Beard holds a Master of Science in Environmental Science/Engineering from Tufts University, Medford, Massachusetts, where she received the prestigious Environmental Science and Management Fellowship from the National Urban Fellows, Inc. She also holds a Bachelor of Science degree in Biology with minor in Business from Western Carolina University, North Carolina. In 2013, Mrs. Beard was honored with the prestigious American Public Health Association Lorin Kerr Award from the Occupational Health and Safety Section for her 19 years of leadership establishing high-impact safety and health training programs and her tireless dedication to serving low-income workers in highly hazardous occupations.

Mrs. Beard is also the Emergency Coordinator for the Durham Alumnae Chapter of Delta Sigma Theta Sorority, Inc., and a past Chair of the Durham (North Carolina) City-County Environmental Affairs Board.

Speaker Biographies



Jannah Bierens

Health Education Specialist and Certified Fitness Trainer; Health Education and Community Transformation Division, Health Promotion and Wellness Team, Durham County Department of Public Health

Ms. Jannah Bierens has 15 years of experience working in health promotion and fitness. She received her undergraduate degree in Health Fitness from The University of North Carolina at Charlotte. Her background is heavy in exercise physiology with a special interest in obesity and nutrition education.

For almost 10 years, Jannah has been a Health Education Specialist at the Durham County Department of Public Health, working in Health Promotion and Wellness. More specifically, Jannah focuses on behavior change for overall wellness and chronic disease prevention/management. She also teaches fitness and dance classes, enjoying creative high-energy formats, such as boot camp, core work, intervals, and hip-hop.

Jannah takes pride in practicing what she preaches and motivating others by example. Her job is not just about her career, but it is her passion. She truly believes that you must change your mindset to effectively change your actions, and that each day is an opportunity to be better than you were yesterday. "Whether a size 6 or size 16, our body is an amazingly beautiful gift that works hard for us. We should respect it as such and learn to love it a little more!"



George B. Brothers, Jr., MD

Rheumatologist; Chapel Hill Internal Medicine, UNC Physician's Network/Board of Directors for Carolina Permanente Medical Group, and Chairman/Board of Trustees for Durham County Hospital Corporation

Dr. George Brothers is a rheumatologist in Chapel Hill, North Carolina. He received his medical degree from Tufts University School of Medicine and has been in practice for more than 20 years.

Speaker Biographies



Dorothy C. Browne, DRPH, MPH, MSW

Director, Faculty Development, Academic Affairs, Shaw University; Adjunct Professor, Department of Maternal & Child Health, Gillings School of Global Public Health, The University of North Carolina at Chapel Hill

Dr. Dorothy Browne is a Retired Professor and an Adjunct Professor at the Gillings School of Global Public Health. After receiving her MPH and DrPH from the Harvard School of Public Health (now known as the Harvard T.H. Chan School of Public Health), Dr. Browne assumed the position of Assistant Professor of Maternal and Child Health at the UNC-Chapel Hill School of Public Health (now known as the UNC Gillings School of Global Public Health). While at the UNC-CH School of Public Health, Dr. Browne taught courses and conducted research and program development in the areas of child maltreatment and youth violence and its co-morbidities, child health advocacy and health disparities. In addition, she is one of the co-founders of UNC-CH's Minority Health Project, which sponsors the Annual Webcast on Health Equity. Dr. Browne has also held administrative and research positions at historically black colleges and universities, including Morgan State University in Baltimore, Maryland, and North Carolina A&T State University in Greensboro, North Carolina. Currently, Dr. Browne works with Shaw University in faculty development and consults with other professional development units at colleges and other universities and colleges in the areas of research and program development. Dr. Browne received her BA Degree from Bennett College in Greensboro, North Carolina, and is the mother of twins, Brian and Felicia.



Felicia Browne, MPH, ScD

Research Public Health Analyst, RTI International

Dr. Felicia Browne is a Research Public Health Analyst at RTI International in the Substance Use, Gender and Applied Research program. After receiving her MPH from UNC Gillings School of Global Public Health, she served as a study coordinator/associate project director on several NIH- and CDC-funded HIV behavioral intervention studies involving substance-using populations in the U.S. and South Africa. She completed her Doctor of Science in Social and Behavioral Epidemiology at the Harvard T.H. Chan School of Public Health, and returned to RTI to serve as a Project Director of a NIDA-funded study (PI: Wechsberg) that is adapting and testing delivery methods of an HIV behavioral intervention for young African-American women in North Carolina in clinics. She also serves as Co-Project Director of another NIDA-funded study (PI: Wechsberg) that is adapting and testing an HIV behavioral intervention program in Cape Town, South Africa for 16- to 19-year-old female adolescents who are out of school. She is interested in developing and evaluating community-level HIV behavioral interventions for adolescents and young adults, and understanding and addressing socioeconomic status as it relates to HIV risk. Dr. Felicia Browne received her undergraduate degree, a Bachelor of Science in Psychology, from Davidson College.

Speaker Biographies



Petrina Bryant, BA

Motivational Speaking Poet

International spoken word artist, motivational speaker and author, **Ms. Petrina Bryant** is widely known as Trin-A-Thoughtz. This poet can pierce the human heart, captivate the soul, uplift the spirit, linger in your conscious and leave the audience speechless. But it's not just her poems, it's her passion. She is the founder of PROJECT T.R.A.I.N. (Taking Responsibility and Improving Nations). Thoughtz is deeply committed to her community and the communities around her speaking out on matters such as sexual health, sexual abuse and assault. Realizing that it is important for the overall emotional and physical well-being, she breaks the ice and sets the tone for open dialogue and conversation among our peers. This poet is truly blessed as we are by her rich aroma of words that inspire us all to greater heights. Ms. Bryant has a Bachelor of Arts degree in Mass Communication and is a Spokespoet for the North Carolina NAACP. She collaborates with many community and state organizations, including the African Advocates Against AIDS, the NC Office of Minority Health and Health Disparities, and North Carolina Recovery Support Services.



ShLanda Burton, RDN, CDPE

Entrepreneur; Proprietor, Births Your Way and Balance by Burton (Nutrition Health & Wellness)

Ms. ShLanda Burton is a Licensed and Degreed Nutritionist. She offers customized nutrition education services that cater to families: men, woman, teens and children. She specializes in Personal Nutrition Consultations, Certified Diabetes Peer Education Classes, and Weight Loss Support Groups. She also has a separate business, Births Your Way, where she is a Certified Labor/Birth Doula Coach, providing breastfeeding education and postpartum recovery services. She is Lamaze International Trained in childbirth education.

Ms. Burton has two four-year University Degrees in Food Nutrition and Dietetics. The first degree was completed at The University of North Carolina at Greensboro. Her concentration was in Food/Nutrition Restaurant & Institutional Management. She completed her second degree at North Carolina A&T State University, and received her verification statement from the Academy of Nutrition and Dietetics, formerly called the American Dietetic Association. Ms. Burton has completed several other certifications and continuing education, including a Certified Diabetes Peer Educator. She teaches prevention and management of Prediabetes and Diabetes.

Ms. Burton, spent much of her work history as a Degreed Nutritionist on both the West Coast of California and on the East Coast in North Carolina. She is dedicated to providing quality and affordable nutrition education services to families, helping families have healthy and life changing experiences, and understand their nutritional health educational opportunities.

Speaker Biographies



Lysandra Castro Marquez, BS

Molecular Pathogenesis Group, Division of National Toxicology Program, National Institute of Environmental Health Sciences

Ms. Lysandra Marquez was born and raised in Carolina, Puerto Rico. She received a bachelor of science degree in Cellular and Molecular Biology from the Universidad Metropolitana (UMET) in Puerto Rico. She moved to North Carolina in June 2002 to work as a summer intern at NIEHS. Ms. Marquez has worked as a Biologist at the NIEHS in the Molecular Pathogenesis laboratory under the supervision of Dr. Darlene Dixon since the completion of her summer internship. In 2009, she was diagnosed with systemic lupus, after developing a rash on her face that would not heal. She developed lupus nephritis in 2011, while she was pregnant with her second child. Her child was born prematurely, but healthy; however, her kidneys were severely affected. She was on dialysis for a year and a half, and on April 8, 2013, she had a kidney transplant at Duke Hospital and has been healthy since then.



Nicole Daniels, JD

Staff Attorney, JusticeMatters, Inc.

Ms. Nicole Daniels was born and raised in Athens, Georgia. She is a two-time graduate of The University of North Carolina at Chapel Hill, receiving her BA in Communication Studies and Spanish in 2011 and JD in 2015. In the summers of 2013 and 2015 she spent six weeks in Rwanda and The Hague studying international law and human rights. There she developed a deep passion for human rights law. Since law school, Nicole has continuously focused her efforts on anti-human trafficking work and community development. Nicole is an active member of her church, King's Park International Church, and enjoys serving the city of Durham through various ministries. Currently, Nicole serves as Staff Attorney for JusticeMatters, focusing on anti-human trafficking through providing trauma-informed immigration and family law services. Nicole lives in Durham and in her free time you can find her dancing, singing off-key, and enjoying the city of Durham which she has grown to love almost as much as Chapel Hill.



Shereka Dunston, MSHR

Youth Prevention Educator, Durham Crisis Response Center

Ms. Shereka Dunston is the Youth Prevention Educator for Durham Crisis Response Center (DCRC), an agency whose mission is to work with the community to end domestic and sexual violence through advocacy, education, support and prevention.

In her capacity, Shereka facilitates workshops for local middle and high school youths and their parents about healthy relationships, teen dating violence, and sexual assault. She works alongside allied professionals to reduce the prevalence of youth relationship violence and sexual violence in the Durham community.

Aside from her advocacy work, Shereka is a certified life coach, an empowerment speaker, and the author of "Proceeding from Pain to Purpose: To Embark on Your Destiny Workbook." She graduated from North Carolina Central University with a Bachelor of Arts in Mass Communications and Western Carolina University with a Master of Science in Human Resources. Shereka is currently pursuing a Master of Social Work from the Boston University School of Social Work.

Speaker Biographies



Kiara Eily, MD

Proprietor, Carolina Center for Restorative Medicine

Dr. Kiara Eily is a native of Roxboro, North Carolina. She graduated from Duke University with a degree in Zoology. Dr. Eily received the N C Board of Governors four-year medical scholarship and attended Wake Forest School of Medicine. She completed her Emergency Medicine Residency Training at East Carolina University in 1994.

Dr. Eily joined Durham Emergency Physicians where she provided care at Durham/ Duke Regional hospital for almost 15 years. She received the Duke Family Medicine Teaching Faculty of the Year award in 1997. In 2008 she transitioned to urgent care medicine joining her former Emergency Medicine colleague Dan Phillips, MD, who owns three Medaccess urgent care facilities in the Greater Triangle area. In 2016, Dr. Eily opened Carolina Center for Restorative Medicine in North Raleigh, a functional medicine practice for all ages and conditions with a focus on brain restoration for children and adults from autism to Alzheimer's.

Dr. Eily is an advanced fellow of A-4M anti-aging and Regenerative Medicine and obtained Brain Certification from A-4M. She is a member of the Old North State Medical Society, A-4M, American Academy of Environmental Medicine, American Association of Integrative Medicine/Integrative Pediatrics, International Lyme and Associated Diseases Society, and the North Carolina Integrative Medicine Society.



Kimberley Evans, MD

Nephrologist, Duke Pulmonary Medicine and Renal, Duke University Medical Center; Assistant Professor of Medicine and Associate Vice Chair for Diversity, Chair, Minority Recruitment and Retention Committee, Department of Medicine, Duke University School of Medicine

Dr. Kimberley Evans obtained her Doctor of Medicine (M.D.) from the University of Medicine and Dentistry of New Jersey – New Jersey Medical School (1998). She completed her Residency (Internal Medicine, 1998-2001) and Fellowship (Nephrology, 2001-2003) at Duke University Medical Center. Dr. Evans is Board Certified by the American Board of Internal Medicine in Nephrology.

Speaker Biographies



Nakisha T. Floyd, MA, CHES, RHED

Adjunct Instructor, North Carolina Central University

Ms. Nakisha Floyd is an educator, trainer, and program manager based out of the Raleigh-Durham, North Carolina metro area. She has more than 18 years of professional experience in the field of health education with emphasis in sexuality. Her areas of interest include: adolescent health, women's health, trauma-informed care, and ethnic health and health disparities. Passionate about teaching the next generation of professionals, Nakisha also serves as an adjunct instructor for North Carolina Central University. She holds a Master's (MA) degree in Health Education and Promotion (East Carolina University, 2008), a Bachelor of Science (BS) degree in Health Education (North Carolina Central University, 1998), and a Certificate in Family Life Education (Appalachian State University, 2006). Nakisha is a Certified Health Education Specialist (CHES) and a Registered Health Educator (RHEd), and is currently a doctoral student in the Center for Human Sexuality Studies at Widener University. She is a member of the following organizations: American Association of Sexuality Educators, Counselors, and Therapists (AASECT), Society for the Scientific Study of Sexuality (SSSS), the Association of Black Sexologists and Clinicians (ABSC), and the Women of Color Sexual Health Network (WOCSHN).



Rebecca C. Fry, PhD

Associate Professor, Department of Environmental Sciences and Engineering, UNC Gillings School of Global Public Health; Director, UNC Superfund Research Program; Director, Graduate Studies, Curriculum in Toxicology; and, Associate Director, Biostatistics T32 Training Grant

Dr. Rebecca C. Fry holds a Bachelor of Science (B.S.) degree in Biology (William Smith College, 1995), a Master of Science (M.S.) degree in Biology/Pharmacology (Tulane University, 1997), and a Doctor of Philosophy (Ph.D.) in Biology (Tulane University, 2000). She completed her Post-Doctoral Associate position (2000-2002) and a Research Scientist position (2002-2008) at Massachusetts Institute of Technology.

Dr. Fry's lab focuses on understanding how environmental exposures are associated with human disease with a particular focus on genomic and epigenomic perturbations. Using environmental toxicogenomics and systems biology approaches, the researchers aim to identify key molecular pathways that associate environmental exposure with diseases. A current focus in the lab is to study prenatal exposure to various types of metals including arsenic, cadmium, and lead. Dr. Fry also aims to understand molecular mechanisms by which such early exposures are associated with long-term health effects in humans. For example, she examines DNA methylation profiles in humans exposed to metals during the prenatal period. This research will enable the identification of gene and epigenetic biomarkers of metal exposure. The identified genes can serve as targets for study to unravel potential molecular bases for metal-induced disease. Ultimately, Dr. Fry's lab aims to identify mechanisms of metal-induced disease and the basis for inter-individual disease susceptibility.

Speaker Biographies



Jennifer Garst, MD

Chairman, Lung Cancer Initiative of North Carolina; Professor of Medicine, Duke Thoracic Oncology Program; Director of Oncology Clinical Research, Duke Cancer Center Raleigh

Dr. Jennifer Garst is Director of Oncology Clinical Research, Duke Thoracic Oncology Program at the Duke Raleigh Cancer Center. Dr. Garst attended medical school at the Medical College of Georgia and completed her residency in Medicine at the University of Texas, Southwestern and a fellowship in Hematology and Oncology at Duke University Medical Center. Dr. Garst is one of the founding members of the North Carolina Lung Cancer Partnership (NCLCP), and has served as Board Chairman of the NCLCP since 2007. She lives in Durham with her husband and two children.



Charissa Gray, MSW, MPH

Client Services Program Manager, JusticeMatters, Inc.

Ms. Charissa Gray serves as Client Services Program Manager with JusticeMatters, specializing in trauma informed and holistic service provision, and has experience working in rural, urban, and international settings with domestic and foreign-born children, youth, and adults. Charissa jokes that not only does UNC-CH have all of her loyalty, but also all of her money as she completed her BA in '08 and then returned to complete a MSW and a MPH in 2014. Her work and research with a number of innovative organizations, both domestically and internationally, solidified her commitment to multi-disciplinary collaboration, and it was JusticeMatters' similar commitment that prompted her to join the staff in 2016. Charissa lives in Durham and spends her free time trying to decide on her favorite coffee shop, convincing Duke fans that UNC is superior, and exploring the Eno River whenever she is homesick for the little mountain town where she grew up.



Lisa P. Gwyther, MSW, LCSW

Associate Professor, Duke Department of Psychiatry and Behavioral Sciences; Director, Duke (Alzheimer's) Family Support Program, Duke Center for Aging

Ms. Lisa Gwyther is a social worker with 38 years of experience working with individuals with memory disorders and their families in community and long-term care settings. She founded and directs the Duke Family Support Program, a NC Division of Aging-funded statewide clearinghouse and first responder for any individual, family or care professional with questions about Alzheimer's and related disorders and family care. Ms. Gwyther published more than 150 journal articles, book chapters and books on Alzheimer's care and programs to assist family caregivers. She co-chaired the 2016 North Carolina Institute of Medicine report on Dementia-Capable NC, and she served on a consensus committee 2016 report for the National Academies of Sciences, Engineering, and Medicine on Families Caring for an Aging America.

Ms. Gwyther holds a Bachelor of Arts degree (B.A.) in Psychology (1967) and a Master of Social Work degree (M.S.W., 1969) from Case Western Reserve University.

Speaker Biographies



Gayle B. Harris, MPH, RN

Public Health Director and General Manager for Community Well-Being, Durham County Department of Public Health

Ms. Gayle B. Harris currently serves as the Public Health Director for the Durham County Department of Public Health (appointed in February 2009) and the General Manager for Community Well-Being. With more than 43 years of service at the department, Ms. Harris is involved in various initiatives geared at promoting health to underserved populations. Ms. Harris is committed to the challenge of addressing health disparities and disease prevention at the local level. She earned a BSN from Duke University and an MPH from the University of North Carolina at Chapel Hill. Ms. Harris serves on numerous boards and committees, including Durham County's Strategic Plan Team (Goal 2: Health and Well-Being for All), Mayor's Poverty Reduction Initiative, Durham Community Health Network, Project Access of Durham County Board of Directors (Vice-Chair), Lincoln Community Health Center Board of Directors (Chair of the Nominating Committee), NC Violent Death Reporting System Advisory Board, and YMCA of the Triangle Area, Inc., Durham Board of Directors. Ms. Harris is a member of the North Carolina Association of Local Health Directors, North Carolina Public Health Association, North Carolina Nurses Association, and the American Nurses Association. She was the recipient of the Communities Joined in Action 2014 Grassroots Leaders Award; Senior PharmAssist 2014 Thomas R. Howerton Leadership Award; North Carolina Association of Local Health Directors 2013 Ham Stevens Award for Outstanding Contributions to Local Public Health; Auxiliary of the Durham Academy of Medicine, Dentistry, and Pharmacy 2012 Legacy Award; Duke University School of Nursing 2012 Distinguished Alumna Award; and UNC School of Public Health Alumni Association 1995 Distinguished Alumna Award. She was inducted into Sigma Theta Tau International Honor Society of Nursing in 1990.



Maulin Chris Herring, DM

Executive Director, Institute for Homeland Security and Workforce Development; Criminal Justice Visiting Professor, North Carolina Central University

Dr. Chris Herring has more than 31 years in the public safety field as a practitioner, professor, and consultant. He currently serves as the Executive Director of the Institute for Homeland Security and Workforce Development and as a Criminal Justice Visiting Professor at North Carolina Central University. He has progressed in the public safety field from Public Safety Officer, to Police Sergeant, to Parking Control Coordinator, to Support Services Manager, to Director of the North Carolina Center for Community Policing, to Police Chief. Herring led the development of three certified US Department of Homeland Security Courses: Mgt. 405 Mobilizing Faith-Based Communities in Preparing for Disaster; Mgt. 401 Planning & Intervention for Gangs, Hate & Terrorist Groups in Rural Jails and Prisons; and Mgt. 406 Community Threat Group Identification and Assessment for Rural Law Enforcement Officers. Herring serves as an instructor for Mgt. 405 and Mgt. 406.

For more than 27 years, Dr. Herring has taught at the college level in the disciplines of homeland security, fire services management, criminal justice, public administration, and sociology. He has served as an independent consultant, providing training to numerous communities and law enforcement agencies throughout the United States. He earned a B.A. Degree in Political Science and holds Masters Degrees in Public Administration, Sociology, Human Services, and Divinity. Herring completed requirements for the Doctor of Ministry degree at Apex School of Theology in December 2014.

Speaker Biographies



Jilene Hope-Spencer

Certified Kemetic Yoga Instructor / Stress Management Consultant

For 10 years, **Ms. Jilene Hope-Spencer** navigated the corporate world as a Technical project manager. After the birth of her first child, she stepped away to re-establish internal balance and invest in her spiritual wellness. This journey led her to the west end of Jamaica where she trained under Master Instructor, Yirser Ra Hotep, in the ancient art of Kemetic Yoga. The experience empowered her to shed the emotional burden of corporate life and re-align her life's unique path without fear. Today, with iron roots, she pushes this ripple of positive intentions outward to the world. One breath at a time...



Cathrine Hoyo, PhD

Epidemiologist and Associate Professor, Department of Biological Sciences, North Carolina State University; Co-leader, Integrative Health Science Facility Core, Center for Human Health and the Environment

Dr. Cathrine Hoyo's research has the overarching goal of improving our understanding of how early development influences risk of common chronic diseases, especially those that exhibit racial/ethnic differences in incidence and/or mortality, including cardiometabolic diseases and some cancers. To accomplish this, her research program has taken a two-pronged approach: i) develop and continue to follow a cohort of newborns to identify stable epigenetic targets that are acquired early and are mitotically heritable and are associated with known risk factors for early obesity, as such markers can serve as risk markers, and (ii) conduct population-based case control studies to determine whether identified epigenetic targets are associated with risk of these obesity-related chronic diseases in adulthood. She is serving as the PI responsible for the development and maintenance of the Newborn Epigenetics Study (NEST), a birth cohort following children currently ages 3-5 years.

Dr. Hoyo, a native of Zimbabwe, obtained her Bachelor's degree from the University of Sierra Leone, Njala College; a Master's degree from UC Berkeley; and a PhD from The University of North Carolina at Chapel Hill in 1998. Her postdoctoral fellowship was at UNC Lilongwe, Malawi under the supervision of Irving Hoffman and Myron Cohen. Her first faculty appointment was at North Carolina Central University, an historically black college in Durham, North Carolina, where she spent two years. She then joined the faculty at Duke University, School of Medicine, where she spent nearly 10 years in the Department of Community and Family Medicine, and another two years in the Department of Obstetrics and Gynecology, Division of Epidemiology, before joining North Carolina State University.

Speaker Biographies



Kimberlee Hyman, MS, MA

Entrepreneur and Proprietor, Strategic Training & Consultant Group; Research Compliance Officer, Campbell University

Ms. Kimberlee Hyman is a Southern Baptist-reared country girl who believes in the underdog and the power that comes from within. A trained Public Health Educator who is passionate about community and adolescent health. Kimberlee has been the director of peer education programs, Adolescent Health Clinic, and for the past 12 years a consultant to university nonprofits and state agencies to improve health outcomes. In 2013, she founded Strategic Training & Consultant Group, Inc., which provides direct service, technical assistance and training on community engagement and organizational development. In addition, she currently serves as the Research Compliance Officer at Campbell University in Buies Creek, North Carolina. Kimberlee is an avid learner, having her Bachelor's degree in Public Health from UNC Greensboro, a Master's degree in Human Science from North Carolina Central University, and a Master's degree in Health Education from East Carolina University. Despite all of her degrees and certifications, her proudest accomplishment is being the mother of Taylor and Trevor, and the loudest soccer mom in Johnston County.



Shawn Jeter, BS

Technical Information Specialist, National Toxicology Program, NIEHS

Ms. Shawn Jeter was raised in Durham, North Carolina. She is a graduate of North Carolina A&T State University. Since 1996, Shawn has held the position of group fitness instructor at numerous gyms and health clubs in the Durham area. She is currently an instructor at the YMCA of the Triangle. She has taught line dancing since 2010 for various private, corporate, and public venues. She is a member of the Durham Alumnae Chapter of Delta Sigma Theta Sorority, Inc.

Annette Carrington Johnson, MS, MCHES

Program Manager, Durham County Department of Public Health

Ms. Annette Carrington Johnson has more than 25 years with local government and 16 years of academia. She is the Program Manager for Communicable Diseases and Maternal Child Health Team in the Health Education Division. She manages the teen pregnancy prevention programs, school health education, OB/parenting education, communicable diseases, and many outreach and evidence-based programs for residents of Durham County. Ms. Carrington Johnson supervises a team of seven health educators and works closely with many dedicated volunteers, students, and community partners.

Speaker Biographies



Judith Johnson-Hostler, MA, LCAS

Perinatal Substance Abuse Specialist, State of North Carolina's Perinatal Substance Use Project; Alcohol Drug Council of North Carolina

Ms. Judith Johnson-Hostler is a master's level clinician who has worked in the field of addiction for more than 20 years. She is currently a student at North Carolina Central University where she is obtaining her second master's degree. She obtained her bachelor's degree from Thomas Edison State University (Trenton, New Jersey) and holds a Master's degree in Psychological Counseling from Monmouth University (Long Branch, New Jersey).

Presently, Judith is employed at the Alcohol Drug Council of North Carolina as the Coordinator for the state's Perinatal Substance Use Project. She is responsible for providing training and care coordination for women seeking residential treatment and serves as a consultant to both the NC Division of Public Health/Women's Branch of Raleigh and the Division of Mental Health/Development Disability/Substance Abuse Services in the Addictions & Management Operation Section. The current focus of her work is addressing the opioid epidemic, focusing on pregnancy and women with children with a substance use diagnosis and the importance of integrated care coordination.



Catherine Woyee Jones, BSW

Entrepreneur and Humanitarian

Ms. Catherine Jones was born and raised in Liberia, but moved to the US just before the Liberian Civil War. She holds a bachelor's degree from NC Central University, a historically black college, and has worked in the field of Social Work and Public Policy to help other women achieve their goals. Because she so passionately believes in empowering other women, Catherine struck out on her own in the late 2000s so she could focus full-time on helping young girls pursue STEM education because STEM is critical to children's emotional development, creative development, critical thinking and problem solving skills. She is passionate about the importance of female peer-to-peer mentoring in STEM at the middle school, high school, college and post-graduate levels because mentorship helps students work on basic skills, leadership and career goals, while building relationships and having fun in the process. Catherine is involved in a variety of leadership and public service/advocacy positions, including serving as the Director of Social Innovation for the Boat People SOS, working as the Vice President of the Parent Advisory Board at the Apex High School Academy of Information Technology, and serving several terms as the President of the Parent Teacher Association. Catherine is also the author of *Beyond The Scale; Changing The Risk of Obesity within a generation* and *Monrovia's Daughter; An Empowering Ode to Immigrant Women*. You can follow Catherine on Instagram @catwoyee.

Speaker Biographies

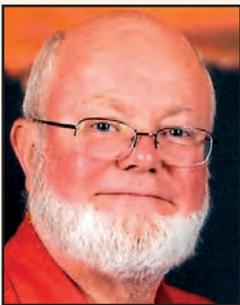


Michael Steven Kerzner, DPM

Podiatrist, Duke Wound Management Clinic, Duke Health; Clinical Associate, Duke Orthopaedic Surgery, Duke University School of Medicine

Dr. Michael Kerzner's research centers around helping patients with foot and ankle deformities due to trauma, diabetes, arthritis, and other musculoskeletal conditions. He studies the causes and treatments of chronic wounds, skin and bone healing, tendon and ligament injury and repair. He has been the lead investigator on numerous clinical studies examining the use of advanced, biologically active products, for non-healing wounds and severe deformities, that can avoid limb amputation. Through the course of his research, Dr. Kerzner's team has developed several new treatment options, with the hope that these products will lead to healthier, longer lives for his patients.

Dr. Kerzner obtained his Doctor of Podiatric Medicine (D.P.M.) from Temple University School of Podiatric Medicine (1989) and completed his Residency in Podiatry (1991) at Temple University.



Harold Morcombe

Proprietor, Health and Safety Consultants of N.C.

Mr. Harold Morcombe is the owner of Health and Safety Consultants of N.C. He trains both novice and professional responders in First Aid and CPR/AED. His company also offers babysitter training, blood borne pathogens training, and oxygen administration training. Health and Safety Consultants of N.C. has been in business serving the public since 2008 and services all of the southeastern United States.



Wanda K. Nicholson, MD, MPH, MBA

Professor and Director, Diabetes and Obesity Core, Center for Women's Health Research, UNC Hospitals OB/GYN Clinic

Dr. Wanda K. Nicholson is an Obstetrics/Gynecology Specialist in Chapel Hill, North Carolina. She graduated with honors from University of North Carolina at Chapel Hill School of Medicine in 1990. Having more than 27 years of diverse experiences, especially in obstetrics/gynecology, Dr. Nicholson affiliates with The University of North Carolina Hospital, and cooperates with other doctors and specialists in medical groups at the University of North Carolina at Chapel Hill.

Dr. Nicholson obtained her Doctor of Medicine (M.D., 1990) and completed her Residency (1994) at The University of North Carolina at Chapel Hill School of Medicine. She completed the Robert Wood Johnson Clinical Scholars Program-Epidemiology/Health Services Research at the University of California, San Francisco (1996). Additionally, Dr. Nicholson obtained her Master of Public Health in Epidemiology (M.P.H., 1996) from the University of California, Berkeley, and her Master of Business Administration in Medical Management (M.B.A., 2005) from Johns Hopkins University.

Speaker Biographies



Dana D. Portenier, MD

Chief, Division of Metabolic and Weight Loss Surgery, Co-Director, Minimally Invasive and Bariatric Surgery Fellowship, Assistant Professor of Surgery, Duke Surgery, Duke University School of Medicine

Dr. Dana Portenier completed medical school at the Medical University of South Carolina in Charleston, South Carolina. He completed a general surgery residency at Providence Hospital in Detroit, Michigan. During training he received the Charles G. Johnston Excellence in Research Award by the Detroit Surgical Society. He also received the General Surgery Resident of the Year Award in 2003 and 2004. Dr. Portenier trained in upper gastrointestinal surgery as a traveling Hepato-Pancreatico-Biliary Fellow, completing rotations at Mayo Clinic (Minnesota), Memorial Sloan-Kettering Cancer Center (New York), and Saint James University Hospital, Leeds (England). In 2006, Dr. Portenier completed an Advanced fellowship in Laparoscopic and Bariatric Surgery at Duke University. Upon completion of his Fellowship he was asked to join the division as an attending physician. He was promoted in 2015 to Division Chief of Duke Weight Loss Surgery.

Dr. Portenier's clinical interests include: minimally invasive approaches to upper gastrointestinal surgery for diseases of the esophagus, stomach, liver, pancreas, adrenal glands, spleen, small bowel, and colon; complicated revision of the foregut and bariatric surgery; developing new techniques in the field of single-incision; and weight loss surgery.



Jullia A. Rosdahl, MD, PhD

Glaucoma Specialist, Ophthalmologist, Duke Eye Center; Assistant Professor of Ophthalmology, Duke Ophthalmology, Duke University School of Medicine

Dr. Jullia Rosdahl is a board-certified ophthalmologist at the Duke Eye Center. She specializes in the medical and surgical management of glaucoma, a blinding eye disease of the optic nerve. In addition to her clinical practice, she teaches medical students and residents, and has a research program focused on enhancing self-management of glaucoma through patient education and health coaching. She is an active member of the Planning Committee of the National Eye Health Education Program, a program established by the National Eye Institute to help educate healthcare professionals and the community about eye disease. In her spare time, she is a Girl Scout leader and visits national parks.



Lorisa Seibel

Director, Housing Services, Reinvestment Partners

Ms. Lorisa Seibel leads Reinvestment Partners Healthy Homes and Lead Poisoning Prevention Program to help families keep their homes safe and advocate for healthy communities. In addition to training health care providers, contractors, and residents on lead and healthy homes, she manages the Home Buyer Education Program. Prior to Reinvestment Partners, Lorisa worked with the Durham Affordable Housing Coalition as a Community Organizer from 1996 – 2011, and served as Interim Executive Director in 2008 and 2011. Lorisa was an elected member of Durham City Council from 1991-1995.

Speaker Biographies



Rushad D. Shroff, MD, FACP

Geriatric Medicine Specialist, Internal Medicine Doctor, Primary Care Doctor

Dr. Rushad Shroff is an internist and geriatrician. He cares for adults 18 years of age and older, including the elderly. He is also fellowship trained in integrative medicine, with more than 15 years of clinical experience in inpatient and outpatient settings. He is committed to providing evidence-based, efficient, comprehensive and individualized care for his patients. His approach is patient-centered, proactive and holistic. He is open to considering safe, evidence-based conventional and alternative modalities in the care of his patients. He feels privileged and grateful for the opportunity to serve his patients as their primary care physician. He decided to join the medical profession to serve and make a difference in people's lives. On a personal note, Dr. Shroff enjoys spending time with his wife and children. In his free time he likes to read, write, listen to music and exercise.



Joyce Reynolds Siler, BA

Proprietor, Joyce's Specialties

Joyce Reynolds Siler is the founder and President of Joyce's Specialties, a firm that specializes in promotional products, awards, business incentive gifts, and fundraising items. By using promotional products, the company has developed creative marketing solutions to raise brand awareness, improve employee morale, and increase the bottom line for clients. Joyce's Specialties provides a combination of high quality products and high quality service at affordable pricing, which has cultivated a client base that extends throughout the United States.

She previously served as the Executive Director of the Women's Business Center of North Carolina, which is a partnership program between the North Carolina Institute of Minority Economic Development, Inc. (NCIMED) and the U.S. Small Business Administration (SBA).

She has many awards, including the 2012 Class of Enterprising Women, the National Council of Negro Women (Durham Section), Bethune Recognition Award of Outstanding Community Business Service, and the 2011 MWBE Advocate Award from Greater Raleigh Minority Enterprise Development.

She gives back to the community in a number of ways. She is an active Member of Delta Sigma Theta Sorority, Inc., and serves on boards and committees.

Speaker Biographies



Carmelita Spicer, MEd

Director of Programs and Marketing, Community Health Coalition, Inc. (CHC)

For more than 30 years, **Ms. Carmelita Spicer** has been actively involved in senior management positions in the areas of marketing, advertising and health promotions in corporate America, higher education, nonprofits, and in her own business

Currently, she serves as director of programs and marketing for Community Health Coalition, Inc. (CHC) in Durham, a nonprofit dedicated to reducing health disparities and obtaining health equity for the underserved. Some responsibilities include maintaining website; creating advertising campaigns; planning, directing and evaluating healthcare events and programs, such as organ donation registration and education on the myths and realities; diabetes self-management education workshops; alcohol and substance abuse education for youth; hypertension education programs and Health Tips, a monthly newsletter.

Spicer holds a Master's in Education from Rutgers University in New Brunswick, NJ and several certifications in marketing, health education and evidence-based training in breast health, diabetes and chronic disease management.



Betty King Sutton, DMD, MPH, FAGD

General Private Practitioner/Raleigh; Oral Health Consultant/Colgate; Primary care provider at local FQHC clinic on a limited basis (LCHC); Adjunct Professor at Wake Technical CC Dental

Dr. Betty Sutton served as a Medicaid Liaison for the "Into the Mouths of Babes" (IMB) Initiative, a federally-funded preventive Medicaid dental demonstration project for children birth to age 3. Additionally, she has served as the Medicaid Dental Director, Division of Medical Assistance, Department of Health and Human Resources, State of North Carolina.

Dr. Sutton received the "Outstanding Woman in the Sciences Award" from Bennett College (1998), a Meritorious Services Award from North Carolina Dental Society (1985), and "Dentist of the Year" from Old North State Dental Society (1984).



Shirrell L. Thomas

Community Outreach Coordinator, Durham Crisis Response Center

Ms. Shirrell Thomas is a native New Yorker, but calls North Carolina home. Her mother and father are from NC and she has lived here for 30 years. She is the proud mother of two sons and grandmother of eight grandsons. Her passion is her love for travel, which evolved during her work as an Eastern Airlines Flight Attendant for 25 years. Ms. Thomas' favorite Scripture is, King James Version, Micah 6:8, "He hath shewed thee, O man, what is good; and what doth the Lord require of thee, but to do justly, and to love mercy, and to walk humbly with thy God."

Speaker Biographies



Steven Taxman, PA-C

Physician Assistant, Sleep Medicine, Pediatric Allergy and Immunology, Duke Asthma, Allergy, and Airway Center, Duke University School of Medicine

Mr. Steve Taxman graduated from the Physician Assistant Program at Duke in 1997 and has been practicing as a PA at Duke ever since. Having previously worked in positions in both cardiology and primary care, he has a broad base of medical knowledge. Since March of 2014, Steve has been working with Dr. Ambrose Chiang at the pulmonary sleep clinic at the Duke Asthma, Allergy, and Airway Center, predominantly caring for individuals with sleep apnea and insomnia. He also sees patients at the Duke Pulmonary Rehab Center and lectures on COPD and pulmonary medications. Since 2006, Steve has lectured Duke PA students on a wide variety of medical topics. On the side, Steve has two jazz radio programs at 90.7 WNCU, where he has been happily spinning CDs for more than 12 years.



Julius Middleton Wilder, MD, PhD

Gastroenterologist and Transplant Hepatologist, Duke Division of Gastroenterology; Medical Instructor, Department of Medicine, Duke University School of Medicine; Lecturer, Sociology; Member, Duke Clinical Research Institute

Dr. Julius Wilder obtained the first MD, PhD in medical sociology at Duke University. Following medical school and graduate school he completed a residency in internal medicine at Duke. At the end of his residency, Dr. Wilder completed a fellowship in gastroenterology and an advanced transplant hepatology fellowship. He is boarded in internal medicine, gastroenterology, and advanced hepatology and transplant. He has a faculty appointment in the Duke School of Medicine, the Duke Clinical Research Institute, and the Duke Department of Sociology.

Dr. Wilder's research and training focuses on how fundamental causes of disease like race, gender, education, and wealth contribute to adverse health outcomes and health disparities. He aspires to identify and understand these fundamental causes of disease through research in hopes of identifying mechanisms to address and circumvent these barriers to care within the fields of gastroenterology and transplant hepatology. His pursuit of academic medicine stems from a hope to not only provide medical care to communities in need, but to perform research that will help address those social conditions that adversely impact health within these communities. Dr. Wilder has numerous publications and has won numerous awards for research. He is currently the Principal Investigator (PI) or Co-PI on multiple clinical trials in gastroenterology and hepatology. His clinical duties include working as a gastroenterologist/hepatologist at Duke University and Duke Regional Hospitals. He also has a hepatology (liver disease) outpatient clinic.

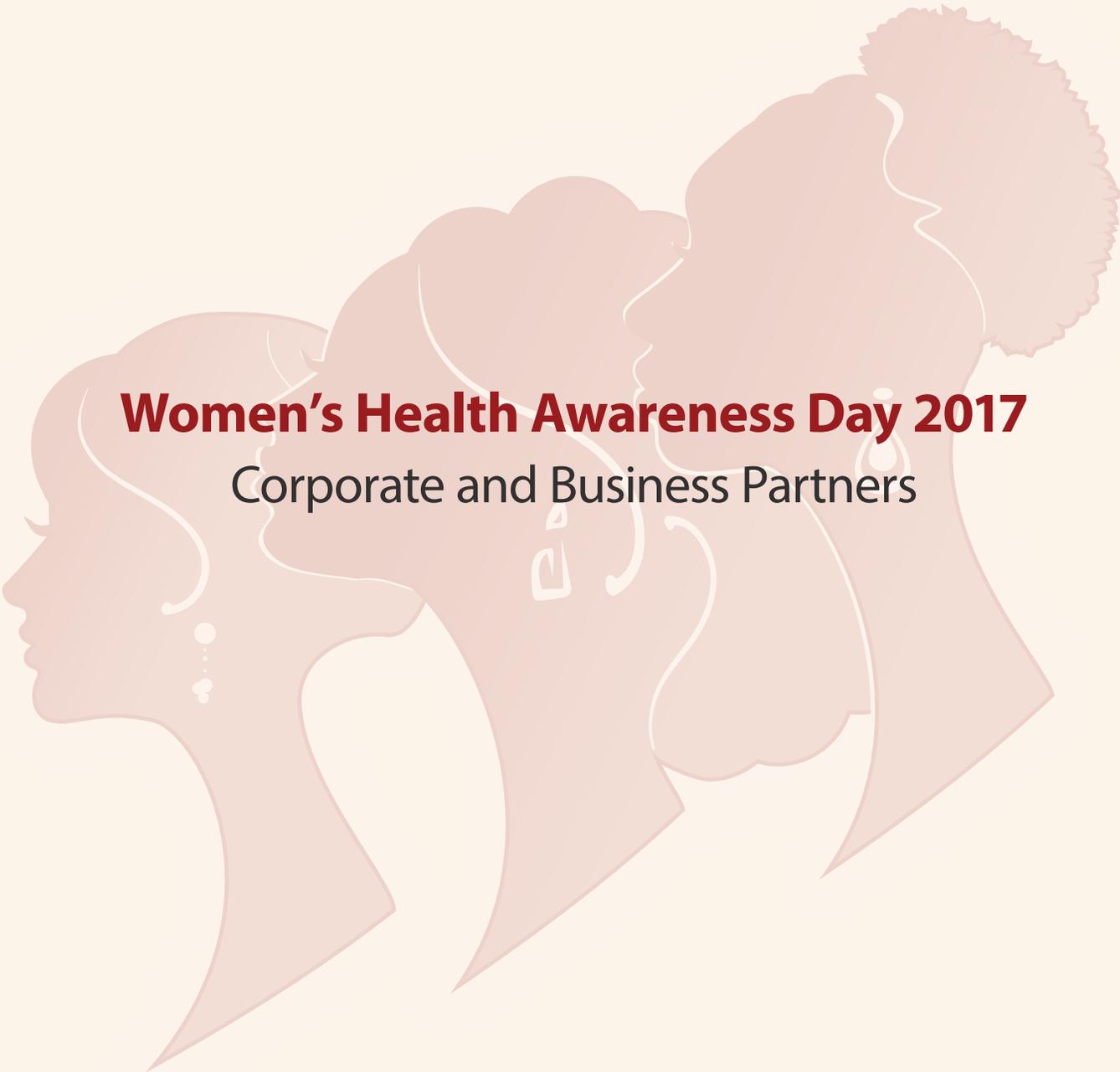
Speaker Biographies



Beverly L. Wright, PhD

Environmental Justice Scholar, Advocate, Author, Civic Leader, Professor of Sociology; Founder, Deep South Center for Environmental Justice, Dillard University

Dr. Beverly L. Wright, environmental justice scholar and advocate, author, civic leader and professor of Sociology, is the founder of the Deep South Center for Environmental Justice currently at Dillard University in New Orleans, Louisiana. The Center addresses environmental and health inequities along the Mississippi River Chemical Corridor and is a community/university partnership organization providing education, training and job placement for underserved populations in environmental justice communities within the United States. Dr. Wright has taken her work to many corners of the United States and the world as the struggle for environmental justice is a national as well as global issue. Much of her current work is focused largely on research and policy efforts, community advocacy and sustainability, as well as the education and mobilization of historically black colleges and universities students and faculty in collaborative partnerships with Environmental Justice and climate-impacted communities. Dr. Wright continues to serve as a strong voice in the grassroots environmental and climate justice movement.



Women's Health Awareness Day 2017

Corporate and Business Partners





Corporate Partner

A Special **"THANK YOU"** to **Duke Health**
for their generous contribution to the Women's Health Awareness Day



Women's Health Awareness Day 2017

We support you.

Duke Hospital System proudly supports all women—our mothers, daughters, sisters and friends for the critical role they play in the health and wellness of our community.





Corporate Partner

**A Special "THANK YOU" to AHRP, Inc.
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At AHRP, Inc., we strive to offer the best protections for human research subjects, while ensuring that clinical investigators and their research staff are not overburdened. Our clients include pharmaceutical and biotechnology firms, academic organizations, and government agencies. We are proud to support Women's Health Awareness Day, which, by offering research education to attendees and access to ethical research studies, provides excellence in protecting potential research subjects.



Corporate Partner

**A Special "THANK YOU" to Blue Cross and Blue Shield of NC
for their generous contribution to the Women's Health Awareness Day**



Blue Cross and Blue Shield of North Carolina proudly supports Women's Health Awareness Day 2017, and women living with diabetes. We are dedicated to supporting the health needs of women in our communities and understand the unique challenges you face as you "let nothing stop you" from living the life you want to live. By providing educational resources and helpful care services, we are committed to promoting healthy lifestyles among women throughout North Carolina.

Learn more at:

www.LivingWithDiabetesNC.com





Corporate Partner

**A Special "THANK YOU" to Duke Cancer Institute
for their generous contribution to the Women's Health Awareness Day**



Duke Cancer Institute thanks our community partners

Duke Cancer Institute is proud to serve as a Corporate Partner for the 2017 Women's Health Awareness Day Cancer Track. Our community partnerships are critically important to us and we are committed to providing cancer outreach, education, screenings and valuable services to those in our communities.

To find out more about these services, please call our office at 919-684-0409 or visit DukeCancerDisparities.org.



Corporate Partner

**A Special "THANK YOU" to Duke Heart Center
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Caring for the Hearts of Women

Duke Heart Center supports the women of our community—on Women's Health Awareness Day and every day. Our researchers and care providers are dedicated to better understanding women's unique heart-health needs, providing expert care and offering guidance in leading healthy lifestyles.



Corporate Partner

A Special "THANK YOU" to The Triangle Park Chapter of The Links, Inc. for their generous contribution to the Women's Health Awareness Day

"My mission in life is not merely to survive, but to thrive."

- Maya Angelou



The Triangle Park Chapter of The Links, Incorporated
proudly supports
Women's Health Awareness Day



The Links, Incorporated, through its Health and Human Services facet, promotes and facilitates programs that support the maintenance of good health and the elimination of chronic health disparities in communities of color through education, health advocacy, and optimal utilization of health resources. Community education about health risks is crucial and the Triangle Park Chapter plays a significant role in providing it.

Building a Healthy Legacy:
Our Prescription for the Future



www.triangleparklinks.org

Business Partners

**"THANK YOU" to our Business Partner Vera Bradley
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Vera Bradley



Vera Bradley at the Street at Southpoint
Store Manager: April
The Streets at Southpoint,
6910 Fayetteville Rd, Durham, NC 27713
Telephone: 919-248-4044

Women's health and well-being is important to Vera Bradley. We greatly support the Women's Health Awareness Day Initiative and the women of the Triangle.

**"THANK YOU" to our Local Business Partners
for your support and generous contributions**

	Organization	Contact Information
	Aetna	Contact Information: 1-800-US-AETNA
	Athleta	Telephone: 919-850-0905 6520 Meridien Drive Suite 132 Raleigh, NC 27616
	By Donna	Gift Baskets – Florals – Weddings Email: bydonna@frontier.com Telephone: 919-686-0219, Cell: 919-622-2508 Forestview Heights Durham, NC Contact: Donna M. Parker, Owner / Designer
	Coastal Federal Credit Union	Telephone: 919-420-8000 3125 Shannon Rd, Durham, NC 27707
	Doncaster	East Gate Shopping Center 1800 E. Franklin St, Chapel Hill, NC 27514 Contact: Cathy Steed
	Home Depot	Home Depot (Durham #3620) Telephone: 919-419-0208 3701 Mt. Moriah Road, Durham, NC 27707 Store Manager: Jonathan P.
	Just Your Style	Telephone: 919-286-5597 717 Broad St., Durham, NC 27705 http://www.just-your-style.com Proprietor: Kim

Business Partners

	Organization	Contact Information
	L'Occitane	Telephone: 919-484-2890 6910 Fayetteville Road, Durham, NC 27713 Store Manager: Angelique Nelson
	Sephora	Telephone: 919-544-4905 6910 Fayetteville Rd, Durham, NC 27713 Store Manager: Anika
	Studio 1212 Therapeutic Massage	Proprietor: NancyLee Spears, LMBT Telephone: 919-451-3555

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Women's Health Awareness Day 2017

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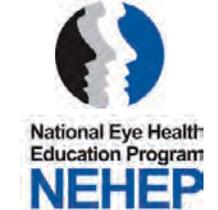
Exhibitors and Community Partners

	Organization	Contact Information	Exhibitor
	2 Cups Green Tea Hawaii and doTERRA	Contact: Angie Ceroli Telephone: 919-656-0963 Email: angceroli@gmail.com	★
	Alliance Behavioral Healthcare	Telephone: 919-651-8401 4600 Emperor Blvd, Durham, NC 27703	★
	American Heart Association American Stroke Association	Contact: Linda King, MPA Director, Community and Multi-Cultural Health Telephone: 919-463-8352 Email: linda.king@heart.org Mid-Atlantic Affiliate – Health Strategies 3131 RDU Center Drive, Suite 100, Morrisville, NC 27560	★
	American Diabetes Association	Contact: Erica Hall, BS Associate Director, Community Health Strategies Telephone: 1-800-DIABETES (800-342-2383) 2418 Blue Ridge Rd. Ste 206, Raleigh, NC 27607	★
	Arbonne	Independent Distributor: Cheryl Godwin Telephone: 919-539-3633 Email: cgodwin.envp@gmail.com www.godwinintl.myarbonne.com 3117 Waterford Ridge Lane, Wake Forest, NC 27587	★
	Be the Match® on Campus North Carolina Central University	Campus Advisor: Seronda Robinson, PhD Chair/Associate Professor, Public Health Education Telephone: 919-530-7965 North Carolina Central University 1801 Fayetteville Street, 138 Miller-Morgan Building Durham, NC 27707	★
	Blacks in Government	Raleigh-Durham Chapter P.O. Box 13173 Durham, NC 27709-3173	
	Bridges Pointe Sickle Cell Agency	Contact: Elaine Whitworth Telephone: 919-450-5683 800 N. Mangum St., Suite 103, Durham, NC 27701	★
	Bryan Alzheimer's Disease Research Center	Contact: Henry Edmonds Telephone: 919-668-2676 2200 W. Main Street, Suite A-200, Durham, NC 27705	★
	Community Health Coalition, Inc.	Telephone: 919-470-8680 Email: healthcoali@gmail.com http://www.chealthc.org/ 407 Crutchfield Street, Durham, NC 27704	★
	Duke Center for Smoking Cessation	Telephone: 919-668-5055 Email: smoking@duke.edu 2424 Erwin Rd, Ste 201, Durham, NC 27705	★

Exhibitors and Community Partners

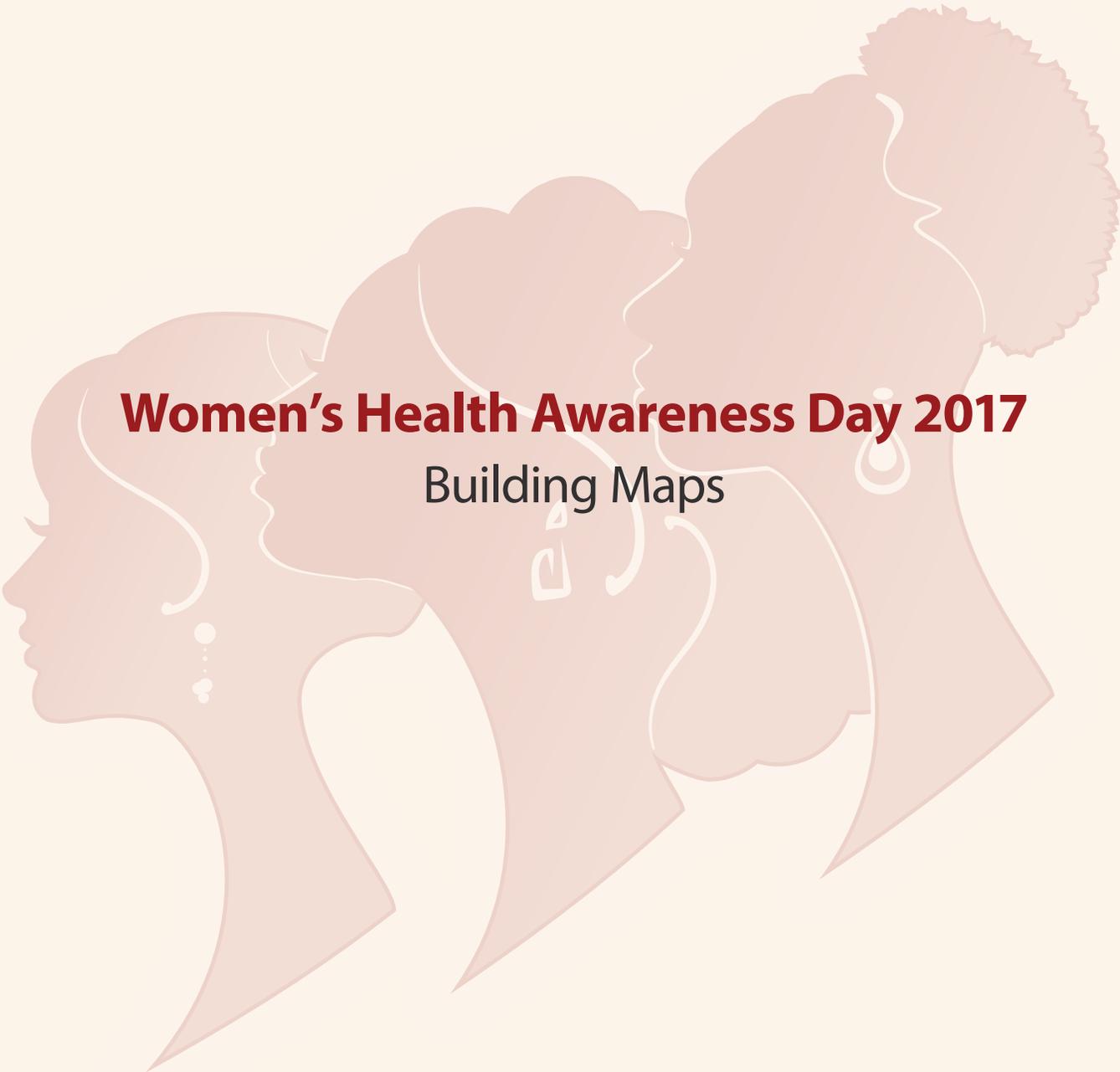
	Organization	Contact Information	Exhibitor
	Durham County Department of Public Health	DINE Team: Kim Barrier, MPH, RD, LDN Telephone: 919-560-7852 Email: kbarrier@dconc.gov Cara Jenkins, MPH, RD, LDN Telephone: 919-560-7855 Email: csjenkins@dconc.gov	★
	Durham Crisis Response Center	Contact: Aurelia Sands Belle, Executive Director Telephone: 919-403-9425 206 N. Dillard Street, Durham, NC 27701	★
	Durham Diabetes Coalition Duke University Health System	Contact: Susan Spratt, MD Telephone: 919-668-5360 Email: susan.spratt@duke.edu	
	Durham Extension Master Gardeners	Master Gardener Volunteers Durham County Extension Service Telephone: 919-560-0528 Email: mastergardener@dconc.gov https://durhammastergardeners.wordpress.com/ 721 Foster Street, Durham, NC 27701	
	Durham Technical Community College	Contact: Sara Juarez, M.A., CHI (TM) Director of Interpretation / Translation Programs Telephone: 919-536-7200 ext. 3232 Email: juarezs@durhamtech.edu 1637 Lawson St., Durham, NC 27703	
	Durham VA Medical Center Women Veteran's Comprehensive Health Center	Contact: Joan Galbraith, MSN, RN, NP Telephone: 919-286-0411, Ext. 5229 Email: joan.galbraith@va.gov 508 Fulton Street, Durham, NC 27705	★
	Harris and Smith OB-GYN/Duke Health	Telephone: 919-471-1573 Email: info@harrissmith.com 4116 Capitol St., Durham, NC 27704	★
	Healing With CAARE, Inc.	Contact: Stephanie Riley Telephone: 919-683-5300 Email: info@caare-inc.org http://caareinc.org/ 214 Broadway Street, Durham, NC 27701	★
	Hope for Hair With Elegance	Contact: Tangie Warren Owens Telephone: 919-806-8300 or 919-824-6393 Email: hopeforhair2009@gmail.com 2223 E. NC 54, Suite K, Durham, NC 27713	★
	Lakewood Hair Quarters & Retail, Inc.	Proprietor: Elaine Cardin, Telephone: 919-489-0066 Operator: Lisa Harris, Telephone: 919-698-3160 Operator: Angelia Schoefield, Telephone: 919-699-6419 2716 Chapel Hill Rd., Durham, NC 27707	

Exhibitors and Community Partners

	Organization	Contact Information	Exhibitor
	Mt. Level Missionary Baptist Church	Telephone: 919-477-3893 316 Hebron Rd., Durham, NC 27704	
	Durham Chapter of The National Epicureans, Inc.	Email: webmaster@nationalepicureans.com http://www.nationalepicureans.com	
	National Eye Institute, National Eye Health Education Program/ Duke University School of Medicine Duke Ophthalmology	Contact: Julia Rosdahl, MD, PhD Assistant Professor, Ophthalmology-General Telephone: 919-684-8850 FAX: 919-681-8267 Email: jullia.rosdahl@duke.edu Duke Eye Center, 2351 Erwin Road, Durham, NC 27705	★
	NC 10% Campaign	Contact: Jovia Ochieng Telephone: 919-599-4655 Email: info@nc10percent.com Campus Box 7609, NC State University, Raleigh, NC 27607	★
	NC Department of Health and Human Services NC Division of Public Health	<i>Immunization Branch</i> Contact: Sandy R. Allen Telephone: 919-707-5550, Email: sandy.allen@dhhs.nc.gov 5601 Six Forks Rd., Raleigh, NC 27609 <i>Children & Youth Branch</i> Contact: Norma Marti Telephone: 919-707-5600, Email: norma.marti@dhhs.nc.gov 5601 Six Forks Rd., Raleigh, N.C. 27609 <i>Sickle Cell Program, Women's Health Branch</i> Contact: Sandra Boyd Telephone: 919-707-5705, Email: sandra.boyd@dhhs.nc.gov 5601 Six Forks Rd., Raleigh, N.C. 27609	★
	NC Department of Health and Human Services North Carolina Radon Program	NC Division of Health Service Regulation Radiation Protection Section Telephone: 828-712-0972 http://www.ncradon.org 1645 Mail Service Center, Raleigh NC 27699-1645	★
	NC Drug Card	Contact: Britni Manners Telephone: 931-721-6292 Email: bmanners@northcarolinadrugcard.com	★
	North Carolina Central University Department of Student Health and Counseling	Contact: Ruth Gilliam Phillips, DPM Executive Director Telephone: 919-530-5102 1801 Fayetteville Street, Durham, NC 27707	

Exhibitors and Community Partners

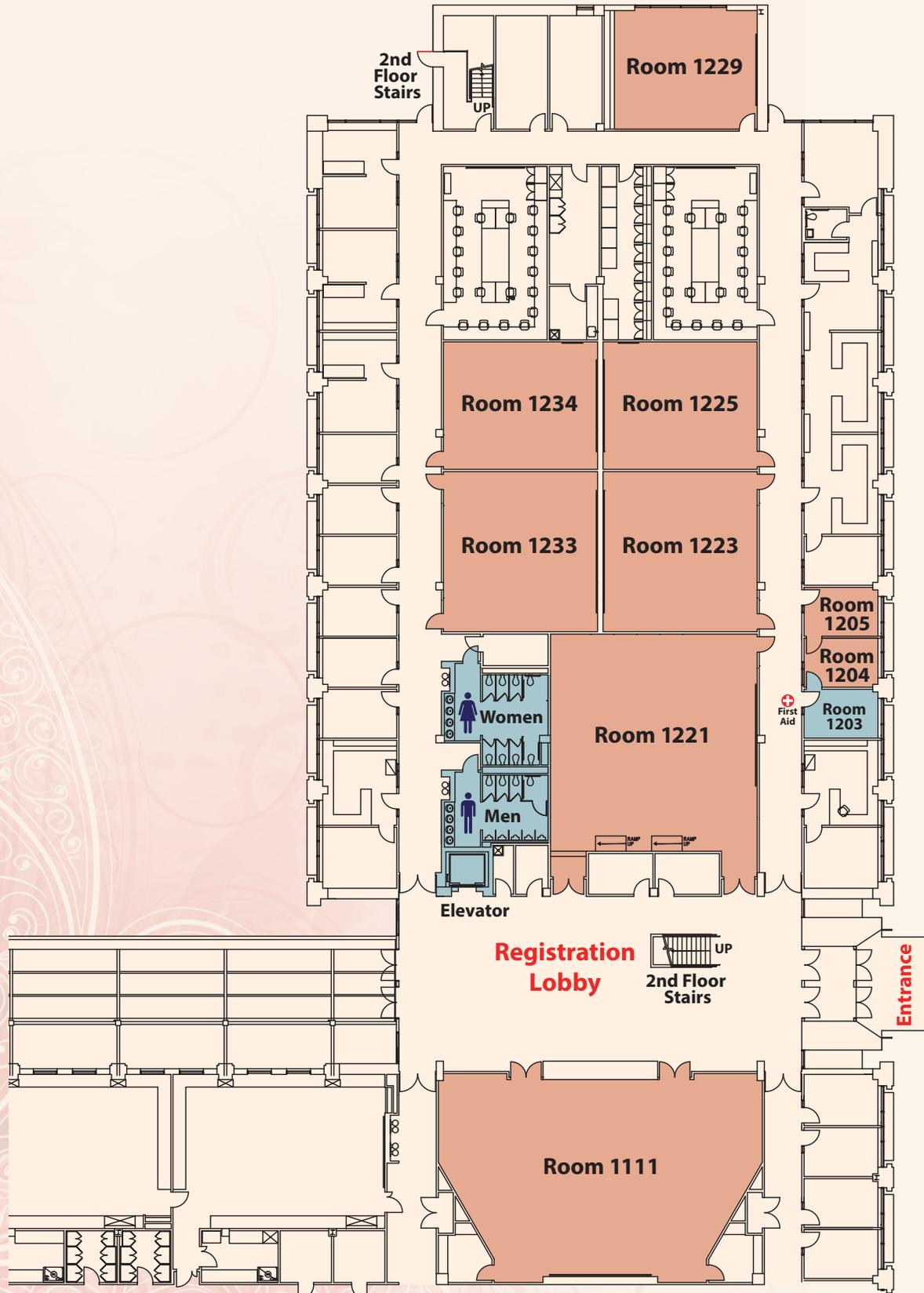
	Organization	Contact Information	Exhibitor
	<p>Office of Human Research Compliance, National Institute of Environmental Health Sciences</p> <p><i>Helping to protect the rights, welfare and well-being of human research participants recruited to participate in research conducted or supported by NIEHS.</i></p>	<p>Joan P. Packenham, PhD Director, Office of Human Research Compliance Vice-Chair, NIEHS IRB National Institute of Environmental Health Sciences National Institutes of Health, US DHHS P.O. Box 12233, MD CR-02 Research Triangle Park, NC 2709 Direct Office Line: (919) 541-0766 Administrative Line: (919) 541-7817</p>	★
	<p>Pi Chapter of Chi Eta Phi Sorority, Inc. Professional Nursing Organization</p>	<p>Contact: Wyvonia Perry, BSN, RN Telephone: 919-471-5246 PO Box 61085, Durham, NC 27712 http://www.chietaphi.com</p>	
	<p>Project Access of Durham: Health Equipment Loan Program</p>	<p>Contact: Anne Drennan Telephone: 919-470-7281 Email: help@projectaccessdurham.org 407 Crutchfield St., Durham, NC 27704</p>	★
	<p>Shankle Sound</p>	<p>Proprietor: Andrew Shankle Telephone: 919-818-5158 Email: shankle@mindspring.com</p>	
	<p>Sisters Network of Triangle NC</p>	<p>Contact: Valarie Worthy Telephone: 919-490-1571 Email: trianglenc@sistersnetworkinc.org P.O. Box 51592, Durham, NC 27717-1592</p>	★
	<p>UNC REX Healthcare REX Breast Care Center REX Breast Care Specialists</p>	<p>Contact: Wendy Avery, Diagnostic Clinical Coordinator UNC REX Healthcare Email: Wendy.Avery@unchealth.unc.edu Telephone: 919-784-4210 3100 Duraleigh Road, Suite 204, Raleigh, NC 27612</p>	
	<p>The University of North Carolina, Chapel Hill School of Dentistry</p>	<p>UNC-CH Student National Dental Society Telephone: 919-537-3737 https://www.dentistry.unc.edu 101 Manning Drive, Chapel Hill, NC 27514</p>	
	<p>The University of North Carolina, Chapel Hill School of Dentistry Dental Hygiene Program</p>	<p>Contact: Shannon Mitchell RDH, MS, Clinical Associate Professor Director, Dental Hygiene Programs Telephone: 919-537-3464 Email: shannon_mitchell@unc.edu UNC School Of Dentistry 3221 First Dental Building CB# 7450 Chapel Hill, North Carolina 27599</p>	★
	<p>Veritas Collaborative</p>	<p>Telephone: 919-908-9740 Email: info@veritascollaborative.com http://www.veritascollaborative.com 4024 Stirrup Creek Drive, Durham, NC 27703</p>	★
	<p>Vitamin Shoppe</p>	<p>Telephone: 919-572-1754 http://www.vitaminshoppe.com 6917 Fayetteville Road, Durham, NC 27713</p>	★
	<p>Volunteer Doula Program, UNC Birth Partners, NC Women's Hospital</p>	<p>Telephone: 984-974-8882 Email: info@ncealthywoman.org http://www.ncealthywoman.org 101 Manning Drive, CB# 7600, Chapel Hill, NC 27514</p>	★



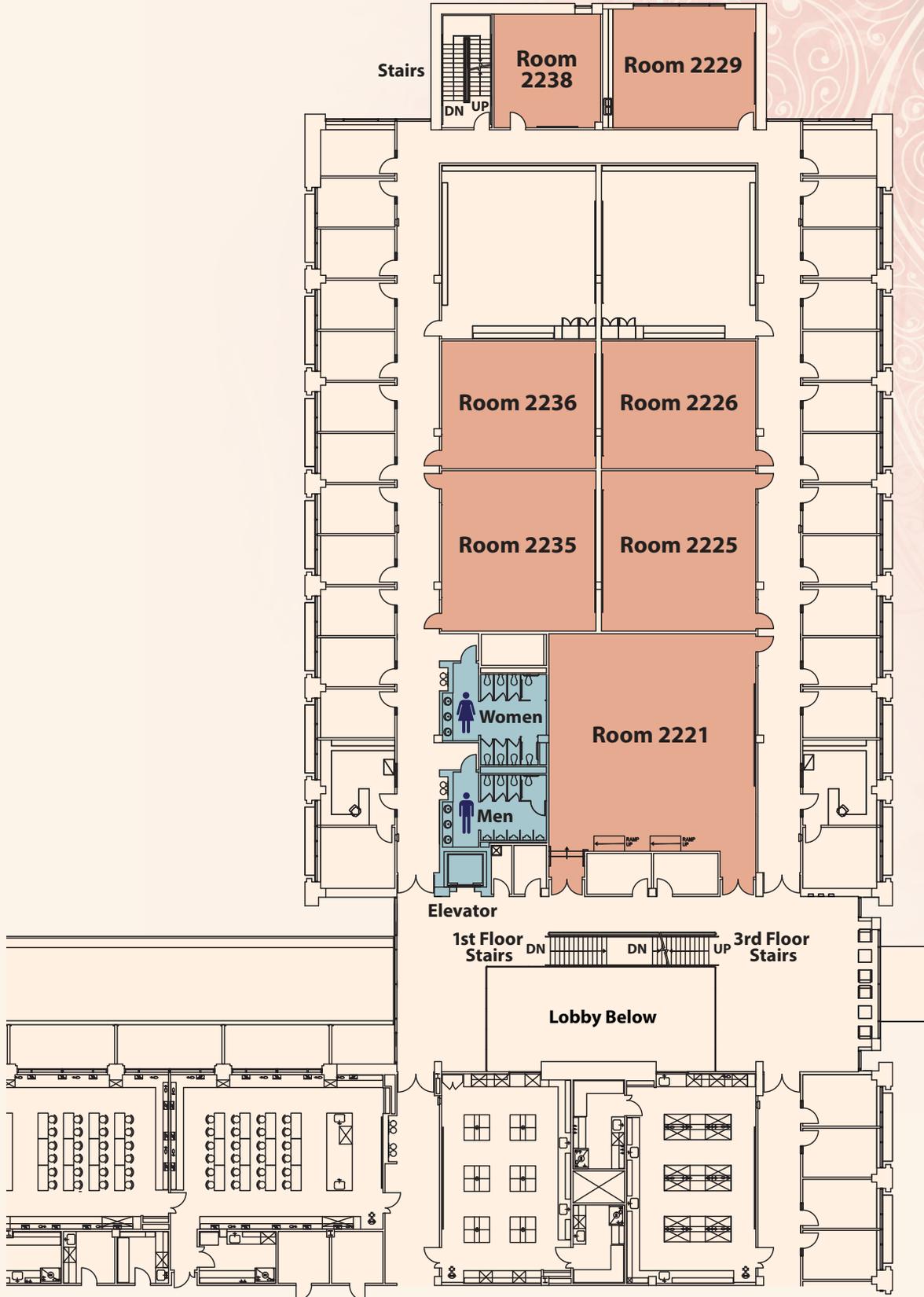
Women's Health Awareness Day 2017

Building Maps

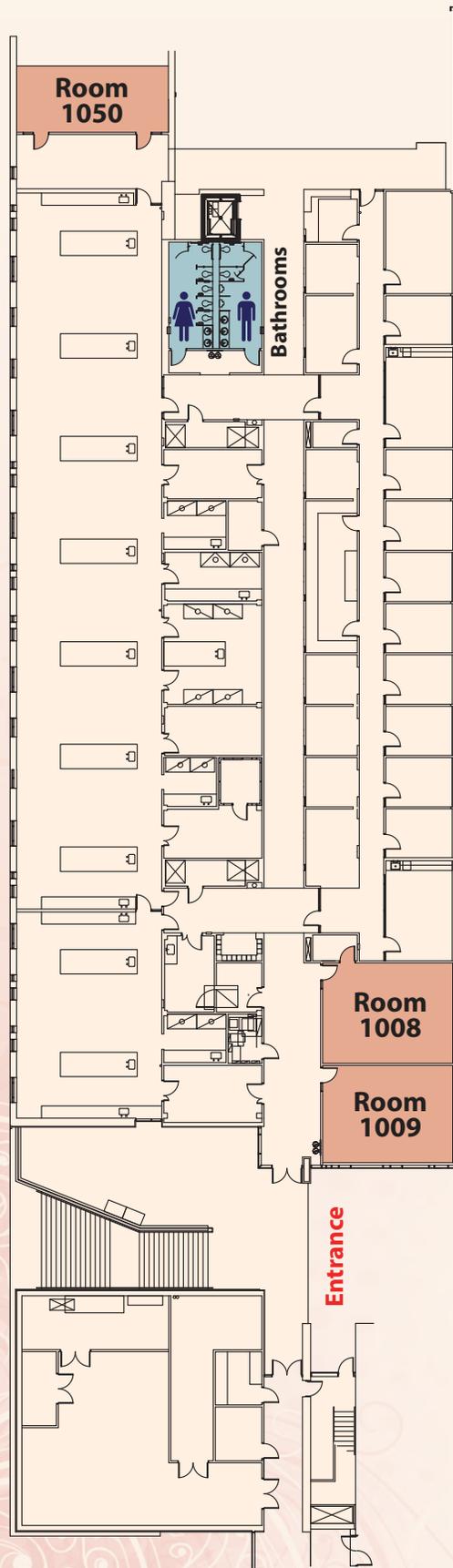
Mary Townes Science Building - 1st Floor Map -



Mary Townes Science Building - 2nd Floor Map -



BRITE Building



Women's Health Awareness Day 2017
Transforming Communities by Enhancing Women's Health

North Carolina Central University
Mary Townes Science Building
1900 Concord Street, Durham, NC 27707