Resources
To Support the Supervisor and the Distressed Trainee

NATIONAL INSTITUTES OF HEALTH

OFCD  984-287-3651  niehs.nih.gov/careers/research/fellows
- Career Services
- Educational Advising

SUPERVISOR SUPPORT
Consultation to support quality mentorship and resolve workplace issues, resource clearinghouse

TRAINEE SUPPORT
Career exploration, interpersonal skills development, cultural adaptation, mentor/mentee relationships, resource clearinghouse, navigating difficult situations

OITE  301-496-2427  training.nih.gov
- Career Services
- Educational Counseling & Advising

SUPERVISOR SUPPORT
Consultation and training to support quality mentorship and resolve workplace issues

TRAINEE SUPPORT
Graduate/professional school advising, career exploration, wellness programs, interpersonal skills development, cultural adaptation, mentor/mentee relationships

EAP  301-496-3164  ors.od.nih.gov/sr/dohs/EAP
- Mental Health Professionals
- Confidential
- Voluntary

SUPERVISOR SUPPORT
Supervisory consultation, crisis intervention, assistance referring trainees to EAP

TRAINEE SUPPORT
Free short-term counseling with a licensed therapist, crisis intervention, community resources & referral

Civil  301-402-4845  https://civilworkplace.nih.gov
- NIH Human Resources
- Anonymous reports

SUPERVISOR SUPPORT
Consultation to mitigate workplace difficulties, including harassment (sexual/non-sexual), inappropriate, uncivil, and other disruptive behavior impacting the workplace

TRAINEE SUPPORT
Resource for harassment (sexual/non-sexual), inappropriate, uncivil, and other disruptive behavior

Ombudsman  301-594-7231  ombudsman.nih.gov
- Consultation
- Coaching
- Mediation
- Facilitation

SUPERVISOR SUPPORT
Coaching and conflict resolution design and implementation, confidential discussion of personal and interpersonal issues, identify work-related problems, policy and procedures concerns

TRAINEE SUPPORT
Neutral, fully confidential, independent resource, coaching, problem-solving; schedule phone consultation or meet in-person during quarterly visits to NIEHS

Civil Program

Civil Harassment Hotline: 833-224-3829

The original version of this flyer was created by an NIMH-initiated trans-NIH working group. It has been adapted for NIEHS Supervisors and Trainees, March 2019