

# Resources

To Support the Supervisor and the Distressed Trainee

NATIONAL INSTITUTES OF HEALTH 

## OFCD

984-287-3651

[niehs.nih.gov/careers/research/fellows](http://niehs.nih.gov/careers/research/fellows)



National Institute of Environmental Health Sciences  
Office of Fellows' Career Development

- o Career Services
- o Educational Advising

### SUPERVISOR SUPPORT

Consultation to support quality mentorship and resolve workplace issues, resource clearinghouse

### TRAINEE SUPPORT

Career exploration, interpersonal skills development, cultural adaptation, mentor/mentee relationships, resource clearinghouse, navigating difficult situations

**NIEHS**  
Office of Fellows' Career Development

## OITE

301-496-2427

[training.nih.gov](http://training.nih.gov)



- o Career Services
- o Educational Counseling & Advising

### SUPERVISOR SUPPORT

Consultation and training to support quality mentorship and resolve workplace issues

### TRAINEE SUPPORT

Graduate/professional school advising, career exploration, wellness programs, interpersonal skills development, cultural adaptation, mentor/mentee relationships

Office of Intramural Research Training & Education

## EAP

301-496-3164

[ors.od.nih.gov/sr/dohs/EAP](http://ors.od.nih.gov/sr/dohs/EAP)



- o Mental Health Professionals
- o Confidential
- o Voluntary

### SUPERVISOR SUPPORT

Supervisory consultation, crisis intervention, assistance referring trainees to EAP

### TRAINEE SUPPORT

Free short-term counseling with a licensed therapist, crisis intervention, community resources & referral

Employee Assistance Program

## Civil

301-402-4845

<https://civilworkplace.nih.gov>  
Anti-Harassment Hotline: 833-224-3829



- o NIH Human Resources
- o Anonymous reports

### SUPERVISOR SUPPORT

Consultation to mitigate workplace difficulties, including harassment (sexual/non-sexual), inappropriate, uncivil, and other disruptive behavior

### TRAINEE SUPPORT

Resource for harassment (sexual/non-sexual), inappropriate, uncivil, and other disruptive behavior impacting the workplace

Civil Program

## Ombudsman

301-594-7231

[ombudsman.nih.gov](http://ombudsman.nih.gov)



- o Consultation
- o Coaching
- o Mediation
- o Facilitation

### SUPERVISOR SUPPORT

Coaching and conflict resolution design and implementation, confidential discussion of personal and interpersonal issues, identify work-related problems, policy and procedures concerns

### TRAINEE SUPPORT

Neutral, fully confidential, independent resource, coaching, problem-solving; schedule phone consultation or meet in-person during quarterly visits to NIEHS

Office of Conflict Resolution