

# Coast Salish Indigenous Health Indicators

~ ʔəshig<sup>w</sup>əd tə adʔiışəd ~

## COMMUNITY CONNECTION

Work • Sharing • Relations

~ q<sup>w</sup>i'iqcut ~

## RESILIENCE

Self-Esteem • Identity • Sustainability

~ ǰəčusadad ~

## EDUCATION

The Teachings • Elders • Youth

~ talǰcut ~

## SELF-DETERMINATION

Healing & Restoration •  
Development • Trust

~ yayusbid ~

## CULTURAL USE

Respect & Stewardship • Sense of  
Place • Practice

~ sʔutiǰdx<sup>w</sup> ti swatix<sup>w</sup>təd ~

## NATURAL RESOURCE SECURITY

Quality • Access • Safety

