



National Institute of
Environmental Health Sciences



Women's Health Awareness 2022 Presents...

"Your Health Is Your Job!"

Health Education and Career Exploration

Activities of the Day 10:00 a.m. – 4:00 p.m.

The lead sponsor is the National Institute of Environmental Health Sciences (NIEHS), Clinical Research Branch, Office of Human Research and Community Engagement. The Durham Alumnae Chapter of Delta Sigma Theta Sorority Inc., Durham Alumnae Delta House Inc., and North Carolina Central University Department of Public Health Education are co-sponsors.

Conference Agenda

Time	Session	Room
9:30 – 10:00 a.m.	Registration and Check-In Exhibitors	Second Floor Lobby
10:00 – 10:15 a.m.	Opening and Welcome Joan Packerham, Ph.D. , Founder, Women's Health Awareness Program; Director, Office of Human Research and Community Engagement, National Institute of Environmental Health Sciences Catherine Edmonds, Ed.D. , Chief of Staff, Office of the Chancellor, North Carolina Central University	Room 2319
10:15 – 11:00 a.m.	Working It: Our Bodies, Our Rights Speaker: Tanya M. Bass, Ph.D., M.S., M.Ed., CHES®, CSE	Room 2319
11:00 – 11:30 a.m.	Break Health Education and Career Exploration Exhibitors (10:00 a.m. – 1:30 p.m.)	Rooms 2321-2323
	Health Screenings (10:00 a.m. – 1:30 p.m.) (Cardiovascular, Breast and Cervical Health Education, HIV/HCV/Syphilis Screenings, Blood Pressure, and Rapid Glucose Checks)	Room 2201 Room 2202 Room 2211
	COVID-19 Vaccinations (10:00 a.m. – 1:30 p.m.)	Room 2128
	WHA REACH Equity Study Recruitment (10:00 a.m. – 4:00 p.m.)	Room 2002
	Music by DJ Smoke	
11:30 a.m. – noon	"You Can Make A Difference:" Empowering Minority Women for Clinical Research Moderator and Speaker: Joan Packerham, Ph.D. , Founder, Women's Health Awareness Program; Director, Office of Human Research and Community Engagement, National Institute of Environmental Health Sciences	Room 2319
Noon – 12:30 p.m.	Girl Chat Session Moderator: Tara Owens Shuler, M.Ed., LCCE, CD(DONA) Speakers: Tanya M. Bass, Ph.D., M.S., M.Ed., CHES®, CSE, Estena Bradley, MSN, WHNP, and Felecia Browne, Sc.D., MPH.	Room 2319

Conference Agenda

Time	Session	Room
12:30 – 1:05 p.m.	LUNCH – Registration and Lunch Ticket Required Health Education and Career Exploration Exhibitors (10:00 a.m. – 1:30 p.m.)	Rooms 2321-2323
	Health Screenings (10:00 a.m. – 1:30 p.m.) (Cardiovascular, Breast and Cervical Health Education, HIV/HCV/Syphilis Screenings, Blood Pressure, and Rapid Glucose Checks)	Room 2201 Room 2202 Room 2211
	COVID-19 Vaccinations (10:00 a.m. – 1:30 p.m.)	Room 2128
	WHA REACH Equity Study Recruitment (10:00 a.m. – 4:00 p.m.)	Room 2002
	Professional Head Shots (12:30 – 1:30 p.m.)	Room 2127
	Music by DJ Smoke	
	1:05 – 2:35 p.m.	"The Exceptional Young Professional™: What Separates the Best From the Rest?" Session Chair: Michelle B. Lee, Ph.D. , Founder, SoftSkillsForSTEM.com Speaker: Al Duncan , Lead Trainer, SoftSkillsForSTEM.com
2:35 – 2:40 p.m.	Break	
2:40 – 3:10 p.m.	Dress for Success Fashion Show Dress for Success Triangle NC Durham Alumnae Chapter of Delta Sigma Theta Sorority Inc. Alpha Lambda Chapter of Delta Sigma Theta Sorority Inc., North Carolina Central University	Room 2319
3:10 – 3:30 p.m.	Closing Remarks and Door Prizes Joan Packenham, Ph.D. , Founder, Women's Health Awareness Program; Director, Office of Human Research and Community Engagement, National Institute of Environmental Health Sciences	Room 2319
3:30 – 4:00 p.m.	WHA REACH Equity Study Recruitment	Room 2002

Working It: Our Bodies, Our Rights!



Keynote Speaker

Tanya M. Bass, Ph.D., M.S., M.Ed., CHES®, CSE

Foundress of the North Carolina Sexual Health Conference (NCSEXCON)

Abstract

Our understanding of sexual health and wellness must evolve from a purely disease perspective to a broader and inclusive perspective of what it means to be “sexually healthy.” This perspective includes pleasure and justice, and being informed of our human, sexual, and reproductive rights. Reproductive justice demands sexual and personal autonomy, as well as gender freedom for every human being. This discussion is an opportunity to center a meaningful conversation focused on the needs, experiences, and future of individuals who have been historically pushed aside, marginalized, and oppressed.

Objectives

By the end of this discussion, participants will be able to:

- Identify the five circles of sexuality as a model for understanding their own sexuality and respect the sexuality of others.
- Review a list of human rights, sexual rights, and reproductive rights.

You Can Make a Difference: Empowering Minority Women for Clinical Research



Session Chair and Speaker
Joan Pakenham, Ph.D.

*Founder, Women's Health Awareness Program;
Director, Office of Human Research and Community Engagement,
National Institute of Environmental Health Sciences*

*Chair, Physical and Mental Health Committee,
Durham Alumnae Chapter, Delta Sigma Theta Sorority Inc.*

Abstract

It is important for minority women to recognize their role in eliminating health disparities and promoting health equity in their communities. U.S. racial and ethnic diversity is ever increasing, but the medical representation of minority groups in clinical studies is not. A recent study found that fewer than 2% of these clinical trials focused specifically on the needs of minorities. As with other important issues that impact minority families, women can lead the way.

Objectives

- To bring awareness to the importance of minority women participating in clinical research.
- To discuss positive attributes of participating in clinical research.
- To educate participants on their rights as clinical research participants.

Girl Chat



Session Chair

Tara Owens Shuler, M.Ed., LCCE, CD(DONA)

*Branch Head, Maternal Health Branch – Women, Infant, and Community Wellness Section,
Division of Public Health, N.C. Department of Health and Human Services*

*Co-Chair, Physical and Mental Health Committee, Durham Alumnae Chapter,
Delta Sigma Theta Sorority Inc.*

Speakers

Tanya M. Bass, Ph.D., M.S., M.Ed., CHES®, CSE

Foundress of the North Carolina Sexual Health Conference (NCSEXCON)

Estena Bradley, MSN, WHNP

Women's Health Nurse Practitioner, Maria Parham Women's Care, Henderson, NC

Felicia Browne, Sc.D., MPH

Senior Research Social Epidemiologist

RTI International's Substance Use, Gender, and Applied Research Program

Abstract

This session will feature a moderated panel discussion with women's health experts. Topics of discussion will include reproductive and sexual health, healthy relationships, and physical and mental wellness.

Objectives

- To discuss reproductive health issues impacting women across the life course.
- To discuss advocacy strategies for equitable access to reproductive health services.
- To develop and sustain healthy relationships.
- To learn strategies and resources available to support mental wellness.

The Exceptional Young Professional™: What Separates the Best From the Rest?



Session Chair

Michelle B. Lee, Ph.D.

Founder, SoftSkillsForSTEM.com



Speaker

Al Duncan

Lead Trainer, SoftSkillsForSTEM.com

Abstract

What separates the best from the rest? The answer to that question could be worth hundreds of thousands, or even millions, of dollars to students and young professionals over the course of their careers.

Objectives

During this fun, engaging, interactive session, you will discover:

- Why soft skills give you a competitive advantage.
- How to build a powerful personal brand.
- How to thrive as a young professional in the 21st century.

Screenings (10:00 a.m. – 1:30 p.m.)

Health Screening	Room Number	Sponsor
Cardiovascular Screenings	Room 2201	North Carolina Central University Department of Nursing
Breast and Cervical Health Education BCCCP Program Sign-up	Room 2202	N.C. Department of Health and Human Services Breast Cancer and Cervical Cancer Program (BCCCP) Duke Cancer Institute
Mammogram Appointment Check-in		Durham Alumnae Chapter, Delta Sigma Theta Sorority Inc. Invision Diagnostics: Mobile 3D Mammography
HIV/HCV/Syphilis Screenings	Room 2211	Durham County Department of Public Health
Blood Pressure and Rapid Glucose Checks	Hallway (outside 2211)	Community Health Coalition

Professional Services

Service	Room Number	Sponsor
Resume Review By appointment only; each consultation is 15 minutes.	Side Hallway Near Room 2319	Durham Alumnae Chapter, Delta Sigma Theta Sorority Inc. Ayasphere Inc.
COVID-19 Vaccinations 10:00 a.m. – 1:30 p.m.	Room 2128	North Carolina Central University Health and Wellness, Student Affairs Durham County Department of Public Health, Public Health Preparedness
Professional Headshots 12:30 – 1:30 p.m.	Room 2127	Steve McCaw

Clinical Research Recruitment

Service	Room Number	Sponsor
WHA REACH Equity Study 10:00 a.m. – 4:00 p.m.	Room 2002	National Institute of Environmental Health Sciences Office of Human Research and Community Engagement Lead Researcher: Joan P. Packenham, Ph.D.

Speaker Biographies



Tanya Bass, Ph.D., M.S., M.Ed., CHES®, CSE

Foundress of the North Carolina Sexual Health Conference (NCSEXCON)

Tanya Bass (she/her/hers) is the foundress of the North Carolina Sexual Health Conference (NCSEXCON). She is also the director of health equity at the National Coalition of STD Directors (NCSD) and an award-winning sexuality educator and subject matter expert in reproductive health and health equity. Bass is an alumna of North Carolina Central University's Department of Public Health Education, where she has served as an adjunct instructor for several years and is currently the lead instructor for human sexuality.

She completed her Ph.D. in education at Widener University in the Center for Human Sexuality Studies. Bass is a member of American Association of Sexuality Educators, Counselors, and Therapists (AASECT), the NC Society for Public Health Educators, the Women of Color Sexual Health Network, and the Association of Black Sexologists and Clinicians. She is a Certified Health Education Specialist (CHES) and an AASECT Certified Sexuality Educator (CSE). Bass is the vice president of membership of AASECT and a member of the editorial board for the American Journal of Sexuality Education.



Felicia A. Browne, Sc.D., MPH

Senior Research Social Epidemiologist

RTI International's Substance Use, Gender, and Applied Research Program

Felicia Browne is a senior research social epidemiologist in RTI International's Substance Use, Gender, and Applied Research Program. Browne is also an adjunct assistant professor in health behavior at the UNC Gillings School of Global Public Health, and assistant director of the Social and Behavioral Science Research Core at the UNC Center for AIDS Research. With a commitment to addressing health disparities locally and globally, she has more than 15 years of experience implementing community-based HIV behavioral interventions among key populations of African descent in the Southern United States and South Africa. Browne received a Doctor of Science in social epidemiology from the Harvard T.H. Chan School of Public Health, a Master of Public Health in health behavior and health education from the UNC Gillings School of Global Public Health, and a Bachelor of Science in psychology from Davidson College. Born and raised in Durham, Browne is a member of the Durham Alumnae Chapter of Delta Sigma Theta Sorority Inc.

Speaker Biographies



Al Duncan

Lead Trainer, SoftSkillsForSTEM.com

Al Duncan is an award-winning youth advocate, publisher, and internationally recognized authority on soft skills, youth development, and empowerment. Al travels the world Helping Young People Build a Competitive Advantage™.

He is the publisher of DuncanNuggets.com, a resource center packed with free videos, articles, and activities on character education and soft skills. As the leading motivational speaker for at-risk youth and troubled young people, Al has delivered his Duncan Nuggets® live in various formats to more than 1 million young people around the world.

In addition to serving as the master trainer for Soft Skills for STEM (S3), Al is the author of "My Success Journal for Young People" and "Get ALL Fired Up!" He has been awarded the National PTA Life Achievement Award and the President's Call to Service Award for his outstanding service in the field of youth development and empowerment.



Michelle B. Lee, Ph.D.

Founder, SoftSkillsForSTEM.com

Michelle B. Lee has worked as a health physicist at Los Alamos National Laboratory for more than 27 years providing radiation protection support for a breadth of research and weapons manufacturing activities. Lee also serves as a principal investigator for the National Nuclear Security Administration Minority Serving Institution Partnership Program that strengthens the Department of Energy (DOE) national laboratories' pipeline of students with science, technology, engineering, and math (STEM) expertise through research collaborations and workforce development. In 2016, Lee founded Soft Skills for STEM (S3), a professional development program for STEM majors to raise the awareness of the importance of soft skills in the workplace (www.s3tem.com).

Michelle has a B.S. in physics from Grambling State University, an M.S. in radiological health sciences from Colorado State University where she was a DOE Health Physics Fellow, and a Ph.D. in health education from the University of New Mexico.



Joan Pakenham, Ph.D.

Founder, Women's Health Awareness Program; Director, Office of Human Research and Community Engagement, National Institute of Environmental Health Sciences (NIEHS), National Institutes of Health (NIH)

Joan Pakenham is the director of the NIEHS Office of Human Research and Community Engagement in the Clinical Research Branch at the National Institute of Environmental Health Sciences (NIEHS), National Institutes of Health (NIH). She is founder and chair of the Women's Health Awareness (WHA) Women's Wellness conference, program director for the NIEHS Women's Environmental Health and Community Engagement Initiative, and principal investigator of the Women's Health Awareness Community Resiliency, Environmental Action, and Collaborations for Health (REACH) Equity Clinical Study. Pakenham has led an extensive scientific career in both the Intramural and Extramural Divisions of NIEHS, with more than 20 years of experience in clinical research serving as a regulatory expert in human research protections, as a health scientist, and as a scientific lead on the NIH Disaster Research and Response team to improve national health resiliency. Her research interests focus on addressing environmental health disparities in underserved populations of women. Pakenham has received many awards of merit and community recognition, including the AACR Women in Cancer Research Brigid G. Leventhal Scholar Award; the National Women of Color STEM Award for Career Achievement in Government; the NIH Director's Award for her leadership and work in disaster research and response; the NIH Merit Award for her outstanding leadership for the NIEHS Women's Environmental Health and Community Engagement Initiative; the Durham Alumnae Chapter, Delta Sigma Theta Sorority Inc., Merrick-Fisher-Spaulling Award for public service; and the National Council of Negro Women, Excelling in Science for Humanity Award.

Pakenham graduated magna cum laude with a Bachelor of Science in biology and a minor in chemistry from North Carolina Central University. She received her Ph.D. in experimental pathology with a concentration in molecular and cellular pathology from the University of North Carolina at Chapel Hill School of Medicine. Pakenham is a native of Durham, N.C., and is a member of the Durham Alumnae Chapter of Delta Sigma Theta Sorority Inc., where she serves as chair of the Physical and Mental Health Committee.

Exhibitors and Community Partners

	Organization	Booth Description and Contact Information
	<p>AIMHIGH: Purpose Driven Company Inc.</p>	<p><i>This booth will provide health and wellness initiatives that will inspire and motivate you toward a healthier lifestyle.</i></p> <p>Contact: Jessica Rice Hawkins Email: jrice.aimhigh@gmail.com</p>
	<p>Bridges Pointe Inc. Sickle Cell Agency</p>	<p><i>This booth provides awareness and education of sickle cell disease and promoting social support, advocacy, and health care services.</i></p> <p>Contact: Shaquasia Barksdale, Program Manager 800 N. Mangum St., Suite 104, Durham, NC 27701 Telephone: 919-323-8443 Email: info@bridgespointenc.org www.bridgespointenc.org</p>
	<p>Community Health Coalition</p>	<p><i>This booth will provide blood pressure and rapid glucose checks.</i></p> <p>Contact: Vivian Jackson, Project Coordinator Email: vivian@communityhealthcoalition.com www.communityhealthcoalition.com</p>
	<p>DLH Holdings Inc.</p>	<p><i>This booth/session will offer resume and CV reviews, mock interviews, and career readiness and preparedness tools for upcoming professionals in the public health and clinical research industry.</i></p> <p>Contact: Kaniece Terry, Lead Recruiter 400 Emperor Blvd., Suite 400, Durham, NC 27703 Telephone: 470-449-1062 Email: kaniece.terry@dlhcorp.com</p>
	<p>Dress for Success Triangle NC</p>	<p><i>This booth will provide information for the Dress for Success agency to equip young women for the professional workforce.</i></p> <p>Contact: En'Janet Joseph, Outreach Coordinator Telephone: 919-286-2128 Email: enjanet.joseph@dfstrianglenc.org</p>
	<p>Durham Alumnae Chapter, Delta Sigma Theta Sorority Inc.</p> <p>"Voter Education and Registration" Social Action Committee</p>	<p><i>This booth will educate, register, and empower North Carolina citizens to successfully cast their ballot.</i></p>
	<p>Durham County Department of Public Health</p> <p>Improving Awareness on the Monkeypox Public Health Emergency</p>	<p><i>This booth will share the latest information about Monkeypox: Current status in the local area, who is at risk, information about protection and vaccines, and Monkeypox and COVID-19 connections.</i></p> <p>Contact: Edeia Lynch Email: elynch@dconc.gov</p>

Exhibitors and Community Partners

	Organization	Contact Information
 <p>DURHAM COUNTY 1881 Public Health</p>	<p>Durham County Department of Public Health</p> <p>Improving Community Outcomes for Maternal and Child Health (ICO4MCH)</p>	<p><i>This booth will share information about the ICO4MCH program in Durham County. The program goals include:</i></p> <ol style="list-style-type: none"> 1. Improving birth outcomes. 2. Reducing infant mortality. 3. Improving the health status of children ages 0-5 in Durham. <p>Contact: Shakeya Brevard Email: sbrevard@dconnc.gov</p>
 <p>DURHAM COUNTY 1881 Public Health</p>	<p>Durham County Department of Public Health</p> <p>Public Health Preparedness</p>	<p><i>Durham County Department of Public Health provided COVID-19 testing kits for distribution.</i></p> <p>Contact: Corey Morris, M.S., REHS, Public Health Preparedness Coordinator, Registered Environmental Health Specialist</p>
	<p>Durham Crisis Response Center</p>	<p><i>This booth will provide awareness and education on domestic, sexual, and family violence, and human trafficking.</i></p> <p>Contact: Cinzia Thomas (she/her), Executive Director Telephone: 919-403-9425, ext. 275 Email: cinzia@thedcrc.org</p>
 <p>EL CENTRO HISPANO www.elcentronc.org</p>	<p>El Centro Hispano</p>	<p><i>This booth will provide information about volunteer and community engagement, as well as outreach opportunities.</i></p> <p>Contact: Pilar Rocha-Goldberg Email: procha@elcentronc.org</p>
 <p>Enjoy The Baby</p>	<p>Enjoy the Baby LLC</p>	<p><i>This booth will provide information about the services provided by Enjoy the Baby. This includes birth doula services and the training involved to become a birth doula.</i></p> <p>Contact: Tonya Daniel Email: tonya@enjoythebaby.com www.enjoythebaby.com</p>
	<p>Fewell Counseling LLC</p>	<p><i>Counselor Fewell is a relational therapist. She provides insight on the importance of building sustainable relationships both personally and professionally.</i></p> <p>Contact: Natalie Thorpe Fewell, Licensed Clinical Mental Health Counselor Email: fewellcounseling@gmail.com</p>
 <p>KBI BIOPHARMA</p>	<p>KBI Biopharma</p>	<p><i>This booth will provide information about internships, fellowships, and future career opportunities.</i></p> <p>Contacts: Janell Toliver, Senior Manager, HR and Recruiting Email: jtoliver@kbibiopharma.com</p> <p>Holly Johson, KBI Representative Email: mijohnson@kbibiopharma.com 1101 Hamlin Road, Durham, NC 27704 www.kibibiopharma.com</p>

Exhibitors and Community Partners

	Organization	Contact Information
	<p>MedServe</p>	<p><i>This booth will provide information about fellowship programs for promising future primary care practice providers.</i></p> <p>Contact: Amanda Gallina 5316 Bennington Dr., Greensboro, NC 27410 Telephone: 724-454-8781 Email: amanda@med-serve.org www.med-serve.org</p>
	<p>N.C. Division of Public Health Women, Infant, and Community Wellness Section Maternal Health Branch</p>	<p><i>This booth will feature health professionals as they share services and resources related to maternal depression and related behavioral health disorders.</i></p> <p>Contacts: Sara Thomson Email: sara.thomson@dhhs.nc.gov Alexa Hamel Email: alexa.hamel@dhhs.nc.gov</p>
	<p>N.C. Division of Public Health Women, Infant, and Community Wellness Section Maternal Health Branch Maternal Health Innovation</p>	<p><i>This booth will share information about the services provided to reduce maternal health disparities and inequities.</i></p> <p>Contact: Lily Stevens Email: lily.stevens@dhhs.nc.gov</p>
	<p>N.C. Division of Public Health Women, Infant, and Community Wellness Section Reproductive Health Branch</p>	<p><i>This booth will provide information on family planning and reproductive health services.</i></p> <p>Contact: Savannah Simpson Email: savannah.simpson@dhhs.nc.gov</p>
 	<p>NC FIT (Formerly Incarcerated Transition Program) and Wounded Healers</p>	<p><i>This booth will provide information for community health worker opportunities for the NC FIT and Wounded Healers programs. Their programs are designed to connect formerly incarcerated people with chronic illness to health care services.</i></p> <p>Contact: Henry Green 300 W. Tryon St., Hillsborough, NC 27278 Telephone: 919-245-2397 Email: hgreen@orangecountync.gov www.orangecountync.gov/1973/FIT-Program-of-Orange-County Email: program.assistant.whnc@gmail.com www.woundedhealersnc.org</p>
 National Institute of Environmental Health Sciences	<p>NIHES Office of Fellows' Career Development</p>	<p><i>This booth provides information on the various internships and training opportunities offered by the National Institutes of Health, National Institute of Environmental Health Sciences.</i></p> <p><i>For example, Postbac Intramural Research Training Program (IRTA), Postdoc IRTA Program, Summer Research Program.</i></p> <p>Contact: Katherine J. Hamilton Telephone: 984-287-3414 Email: hansen2@niehs.nih.gov</p>

Exhibitors and Community Partners

	Organization	Contact Information
 <p>National Institute of Environmental Health Sciences</p>	<p>NIEHS Office of Science Education & Diversity</p>	<p><i>This booth will provide information about the NIEHS Scholars Connect Program and any other training opportunities this office provides.</i></p> <p>Contacts: Suchandra Bhattacharjee, Ph.D., (NSCP Coordinator) or Ericka Reid, Ph.D., (OSD/NSCP Director) Email: nscp@niehs.nih.gov</p>
	<p>North Carolina Central University Career and Professional Development Center</p>	<p><i>This booth will provide career readiness information to students.</i></p> <p>Contact: Charles Jennings Jr., GCDF, Director 1801 Fayetteville Street, Room 1208, Durham, NC 27707 Telephone: 919-530-6198 Email: cjenni13@nccu.edu</p>
	<p>North Carolina Central University Department of Nursing</p>	<p><i>This booth will provide information to students interested in learning about the qualifications needed to enroll in NCCU nursing programs.</i></p> <p>Contact: Dominique Williams, Interim Nursing Student Services Director Email: dominique.williams@nccu.edu</p>
	<p>Orange County Health Department</p>	<p><i>This booth will provide information for volunteer and career opportunities for programs and services tailored to Orange County residents.</i></p> <p>Contact: Erica Pettigrew, M.D., J.D., MPH 300 W. Tryon St., Hillsborough, NC 27279 Telephone: 919-245-2400 www.orangecountync.gov</p>
	<p>RTI International</p>	<p><i>This booth will provide information about internships, fellowships, and future career opportunities to address the most critical problems with science-based solutions.</i></p> <p>Contact: Felicia Browne, Sc.D., MPH 3040 E. Cornwallis Road, Durham, NC 27708 Telephone: 919-541-6000 Email: fbrowne@rti.org</p>
	<p>The Center for Black Health & Equity Internships, Future Career Opportunities, Volunteer Work, Community Engagement and Outreach, Health Literacy</p>	<p><i>This booth will provide information for volunteer and career opportunities for programs and services that promote health equity for people of African descent.</i></p> <p>Contact: Channte' Keith, Deputy Director 2726 Croasdaile Dr., Ste. 212, Durham, NC 27705 Telephone: 919-680-4000 Email: ckeith@centerforblackhealth.org</p>
	<p>Transformative Destiny</p>	<p><i>This booth will provide information about counseling services for pregnant and postpartum persons, as well as women's wellness groups.</i></p> <p>Contact: Tiffany Williamson, LCMHCA Email: tiffany@transformativedestiny.com</p>

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