

# **Women's Health Awareness Day 2015**

**Transforming Durham's  
Communities by  
Enhancing  
Women's Health**



**Saturday, April 11, 2015**

**North Carolina Central University  
Miller-Morgan Health Sciences Building  
528 Nelson Street, Durham, NC 27707**

**Sponsored by:**

Durham Alumnae Chapter of Delta Sigma Theta Sorority, Inc.  
Department of Public Health Education, North Carolina Central University  
Durham Alumnae Delta House, Inc.  
National Institute of Environmental Health Sciences

*“When I look at you, I see myself. If my eyes are unable to see you as my sister, it is because my own vision is blurred. And, if that be so, then it is I who need YOU. Either because I do not understand who you are, MY SISTER, or because I need you to help me understand who I am.”*

*~ Lillian P. Benbow*



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528 Nelson Street, Durham, NC 27707**

# Women's Health Awareness Day 2015

## Steering and Planning Committee

### **Joan P. Packerham, PhD**

Chair, Event Steering and Planning Committee

Co-chair, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc., Health Awareness Committee

Organization Lead: Director, Office of Human Research Compliance, Clinical Research Branch, National Institute of Environmental Health Sciences/NIH

### **Debra G. Brown, RD, MPH, LDN**

Co-chair, Durham Alumnae Chapter Delta Sigma Theta Sorority, Inc., Health Awareness Committee

Lincoln Community Health Center

### **LaVerne Reid, PhD, MPH**

Organization Lead: Professor, Department of Health Education, North Carolina Central University

Delta Sigma Theta Sorority, Inc.

### **Monica Barnes, BA**

WTVD 11, An ABC Owned Station

Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

### **Kimberly Burnette-Hoke, MPA**

Clinical Research Branch, National Institute of Environmental Health Sciences/NIH

### **Sherry Ferguson, RN, BSN**

Durham VA Medical Center

### **Irene Godínez, MIS**

United Way of the Greater Triangle

Latinas Promoviendo Comunidad/Lambda Pi Chi Sorority, Inc.

### **Deloris Harris, BS, MA**

Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc., Health Awareness Committee

### **Marian Johnson-Thompson, PhD**

Retired, National Institute of Environmental Health Sciences/NIH

Federal City Alumnae, Chapter Delta Sigma Theta Sorority, Inc.

### **Miriam McIntosh, DDS, MPH**

Durham County Department of Public Health

Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc., Health Awareness Committee

### **Michelle Graham-Freeman, BA**

Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc., International Awareness Committee

### **Joyce Page, MSPH, MPH**

Durham County Department of Public Health

### **Betty Reed, RN, BSN**

Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc., Health Awareness Committee

### **Annette Rice, BS**

Clinical Research Branch, National Institute of Environmental Health Sciences/NIH

### **Willa Robinson Allen, MPH, MAEd**

Durham County Department of Public Health

### **Tara Owens Shuler, MEd**

Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc., First Vice President

### **Carmelitta Spicer, MEd**

Community Health Coalition, Inc.

# Women's Health Awareness Day 2015

## Sub-Committees

### Administrative Support

Monica Tsotetsi, North Carolina Central University  
Vickie McNeil, North Carolina Central University

### AV and IT Support

Joe Schuch, North Carolina Central University  
Christopher Wooten, North Carolina Central University

### Catering

Dee Jackson, Sodexo Catering, North Carolina Central University

### Customer Service

Skye Badgett, Student  
Empris Crawford, City of Durham  
Barbara Lyons, North Carolina Central University  
Rhadaisis Marte, Student  
Pinkney Wilder, National Institute of Environmental Health Sciences

### Event Registration

Joia Freeman, Student, University of North Carolina at Chapel Hill  
Heather Witherspoon, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.  
Tamara Nichols Helms, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.  
April Henderson, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.  
Melis Betancour, Latinas Promoviendo Comunidad/Lambda Pi Chi Sorority, Inc.

### Facilities

Phillip Powell, North Carolina Central University  
Lucretia Pinckney, North Carolina Central University  
Timothy Moore, North Carolina Central University  
Richard Chavis, North Carolina Central University

### First Aid Room

Nurses from VA Medical Center:  
Lucy Cauthen, RN, BSN  
Freda Johnson, RN, BSN  
Sushma Francis, RN, BSN  
Brenda Waiters, RN, BSN  
Wanda Harris, LPN  
Kristen McNeil, LPN  
Wanda Fearington, LPN

### Graphic Design / Art Direction

Paul Cacioppo, Image Associates

### Institutional Officials

Arvis Bridges-Epps, MBA, President, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.  
Janet Hall, MD, Clinical Director, National Institute of Environmental Health Sciences  
Stavros Garantziotis, MD, Medical Director, National Institute of Environmental Health Sciences  
Debra O. Parker, PhD, Dean College of Behavioral and Social Science, North Carolina Central University  
Randolph Rasch, PhD, RN, FAANP Interim Chair Department of Nursing, North Carolina Central University  
Seronda Robinson, PhD, Chair, Department of Public Health Education, North Carolina Central University

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Carmen Alvarez, cgalvarezm99@yahoo.com

# Women's Health Awareness Day 2015

## Sub-Committees

### Logistics and Implementation Committee

Edith Lee, National Institute of Environmental Health Sciences

Terry Lewis, National Institute of Environmental Health Sciences

Craig Wladyka, National Institute of Environmental Health Sciences

### Mammography Coordinators

Wendy Avery, Rex Mammography

Awanya L. Caesar, RN, BSN, Lincoln Community Health Center

Maritza Chirinos, El Centro Hispano

### Media and Publicity

Robin Arnette, National Institute of Environmental Health Sciences

Chonna Campbell, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Christine Flowers, National Institute of Environmental Health Sciences

Ayana D. Hernandez, North Carolina Central University

Robin Mackar, National Institute of Environmental Health Sciences

Marietta Taylor, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Anthony Glenn, North Carolina Central University

### Photography

Veronica Godfrey Robinson, National Institute of Environmental Health Sciences

### Planning Volunteers

Sharon Elliott-Bynum, PhD, Healing With CAARE, Inc., Delta Sigma Theta Sorority, Inc.

Elaine Hart-Brothers, MD, MPH, Community Health Coalition, Inc.

Kimberly Tilley Thompson

### North Carolina Central University Student Interns

Tamika Gilchrist, Senior Public Health Education Major

Lynae Thomas, Senior Public Health Education Major

Brianah Williams, Junior Public Health Education Major

### Security

Chief Willie Bell, North Carolina Central University

Sergeant Robert McLaughlin, North Carolina Central University

Students and staff from the North Carolina Central University Community Emergency Response Team

### Translational Services

Rey Ramirez, National Institute of Environmental Health Sciences

### Veteran Services

Joan I. Galbraith, Durham VA Medical Center

Kathy Williams-Brown, Durham VA Medical Center

Shenekia Williams Johnson, Durham VA Medical Center

Moses Gloria, U.S. Department of Veterans Affairs

Dawn Whetston, North Carolina Central University

### Volunteer Organizations

Members of Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Durham Alumni Chapter of Kappa Alpha Psi Fraternity

Employees of the National Institute of Environmental Health Sciences

Raleigh-Durham Area Chapter of Blacks in Government

Members of the Raleigh Sai Center

High School Students – City of Medicine Academy

Members from various student organizations – North Carolina Central University

- The Gamma Phi Chapter of Eta Sigma Gamma
- Society of Future Health Educators
- 100 Black Women
- Public Health Education Majors
- The Men's Achievement Center
- 100 Black Men
- Annie Day Shepard Scholars Program
- Gamma Gamma Chapter of Phi Beta Sigma

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# Welcome

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Dear Event Participants,

On behalf of the Durham Alumnae Chapter of Delta Sigma Theta Sorority, the Department of Public Health Education, North Carolina Central University, and the Clinical Research Branch of the National Institute of Environmental Health Sciences, it is a pleasure for us to welcome you to Women's Health Awareness Day 2015.

The theme of this community health event is "Transforming Durham's Communities by Enhancing Women's Health." Its purpose is to promote awareness and to inform women to take greater responsibility for their health, to understand their health options, and to identify services and products to best help them in reducing health issues and receiving health equity. This is a day that will increase health awareness by providing health education, resources, and on-site health screenings. This event is for all women of Durham and surrounding counties; however, because April is minority health and health disparities awareness month, we are placing special emphasis on women of color, underserved, uninsured, and underinsured women.

No event of this magnitude and scope can be organized without teamwork. Therefore, we would like to take this opportunity to recognize and introduce the team. First, we would like to thank the event steering and planning committee members and the sub-committee members for their support and dedicated service in the planning and implementation of this day. Without them, this event would not exist.

Secondly, we thank and introduce our corporate partners: Duke University Hospital and Novo Nordisk. Thank you for your support through generous contributions and service. In addition, we thank our community business partners and local community partners for their donations and services to this event. Since this is a free health event, we are dependent upon our various partners for their monetary and in-kind support.

We have an impressive group of faculty and service providers for this event. The group includes researchers, public health practitioners, and health care professional. These experts and leaders have effectively served as champions in our communities as advocates for women, minorities, the disabled, and disadvantaged populations. We are grateful for our event faculty and service providers and sincerely thank each of them for agreeing to participate and helping to make Women's Health Awareness Day 2015 a success.

To our volunteers, we thank you for your tireless service. We treasure your support and time given to make this event a success.

Lastly, we are honored that **YOU**, the women of Durham and surrounding counties, have chosen to participate in this exciting health event. We hope that you will have a fun and constructive day of learning and gathering important health information that will positively impact your daily life and health. We are happy and excited that you are here!! Please let us know how we can make your experience more comfortable and pleasant.

Best Wishes,

**Joan Packenham, PhD**

Chair, Event Steering and Planning Committee;

Co-chair, Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.;

Organizational Lead: Director, Office of Human Research Compliance, Clinical Research Branch, National Institute of Environmental Health Sciences/National Institutes of Health

**Debra Brown, MPH**

Co-chair, Health Awareness Committee, Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

**LaVerne Reid, PhD, MPH**

Organization Lead: Professor, Department of Public Health Education, North Carolina Central University;

Member, Delta Sigma Theta Sorority, Inc.



## Announcements and Notices

### Customer Service Desk

Lose your badge? Forget your meal ticket? Need medical attention? Need assistance? Please come to the "Customer Service Desk" located in the lobby area on the first floor near the "Registration Desk."

### In Case of an Emergency

**For life threatening medical emergencies call 911.**

The "Customer Service Desk" is the location to report all internal emergencies. For all external emergencies please contact NCCU Police at (919) 530-6106.

### First Aid Room

Located in **room 150** across from the 1st floor Auditorium.

### Speaker Support and Hospitality Room

All speakers please report to the "Speaker Support Room," located in **room 159**, 15-30 minutes prior to your presentation.

## Noticias y Avisos

### Centro de Servicio al Cliente

¿Perdió su insignia? ¿Se le olvidó el ticket para el almuerzo? ¿Necesita Atención Médica? ¿Necesita ayuda? Por Favor venga al 'escritorio de servicios de atención al cliente situado en la zona del vestíbulo en el primer piso cerca de 'la Mesa de Registro.'

### En Caso de una Emergencia

**Para emergencias médicas que amenazan la vida llame al 911.**

La oficina de servicios al cliente es el lugar para reportar todas las emergencias internas. Para todas emergencias externas favor de ponerse en contacto con la policía de NCCU al (919) 530-6106.

### Sala de Primeros Auxilios

Ubicado en la **sala 150** a través del 1er piso del auditorio.

### Sala de Apoyo y Hospitalidad para Oradores

Todos los oradores reporten a la "Sala de Apoyo a Oradores", ubicada en la sala 159, de 15 a 30 minutos antes de su presentación.

*“ We have to improve life, not just for those who have the most skills and those who know how to manipulate the system. But also for and with those who often have so much to give but never get the opportunity.”*

*~ Dorothy Height*



# **Women's Health Awareness Day 2015**

Conference Agenda

## Agenda for Women's Health Awareness Day – April 11, 2015

Time	Session	Room
8:55 – 9:00 a.m.	<p><b>Opening: "Let's Move" and Introduction of Mistress of Ceremonies</b> Joan Packenham, PhD, Director, Office of Human Research Compliance, Clinical Research Branch, NIEHS/ National Institutes of Health; Chair, Event Planning and Steering Committee and Co-chair Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc. Health Awareness Committee</p> <p><b>Mistress of Ceremonies:</b> Tamara Gibbs, Broadcast News Reporter, ABC11 WTVD-TV</p>	1st Floor Auditorium
9:00 – 9:55 a.m.	<p><b>Welcome</b></p> <ul style="list-style-type: none"> <li>• Cora Cole-McFadden, Durham, Mayor Pro Tempore</li> <li>• Gayle Harris, Public Health Director, Durham County Department of Public Health</li> <li>• Linda Birnbaum, PhD, Director, National Institute of Environmental Health Sciences (NIEHS)/National Institutes of Health</li> <li>• LaVerne Reid, PhD, MPH, Professor, Department of Public Health Education North Carolina Central University, Organization Lead, Event Planning and Steering Committee and Member of Delta Sigma Theta Sorority</li> <li>• Regina Petteway, Director, Wake County Human Services</li> <li>• Arvis Bridges-Epps, President, Durham Alumnae Chapter Delta Sigma Theta</li> </ul> <p><b>Keynote Address</b> <b>Speaker:</b> Giselle Corbie-Smith, MD, UNC School of Medicine</p>	
9:00 a.m. – 1:00 p.m.	<p><b>Health Service</b> Mammograms by appointment only</p>	Rex Mammography Van, Nelson Street Parking Lot
10:00 – 10:30 a.m.	<p><b>Empowering Women to Love Their Heart</b> <b>Speaker:</b> Tiffany Randolph, MD, Duke University Medical Center and Duke Clinical Research Institute</p>	1st Floor Auditorium
	<p><b>Basic First Aid Skills for the Layperson</b> <b>Speakers:</b> Valeria Shropshire, NIEHS; Lindia Engram, NIEHS; and Harold Morcombe, Health and Safety Consultants of N.C.</p>	120
	<p><b>Health Service</b> Line Dancing for Fitness and Fun <b>Instructor:</b> Shawn Jeter, NIEHS</p>	211
10:30 – 10:40 a.m.	<b>Break</b>	

## Agenda for Women's Health Awareness Day – April 11, 2015

Time	Session	Room
10:40 – 11:10 a.m.	<b>My Breast Cancer Came Out of Nowhere: What Happened?</b> <b>Speaker:</b> Sophia H.L. George, PhD, Duke University	1st Floor Auditorium
	<b>A Need for Change: Better Outcomes for Mom and Babies of Color</b> <b>Speakers:</b> Tonya Daniel, N.C. Division of Public Health; and Tara Owens Shuler, Duke Area Health Education Center Program Office	104
	<b>Basic First Aid Skills for the Layperson</b> <b>Speakers:</b> Valeria Shropshire, NIEHS; Lindia Engram, NIEHS; and Harold Morcombe, Health and Safety Consultants of N.C.	120
	<b>Health Service</b> Holistic Practices for Improved Health and General Well-Being <b>Sponsors:</b> <ul style="list-style-type: none"> <li>• Stevens Chiropractic and Wellness</li> <li>• Wytha Balance Yoga Counseling, LLC</li> </ul>	121
11:15 – 11:45 a.m.	<b>Diabetes 101 and the Durham Diabetes Coalition: Reducing the Devastation of Diabetes through Education and Clinical Care</b> <b>Speakers:</b> Doris Nicolas-Mir, Novo Nordisk and Joyce Page, Durham County Department of Public Health	1st Floor Auditorium
	<b>A Journey to Breast Awareness: From Screening to Treatment</b> <b>Speakers:</b> Valarie Clark Worthy, Duke Cancer Institute; and Stephanie Riley, Women's Wellness Outreach and Navigation Program, Duke University	105
	<b>Basic First Aid Skills for the Layperson</b> <b>Speakers:</b> Valeria Shropshire, NIEHS; Lindia Engram, NIEHS; and Harold Morcombe, Health and Safety Consultants of N.C.	120
	<b>Health Service</b> Line Dancing for Fitness and Fun <b>Instructor:</b> Shawn Jeter, NIEHS	211
11:45 a.m. – 12:15 p.m.	<b>Lunch A</b>	
	<b>Healthy Meal Planning for Diabetics</b> <b>Speaker:</b> Doris Nicolas-Mir, Novo Nordisk	213
	<b>Healthy Cooking Demonstration</b> <b>Speaker:</b> Chef Marla Thurman, The Art Institute of Raleigh-Durham	115

## Agenda for Women's Health Awareness Day – April 11, 2015

Time	Session	Room
12:15 – 12:45 p.m.	<b>Lunch B</b>	
	<b>Protecting Women's Preventative Health Services Under the Affordable Care Act</b> <b>Speakers:</b> Sue McLaurin, N.C. Division of Public Health (Ret.); and Emma Akpan, Planned Parenthood South Atlantic	105
	<b>Health Service</b> Breast Self-awareness <b>Speaker:</b> Willa Robinson Allen, Durham County Department of Public Health	209
	<b>Health Service</b> Holistic Practices for Improved Health and General Well-Being <b>Sponsors:</b> <ul style="list-style-type: none"> <li>• Stevens Chiropractic and Wellness</li> <li>• Wytha Balance Yoga Counseling, LLC</li> </ul>	121
12:50 – 1:20 p.m.	<b>Trials, Not Tribulations Performance: Judging Which Clinical Trial Fits You Best</b> <b>Actress:</b> Anita Woodley, Anita Woodley Productions	1st Floor Auditorium
	<b>Health Service</b> Myths and Realities of Organ Donation in the Minority Community <b>Speaker:</b> Elsie Leak, PhD, Community Health Coalition, Inc.	104
1:25 – 1:55 p.m.	<b>Chronic Obstructive Lung Disease, the Overlooked Women-killer. What Do I Need to Know About It?</b> <b>Speaker:</b> Stavros Garantziotis, MD, NIEHS	1st Floor Auditorium
	<b>Human Papillomavirus: The Infection, Cancers, and the Vaccines</b> <b>Speaker:</b> Tamera Coyne-Beasley, MD, UNC Chapel Hill	105
	<b>When Loving You is Wrong: Red Flags of an Unhealthy Relationship</b> <b>Speaker:</b> Aurelia Sands Belle, Durham Crisis Response Center	213
	<b>Health Service</b> Durham Senior Divas 'N Dude Cheerleaders	211
2:00 – 2:30 p.m.	<b>Alzheimer's Disease and Women's Health: A Growing Public Health Challenge</b> <b>Speaker:</b> Goldie Byrd, PhD, North Carolina A&T State University	1st Floor Auditorium
	<b>A Journey to Breast Awareness: From Screening to Treatment</b> <b>Speakers:</b> Valarie Clark Worthy, Duke Cancer Institute; and Stephanie Riley, Women's Wellness Outreach and Navigation Program, Duke University	104
	<b>Healthy Cooking Demonstration</b> <b>Speaker:</b> Chef Marla Thurman, The Art Institute of Raleigh-Durham	115
2:30 – 2:40 p.m.	<b>Break</b>	



## Agenda for Women's Health Awareness Day – April 11, 2015

Time	Session	Room
2:40 – 3:10 p.m.	<b>Eye Health 101</b> <b>Speaker:</b> Rebecca Garcés, OD, MyEyeDr.	1st Floor Auditorium
	<b>Obesity, Nutrition, and Exercise</b> <b>Speaker:</b> Jannah Bierens, Durham County Department of Public Health	105
	<b>Health Service</b> Breast Self-awareness <b>Speaker:</b> Willa Robinson Allen, Durham County Department of Public Health	209
	<b>Health Service</b> Holistic Practices for Improved Health and General Well-Being <b>Sponsors:</b> <ul style="list-style-type: none"> <li>• Stevens Chiropractic and Wellness</li> <li>• Wytha Balance Yoga Counseling, LLC</li> </ul>	121
3:15 – 3:45 p.m.	<b>"HIV 101" and "Positive Living: My Life With HIV"</b> <b>Speakers:</b> Annette Carrington Johnson, Durham County Department of Public Health; Angela "Angel" Vick-Lewis, HIV Community Advocate	1st Floor Auditorium
	<b>Hormones 101</b> <b>Speaker:</b> Sheila Allison, MD, Southpoint Medicine and Women's Health Assoc.	104
	<b>Health Service</b> Myths and Realities of Organ Donation in the Minority Community <b>Speaker:</b> Elsie Leak, PhD, Community Health Coalition, Inc.	115
	<b>Health Service</b> Understanding Your Diabetes Medications <b>Speaker:</b> Doris Nicolas-Mir, Novo Nordisk	213
3:50 – 4:20 p.m.	<b>Superwoman Schema, Stress and Self-care: Implications for Mental Health and Wellness Among Women</b> <b>Speaker:</b> Cheryl Woods-Giscombé, PhD, UNC Chapel Hill	1st Floor Auditorium
	<b>When Loving You Is Wrong: Red Flags of an Unhealthy Relationship</b> <b>Speaker:</b> Aurelia Sands Belle, Durham Crisis Response Center	105
	<b>Health Service</b> When You Are Unemployed: Community Access to Resources <b>Speaker:</b> Sharon Elliott-Bynum, PhD, Healing with CAARE, Inc.	104
	<b>Health Service</b> Line Dancing for Fitness and Fun <b>Instructor:</b> Shawn Jeter, NIEHS	211
	<b>Health Service</b> Ladies Let's Lift <b>Speaker:</b> Jannah Bierens, Durham County Department of Public Health	120

## Agenda for Women's Health Awareness Day – April 11, 2015

Time	Session	Room
4:25 – 4:55 p.m.	<b>Risk, Awareness, Prevention of Sickle Cell Disease</b> <b>Speaker:</b> Elaine Anderson Whitworth, Bridges Pointe Sickle Cell Foundation	1st Floor Auditorium
	<b>Protecting Women's Preventative Health Services Under the Affordable Care Act</b> <b>Speakers:</b> Sue McLaurin, N.C. Division of Public Health (Ret.); and Emma Akpan, Planned Parenthood South Atlantic	115
	<b>Health Service</b> Stress Relief: North Carolina Foreclosure Prevention Program <b>Speaker:</b> Nathan Farrior, Durham Regional Financial Center	104
4:55 – 5:00 p.m.	<b>Closing</b>	1st Floor Auditorium

## All Day Services (10:30 a.m. – 4:30 p.m.)

Health Service	Room Number	Sponsor
Blood Pressure Checks	108	Community Health Coalition, Inc.
Chair Massage	206	Paul Lewis, Massage Therapist
Cholesterol Screenings	108	Community Health Coalition, Inc. Healing With CAARE, Inc. National Institute of Environmental Health Sciences
Coronary Artery Blockage Testing	109	Richard Kelsey, CardioDx, Inc.
Dental Screenings	109	Miriam McIntosh, DDS, MPH UNC-CH Student National Dental Society, Vincent Allison, DDS, MPH and Felicia Swinney, DDS, MS, Faculty Supervisors for Students Tasha Hinton, DDS – Oral Cancer Screening
Diabetes Screening	108	Durham Diabetes Coalition Community Health Coalition, Inc. National Institute of Environmental Health Sciences
Lung Capacity Testing	244	National Institute of Environmental Health Sciences Wayne Hughes, RRT, CPFT, Respiratory Therapist
HIV Counseling	Suite 208	Healing With CAARE, Inc.
HIV Screenings	Suite 208	Healing With CAARE, Inc.
Holistic Practices for Improved Health and General Well-being	121	Stevens Chiropractic and Wellness Wytha Balance Yoga Counseling, LLC
Organ Donation Registry	1st Floor Hallway, Exhibit Booth	Community Health Coalition, Inc.
Optometry Screenings	109	N.C. Optometric Society and MyEyeDr., Inc.
Physician Counseling Services	123	Durham Diabetes Coalition Dr. Raghu R. Katuru, MD, Family Practice Physician
Veteran Services	Veterans Mobile Health Services Unit (located outside)	U.S. Department of Veteran Affairs
Veteran Services Hospitality Suite	216	Durham VA Medical Center Durham Alumnae Chapter of Delta Sigma Theta Sorority, Inc. National Institute of Environmental Health Sciences

## Programa de Concienciación Sobre el Día de Salud de las Mujeres

Tiempo	Sesiones	Numero de Habitación
8:55 – 9:00 a.m.	<p><b>Apertura: "Pasemos" y La introducción de Maestra de Ceremonias</b> Joan Packenham, PhD Directora de la Oficina de la Conformidad de Recursos Humanos ,NIEHS/ Institutos Nacionales de Salud; Presidencia, Planificación de eventos y un Comité de Dirección y Co-Presidente del Capítulo de Becaria de Durham, Delta Sigma Theta Sorority, Inc. Comité de Conciencia Acerca de la Salud</p> <p><b>Maestra de Ceremonias:</b> Tamara Gibbs, Reportero de Noticias, ABC11 emisora WTVD-TV</p>	
9:00 – 9:55 a.m.	<p><b>Bienvenidos</b></p> <ul style="list-style-type: none"> <li>• Cora Cole-McFadden Durham, Alcalde Pro Tempore</li> <li>• Gayle Harris, Directora de Salud Pública, Del Departamento de Salud Pública del Condado de Durham</li> <li>• Linda Birnbaum, PhD, Directora, Instituto Nacional de Ciencias de la Salud Ambiental</li> <li>• LaVerna Reid, PhD, MPH Profesor del Departamento de Educación en Salud Publica Universidad Central de Carolina del Norte, planificación de eventos y miembro del Comité Directivo, Miembra de Delta Sigma theta Sorority</li> <li>• Regina Petteway, Directora, Servicios Humanos Del Condado de Wake</li> <li>• Arvis Bridges-Epps, Presidenta, Becarias de Durham Capitulo Delta Sigma Theta</li> </ul> <p><b>Discurso</b> <b>Oradora:</b> Giselle Corbie-Smith, MD Escuela de Medicina de UNC</p>	<b>Auditorio 1er Piso</b>
9:00 a.m. – 1:00 p.m.	<p><b>Servicios de Salud</b> Las Mamografías Solamente con cita previa</p>	<b>Camioneta de Mamografía Rex, Estacionamiento en la calle Nelson</b>
10:00 – 10:30 a.m.	<p><b>Empoderar a Las Mujeres Amar Su Corazón</b> <b>Oradora:</b> Tiffany Randolph, MD Centro Médico de La Universidad de Duke y Instituto Clínico de Investigación de Duke</p>	<b>Auditorio 1er Piso</b>
	<p><b>Conocimientos Besicos de Primeros Auxilios para Los Laicos</b> <b>Oradores:</b> Valeria Shropshire, NIEHS, Lindia Ingram, NIEHS y Harold Morcombe, Consultantes de la Salud y Seguridad de N.C.</p>	<b>120</b>
	<p><b>Servicios de Salud</b> Bailar a Línea para Buena Salud y Diversión <b>Instructora:</b> Shawn Jeter, NIEHS</p>	<b>211</b>
10:30 – 10:40 a.m.	<b>Descanso</b>	

## Programa de Concienciación Sobre el Día de Salud de las Mujeres

Time	Session	Room
10:40 – 11:10 a.m.	<b>Mi Cáncer de Mama Surgió de la Nada ¿Qué Pasó?</b> <b>Oradora:</b> Sophia H.L. George, PhD, Universidad de Duke	<b>Auditorio 1er Piso</b>
	<b>Una Necesidad Para el Cambio: Mejores Resultados para la Madre y los Bebés de Color</b> <b>Oradoras:</b> Tonya Daniel, N.C. División de Salud Pública; y Tara Owens Shuler, El área Duke Oficina del Centro de Educación de Salud	<b>104</b>
	<b>Conocimientos Basicos de Primeros Auxilios para Los Laicos</b> <b>Oradores:</b> Valeria Shropshire, NIEHS, Lindia Engram, NIEHS y Harold Morcombe, Consultantes de la Salud y Seguridad de N.C.	<b>120</b>
	<b>Servicios de Salud</b> Practicas Holísticas Para Mejorar La Salud y El Bienestar en General <b>Patrocinadores:</b> <ul style="list-style-type: none"> <li>• Stevens Quiropráctico y Bienestar</li> <li>• Wytha Balance Yoga Terapia, LLC</li> </ul>	<b>121</b>
11:15 – 11:45 a.m.	<b>Diabetes 101 Coalición de Diabetes de Durham: Reducción de la Devastación de la Diabetes Mediante la Educación y la Atención Clínica</b> <b>Oradores:</b> Doris Nicolas-Mir, Novo Nordisk y Joyce Page, Departamento de Salud Pública de Durham	<b>Auditorio 1er Piso</b>
	<b>Un Viaje a la Conciencia de la Mama: de Detección al Tratamiento</b> <b>Oradoras:</b> Valerie Clark Worthy, Instituto de Cáncer de Duke y Stephanie Riley, Bienestar de la Mujer y Programa de Navegación, Universidad de Duke	<b>105</b>
	<b>Conocimientos Basicos de Primeros Auxilios para Los Laicos</b> <b>Oradores:</b> Valeria Shropshire, NIEHS, Lindia Engram, NIEHS y Harold Morcombe, Consultantes de la Salud y Seguridad de N.C.	<b>120</b>
	<b>Servicios de Salud</b> Bailar a Línea para Buena Salud y Diversión <b>Instructora:</b> Shawn Jeter, NIEHS	<b>211</b>
11:45 a.m. – 12:15 p.m.	<b>Almuerzo A</b>	
	<b>Planificación de Comidas Saludables Para Diabéticos</b> <b>Oradora:</b> Doris Nicolas-Mir, Novo Nordisk	<b>213</b>
	<b>Demostración de Cocina Saludable</b> <b>Oradora:</b> Chef Maria Thurman, El Instituto de Arte de Raleigh-Durham	<b>115</b>

## Programa de Concienciación Sobre el Día de Salud de las Mujeres

Time	Session	Room
12:15 – 12:45 p.m.	<b>Almuerzo B</b>	
	<b>Protección Preventiva de Salud de la Mujer Bajo la Ley de Asistencia Económica</b> <b>Oradoras:</b> Sue McLaurin, N.C. División de Salud Pública (Ret.) y Emma Akpan, Planned Parenthood Atlántico del Sur	105
	<b>Servicios de Salud</b> El Autoconocimiento de Los Senos <b>Oradora:</b> Willa Robinson Allen, Departamento de Salud Pública de Durham	209
	<b>Servicios de Salud</b> Practicas Holísticas Para Mejorar La Salud y El Bienestar en General <b>Patrocinadores:</b> <ul style="list-style-type: none"> <li>• Stevens Quiropráctico y Bienestar</li> <li>• Wytha Balance Yoga Terapia, LLC</li> </ul>	121
12:50 – 1:20 p.m.	<b>Pruebas, No Tribulaciones de Ejecuciones: Juzgar Cual Prueba le Queda Mejor</b> <b>Actriz:</b> Anita Woodley, Anita Woodley Producciones	Auditorio 1er Piso
	<b>Servicios de Salud</b> Mitos y Realidades de la Donación de Órganos en la Comunidad Minoritaria <b>Oradora:</b> Elsie Leak, PhD , Coalición Comunitaria de Salud, Inc.	104
1:25 – 1:55 p.m.	<b>Enfermedad Pulmonar Obstructiva, El Pasar por alto El Asesino de Las Mujeres ¿Qué Tengo Que Saber?</b> <b>Orador:</b> Stavros Garantziotis, MD, NIEHS	Auditorio 1er Piso
	<b>El Virus del Papiloma Humano: La Infección, el Cáncer y las Vacunas</b> <b>Oradora:</b> Tamera Coyne-Beasley, MD, UNC Chapel Hill	105
	<b>Cuando el Amarte es Mal: Banderas Rojas de una Relación Insaludable</b> <b>Oradora:</b> Aurelia Sands Belle, Centro de Respuestas de Durham	213
	<b>Servicios de Salud</b> Las Animadoras de Mayor Edad 'N' Dude de Durham	211
2:00 – 2:30 p.m.	<b>Enfermedad de Alzheimer y la Salud de la Mujer: Un Creciente Desafío de Salud Publica</b> <b>Oradora:</b> Goldie Byrd, PhD, Universidad A&T Estado de Carolina del Norte	Auditorio 1er Piso
	<b>Un Viaje a la Conciencia de la Mama: de Detección al Tratamiento</b> <b>Oradoras:</b> Valerie Clark Worthy, Instituto de Cáncer de Duke y Stephanie Riley, Bienestar de la Mujer y Programa de Navegación, Universidad de Duke	104
	<b>Demostración de Cocina Saludable</b> <b>Oradora:</b> Chef Maria Thurman, El Instituto de Arte de Raleigh-Durham	115
2:30 – 2:40 p.m.	<b>Descanso</b>	

## Programa de Concienciación Sobre el Día de Salud de las Mujeres

Time	Session	Room
2:40 – 3:10 p.m.	<b>Ojo en la Salud 101</b> <b>Oradora:</b> Rebeca Garcés, OD MyEyeDr.	<b>Auditorio 1er Piso</b>
	<b>La Obesidad, La Nutrición y el Ejercicio</b> <b>Oradora:</b> Jannah Biernens, Departamento de Salud Pública del Condado de Durham	<b>105</b>
	<b>Servicios de Salud</b> El Autoconocimiento de Los Senos <b>Oradora:</b> Willa Robinson Allen, Departamento de Salud Pública de Durham	<b>209</b>
	<b>Servicios de Salud</b> Practicas Holísticas Para Mejorar La Salud y El Bienestar en General <b>Patrocinadores:</b> <ul style="list-style-type: none"> <li>• Stevens Quiropráctico y Bienestar</li> <li>• Wytha Balance Yoga Terapia, LLC</li> </ul>	<b>121</b>
3:15 – 3:45 p.m.	<b>"El VIH 101" y "Vida Positiva: Mi Vida con el VIH"</b> <b>Oradoras:</b> Annette Carrington Johnson, Departamento de Salud Condado de Durham; Angela "Angel" Vick-Lewis, Defensor Comunitario del VIH	<b>Auditorio 1er Piso</b>
	<b>Las Hormonas 101</b> <b>Oradora:</b> Sheila Allison, MD , Medicina y la Salud de la Mujer Asocia de Southpoint	<b>104</b>
	<b>Servicios de Salud</b> Mitos y Realidades de la Donación de Órganos en la Comunidad Minoritaria <b>Oradora:</b> Elsie Leak, PhD , Coalición Comunitaria de Salud, Inc.	<b>115</b>
	<b>Servicios de Salud</b> Comprensión de sus Medicamentos para la Diabetes <b>Oradores:</b> Doris Nicolas-Mir, Novo Nordisk	<b>213</b>

## Programa de Concienciación Sobre el Día de Salud de las Mujeres

Time	Session	Room
3:50 – 4:20 p.m.	<b>Supermujer Schema, El Estrés y el Auto-cuidado: Implicaciones para la Salud Mental y el Bienestar de las Mujeres</b> <b>Oradora:</b> Cheryl Woods-Giscombé, PhD, UNC Chapel Hill	Auditorio 1er Piso
	<b>Cuando el Amarte es Mal: Banderas Rojas de una Relación Insaludable</b> <b>Oradora:</b> Aurelia Sands Belle, Centro de Respuestas de Durham	105
	<b>Servicios de Salud</b> Cuando se encuentra en situación de desempleo: Acceso a los Recursos en la Comunidad <b>Oradora:</b> Sharon Elliott-Bynum, PhD, Healing with CAARE, Inc (Curacion con Cuidado)	104
	<b>Servicios de Salud</b> Bailar a Línea para Buena Salud y Diversión <b>Instructora:</b> Shawn Jeter, NIEHS	211
	<b>Servicios de Salud</b> Damas Vamos a Levantar <b>Oradora:</b> Jannah Bierens, Departamento de Salud Pública de Durham	120
4:25 – 4:55 p.m.	<b>Riesgo, Conciencia, Prevención de la Anemia de Células Falciformes</b> <b>Oradora:</b> Elaine Anderson Whitworth, Fundación Bridges Pointe Sickle Cell	Auditorio 1er Piso
	<b>Protección Preventiva de Salud de la Mujer Bajo la Ley de Asistencia Económica</b> <b>Oradoras:</b> Sue McLaurin, N.C. División de Salud Pública (Ret.) y Emma Akpan, Planned Parenthood Atlántico del Sur	115
	<b>Servicios de Salud</b> Alivio de Estrés: Programa de Prevención de Ejecuciones Hipotecarias <b>Orador:</b> Nathan Farrior, Centro Financiero Regional de Durham	104
4:55 – 5:00 p.m.	<b>Clausura</b>	Auditorio 1er Piso



## Servicios de Todo el Dia (10:30 a.m. – 4:30 p.m.)

Servicios de Salud	Numero de Habitación	Patrocinador
Comprueba a la Presión Arterial	108	Coalición Comunitaria de Salud, Inc.
Masaje de Silla	206	Paul Lewis, Terapeuta de Masaje
Pruebas de Colesterol	108	Coalición Comunitaria de Salud, Inc. Sanar con CAARE, Inc. Instituto Nacional de Ciencias de la Salud Ambienta
Obstrucción de las Arterias Coronarias	108	Richard Kelsey, CardioDx, Inc.
Examen Dental	109	Miriam McIntosh, DDS, MPH Sociedad Nacional Dental de los Estudiantes – UNC-CH, Vincent Allison, DDS, MPH y Felicia Swinney, DDS, MS, Facultad de Supervisores para los Estudiantes Tasha Hinton, DDS – Detección del Cáncer Oral
Detección de la Diabetes	108	Coalición de Diabetes de Durham Coalición Comunitaria de Salud, Inc. Instituto Nacional de Ciencias de la Salud Ambienta
Pruebas de la Capacidad Pulmonar	244	Instituto Nacional de Ciencias de la Salud Ambienta Wayne Hughes, RRT, CPFT, Terapeuta Respiratorio
Pruebas de VIH	Suite de 208	Sanar con CAARE, Inc.
Asesoramiento de VIH	Suite de 208	Sanar con CAARE, Inc.
Practicas Holísticas para el Mejoramiento de la Salud y el Bienestar en General	121	Stevens Quiropráctico y Bienestar Wytha Balance Yoga Terapia, LLC
Registro de Donación de Órganos	Pasillo del 1er piso puesto de exhibición	Coalición Comunitaria de Salud, Inc.
Exámenes de la Vista	109	N.C. Sociedad Optometría y MyEyeDr., Inc.
Servicios de Asesoramiento Medico	123	Coalición de Diabetes de Durham Dr. Raghu R. Katuru, MD, Medico de Familia
Servicios para Veteranos	Unidad móvil de servicios a los veteranos (Localizado Afuera)	Departamento de Asuntos de Veteranos
La Suite de Servicios de Hospitalidad al Veterano	216	Centro Medico de Administración de Veteranos de Durham Sororitia de ex alumnas del Capitulo Delta Sigma de Durham Instituto Nacional de Ciencias de la Salud Ambienta

*“A healthy outside starts from the inside.”*

*~ Robert Urich*



**Women's Health Awareness Day 2015**

Clinical Research Information Booths

## **Clinical Research Information Booths**

**Located on the 2nd Floor Hallway**

**All Day Services**

**(10:30 a.m. – 4:30 p.m.)**

**Sponsored By:**

N.C. A & T State University

Duke University

University of N.C. at Chapel Hill

National Institute of Environmental Health Sciences/NIH

## Clinical Research Information Booths

### North Carolina Agricultural and Technical State University Center for Outreach in Alzheimer's Aging and Community Health



COAACH is a fountain of scholarly knowledge, empowering resources and brimming hope that advances healthy aging in all communities. COAACH promotes the science and the application of healthy aging through research, education, capacity building and empowerment so that individuals, particularly the most vulnerable, can live life with quality, dignity and independence.

COAACH faculty and students are engaged in research on how to conduct community outreach that leads to improvements in healthy aging. Our research utilizes an interdisciplinary approach that includes the following areas:

- Biology
- Social work
- Psychology
- Agricultural Science
- Engineering
- Nursing
- Visual and Performance Arts
- And Several Others

Research is conducted by faculty, graduate students and undergraduate students dedicated to improving healthy aging.

**Contact Person:** Goldie S. Byrd, PhD, Professor and Dean, College of Arts and Sciences, North Carolina A&T State University; Principal Investigator; (336) 334-7806; gsbyrd@ncat.edu.

**Alternate Contact Person:** Takiya Starks, Clinical Coordinator; (336) 285-2172; tdstarks@ncat.edu.

## Clinical Research Information Booths

### *Women's Wellness Clinic* *at Duke University*



The Women's Wellness Clinic at Duke University Medical Center is a unique multidisciplinary program for high-risk women offering access to a variety of services, including:

- Personalized breast cancer risk assessment based on personal and family health history
- Breast random fine needle aspiration (as part of clinical research protocol)
- Screening breast MRI or other radiology studies
- Chemoprevention (preventive drugs that can potentially decrease breast cancer risk)
- Consultation with breast surgeon to evaluate masses
- Genetic counseling and testing
- Counseling about hormone replacement therapy and menopausal symptoms
- Basic gynecological care
- Integrative medicine opportunities utilizing alternative therapies

Our clinic provides access to a multidisciplinary team of clinicians who specialize in breast cancer prevention, including: a medical oncologist, a breast surgeon, two gynecologists specializing in menopause and integrative health, a physician assistant, research coordinator, patient navigator, genetic counselors, radiologists and nurses. This specialized team can provide preventive options and recommendations that are on the cutting edge of clinical research.

#### **Research Statement**

Progress in developing acceptable prevention agents is currently limited because we lack an understanding of the early molecular events in mammary carcinogenesis. In order to accelerate the development of effective prevention strategies, the research aims to:

1. Define signal-transduction pathways that promote the elimination of damaged mammary epithelial cells.
2. Understand how these pathways become dysregulated in early mammary carcinogenesis. Long-term goals include identifying novel targets for breast cancer chemoprevention and developing biomarkers that accurately predict response.

**Contact Person:** Stephanie Riley, Coordinator/Patient Navigator; (919) 668-3051; rober141@mc.duke.edu.

**Alternate Contact Person:** Victoria Seewaldt, MD, Director, Breast Cancer Prevention Program, Principal Investigator; (919) 668-3051; seewa001@mc.duke.edu.

## Clinical Research Information Booths



UNC  
CENTER FOR HEALTH  
EQUITY RESEARCH

### The Center for Health Equity Research Mission

The Center for Health Equity Research (CHER) brings together collaborative, multidisciplinary teams of scholars and community members to improve health in underserved communities through a shared commitment to health equity, innovation and translational research.

- Create and maintain cross-disciplinary synergy: The combination of individual perspectives, resources and skills creates a “whole that is greater than the sum of its parts” and results in research collaborations with increased creativity and more comprehensive solutions to complex problems.
- Advance research methods: New methods and new applications of methods from other fields are required for continued progress in the field. Methods routinely used in health disparities research do not meet the methodological needs of complex problems or take advantage of cross-disciplinary collaborations.
- Effective translation of discoveries: Deliberate, strategic investments in translational collaborations in key conditions or areas can catalyze new discoveries and create models and an infrastructure that transcends bottlenecks.
- Conduct research that addresses patient and community centered outcomes: Research that is more relevant to stakeholders is more likely to lead to organizational and public policy change that leads to improved health.
- Equity in health care is an issue of quality: Equity is one of the six quality aims defined by the Institute of Medicine in their 2001 report, “Crossing the Quality Chasm.” Addressing equity offers great opportunities for profound improvement for both individual patients and society as a whole.

**Contact Person:** Kelly Marie Eason, Administrative Specialist; (919) 843-8271; kmeason@email.unc.edu.

**Principal Investigator:** Giselle Corbie-Smith, MD, MS, Professor of Social Medicine and Professor in the Department of Medicine; Director, Program on Health Disparities at the Cecil G. Sheps Center for Health Services Research, University of North Carolina at Chapel Hill.

## Clinical Research Information Booths



UNC  
THE NORTH CAROLINA  
TRANSLATIONAL & CLINICAL  
SCIENCES INSTITUTE

### The North Carolina Translational & Clinical Sciences Institute

We seek to overcome barriers to translation by improving efficiency, training the research workforce and sharing successful research methods.

We aim to:

- Expand to support the full spectrum of clinical and translational research.
- Focus on three strategic initiatives: next-generation technologies to transform clinical research and practice, new paradigms and resources to accelerate drug development, and comparative effectiveness research to provide definitive evidence of the benefits and harms of tests and treatments.
- Train, support and motivate the next generation of clinical and translational researchers.

Our unique combination of research and training resources supports the full range of clinical and translational research, from basic science to clinical application to policy change, in order to benefit patients across the state and nationally through the Clinical and Translational Science Awards (CTSA) Consortium.

The integrated hub of the CTSA program at UNC combines the research strengths, resources and opportunities of the UNC Chapel Hill campus, partner institution RTI International in the Research Triangle Park and planning partner North Carolina A&T State University in Greensboro, North Carolina.

Together we are strategically designed to overcome barriers which historically have been responsible for fragmenting and delaying research efforts. Faculty and staff experts across NC TraCS offer targeted, comprehensive and interdisciplinary solutions to investigators in the area of clinical and translational science; and we serve as the sole, centralized portal through which researchers may gain access to the resources and services.


**Contact Person:** Tamera Coyne-Beasley, MD, Professor of Pediatrics and Internal Medicine in UNC's Division of General Pediatrics and Adolescent Medicine, and Faculty Research Fellow at the Sheps Center for Health Services Research, UNC Chapel; Principal Investigator; (919) 966-2504; tamera\_coyne-beasley@med.unc.edu.

**Alternate Contact Person:** Shelby Long, Program Coordinator; (919) 966-3381; shelby.long@med.unc.edu.




## Clinical Research Information Booths

### National Institute of Environmental Health Sciences Clinical Research Program



National Institute of  
Environmental Health Sciences

### Clinical Research Unit



*Translating research from  
bench to bedside*

[www.niehs.nih.gov/clinicalunit](http://www.niehs.nih.gov/clinicalunit)

National Institutes of Health  
U.S. Department of Health and Human Services

The National Institute of Environmental Health Sciences (NIEHS) is located in Research Triangle Park, North Carolina, and is one of the National Institutes of Health (NIH), the nation's premier biomedical research agency. The mission of NIEHS is to reduce the burden of human illness and disability by understanding how the environment influences the development and progression of disease. To help fulfill the mission of NIEHS, a new Clinical Research Unit was opened in 2009.

The NIEHS Clinical Research Program and the Clinical Research Unit (CRU) strive to:

- Translate basic laboratory findings to advances in human health.
- Study interactions between genetics and environmental factors in the development of human diseases.
- Identify populations at increased risk, and develop novel preventative and therapeutic strategies to combat human diseases.

## Clinical Research Information Booths



### National Institute of Environmental Health Sciences The Environmental Polymorphisms Registry

The Environmental Polymorphisms Registry (EPR) is a long-term research project to collect and store DNA from up to 20,000 North Carolinians in a biobank. The DNA samples are available to scientists to study variations in genes (known as polymorphisms) that might be linked to common diseases such as diabetes, heart disease, cancer, asthma and others. While many types of genes are studied as part of the EPR, the focus is on a category known as "environmental response genes." These are genes that may increase the risk of human disease when combined with environmental exposures. Alternatively, "environmental response genes" may also decrease disease risk by protecting individuals after environmental exposures.

The EPR is unique in that it is a "linked" DNA registry. DNA samples are coded with personal identification numbers (PINs) that are linked back to registrants' identities and contact information. This gives scientists the ability to ask registrants to come back and participate in a wide variety of voluntary follow-up studies based on their genetic profiles.

The EPR is designed to help researchers develop new and better ways of diagnosing, preventing and treating common diseases both in individual patients and whole populations.

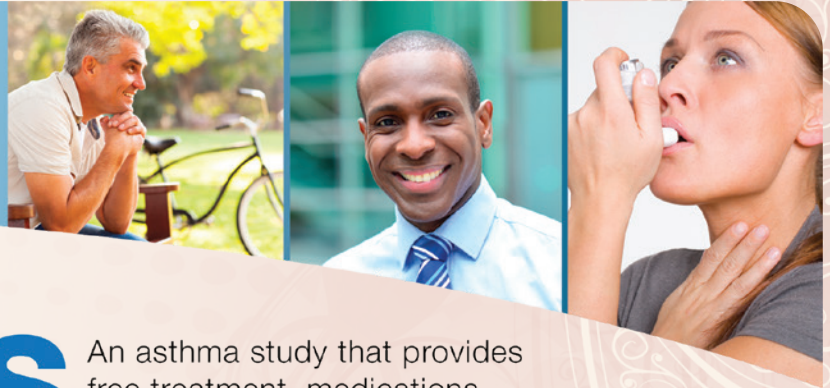
**Contact Person:** Shepherd Schurman, MD, NIEHS, Acting Medical Director, Clinical Research Unit; Principal Investigator, EPR; (919) 541-7736; shepherd.schurman@nih.gov.

**Alternate Contact Person:** Nicole Edwards, NIEHS, EPR Study Coordinator, CRU; (919) 316-4976; nicole.edwards@nih.gov.

## Clinical Research Information Booths



National Institute of  
Environmental Health Sciences  
*Clinical Research Unit*



Join

# NHALES

An asthma study that provides  
free treatment, medications  
and compensation

## And Get Your Asthma Under Control

### National Institute of Environmental Health Sciences The Natural History of Asthma With Longitudinal Environmental Sampling (NHALES)

The main purpose of the NHALES study is to collect samples and medical information from people who have moderate to severe asthma, as well as from people who do not have asthma for comparison. The samples and medical information will be used in the future to help scientists understand how bacteria and other things in the environment can affect asthma in people. Another purpose of the NHALES study is to set up an asthma clinic at NIH's NIEHS CRU. This clinic will provide free doctor visits and asthma medications to people who do not currently have a good way to get treatment for their asthma.

**Contact Person:** Chloe Katz, Study Coordinator, Social and Scientific Systems; (919) 957-6711; [ckatz@s-3.com](mailto:ckatz@s-3.com).

**Principal Investigator:** Stavros Garantziotis, MD, Acting Chief, Clinical Research Branch; (919) 541-9859; [garantziotis@niehs.nih.gov](mailto:garantziotis@niehs.nih.gov).

*“ I have learned over the years that when one’s mind is made up, this diminishes fear; knowing what must be done does away with fear. ”*

*~ Rosa Parks*



# **Women's Health Awareness Day 2015**

## Speaker Biographies

## Speaker Biographies



**Emma Akpan, MDiv**

*Triangle Field Organizer, Planned Parenthood South Atlantic, Raleigh, N.C.*

**Emma Akpan** is the triangle field organizer for Planned Parenthood South Atlantic in Raleigh, North Carolina. Last year, Akpan participated in the Moral Monday protests at the state capitol, offering a closing prayer on Reproductive Rights Advocacy Day. Akpan has a master's degree in divinity from Duke University. She serves on the board of N.C. Women United as well as the Resource Center for Women in Ministry in the South. In her free time, Emma likes running and starting book clubs. She doesn't believe a nice day should be wasted inside, and believes time shouldn't be wasted eating bad food.



**Willa Robinson Allen, MAEd, MPH**

*Program Manager, Durham County Department of Public Health, Durham, N.C.*

**Willa Robinson Allen** is the program manager for Health Promotion and Wellness in the Health Education Division at Durham County Department of Public Health. She manages chronic disease education, prevention, and outreach programs for adults in Durham County. Many of these programs target audiences by focusing on positive lifestyle changes to prevent the diseases that plague the community. Allen supervises a team of eight health educators and works closely with many dedicated volunteers and community partners.

Allen is a native of North Carolina and a proud graduate of North Carolina Central University with a Bachelor of Science in health education with a concentration in Community Health. She has completed a Master of Arts in adult education from University of Phoenix and a Master of Public Health from the University of North Carolina at Greensboro. She is also a certified childbirth instructor (Rex Birth Center, Raleigh), CPR instructor, Aerobics instructor and Zumba instructor.

In addition to her community contributions as an educator, volunteer, and supporter of community events, Allen served 20 years in the armed forces, retiring as a E7/SFC (Sergeant First Class) in the United States Army Reserves. In the military, she was trained as an operating room scrub/technician, an EMT-B, and a licensed practical nurse, all of which she has maintained licenses for.



**Sheila Allison, MD**

*Founder and Director, Southpoint Medicine and Women's Health Associates, Durham, N.C.*

**Sheila Allison** is a graduate of Meharry Medical College in Nashville, Tennessee and completed her specialty training in Obstetrics and Gynecology at Wayne State University in Detroit, Michigan.

She opened Southpoint Medicine and Women's Health Associates in 2003, specializing in gynecology with a focus on hormone management. As a regional authority on menopause, Allison also emphasizes a healthy lifestyle as part of her approach to helping her patients. She practices all aspects of gynecology including surgery.

## Speaker Biographies



### **Aurelia Sands Belle, MEd**

*Executive Director, Durham Crisis Response Center, Durham, N.C.*

**Aurelia Sands Belle** has more than 30 years of professional experience in human service delivery and advocacy. She has extensive experience in the management of nonprofit organizations and programmatic implementation strategies. Belle is currently the executive director of Durham Crisis Response Center in Durham, North Carolina, which responds to victims of domestic violence and sexual assault. In the past, she served as the director for the agency that responded to the bombing at the 1996 Centennial Olympic Games; interim director of the N.C. Coalition Against Sexual Assault; and director of the Rape Crisis Center of Cumberland County.

Ms. Belle serves on the prestigious End Violence Against Women, International Board of Directors, and North Carolina Innocence Inquiry Commission. She served on the N.C. Governor's Crime Commission, Governor's Criminal Justice Coordinating Council, the Commission on Family Violence, and Georgians for Victim Justice. Belle is a founding director of Justice Solutions, Inc. of Washington, D.C. She continues to provide training and consultation through the Office for Victims of Crime Training and Technical Assistance Center, as well as to various state entities.

Belle is the recipient of many awards and honors including the 2014 Remarkable Women of Durham Recognition, Margery Fry Award by the National Organization for Victim Assistance, and the U.S. Presidential Award for Outstanding Service and Commitment to Crime Victims. Belle earned a master's degree in community counseling from Georgia State University and a Bachelor of Arts in Urban Studies from Oglethorpe University.



### **Jannah Bierens**

*Health Education Specialist, Durham County Department of Public Health, Durham, N.C.*

**Jannah Bierens** has a background in kinesiology and exercise physiology, with a special interest in nutrition education. She received her undergraduate degree in health and fitness from the University of North Carolina at Charlotte and is currently pursuing a master's degree in public health.

For the last seven and a half years, Bierens has been a health education specialist for the Durham County Department of Public Health, working in health promotion and wellness. More specifically, she focuses on behavior change for overall wellness and chronic disease prevention/management. In addition, she has worked at the downtown Durham YMCA for the past 10.5 years as part of their wellness staff. She has been teaching dance and fitness classes for about 15 years and enjoys creative, high energy formats such as boot camp, intervals, and funky-fit type classes.

Bierens takes pride in practicing what she preaches and motivating others by example. Her job is not just about her career, but about her passion. She truly believes that you must change your mindset to change your actions, and that every day you have a choice to be better than you were yesterday. Whether a size six or size 16, she believes the body is an amazing, beautiful gift and should be respected as such.

## Speaker Biographies



### **Goldie Byrd, PhD**

*Professor and Dean of the College of Arts and Sciences, North Carolina A&T State University, Greensboro, N.C.*

**Goldie Byrd** is the dean of the North Carolina A&T State University College of Arts and Sciences, which is the largest department on campus, with more than 3500 students and 300 faculty. Byrd is also founder of the A&T Center for Outreach in Alzheimer's Aging and Community Health, which was opened with a \$1 million gift from Merck, Inc & Co. She received a biology degree and a biology education degree from A&T and a doctorate from Meharry Medical College. She has conducted postdoctoral work at Meharry, University of North Carolina at Chapel Hill, and Duke University. Byrd collaborates with investigators at three medical schools and conducts Alzheimer's genetics research with African-Americans. She, her collaborators, and the Alzheimer's Disease Genetics Consortium published the largest genome-wide association study in African-Americans in 2013. In addition Byrd has raised more than \$45 million dollars in research and research training to advance underrepresented students toward graduate and professional degrees in the sciences. Byrd is the co-founder for the STEM Center of Excellence for Active Learning at A&T, which is sponsored by a major gift from the North Carolina GlaxoSmithKline Foundation. Her mentoring and research training was recognized by the National Science Foundation and President Barack Obama at a White House Ceremony in 2010.

Byrd has served on numerous boards and review panels for the National Institutes of Health, the National Science Foundation, the Alzheimer's Association, and the North Carolina Biotechnology Center. She is active on community boards and professional societies. Her Alzheimer's work was recently recognized by the Alzheimer's Association, who dubbed her as an Alzheimer's champion. Byrd is married to Randall Byrd, has three adult children, and enjoys reading and playing golf.



### **Giselle Corbie-Smith, MD, MS**

*Kenan Distinguished Professor for the Department of Social Medicine, UNC School of Medicine, Chapel Hill, N.C.*

**Giselle Corbie-Smith** is nationally recognized for her scholarly work on the practical and ethical issues regarding engaging communities of color in research to address racial and ethnic health disparities. She is director of the UNC Center for Health Equity Research; director of the Community Academic Resources for Engaged Scholarship, a service of the N.C. Translational and Clinical Sciences Institute; and co-director of the Program on Health Disparities at the Cecil G. Sheps Center for Health Services Research at UNC. Corbie-Smith has served as the principal investigator on numerous community-based participatory research studies to address health issues such as HIV/AIDS and cardiovascular disease in rural, eastern North Carolina. In her work, she also explores the use of community health workers as deliverers of health information to underserved populations.



## Speaker Biographies



### **Tamera Coyne-Beasley, MD**

*Tenured Full Professor of Pediatrics and Internal Medicine at the University of North Carolina Chapel Hill and Director of Adolescent Medicine, Chapel Hill, N.C.*

**Tamera Coyne-Beasley's** academic and community work has focused on reducing health disparities; improving adolescent health and access to health care including immunizations; decreasing adolescent risky behavior, including sexually transmitted infections such as HIV and HPV; and decreasing violence and firearm injuries among youth.

Coyne-Beasley has been the principal investigator on several projects examining the acceptability of HPV, barriers to vaccination, and interventions among parents of male children and young males from clinic and university samples to improve uptake of HPV vaccine and other routine recommended vaccines. She has authored several manuscripts on adult, meningococcal, and HPV vaccination. Coyne-Beasley also co-chaired the third workshop of President Barack Obama's Cancer Panel and contributed to the following publication released on February 10, 2014: "Accelerating HPV Vaccine Uptake: Urgency for Action to Prevent Cancer," a report delivered to President Obama from his Cancer Panel.

Coyne-Beasley is also the founding director of the North Carolina Child Health Research Network of the N.C. Translational and Clinical Sciences Institute. Coyne-Beasley is a national adolescent health expert, and has served as a past regional president for the Society for Adolescent Health and Medicine's (SAHM's) Virginia and Carolina chapter for six years. She is currently a member of the National Executive Board of SAHM. Coyne-Beasley was also appointed by the U.S. Secretary for Health and Human Services as a member of the U.S. Advisory Committee on Immunization Practices (ACIP), where she chaired the Adult Immunization workgroup. She remains a member of the ACIP Adult, Provider, and HPV workgroups.



### **Durham Senior Divas 'N Dude Cheerleaders**

*Durham, N.C.*

**The Durham Senior Divas Cheerleaders** were organized in February of 2004 as another means of just having fun and promoting good health at the area YMCA. The team captain, Louise Gooche, had seen another group of senior citizens performing cheers, and she thought, "We can do that too." Officials at the YMCA embraced the idea of "senior" cheerleaders and stated that they would sponsor the group. Members at the YMCA saw the seniors rehearsing each week and started to invite them to perform at various events. The YMCA featured the squad in a promotional televised video to emphasize the importance of exercise and good health. After about two years, a male was recruited to join the Divas, hence the name Durham Senior Divas 'n Dude. Even more recently, a second dude joined the group, prompting the organization to add an "s" to the end of the group's name; thus, The Durham Senior Divas 'n Dudes. The team continues to excite crowds throughout the Triangle community and surrounding counties as they perform their high-spirited cheers in North Carolina!

## Speaker Biographies



### **Tonya Daniel**

*Program Manager, N.C. Division of Public Health, Women's Health Branch  
Lamaze Childbirth Educator Trainer, Duke AHEC Lamaze Educator Training Program  
Raleigh, N.C.*

**Tonya Daniel** graduated from the University of North Carolina at Chapel Hill with a major in sociology, concentrating in maternal and child health. She is a Lamaze certified childbirth educator, fellow of the American College of Childbirth Educators, Lamaze childbirth educator trainer with the Duke AHEC Lamaze Educator Training Program, and a DONA-approved birth doula trainer and international board certified lactation consultant. Currently, she is employed by the N.C. Division of Public Health as a program manager within the Women's Health Branch. Accompanying families through their birth journeys since 2000, she provides education, labor support, and lactation services to women in her community.

Daniel enjoys spending family time with her husband, her four energetic kids, and dog, Bella.



### **Sharon Elliott-Bynum, PhD, MA, RN**

*Co-founder and Executive Director, Healing with CAARE, Inc., Durham, N.C.*

**Sharon Elliott-Bynum** is a resplendent model of a trailblazer who has served the community working as a professional nurse, an educator, consultant, researcher, and administrator. She began her nursing career at 16 years of age. From her early days of service as a pediatric nurse for LaDell Douglas, she matriculated from a licensed practical nurse, to registered nurse, to the director of nursing. She later advanced to become the district director of clinical operations for Kindred Health Care, where her responsibilities included the overall management and clinical operations of seven statewide facilities and oversight for the director of nursing and staff development coordinator positions. She later completed a master's degree in counseling, and a doctorate in theology.

For the past 19 years, she has dedicated her life to helping the underserved – setting a standard for service, responsibility, and unconditional love for humankind. Elliott-Bynum started doing community outreach in Durham public housing and soon recognized a gap in services for these individuals. She and her late sister, Pat Ameachi, “talked about what they could do and what was their responsibility as private citizens to help disenfranchised individuals figure out how to improve their health and how to navigate the system to get help.” In 1995, she and her late sister, who was also a nurse, founded Healing With CAARE, Inc. Today, this organization is “an oasis of CAARE in Durham, North Carolina and surrounding areas for at risk community members who experience health and socio-economic disparities.” From prevention to diagnosis, it is Durham's first free comprehensive health care clinic for the uninsured. During the evening hours, doctors and nurses volunteer their time to both the medical and dental clinics.

Elliott-Bynum has served the community in many capacities that have set a standard for responsibility as a mother, business woman, professional, and community servant. She is the proud mother of Ebony (a nurse who followed in her mom's footsteps) and Damien (college student). To summarize the heart, compassion, and persistence of Elliott-Bynum would entail a quote by Gandhi: “Be the change you wish to see in the world.”

## Speaker Biographies



### **Lindia Engram, RN, BSN**

*Senior Nurse Manager, National Institute of Environmental Health Sciences/NIH, Health and Safety Branch (HSB), Research Triangle Park, N.C.*

**Lindia Engram** is an alumnus of North Carolina Central University. Engram manages the NIEHS Occupational Health Unit which provides a full range of occupational and preventive services. She focuses primarily on preventing diseases in the workforce through the monitoring of occupational exposures and work-related health risks. Engram is also a lieutenant commander commissioned corp officer in the United States Public Health Service. Her mission is to protect, promote, and advance the health and safety of the nation.



### **Nathan Fariior**

*Deputy Director, Durham Regional Financial Center, Durham, N.C.*

**Nathan Fariior** is a 1980 graduate of North Carolina Central University, with a degree in business administration, concentrating in finance. He started his career with Central Carolina Bank after graduating from their management training program. Fariior progressed through the ranks to vice president, where he served for a total 14 and a half years. After Central Carolina Bank, he was recruited into the mortgage industry by the Anchor Financial Group, based in Raleigh, North Carolina. He was then recruited by First Citizen Bank as a first time home buyer mortgage loan specialist, where he worked for a total of seven years. Next, he joined American Home Mortgage to serve as sales manager of the Durham office. Fariior was later recruited by Mechanics and Farmers Bank as a senior sales executive and from there recruited by Generations Community Credit Union, which is now Self Help Credit Union, where he rose to interim CEO. Currently, he serves as deputy director with Durham Regional Financial Center, where he oversees the program operations and does reverse mortgage counseling. He also serves as instructor for the Homebuyer Education and Financial Education Program.

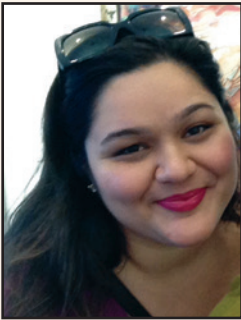


### **Stavros Garantziotis, MD**

*Medical Director, Clinical Research Unit, National Institute of Environmental Health Sciences/NIH Adjunct Associate Professor of Medicine, Duke and Adjunct Assistant Professor of Medicine, UNC Research Triangle Park, N.C.*

**Stavros Garantziotis** obtained his medical degree at the Albert Ludwigs University in Freiburg, Germany, in 1994. After an internship in internal medicine at the University Hospital in Munich, Germany, he completed his residency in internal medicine at the Albert Einstein College of Medicine in New York, and received his board certification in internal medicine in 1999. He then completed a fellowship in the Division of Pulmonary, Allergy, and Critical Care Medicine at Duke University Medical Center, and remained a faculty member in the division until 2007. He received board certification in pulmonary medicine in 2003 and critical care medicine in 2005. In August 2007, Garantziotis joined NIEHS to set up and supervise the new Clinical Research Unit.

## Speaker Biographies



**Rebecca Garcés, OD**

*Optometrist, MyEyeDr., Raleigh, N.C.*

**Rebecca Garcés** was raised in Raleigh, North Carolina. She received her undergraduate degree in biological sciences with a minor in health, medicine, and human values from North Carolina State University. After college, she moved to Memphis, Tennessee to attend Southern College of Optometry (SCO). She went on to rotate through clinics in Louisville, Kentucky, and Miami, Florida. Some of her favorite extracurricular activities while at SCO were school screenings for children of various ages, as well as her involvement in the National Optometric Student Association – an organization dedicated to bringing quality eye care to minority and underserved populations. Garcés completed rotations in primary care, pediatrics, contact lenses, pre- and post-operative care, and ocular disease. She is excited to utilize all of her past experiences in future patient care.



**Tamara Gibbs**

*ABC11 Eyewitness News Reporter, serving the Triangle area*

**Tamara Gibbs** has two decades of broadcast news experience. She got her start as a reporter for WCIL-FM Radio in Carbondale, Illinois where she won the Illinois Broadcaster's Association Silver Dome Award for Best Public Affairs Series in 1995. Her career eventually led to various anchor and reporter positions at several Illinois stations including WSIL-TV in Carterville, WICS-TV in Springfield, and WICD-TV in Champaign.

While covering the Illinois State Legislature, Tamara earned her master's degree in public affairs at the University of Illinois at Springfield. During her undergraduate studies at the University of Illinois at Urbana-Champaign, Tamara joined the historically black sorority Sigma Gamma Rho Incorporated.

During her time away from the newsroom, she serves as a guest lecturer at local community colleges and universities. She has volunteered with Wake County Meals on Wheels and the Women's Ministry of her church. Drawing on her own personal experience, Tamara has worked as a student tutor and mentor for disadvantaged youth in the Triangle.

Tamara enjoys eating sushi, long distance running, genealogy research, and reading. She also has a love for arts and crafts. It's not uncommon to find Tamara making scented candles, scrapbooking or designing handmade greeting cards.

Tamara is a board member of The Beautiful Project, a Durham-based nonprofit that offers a 16-week self-esteem program designed to creatively explore and affirm the dynamic beauty of black girls through photography and the eyes of family, friends, and self.

## Speaker Biographies



### **Sophia H. L. George, PhD**

*Senior Research Associate, Division of Medical Oncology, Department of Medicine, Duke University, Durham, N.C.*

**Dr. Sophia George** is a Postdoctoral Fellow at Duke University since January 2015, and has previously worked as a Scientific Associate at the University Health Network in Toronto, Canada since 2010. Dr. George is a Board Member of the National Stem Cell Ethics Board in The Commonwealth of the Bahamas and an External Reviewer for the UWI/PHA Research Ethics Committee in the Bahamas since 2010.

Dr. George's major research focus is in the area of women's cancer prevention, particularly with respect to aggressive breast cancers and the origin of ovarian cancer development. Her goal is to combine basic and translational scientific tools to better understand prevention and detection modalities of these tumor types. Dr. George obtained a Ph.D. in molecular genetics at the University of Toronto and following that was part of the first team that identified the tubal origins of high-grade serous ovarian cancer. She has since continued building on this work by identifying early molecular alterations involved in the development of ovarian cancer from the fallopian tube. Dr. George is the recipient of the AACR Minority Scholar in Cancer Research Award in 2011 and has worked alongside a team from University of Miami to evaluate the frequency of BRCA Founder Mutations in the Caribbean Islands. She continues to remain involved in many aspects of academia through her participation in international conferences and co-founding the North-South Breast and Ovary Health initiative, a new initiative involved in the development of educational symposiums and workshops in Dominica with the scope of improving the diagnosis and treatment of women's cancers on the island.



### **Shawn Jeter**

*Technical Information Specialist, Program Operations Branch, National Institute of Environmental Health Sciences/NIH, Research Triangle Park, N.C.*

Since 1996, **Shawn Jeter** has held the position of group fitness instructor at the Durham YMCA, where she is currently an instructor. Jeter has taught line dancing since 2010 for various private, corporate, and public venues. In 1991, she joined the Durham Alumnae Chapter of Delta Sigma Theta Sorority, Inc. Jeter is the single parent of one daughter.

## Speaker Biographies



**Annette Carrington Johnson, MS**

*Program Manager, Health Education Services, Durham County Department of Public Health, Durham, N.C.*

**Annette Carrington Johnson** is a program manager in the Health Education Services of the Durham County Department of Public Health. She is responsible for the administration, management, and supervision of the communicable disease and maternal child health program area, which consists of seven public health educators. She has been employed by the Durham County Department of Public Health for the past 22 years. Her experience includes teaching public health courses, designing and applying scientific research to program operations and interventions, handling media relations, writing proposals, developing curricula and educational materials, analyzing public policies, and developing and sustaining local coalitions. Johnson serves as president for the Durham Coalition on Adolescent Pregnancy Prevention and is a HIPAA privacy officer.

Johnson received her Master of Science from North Carolina Central University in May 2002. She graduated magna cum laude and was a member of the KAPPA Omicron Nu Honor Society. In addition, she earned an undergraduate degree from North Carolina Central University in May 1991. Johnson has extensive training and experience with Arc View and Gismo (Geographical Information Systems), Print Master, curriculum development, program planning and evaluation, grant writing, and effective communication. Her area of interest and concentration is in maternal and child health with an emphasis on personal health, adolescent pregnancy prevention, family planning, school health, and adolescent suicide.



**Elsie Cureton Leak, PhD**

*Primary, Secondary, and Tertiary Educator (Ret.)  
Founder, Elsie C. Leak Educational Consortium, Inc., Durham, N.C.*

**Elsie Leak** received a bachelor's degree from South Carolina State University, master's degree from Atlanta University, and doctorate from the University of North Carolina at Greensboro.

She had a long, successful career in education, serving as a classroom teacher at the elementary, middle, high school, and college levels. Leak has also served as a principal at the middle and high school levels. From 1993 to 1997, she served as assistant superintendent for instructional outcomes and interim deputy superintendent for Durham Public Schools. She served as director of the Division of School Improvement at the Department of Public Instruction from 1997-2002, when she was promoted to associate state superintendent for curriculum and school reform services. She served in this position until she retired in June 2007.

Leak is a member of Peace Missionary Baptist Church, where she serves as a deacon, member of the senior choir, an alternate for the Gleaners, and teacher of the membership class. She is also a member of Alpha Kappa Alpha Sorority Inc. and several other community and service organizations.

Since retirement, she founded the Elsie C. Leak Educational Consortium, Inc. and works as an educational consultant in the area of school improvement. Leak also serves as a volunteer at the Community Health Coalition, Inc., and enjoys spending time with her granddaughters and being of service to others.

## Speaker Biographies



### **Sue McLaurin, PT (Ret.)**

*State Physical Therapy Consultant, NC Division of Public Health (Ret.), Durham, N.C.*

**Sue McLaurin** is an advocate for enrolling individuals in the Affordable Care Act. She accepted an invitation from the North Carolina Institute of Medicine to be trained to provide education and outreach to underserved populations and has provided Affordable Care Act workshops in the Durham community for the past two years. McLaurin is past chairwoman of the Durham County Board of Public Health and serves as a member of the Community Advisory Council of the Office of Health Equity and Health Disparities of the Duke Cancer Institute. She also serves as a board member for the Lincoln Community Health Center Foundation. McLaurin is a retired physical therapist, and was the State Physical Therapy Consultant for the N.C. Division of Public Health. She is a member of the Durham Alumnae Chapter, Delta Sigma Theta Sorority, Inc.



### **Fritz Mesilien, DC**

*Stevens Chiropractic & Wellness Center, Durham, N.C.*

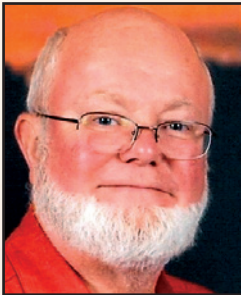
After graduating from high school, **Fritz Mesilien** enlisted into the United States Marine Corps and went to boot camp in Parris Island, South Carolina. He was eventually stationed at Camp LeJeune, North Carolina. While on active duty, he completed his undergraduate studies in computer information systems at Campbell University.

During his tenure as a Marine, Mesilien experienced his first chiropractic adjustment and was amazed at its effect on his lower back and overall improved performance in the military service. Inspired, he returned to school in pursuit of becoming a chiropractor. Mesilien completed a Doctor of Chiropractic degree at the University Of Bridgeport College of Chiropractic in Connecticut. With direction from his clinician, and upon getting his BFS (bigger faster stronger) certification, Mesilien has had great success assisting athletes in training and competition.

Mesilien utilizes the most current therapeutic techniques including: diversified chiropractic manipulation, myofascial release, kinesiotaping and rock taping, cold laser, nutritional and ionic detoxification, and kinesio-muscle testing to address his patients' needs. He is also an accomplished chiropractic acupuncturist utilizing traditional Chinese medicine techniques for herbal and supplemental support.

Affectionately known as "Dr. Fritz," he currently lives in Durham with his wife Ashley, who is a dental hygienist in the north Raleigh area. In his off time, he likes to work on cars, take trips to the beach, fish, ride motorcycles and dirt bikes, and most importantly, spend time with his family.

## Speaker Biographies



**Harold Morcombe**

*Representative, Health and Safety Consultants of NC, Raleigh-Durham, N.C.*

**Harold Morcombe** works with Health and Safety Consultants of N.C. They train both novice and professional responders in first aid and CPR/AED. The group also offers babysitter training, blood borne pathogens training, and O2 training. Health and Safety Consultants of N.C. has been in business serving the public since 2008 and service all the southeastern United States.



**Doris Nicolas-Mir, MPH, RD, CDE**

*Diabetes Educator, Novo Nordisk, Raleigh, N.C.*

**Doris Nicolas-Mir** has been working as a registered dietitian since 1998. For the past nine years, she has specialized in diabetes education. In 2012, Doris received the Diabetes Educator of the Year Award from the American Diabetes Association.



**Joyce Page, MPH**

*Health Education Specialist, Durham County Department of Public Health, Durham, N.C.*

**Joyce Page** is part of a diverse team of partners with the Durham Diabetes Coalition working to reduce death and injury from Type 2 diabetes.

Certified by Stanford University as a chronic disease self-management t-trainer, she conducts workshops and trainings on managing chronic conditions like diabetes. Her work in public and community health spans over 20 years and includes assignments in eight different states at the federal, state, county, and local level. Her career began as a U.S. public health commissioned officer in Maryland. Recognizing her passion for community engagement, she returned to North Carolina to work with state and nonprofit organizations involved in health promotion.

Her most rewarding assignments involved shared leadership with community advocates and volunteers, who reinforced the value of respecting, appreciating, including, and acknowledging all persons.

She received an undergraduate degree in biology from North Carolina Central University and a Master of Public Health degree from the University of North Carolina at Chapel Hill.



## Speaker Biographies



### **Tiffany Randolph, MD**

*Cardiology Fellow, Duke University Medical Center and Duke Clinical Research Institute, Durham, N.C.*

**Tiffany Randolph's** research interests include cardiovascular outcomes, health disparities, and quality improvement. She has a special interest in improving cardiovascular outcomes among women and minorities. Randolph received her medical degree from Harvard Medical School and completed internal medicine residency training at Duke University Hospital. She currently works under two NIH grants for cardiovascular and health disparities research. She is also completing a master's degree in healthcare administration from the University of North Carolina at Chapel Hill. When time permits, Randolph enjoys reading, traveling, and spending time with family.



### **Zina Renee**

*Chiropractic Assistant, Stevens Chiropractic & Wellness Center, Durham, N.C.*

**Zina Renee** comes from the city of Monroe, North Carolina, and has been working at Stevens Chiropractic and Wellness Center since February 2015. She graduated from North Carolina State University in May 2013 with a bachelor's degree in criminology and a minor in forensic science. Renee became an advocate of chiropractic care after she had a sports injury in college. She was amazed at how quickly her injury healed with chiropractic adjustments and was back playing sports after only a few weeks of treatment.



### **Stephanie Riley**

*Coordinator, Women's Wellness Outreach and Navigation Program, Duke University, Durham, N.C.*

**Stephanie Riley** has spent the last 27 years in the medical environment focused on program development, coordination, and administrative support. Over the past 12 years, she has been employed at Duke University in the areas of grant administration and patient navigation, specializing in community and patient advocacy for the underserved population. She has been instrumental in developing a patient navigation program model involving multiple partnerships to service women across the state of North Carolina. This program is based on guidance from the Breast Examination Center of Harlem, a program that she successfully completed thru the Harold P. Freeman Patient Navigation Institute in 2008. Stephanie became a National Breast Cancer Coalition's Project Lead Institute graduate in 2012 and is a committed activist in the world of breast cancer research and public policy. In an effort to contribute to future careers of young minority health professionals, Riley serves as preceptor for North Carolina Central University Public Health Department's internship program and is an outreach mentor for young minority research investigators affiliated with Dr. Victoria Seewaldt's breast cancer prevention multidisciplinary program at Duke University for high risk women. She is currently pursuing a bachelor's degree in business administration with a concentration in healthcare management. In addition to being a dedicated wife and mother, Riley strives to continue making a difference in the lives of others, specifically focusing on decreasing health disparities, eliminating barriers, and developing connective systems that provide access to care regardless of an individual's socioeconomic status.

## Speaker Biographies



**Ingrid Saddler-Walker, MA, RCYT 200®**

*Owner, Wytha Balance Yoga Counseling, LLC, Durham, N.C.*

**Ingrid Saddler-Walker** has a Master of Arts degree in counseling (focusing on school and clinical mental health), and is a registered children's yoga teacher (RCYT 200®). She is trained in Kundalini yoga and has taught adults and children since 2009. Saddler-Walker is the owner of Wytha Balance Yoga Counseling LLC, in Durham, North Carolina. Saddler-Walker taught at Durham Parks and Recreation, Durham downtown YMCA, North Carolina Central University Wellness Center, and several mental health day treatment agencies. During the summer months, she offers the Yoga Creative Summer Camp for Kids. Saddler-Walker is trained in teaching mindfulness with children; a teaching model based from Mindful Schools Fundamentals, Mindful Schools K-12 School Curriculum, and Mindfulness for School Age Children.



**Valeria "Vee Vee" Shropshire, MSPH, CIH, CSP**

*Senior Industrial Hygienist, National Institute of Environmental Health Sciences/NIH, Health and Safety Branch (HSB), Research Triangle Park, N.C.*

**Valeria "Vee Vee" Shropshire** graduated with honors from St. Augustine's College with a Bachelor of Science in industrial hygiene and occupational safety and a Master of Science in public health in air and industrial hygiene from the University of North Carolina at Chapel Hill. She is a certified industrial hygienist, certified safety professional, and manages the exposure assessment, ergonomics, asbestos, reproductive hazards, respiratory protection, and personal protective equipment programs for the Laboratory and Chemical Safety Section of the NIEHS Health and Safety Branch.



**Tara Owens Shuler, MEd**

*Director of Continuing Education, Duke AHEC Program Office  
Lamaze Certified Childbirth Educator and Certified DONA Birth Doula  
Durham, N.C.*

**Tara Owens Shuler** obtained a Bachelor of Science in public health education from the University of North Carolina at Chapel Hill in 1992 and a Master of Education in community health from the University of North Carolina at Charlotte in 1997. As the director of continuing education for the Duke AHEC Program Office, her primary responsibilities include: coordinating Allied Health continuing education programs; administering a health careers enrichment and awareness program for Durham County middle and high school students; and directing the Lamaze Childbirth Educator training program. For the past 20 years, Shuler has worked as a Lamaze certified childbirth educator and certified DONA birth doula committed to educating and supporting expectant families throughout pregnancy, birth, and postpartum.

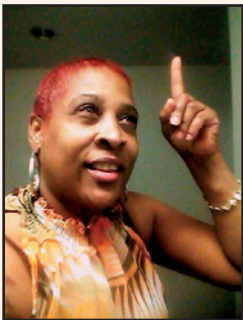
## Speaker Biographies



### **Marla Thurman**

*Chef, The Art Institute of Raleigh-Durham, Durham, N.C.*

**Chef Marla Thurman** possesses a Bachelor of Science in culinary management from The Art Institute. Thurman has over 16 years of experience in culinary arts, including being an active member of Slow Food USA, where she presented at the U.S. conference as well as the world conference in Terra Madre in 2008. She also was part of the team that won the 2014 Iron Fork Competition. Thurman became a faculty member at The Art Institute of Charlotte in 2012, and transferred to the faculty of The Art Institute of Raleigh-Durham in 2014.



### **Angela "Angel" Vick-Lewis**

*HIV Community Advocate*

**Angela "Angel" Vick-Lewis** is a much sought after motivational speaker and advocate for eliminating the stigma of HIV, getting tested for HIV, and knowing your HIV/AIDS status. Born and raised in Washington, D.C., Vick-Lewis is the mother of five children and the grandmother of 12. She is an active community volunteer supporting her own and others' children in the community. For over 18 years, she taught and cared for children with special needs in the Prince George's County School System in Maryland.

Seven years ago, Vick-Lewis tested positive for HIV during a screening at her church, Community of Hope, in Maryland. She is grateful to her pastor for bringing the testing program to the church and for providing emotional and spiritual support. She encourages all churches to offer HIV testing and to offer love and support to persons living with the disease.

She is affiliated with PETS and PAW, two organizations that support and promote empowerment.

She first shared her story of being HIV positive at a Sisters4Sisters Network Conference in Maryland. Since then she has presented at seven conferences in Maryland and North Carolina.

One of her greatest passions is making women more beautiful through her work as a professional hair stylist.

On Saturday, April 18, 2015 she will again share her story at the Women's Empowerment Conference in Raleigh, North Carolina.

## Speaker Biographies



### **Elaine Anderson Whitworth, MASW, MPA**

*Co-founder and Executive Director, Bridges Pointe Sickle Cell Foundation, Durham, N.C.*

Currently serving as executive director, **Elaine Anderson Whitworth**, was a co-founder of the Bridges Pointe Sickle Cell Foundation, a volunteer 501(c)3 organization. She recently retired after a career in public health that spanned more than 35 years. Whitworth is a graduate of Hampton University, the University of Chicago, School of Social Service Administration, and the University of North Carolina at Chapel Hill School of Public Administration. Her career began as a social worker in maternal and child health with patients in rural Alabama. Whitworth has been an undergraduate educator at Tuskegee, Livingstone, Western Carolina, and North Carolina Central Universities in social work and public administration. Her interest in sickle cell led to roles as researcher, state program manager, and director of health education at the University of North Carolina at Chapel Hill, the North Carolina Division of Public Health, and Duke University, respectively, until 2014.



### **Anita Woodley**

*Award-winning journalist/producer/actress/poet/mixed-media folk visual artist/baker and playwright Chapel Hill, N.C.*

**Anita Woodley** is a keynote speaker, state-certified HIV counselor, play director, Durham North Carolina Arts Council's emerging artist in drama, and a pre-kindergarten to 12th grade teaching artist. Woodley also serves as a free jazz band lead vocalist, the nonprofit operations manager for Grocers on Wheels/S.E.R.V.E's mobile farmers market in food desert areas in North Carolina, and the women's health ambassador for Raindownus.org. Woodley created the critically acclaimed solo theatrical performances, *Bucking the Medical and Mental Bull*, *Mama Juggs*, and *the Men in Me*, touring throughout the U.S. and internationally. Woodley created a transformational, non-traditional theatrical series called "Ethnodramas" to educate and promote preventive health practices and early intervention for disparities, such as from poverty, HIV/AIDS, breast cancer, stroke, heart disease, bullying, and more based on topics that clients requests. Woodley's journalism career includes work for CNN News and NPR affiliate station WUNC-FM's "The Story with Dick Gordon." In her journalism, radio, and television career spanning 20 years, Woodley has received accolades from the Harry Chapin Foundation for Hunger and Poverty and the National Association of Black Journalists, as well as an Emmy Award for exceptional coverage on September 11th, 2001. Learn more about Woodley's innovative creative work at [www.AnitaWoodley.com](http://www.AnitaWoodley.com).

## Speaker Biographies



### **Cheryl Woods-Giscombé, PhD, RN, PMHNP**

*Assistant Professor and Robert Wood Johnson Foundation Nurse Faculty Scholar, University of North Carolina at Chapel Hill, Chapel Hill, N.C.*

**Cheryl Woods-Giscombé** is a social and health psychologist, psychiatric, mental health nurse practitioner, and holistic health consultant, with expertise in conceptualizing stress in African-American women to measure impacts on health disparities and potential benefits of culturally-relevant stress-management interventions. She completed NIH- and SAMHSA-funded postdoctoral fellowships, was selected as an early career "Leader in the Field" by the American Psychological Association, and as a Thorp Faculty Engaged Scholar. She served as principal investigator on an NIH-funded study on stress, mindfulness-meditation, and diabetes prevention among African-American adults with pre-diabetes. Woods-Giscombé's multi-dimensional stress model and superwoman schema (SWS) conceptual framework examine how race- and gender-related factors influence stress, coping, and health inequities among African-American women. She has conducted research on the contribution of stress to disparities in birth outcomes, stress-related eating behaviors, obesity, and diabetes risk, and has developed two psychometrically-sound measures: the SWS scale and the using food to cope with stress scale. Woods-Giscombé also currently provides culturally-tailored individual, family, and group psychotherapy to adults at Healing With CAARE, Inc., a community health organization in Durham, North Carolina. Woods-Giscombé is a graduate of North Carolina Central University, the University of North Carolina at Chapel Hill, the Institute for Integrative Nutrition in Manhattan New York, and Stony Brook University. She is a proud mother of two beautiful daughters and enjoys spending time with her husband and extended family, which are amazing sources of inspiration and support.



### **Valarie Clark Worthy, RN, BSN**

*Patient Navigator Manager, Duke Cancer Institute, Durham, N.C.*

**Valarie Clark Worthy** has been a registered nurse for over 32 years and has been employed by Duke University Health System for 13 years.

Valarie, a 16-year breast cancer survivor, is the co-founder of Sisters Network Triangle N.C., an African-American survivorship organization for women with breast cancer.

A recipient of numerous awards, Worthy is keenly aware of the importance of interventions that support, predict, and improve patient outcomes. She works tirelessly in the local community and her hometown of Ahoskie, North Carolina to bring awareness to the devastating impact of breast cancer in the African-American community.

*“ Next to God we are indebted to women,  
first for life itself, and then for making it  
worth living. ”*

*~ Mary McCleod-Bethune*



**Women's Health Awareness Day 2015**

Exhibitors and Community Partners

## Exhibitors and Community Partners

	Organization	Contact Information	Exhibitor
	<b>Allstate</b>	Agent: Marcus Leazer, MBA Telephone: (919) 598-8506 Toll-Free: (888) 532-9371 Fax: (919) 598-8562 2144 Page Road, Suite 105 Durham, NC, 27703	
	<b>Anita Woodley Productions, LLC</b>	Contact: Anita Woodley Email: AnitaWoodleyProductions@gmail.com (919) 914-0104 www.anitawoodley.com P.O. Box 9821 Chapel Hill, NC 27515	★
	<b>Arbonne International</b>	Contact: Cheryl Godwin, Independent Consultant Email: cgodwin.envp@gmail.com (919) 539-3633 www.godwinintl.myarbonne.com 3117 Waterford Ridge Lane Wake Forest, NC 27587	★
	<b>Blacks In Government</b>	Raleigh-Durham Chapter P.O. Box 13173 Durham, NC 27709-3173	★
	<b>CardioDx, Inc.</b>	Contact: Mr. Richard C. Kelsey, II Email: rkelsey@cardiodx.com (919) 917-3178 600 Saginaw Drive Redwood City, CA 94063	★
	<b>Community Health Coalition, Inc.</b>	Contact: Elaine Hart-Brothers, MD, MPH, Board President Email: healthcoali@aol.com (919) 470-8680 407 Crutchfield Street P.O. Box 15176 Durham, NC 27704	★
	<b>Cornucopia Cancer Support Center</b>	(919) 401-9333 www.cancersupport4u.org 5517 Durham-Chapel Hill Blvd #1500 Durham, NC 27707	★
	<b>Dr. Santa M. McKibbins, DDS, PA Family Dentistry</b>	(919) 493-6860 Email: mckibbinsdds@yahoo.com 1413 West NC HWY 54 Durham, NC 27707	
	<b>Durham Chapter of National Epicureans, Inc.</b>	<a href="http://www.nationalepicureansinc.com/origin.html">www.nationalepicureansinc.com/origin.html</a>	



## Exhibitors and Community Partners

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 Public Health	<b>Durham County Department of Public Health</b>	Main Switchboard: (919) 560-7600 Environmental Health: (919) 560-7800 414 East Main Street Durham, NC 27701	★
 Board of Commissioners	<b>Durham County Women's Commission</b>	Contact: Ms. Jina Dhillon, Chairperson Email: jina.dhillon@gmail.com Meeting Date and Time: Monthly, Fourth Monday at 6:00 PM Meeting Place: Durham County Administrative Complex, County Managers Conference Room 2nd Floor 200 E. Main Street Durham, NC 27701	★
	<b>Durham Crisis Response Center</b>	Contact: Aurelia Sands Belle, Executive Director Email: abelle@durhamcrisisresponse.org (919) 403-9425 206 N. Dillard Street Durham, NC 27701	★
	<b>Durham Diabetes Coalition</b>	(919) 560-7600 414 East Main Street Durham, NC 27701	★
	<b>Durham Parks and Recreation</b>	DPR provides opportunities for our community to Play More! (919) 560-4355 <a href="http://www.DPRPlayMore.org">www.DPRPlayMore.org</a>	★
 U.S. Department of Veterans Affairs	<b>Durham VA Medical Center Women Veteran's Program</b>	Contact: Joan Galbraith, Program Manager (919) 286-0411 Ext. 5229 508 Fulton Street Durham, NC 27705	
	<b>Healing with CAARE, Inc.</b>	Contact: Dr. Sharon Elliott-Bynum, Executive Director (919) 683-5300 214 Broadway Street Durham, NC 27701	★
	<b>Hillside Park Neighborhood Association</b>	President, Joan Pakenham Vice President, Helen Bryant P.O. Box 3831 Durham, NC 27702	
 Enter To Worship... Depart To Serve	<b>Mount Level Missionary Baptist Church</b>	Contact: Dr. William C. Turner, Jr., Pastor (919) 477-3893 316 Hebron Road Durham, NC 27704	

## Exhibitors and Community Partners

	Organization	Contact Information	Exhibitor
	<b>MyEyeDr.</b>	<p>1.866.693.9336 Email: inquiry@myeyedr.com www.myeyedr.com</p> <p>There are many addresses for our locations around this area. Here are 4 of them in Durham.</p> <p>3101 Shannon Rd Durham, NC 27707</p> <p>3500 N Duke St #1 Durham, NC 27704</p> <p>2351 Erwin Rd Durham, NC 27705</p> <p>7001 Fayetteville Rd Durham, NC 27713</p>	
	<b>National Council of Negro Women, Durham, North Carolina Section</b>	<p>Deloris Hargrove, President Email: durhamncnw@yahoo.com P.O. Box 25062 Durham, NC 27707</p>	★
	<b>NC Department of Veteran Affairs</b>	<p>Main Phone: (919) 807-4250 Fax: (919) 807-4260</p> <p>Physical Address: 325 N. Salisbury Street Raleigh, NC 27601</p> <p>Mailing Address: North Carolina Division of Veterans Affairs 1315 Mail Service Center Raleigh, NC 27699-1315</p>	
	<b>NC State Optometric Society</b>	<p>Contact: Adrienne M. Drollette, Executive Director Email: adrienne@nceyes.org (919) 977-6964 150 Fayetteville Street, Suite 920 Raleigh, NC 27601</p>	
	<b>Paul Lewis Chair Massage Therapy</b>	<p>Contact: Paul Lewis, Massage Therapist Email: palewis2@ncsu.edu</p>	★
	<b>Pi Chapter of Chi Eta Phi Sorority, Inc. Professional Nursing Organization</b>	<p>Contact: Foretta Davis, BSN, RN, Basileus Email: userdv6092@aol.com (919) 471-5246 P.O. Box 61085 Durham, NC 27712</p>	★
	<b>Rex Mammography</b>	<p>Rex Healthcare (919) 784-3100 www.rexhealth.com/mammography 4420 Lake Boone Trail Raleigh, NC 27607</p>	
	<b>Shankle Sound</b>	<p>Proprietor: Andrew D. Shankle E-mail: shankle@mindspring.com (919) 818-5158</p>	

## Exhibitors and Community Partners

	Organization	Contact Information	Exhibitor
	<b>Sisters Network Triangle NC</b>	Email: <a href="mailto:trianglenc@sistersnetworkinc.org">trianglenc@sistersnetworkinc.org</a> (919) 490-1571 <a href="http://www.sisterstriangle.org">www.sisterstriangle.org</a>	★
	<b>Stevens Chiropractic and Wellness</b>	(919) 401-5061 <a href="http://www.stevenswellness.com">www.stevenswellness.com</a> 1802 MLK Jr. Pkwy. #107 Durham, NC 27707	★
	<b>Student Action with Farmworkers</b>	(919) 660-3652 <a href="http://www.saf-unite.org">www.saf-unite.org</a> 1317 West Pettigrew Street Durham, NC 27705	
	<b>Student Health and Counseling, NCCU</b>	North Carolina Central University Student Health and Counseling Services (SHCS) (919) 530-6100 1801 Fayetteville St. Durham, NC 27707	★
	<b>The International Culinary School at the Art Institute of Raleigh Durham</b>	Contact: Les Eckert, Director of Culinary 410 Blackwell Street, Suite 200 Durham, NC 27701	★
	<b>V's Photography</b>	Proprietor: Veronica Godfrey Robinson E-mail: <a href="mailto:ronniev@mac.com">ronniev@mac.com</a> (919) 612-7637	
	<b>Veritas Collaborative</b>	(919) 908-9730 <a href="http://www.veritascollaborative.com">www.veritascollaborative.com</a> 615 Douglas Street, Suite 500 Durham, NC 27705	★
	<b>V.O.I.C.E. Therapeutic Solutions</b>	1-888-557-4080 3712 Benson Drive, Suite 202 Raleigh, NC 27609	★
	<b>Welcome Baby Family Resource Center</b>	Contact: Melva F. Henry, Program Coordinator Email: <a href="mailto:mfhenry@dconc.gov">mfhenry@dconc.gov</a> (919) 560-341 721 Foster Street Durham, NC 27701	★
	<b>Wytha Balance Yoga Counseling, LLC</b>	Proprietor: Ingrid Saddler-Walker (919) 423-8844 E-mail: <a href="mailto:info@wythabalance.com">info@wythabalance.com</a> <a href="http://www.wythabalance.com/contact.php">www.wythabalance.com/contact.php</a> 5117 Highgate Drive, Suite 200 Durham, NC 27713	★

*“ The kind of beauty I want most is the hard-to-get kind that comes from within – strength, courage, dignity. ”*

*~ Ruby Dee*



# **Women's Health Awareness Day 2015**

Corporate and Local Business Partners

## Corporate Partner

**A Special "THANK YOU" to Duke University Hospital  
for their generous contribution to the Women's Health Awareness Day**



## Women's Health Awareness Day 2015

We support you.

Duke University Hospital proudly supports all women—our mothers, daughters, sisters and friends for the critical role they play in the health and wellness of our community.

## Corporate Partner

### A Special "THANK YOU" to **Novo Nordisk** for their generous contributions to the Women's Health Awareness Day

**Novo Nordisk** extends greetings to everyone attending the Women's Health Awareness Day. Headquartered in Denmark, **Novo Nordisk** is a global healthcare company with more than 90 years of innovation and leadership in diabetes care. Diabetes is characterized by a partial or complete lack of insulin production by the body. We applaud you for learning more about what causes diabetes, symptoms and different types of diabetes. Additionally, we commend the Durham Alumnae Chapter of Delta Sigma Theta Sorority, Inc., Department of Public Health Education, North Carolina Central University, Durham Alumnae Delta House, Inc., and the National Institute of Environmental Health Sciences for making this Women's Health Awareness Day a wonderful educational experience and a resounding success.



novo nordisk®  
changing  
diabetes®

## Local Business Partners

**“THANK YOU” to our Local Business Partners  
for your support and generous contributions**

	Organization	Contact Information
	<p><b>By Donna</b> - Gift Baskets - - Florals - - Weddings -</p>	<p>Contact: Donna M. Parker, Owner / Designer Gift Baskets – Florals – Weddings</p> <p>Email: bydonna@frontier.com Telephone: (919) 686-0219 Cell: (919) 622-2508 Forestview Heights Durham, NC</p>
	<p><b>Chick-fil-A</b></p>	<p>The Streets at Southpoint (919) 806-5557 6910 Fayetteville Rd Ste 246 Durham, NC 27713</p> <p>Hours: Mon–Sat: 10:00 AM-9:00 PM Sunday: Closed</p> <p>Chick-fil-A Hillsborough Rd. #00618 Store: (919) 382-9399 Fax: (919) 382-2050 Marketing/Catering: 919-382-8157 3429 Hillsborough Rd. Durham, NC 27705 Contact: Empress Moncree, Marketing &amp; Administration</p> <p>Order on-line 24/7 <a href="http://cfarestaurant.com/hillsboroughroad/privacy">http://cfarestaurant.com/hillsboroughroad/privacy</a> <a href="http://cfarestaurant.com/hillsboroughroad/legal">http://cfarestaurant.com/hillsboroughroad/legal</a></p>
	<p><b>Coca-Cola Company</b></p>	<p>(919) 929-1200 3214 Hillsborough Road Durham, NC 27705</p>



## Local Business Partners

**“THANK YOU” to our Local Business Partners  
for your support and generous contributions**

	Organization	Contact Information
	<b>Patterson Dental Supply Company</b>	Phone: (919) 850-0905 Fax: (919) 876-4153 www.pattersondental.com 6520 Meridien Drive, Suite 132 Raleigh, NC 27616
	<b>Sodexo Catering</b>	Flavours by Sodexo at North Carolina Central University (919) 530-7802 1801 Fayetteville Street Durham, NC 27707  Website (main): <a href="http://sodexocateringforsuccess.com">sodexocateringforsuccess.com</a> Website (NCCU): <a href="http://nccucatering.catertrax.com">http://nccucatering.catertrax.com</a>

## Gift Card Contributors

**Harris Teeter**

Commons at University Place  
1817 Martin Luther King, Jr. Parkway  
Durham, NC 27707

**Target**

4037 Chapel Hill Boulevard  
Durham, NC 27707

**The Fresh Market**

4215 University Drive  
Suite A3  
Durham, NC 27707

*“ We need quiet time to examine our lives  
openly and honestly – spending quiet time  
alone gives your mind an opportunity to  
renew itself and create order. ”*

*~ Susan L. Taylor*



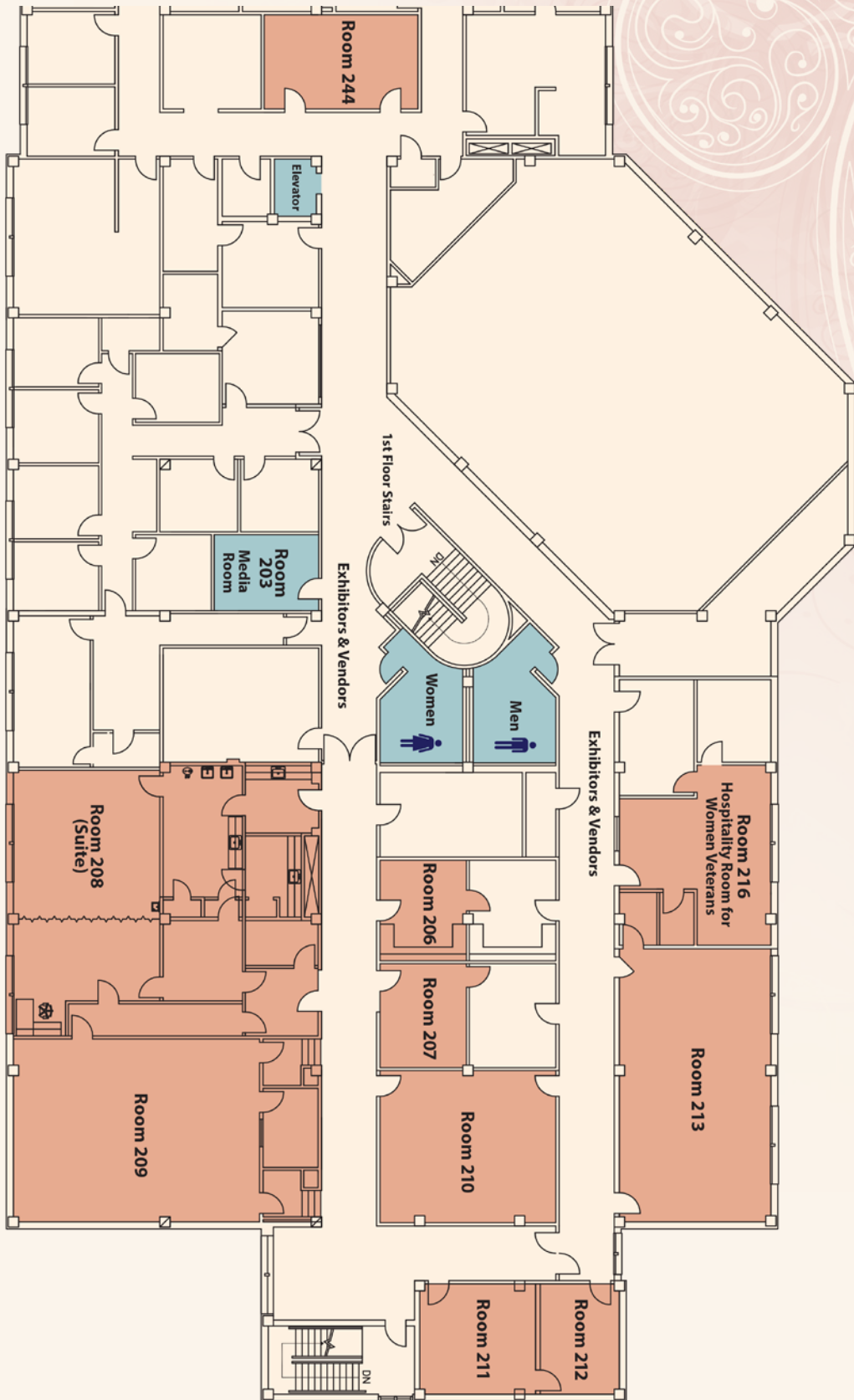
**Women's Health Awareness Day 2015**

Building Maps

## Miller-Morgan Health Sciences Building - 1st Floor Map -



## Miller-Morgan Health Sciences Building - 2nd Floor Map -





















**Women's Health Awareness Day 2015**  
**Transforming Durham's Communities by Enhancing Women's Health**

**North Carolina Central University**  
**Miller-Morgan Health Sciences Building**  
528 Nelson Street, Durham, NC 27707