

WOMEN'S HEALTH AWARENESS: TRANSFORMING COMMUNITIES BY ENHANCING WOMEN'S HEALTH



Behavioral Health: Addressing Coping Needs and Grief Services During COVID-19

National and State Level Resources

National Level

National Institutes of Health:

[National Institute of Mental Health: Coping with Traumatic Events](#)

[National Institute on Aging: Mourning and Grief](#)

[National Cancer Institute: Grief, Bereavement, and Coping with Loss](#)

Centers for Disease Control and Prevention:

[Center for Disease Control and Prevention: Grief and Loss](#)

Mental Health America:

[Bereavement and Grief](#)

[Bereavement and Grief for Military Families and Communities](#)

[Coping with Disaster](#)

Head Space:

[Fact sheet on Understanding Greif and Loss](#)

American Counseling Association

[Grief Reaction Over the Life Span](#)

United Nations

[Coping with COVID: Webinar series on young people and mental health](#)

State Level

NEA.org

[Grief and Self-Care during the COVID-19 Pandemic Video](#)

KinderMourn, INC

[KinderMourn Homepage](#)

NC Healthy Start Foundation

[SIDS Facts](#)

Therapy for Black Girls

[Find a therapist](#)

Black Female Therapist

[The Directory](#)

Therapy for Black Men

[Find a therapist](#)

Black Men Heal

[Meet the team](#)

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Pregnancy Loss Infant Death Alliance (PILDA)

[2021 Perinatal Bereavement Webinar Series Connecting through Distance and Diversity Homepage](#)

Share- Pregnancy & Infant Loss Support, INC.

[Share Pregnancy and Infant Loss Support Homepage](#)

National Sudden and Unexplained Infant/Child Death and Pregnancy Loss Resource Center

[SUID/SIDS Resources](#)

National Center for School Crisis and Bereavement (NCSCB)

[Help me Prepare Resource Page](#)

National Center for Education in Maternal and Child Health (NCEMCH)

[The Grieving Child: What to expect and how to help](#)

Behavioral/Mental Health Hotlines

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

1-888-628-9454 (Spanish)

Crisis Text Line

Text HELLO to 741741

Veterans Crisis Line

1-800-273-TALK (8255)

TEXT: 838255

24- Hour Mental Health Delegate Line

215-685-6440

24- Hour Access to Care

1-877-685-2415

Alliance Behavioral Healthcare

800-510-9132

United Way NC 211

NC Health Choice

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<p><u>Disaster Distress Helpline</u> 1-800-985-5990 TEXT: TalkWithUs to 66746</p> <p><u>Samaritans</u> 877-870-HOPE (4673)</p> <p><u>Parental Stress Line</u> 1-800-632-8188</p>	<p><i>Offers health insurance to uninsured children whose families do not qualify.</i> 414 East Main Street Durham, NC 27701 919-560-8000</p> <p><u>The Trevor Lifeline for LGBT Youth and Young Adults</u> 1-866-4-U-TREVOR</p> <p><u>Military Crisis Line</u> 1-888-457-4838 Text MIL1 to 839863</p>
<p><u>Raleigh/Durham Behavioral Health Services</u></p>	
<p>Durham, North Carolina</p> <p>Durham County Mental & Behavior 311 E. Main St Durham, NC 27701 919-688-6247</p> <p>NC Behavior Health and Counseling 1921 N. Pointe Dr Durham, NC 27705 919-479-2135</p> <p>AHB Center for Behavioral Health and Wellness 3326 Durham-Chapel Hill Blvd Durham, NC 919-401-8090</p> <p>Upward Change Health Services 2003 NC-54 Durham, NC 27713</p>	<p>Wake County, North Carolina</p> <p>Monarch 319 Chapanoke Rd Suite 120 Raleigh, NC 27603 866-272-7826</p> <p>Division of Mental Health 325 N Salisbury St Suite 1111 Raleigh, NC 27603 919-733-7011</p> <p>CBH Psychiatry & Mental Health of Raleigh 701 Exposition Pl Suite 201 Raleigh, NC 919-466-7540</p> <p>New Leaf Behavioral Health 3725 National Dr Suite 220 Raleigh, NC 27612</p>

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919-682-5300

Triangle Center for Behavioral Health
5015 Southpark Dr Suite 200
Durham, NC 27713
919-794-5477

Pope Behavioral Health and Wellness
3622 Lyckan Parkway Suite 4005
Durham, NC 27707
919-999-7457

Behavioral Health Solutions
5318 Highgate Dr Suite 131
Durham, NC 27713
919-419-0524

The Fit Talk
6208 Fayetteville Rd Suite 106
Durham, NC 27713
919-695-7170

Three Oaks Behavioral Health and Wellness
3708 Lyckan Parkway Suite 205
Durham, NC 27707
919-514-3566

Bull City Behavioral Health
20 W Colony Pl Suite 230
Durham, NC 27705
919-891-3096

919-781-8370

SouthLight
3125 Poplar Ct
Raleigh, Nc 27604
919-787-6131

RHA Health Services
4700 Homewood Ct Suite 300
Raleigh, NC 27609
919-803-2960

Bright Path Behavioral Health
10500 Ligon Mill Rd Suite 101
Wake Forest, NC
919-276-4005

Strategic Behavioral Center
3200 Waterfield Dr
Garner, NC 27529
919-800-4400

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Carolina Outreach Behavioral Health Urgent Care
2670 Durham-Chapel Hill Blvd
Durham, NC 27707
919-251-9009

Birch Counseling PLLC
3325 Durham-Chapel Hill Blvd Suite 205
Durham, NC 27707
919-813-0218

AKLE Tree Behavioral Health Counseling PLLC
1502 W North Carolina 54 Suite 603
Durham, NC 27707
919-213-1584

Insight Behavioral Health LLC
3308 Durham-Chapel Hill Blvd Suite 130
Durham, NC 27707
919-824-8756

Thriveworks Counseling
5826 Fayetteville Rd Suite 211
Durham, NC 27713
919-642-4903

LifeMatters Behavioral Health Services
5317 Highgate Dr Suite 115
Durham, NC 27713
919-590-9585

Visions Counseling Studio PLLC
401 E Lakewood Ave E
Durham, NC 27707

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<p>919-286-2146</p> <p>More Than Therapy 201 W Main St Suite 316 Durham, NC 27701 984-888-8807</p> <p>Behavioral Health Services 3643 N Roxboro St Durham, NC 27704 919-470-6137</p> <p>B&D Integrated Health Services 249 NC-54 Suite 320 Durham, NC 27713 919-907-3334</p> <p>Duke Behavioral Health Broad Street 823 Broad St. Durham, NC 27705 919-684-0100</p> <p>Alliance Health 5200 Paramount Pkwy Suite 200 Morrisville, NC 27560 919-651-8401</p>	
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Raleigh/Durham Hospice Centers and Support Groups

<p>Hospice Centers Durham, North Carolina Hock Family Pavillion 4023 N Roxboro St</p>	<p>Support Groups Durham, North Carolina Perinatal Loss Education and Support Class Teer House</p>
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WOMEN'S HEALTH AWARENESS: TRANSFORMING COMMUNITIES BY ENHANCING WOMEN'S HEALTH



Durham, NC 27704
919-620-3853

Duke HomeCare & Hospice, Infusion, & Grief Services
4321 Medical Park Dr. Suite 101
Durham, NC 27704
919-620-3853

Liberty HomeCare Hospice Services
3414 N Duke St Suite G
Durham, NC 27704
919-471-1368

Palliative Care Research Cooperative Group (PCRC)
2400 Pratt St
Durham, NC 27705

Bayada Assistive Care
3790 Guess Rd Suite 202
Durham, NC 27705
336-322-3200

Interim HealthCare of Durham
3710 University Dr. Suite 135
Durham, NC 27707
919-493-7575

Amedisys Home Health Care
1005 Slater Rd, Suite 105
Durham, NC 27703
9190941-5793

4019 N Roxboro Rd
Durham, NC
Register: 919-416-3853

General Loss Greif Group
Teer House
4019 N Roxboro Rd
Durham, NC
Joanna Parker: 919-684-4750

Chapel Hill, North Carolina
Compassionate Friends
Evergreen United Methodist Church
11098 Highway 15/501 N
919-595-1010

Angels Too Soon
University United Methodist Church
150 E. Franklin St.
Beth Alexander: 919-929-7191, ext. 22

UNC Hospitals Bereavement Services
United Church of Chapel Hill
1321 Martin Luther King Jr. Blvd
Heidi Gesner 919-966-0716

Raleigh, North Carolina
Parent Care
St. Paul's Christian Church (Library)
3331 Blue Ridge Rd
Lil Galphin: 919-350-8567

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Pettigrew Rehabilitation Center
1515 W Pettigrew St
Durham, NC 27705
919-286-0751

Raleigh, North Carolina

Association for Home & Hospice Care of North Carolina
3101 Industrial Dr Suite 204
Raleigh, NC 27609
919-848-3450

Heartland Hospice
4505 Falls of Neuse Rd Suite 650
Raleigh, NC 27609
866-901-9297

Transitions LifeCare
250 Hospice Cir,
Raleigh, NC 27607
919-828-0890

Cary, North Carolina

Carolinas Center for Hospice
2400 Weston Pkwy
Cary, NC 27513
919-459-5380

Community Home Care and Hospice
7714 Chapel Hill Rd
Cary, NC 27513
9190233-1100

Compassionate Friends
Hayes Barton Baptist Church
1800 Glenwood Ave

WOMEN'S HEALTH AWARENESS: TRANSFORMING COMMUNITIES BY ENHANCING WOMEN'S HEALTH



Children's Books for Coping and Grief Support: Author Alesia Alexander-Greene

Tapestries: A Creative & Inclusive Approach to Grief Support for Youth & Communities (2013) ISBN: **9781491210123**

Dream Clouds (2011) ISBN: **9780578015392**

Un Mural Para Mamita/A Mural for Mamita (2001) ISBN: **9781561231546**

Sunflowers & Rainbows for Tia: Saying Goodbye to Daddy (1999) ISBN: **9781561231287**