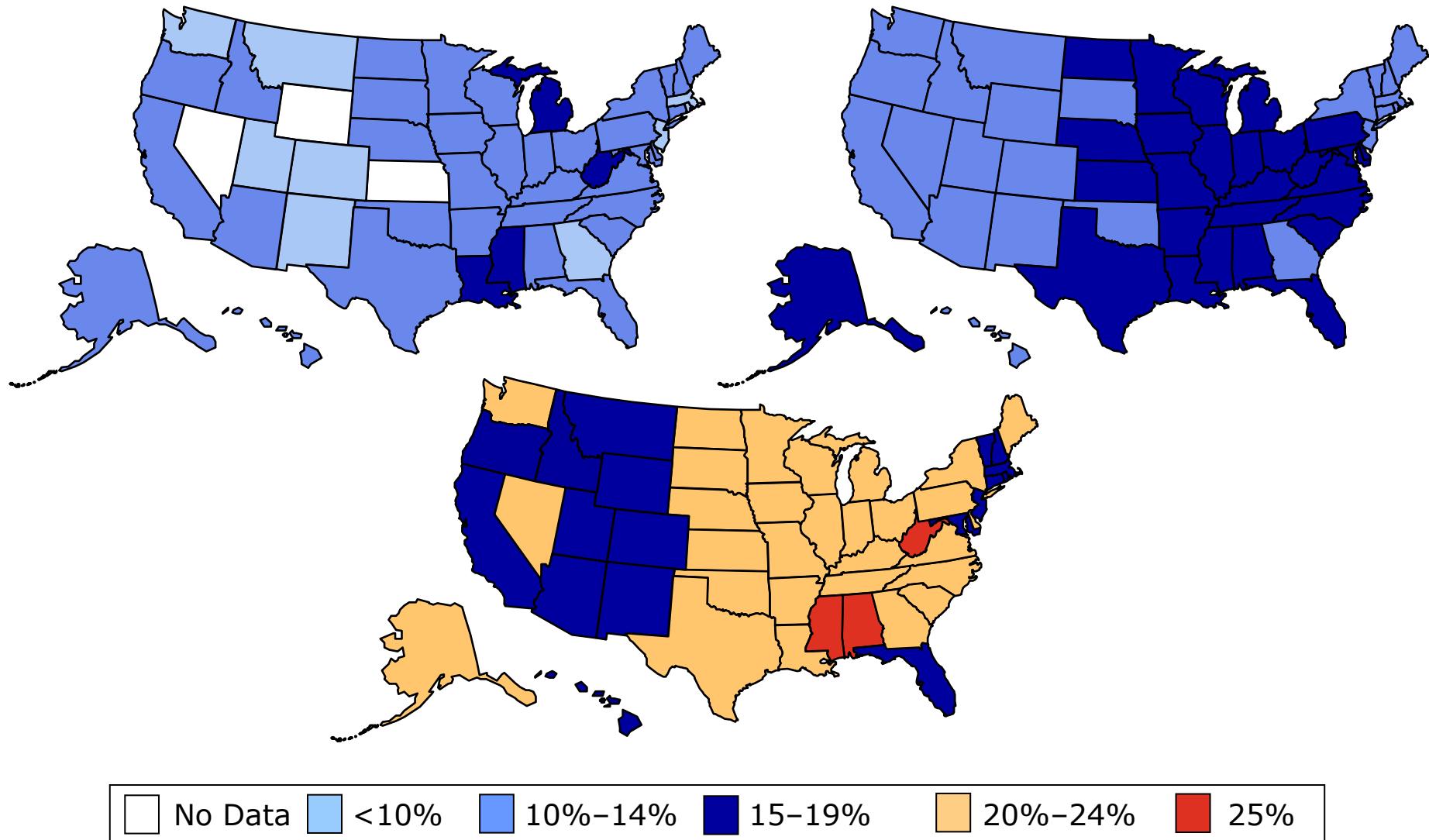


# *Obesity and the Built Environment: CDC Perspectives*

Henry Falk, M.D., M.P.H.  
Director NCEH/ATSDR

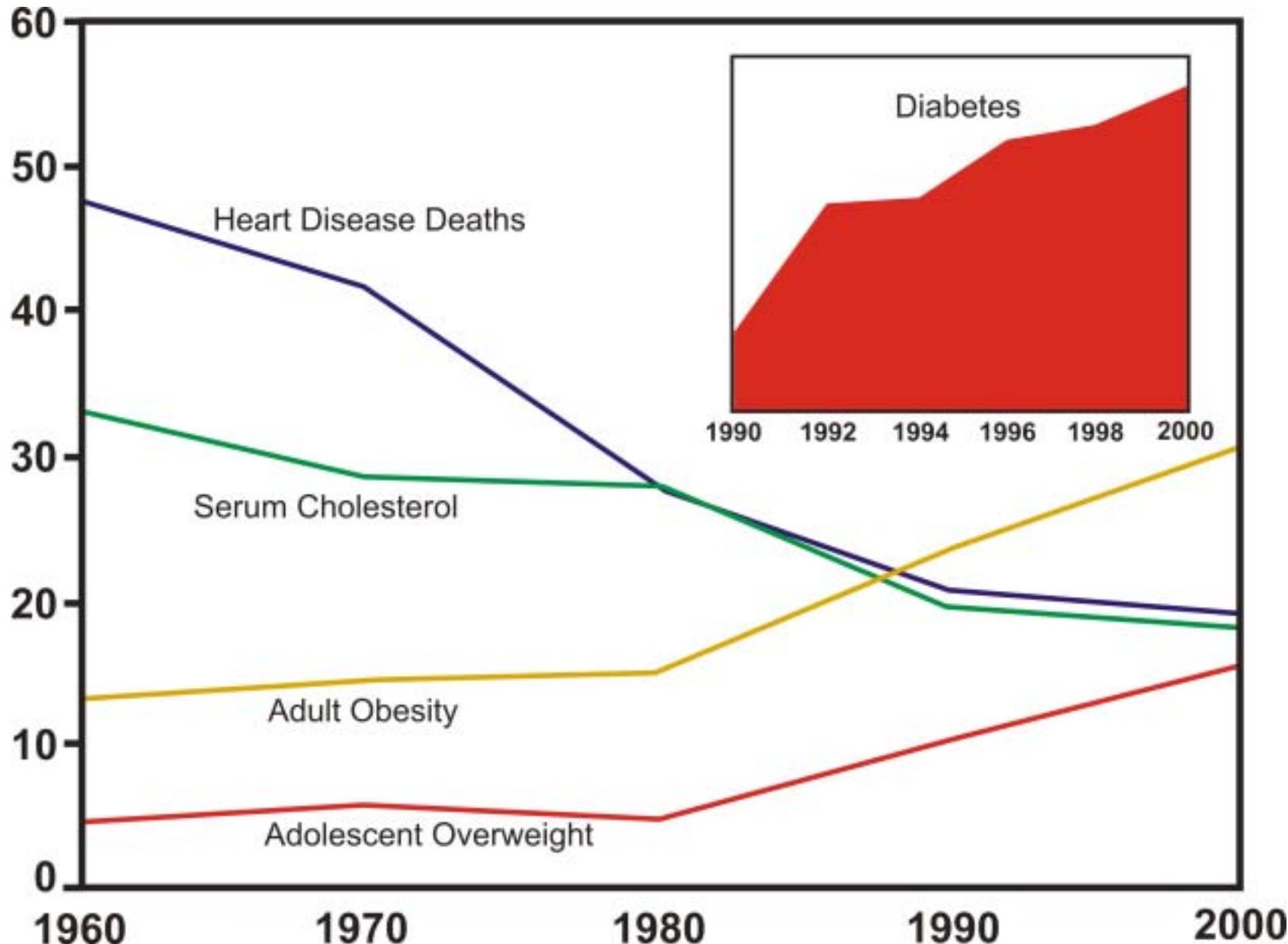


# Obesity Trends\* Among U.S. Adults BRFSS, 1991-2002



(\*BMI  $\geq 30$ , or  $\sim 30$  lbs overweight for 5' 4" woman)

# *Trends in Obesity, Diabetes, Heart Disease, & Cholesterol*



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Occupant and Pedestrian Deaths? | Linking Housing and Health in Europe



# **NCEH/CDC Activities:**

## **Promoting a Healthy Built Environment**

- Model Zoning Codes
- Smart Growth Strategies
- Land Use Planning
- Transportation Policies
- Sidewalks/Trails

